

SABIE CYCLE TOUR 2026 MENU

BREAKFAST

Friday • Saturday • Sunday

Start the day with a hearty breakfast buffet:

- Eggs
- Bacon
- Sausage
- Toast & a selection of spreads
- Jam
- Nutella
- Peanut butter
- Fresh fruit
- Yoghurt & muesli
- Oats porridge
- Muffins

Drinks: Coffee, cappuccinos & fruit juice

LUNCH

BUILD-A-BURGER

- **Friday** – Chicken Burger
- **Saturday** – Beef Burger
- **Sunday** – Beef Burger

Choose your burger and load it up with your favourites:

- Fresh lettuce
- Sliced tomato
- Gherkins
- Fried onions
- Grated cheese
- Cheese sauce or pepper sauce

Served with chips

DINNER

FRIDAY - Beef Lasagne

Homemade beef lasagne served with three fresh salads.

SATURDAY - Crumbed Chicken Breasts

Served with chips or savoury rice, with a choice of mushroom sauce or cheese sauce.

SALAD BAR

A selection of fresh salads, including:

- Green salad
- Pasta or potato salad
- A third chef's choice salad