

Cradle Cracker
9th March 2025
Version: Final

5KM					
Position	Race #	Name	Surname	Gender	Time
1	CCATMMAR794	Stefan	Labuschagne	Male	23:39.489
2	CCATMMAR935	Cara	Greeff	Female	25:25.738
3	CCATMMAR451	Zack	Cronje	Male	26:15.509
4	CCATMMAR763	Mohammed	Juma	Male	28:04.704
5	CCATMMAR1038	Warren	Goncalves	Male	28:13.487
6	CCATMMAR192	Skye	Cotterell	Female	28:33.773
7	CCATMMAR608	Kevin	De beer	Male	28:45.246
8	CCATMMAR944	Nqubeko	Majola	Male	28:49.877
9	CCATMMAR046	Liam	Folster-Botha	Male	28:54.492
10	CCATMMAR517	Phumlani	Mjwana	Male	30:19.144
11	CCATMMAR234	Pierre	Botha	Male	30:33.373
12	CCATMMAR948	ROBERT	JONES	Male	30:39.260
13	CCATMMAR1201	Zoe	Greeff	Female	30:31.781
14	CCATMMAR667	Simone	Simpson	Female	30:49.591
15	CCATMMAR524	Alden	Beyer	Male	31:41.416
16	CCATMMAR259	Shayur	Budhai	Male	31:48.627
17	CCATMMAR394	Braydon	Parkes	Male	31:53.951
18	CCATMMAR101	Peyton	Folster-Botha	Female	31:56.054
19	CCATMMAR1203	Karlien	Labuschagne	Female	31:58.234
20	CCATMMAR552	Skye	Hendricks	Female	32:13.736
21	CCATMMAR311	Laken	Folster	Female	32:15.181
22	CCATMMAR826	Pamela	Labuschagne	Female	32:16.085
23	CCATMMAR851	Cristene	Pretorius	Female	32:29.918
24	CCATMMAR200	John	Lisher	Male	32:57.567
25	CCATMMAR007	Onwabo	Padi	Male	33:00.591
26	CCATMMAR463	Jaun-quinn	Lisher	Male	33:02.618
27	CCATMMAR846	Estia	Scheepers	Female	33:12.381
28	CCATMMAR959	Leandi	Greeff	Female	33:13.704
29	CCATMMAR264	Lyndre	Kruger	Female	33:23.182
30	CCATMMAR541	Camilla	Cousins	Female	34:04.741
31	CCATMMAR212	Devon	Kerwin	Male	34:20.867
32	CCATMMAR350	Matthew SIMON	Benn	Male	34:49.588
33	CCATMMAR144	Johnathan	Lisher	Male	34:58.804
34	CCATMMAR654	Cara	Fourie	Female	35:03.573
35	CCATMMAR038	Michaila	de jager	Male	35:16.936
36	CCATMMAR854	Ewan	van Dyk	Male	35:24.184
37	CCATMMAR543	Benjamin	Laing	Male	36:01.581
38	CCATMMAR531	Vivian	Smith	Female	36:03.954
39	CCATMMAR201	Shane	Eardley	Male	36:07.328
40	CCATMMAR930	Shaun	Hartley	Male	36:12.302
41	CCATMMAR015	Zakhele	Sithole	Male	36:49.596
42	CCATMMAR1040	Mzwandile	Mthombeni	Female	36:51.493
43	CCATMMAR490	Therusha	Budhai	Female	37:05.396
44	CCATMMAR328	Herman	Bloem	Male	37:13.287
45	CCATMMAR495	Rene	Schutte	Female	37:15.793
46	CCATMMAR723	Sharon	Congalves	Female	37:41.069
47	CCATMMAR438	Tshediso	Sekwele	Female	37:55.207
48	CCATMMAR767	Caleb	Broodryk	Male	38:14.147
49	CCATMMAR494	William	Baker	Male	38:16.824
50	CCATMMAR160	Syntiche	Prior	Female	38:18.993
51	CCATMMAR326	Hentus	Mathee	Male	38:23.741
52	CCATMMAR779	Nicola	Strapp	Female	38:29.607

53	CCATMMAR097	Rachel	Beyer	Female	38:37.015
54	CCATMMAR439	Christeen	Tait	Female	38:41.938
55	CCATMMAR510	Emily	Tait	Female	38:42.642
56	CCATMMAR263	Antionette	De beer	Female	38:44.267
57	CCATMMAR317	Hilois	Greyling	Female	38:46.559
58	CCATMMAR713	Bongane	Mdlali	Male	38:50.039
59	CCATMMAR119	Shauna	van Niekerk	Female	39:05.030
60	CCATMMAR760	Caroline	Masingi	Female	39:12.606
61	CCATMMAR808	cruz	hendricks	Male	39:17.720
62	CCATMMAR860	Cermanthia	Pratt	Female	39:19.044
63	CCATMMAR236	Faizel	Salie	Male	39:20.230
64	CCATMMAR084	Sandra	Lopez	Female	39:24.454
65	CCATMMAR367	Thembakazi	Mdlopane	Female	39:26.955
66	CCATMMAR912	Janei	Van der merwe	Female	39:32.129
67	CCATMMAR016	Dewald	Pienaar	Male	39:33.438
68	CCATMMAR372	Gary	Smith	Male	39:38.786
69	CCATMMAR1032	Bongani	Motha	Male	39:39.991
70	CCATMMAR447	Raquel	Lopez	Female	39:41.706
71	CCATMMAR163	Louis	Van Heerden	Male	39:51.832
72	CCATMMAR847	Bongani	Shange	Male	39:57.375
73	CCATMMAR708	Hannah	Tshabalala	Female	40:01.714
74	CCATMMAR823	Patience	Wagstaff	Female	40:03.608
75	CCATMMAR574	Zayne	Barkhuizen	Male	40:13.246
76	CCATMMAR010	Chane	Pienaar	Female	40:17.126
77	CCATMMAR171	Johann	Oosthuizen	Male	40:18.128
78	CCATMMAR904	Albert	Thorius	Male	40:19.837
79	CCATMMAR856	Louise	Brown	Female	40:28.554
80	CCATMMAR865	Mari	Thorius	Female	40:56.803
81	CCATMMAR793	Teresa	Coetzee	Female	41:05.197
82	CCATMMAR230	Jaugene	gerber	Male	41:08.269
83	CCATMMAR640	Jesse	Theunissen	Male	41:30.414
84	CCATMMAR1000	Hylton	Hastie	Male	41:37.270
85	CCATMMAR133	Chantelle	Oosthuizen	Female	41:39.808
86	CCATMMAR036	Jess	Palmer	Female	41:49.561
87	CCATMMAR198	Andrew	Mason	Male	41:51.018
88	CCATMMAR268	Lucinda	Kruger	Female	42:03.070
89	CCATMMAR927	Jody	Ashworth	Female	42:14.948
90	CCATMMAR740	Francois	Van Loggerenberg	Male	42:33.049
91	CCATMMAR123	Chantal	Serfontein	Female	42:40.382
92	CCATMMAR397	Samantha	VIVIERS	Female	42:42.794
93	CCATMMAR162	Annelene	Van Rooyen	Female	43:08.411
94	CCATMMAR507	Carol	Posthumus	Female	43:09.300
95	CCATMMAR964	Tina-Mari	Calitz	Female	43:43.728
96	CCATMMAR940	Paul (1)	Masson	Male	43:45.913
97	CCATMMAR711	Kajal	Roopnarian	Female	43:47.334
98	CCATMMAR041	Johan	Kruger	Male	43:54.791
99	CCATMMAR1028	Tiaan	van Dyk	Male	44:04.710
100	CCATMMAR407	Tshepang	Mokoena	Female	44:13.968
101	CCATMMAR056	Tian	Coetzee	Male	44:19.414
102	CCATMMAR811	Charlene	Wagstaff	Female	44:28.414
103	CCATMMAR875	Andrew	Wagstaff	Male	44:29.385
104	CCATMMAR301	Kiara	Janson	Female	44:30.370
105	CCATMMAR916	PETER-JON	BADENHORST	Male	44:32.724
106	CCATMMAR170	Pamela	Magagula	Female	44:55.529
107	CCATMMAR156	Fiona	Lawrence	Female	44:56.509
108	CCATMMAR461	Sifiso	Mabaso	Male	44:57.731
109	CCATMMAR728	Anene	Britz	Female	45:50.050
110	CCATMMAR104	Nyasha M	Gorogodo	Female	45:53.875

111	CCATMMAR602	Danica	McWilliam	Female	45:54.813
112	CCATMMAR492	Carina	Jacobs	Female	46:00.833
113	CCATMMAR353	Zelda	Prinsloo	Female	46:02.419
114	CCATMMAR605	John	Chirere	Male	46:05.463
115	CCATMMAR1029	Joseph	Boyce	Male	46:23.463
116	CCATMMAR864	Sarah	Opperman	Female	46:26.960
117	CCATMMAR563	Kirsten	Sydow	Female	46:27.682
118	CCATMMAR555	Sean	Finnemore	Male	46:53.393
119	CCATMMAR698	Tumelo	Sebolai	Male	46:57.996
120	CCATMMAR818	MARK	LEDGER	Male	47:01.418
121	CCATMMAR477	Lufuno	Mavhungu	Female	47:02.796
122	CCATMMAR042	Nwabisa	Padi	Female	47:04.755
123	CCATMMAR415	rohan	Jacobs	Female	47:10.816
124	CCATMMAR196	Kaiyush	Budhai	Male	47:11.394
125	CCATMMAR453	Jenifer	Roberts	Female	47:21.809
126	CCATMMAR476	Rory	Finnemore	Male	47:24.142
127	CCATMMAR323	MICHELLE	BECKER	Female	47:25.445
128	CCATMMAR306	MEGAN	KLUGE	Female	47:26.665
129	CCATMMAR653	Veronica	Motheelane	Female	47:28.958
130	CCATMMAR684	Rebecca	Winckworth	Female	47:32.831
131	CCATMMAR1043	Natasha	Mathee	Female	47:33.632
132	CCATMMAR444	Keryn	Hammond	Female	47:35.382
133	CCATMMAR327	Charlotte	Hammond	Female	47:36.800
134	CCATMMAR387	Rebecca	Hammond	Female	47:38.522
135	CCATMMAR943	Nossie	Mthombeni	Female	47:40.793
136	CCATMMAR154	Daryan	Van der Wath	Female	47:41.529
137	CCATMMAR190	Cliff	Van der Wath	Male	47:43.895
138	CCATMMAR758	Felicia	Segale	Female	47:47.515
139	CCATMMAR299	Nicole	Power	Female	47:51.751
140	CCATMMAR887	Janicke	Van der merwe	Female	48:22.835
141	CCATMMAR051	Claire	Ellis-cole	Female	48:26.007
142	CCATMMAR300	Janine	Oliasz	Female	48:30.158
143	CCATMMAR150	Amori	Gray	Female	48:38.797
144	CCATMMAR006	Oscar	Afonso	Male	49:05.395
145	CCATMMAR620	Tsakane	Marumo	Male	49:08.160
146	CCATMMAR870	Charllene	Tsamba	Female	49:09.301
147	CCATMMAR295	Ewan	Finnemore	Male	49:20.877
148	CCATMMAR324	Charne	Moleveld	Female	49:21.666
149	CCATMMAR607	Kerryn	Winckworth	Female	49:28.151
150	CCATMMAR668	JANE	LEDGER	Female	49:30.651
151	CCATMMAR100	Mornette	Haley	Female	49:32.763
152	CCATMMAR405	Ania	Finnemore	Female	49:33.905
153	CCATMMAR108	Grant	Finnemore	Male	49:34.773
154	CCATMMAR880	Arefa	Sadiki	Male	49:36.647
155	CCATMMAR707	Lereoa	Sadiki	Male	49:37.871
156	CCATMMAR750	Beryl	Germishuizen	Female	49:40.255
157	CCATMMAR831	Fanus	Germishuizen	Male	49:43.219
158	CCATMMAR659	Lindiswa	Ngilande	Female	49:47.891
159	CCATMMAR890	Cornelius	Julyan	Male	49:53.992
160	CCATMMAR338	Tshidi	Dabula	Female	49:55.927
161	CCATMMAR205	Marius	Brits	Male	50:08.231
162	CCATMMAR433	Kaelyn	Brits	Female	50:10.815
163	CCATMMAR893	Selina	Moumakwe	Female	50:19.700
164	CCATMMAR556	Lerato	Moletsane	Female	50:22.093
165	CCATMMAR836	Matshele	Sadiki	Female	50:29.381
166	CCATMMAR132	mogadi	chokwe	Male	50:43.604
167	CCATMMAR089	Renier	Zeeman	Male	50:44.549
168	CCATMMAR571	Masingita	Maluleke	Female	50:52.187

169	CCATMMAR485	Constance	Phatsoane	Female	50:59.858
170	CCATMMAR096	Lesego	Maboa	Female	51:21.101
171	CCATMMAR125	Johan	De Lange	Male	51:32.796
172	CCATMMAR443	Lyric	Notshe	Female	51:34.443
173	CCATMMAR242	Nthabiseng	Mabizela	Female	51:36.024
174	CCATMMAR891	Thlolo	Malepe	Male	52:25.896
175	CCATMMAR130	Manqoba	Mhlanga	Male	52:41.543
176	CCATMMAR712	Nicoline	Jordaan	Female	52:50.559
177	CCATMMAR1031	Megan	Mechanicos	Female	53:01.651
178	CCATMMAR135	Sylvia	Mhlanga	Female	53:05.782
179	CCATMMAR445	Unathi	Mhlanga	Female	53:07.533
180	CCATMMAR702	George	Liebenberg	Male	53:12.469
181	CCATMMAR800	Semakaleng	Maherry	Female	53:17.576
182	CCATMMAR983	Mandisa	Mngadi	Female	53:24.469
183	CCATMMAR980	Boikanyo	Moumakwe	Male	53:26.557
184	CCATMMAR158	Marne	Nel	Female	53:51.181
185	CCATMMAR741	Mia	Schnugh	Female	54:02.557
186	CCATMMAR704	Janine	Schnugh	Female	54:04.910
187	CCATMMAR186	Carol	Cousins	Female	54:11.162
188	CCATMMAR081	Terry	Cousins	Male	54:11.829
189	CCATMMAR903	Desmond	Schnugh	Male	54:21.645
190	CCATMMAR852	Nate	Schnugh	Male	54:25.009
191	CCATMMAR116	Nina	Bezuidenhout	Female	54:43.282
192	CCATMMAR825	Neil	Scott	Male	54:43.870
193	CCATMMAR945	Lindy	Ray	Female	54:55.015
194	CCATMMAR722	Samantha	Cronje	Female	54:56.106
195	CCATMMAR715	Tshepang	Malepe	Female	55:09.575
196	CCATMMAR968	Dinama	Malepe	Male	55:12.934
197	CCATMMAR022	Carise	Buitendag	Female	55:16.430
198	CCATMMAR487	Jess	Denner	Female	55:31.219
199	CCATMMAR538	Gert	Jonker	Male	55:34.492
200	CCATMMAR937	Craig	Rowe	Male	55:36.361
201	CCATMMAR424	Janine	Le Roux	Female	55:43.965
202	CCATMMAR672	Mpho	Khumalo	Female	55:48.836
203	CCATMMAR688	Letwin	Mncube	Female	55:58.195
204	CCATMMAR641	Mercy	Malepe	Female	56:03.755
205	CCATMMAR021	Antoinette	Jonker	Female	56:18.635
206	CCATMMAR960	Tania	Liebenberg	Female	56:28.170
207	CCATMMAR926	Leon	Sadiki	Male	56:33.801
208	CCATMMAR325	Claire	Baatjes	Female	56:36.263
209	CCATMMAR546	Renate	Lalla	Female	56:39.648
210	CCATMMAR700	Karen Ann	Whittaker	Female	56:44.327
211	CCATMMAR769	Mary	Mhle	Female	56:54.108
212	CCATMMAR1012	Kelli	Hugo	Female	56:55.130
213	CCATMMAR830	Hayley	Blake	Female	57:03.068
214	CCATMMAR642	Mireille	Havlik	Female	57:04.476
215	CCATMMAR879	Gavin	Strydom	Male	57:14.684
216	CCATMMAR662	Gaba	Javu	Female	57:29.600
217	CCATMMAR775	Steven	Van Wyk	Male	57:31.931
218	CCATMMAR276	Tshepiso	Radebe	Male	57:38.571
219	CCATMMAR308	Luyanda	Zwane	Female	57:39.437
220	CCATMMAR578	Lienke	Smit	Female	57:44.599
221	CCATMMAR771	Willie	Smit	Male	57:45.345
222	CCATMMAR271	Nokwazi	Sibeko	Female	57:57.209
223	CCATMMAR094	Elizma	Coetzee	Female	58:04.266
224	CCATMMAR1016	Nadia	Fourie	Female	58:04.949
225	CCATMMAR173	Rey Star Wars	Benn	Female	58:12.536
226	CCATMMAR480	Tshegofatso	Padi	Female	58:15.915

227	CCATMMAR1014	Charlotte	Greve	Female	58:29.195
228	CCATMMAR949	Gareth	Van De Merwe	Male	58:36.820
229	CCATMMAR228	Derek	De Bruijn	Male	58:38.321
230	CCATMMAR319	Chantene	du Plessis	Female	59:01.211
231	CCATMMAR1035	Linda	Makhoba	Female	59:09.312
232	CCATMMAR166	Juan	Williamson	Male	59:15.577
233	CCATMMAR243	Megan	Williams	Female	59:17.254
234	CCATMMAR221	Judy	Williamson	Female	59:43.195
235	CCATMMAR997	Michelle	Price	Female	59:45.136
236	CCATMMAR946	Sue	Vickers	Female	59:46.517
237	CCATMMAR516	Julie	Thompson	Female	59:47.373
238	CCATMMAR924	Onneile-Bokamoso	Mashele	Female	59:54.093
239	CCATMMAR993	Olivia	Mafanele	Female	59:58.285
240	CCATMMAR312	Alice	Maile	Female	1:00:51.782
241	CCATMMAR296	Engela	Van der merwe	Female	1:01:05.607
242	CCATMMAR942	Jill	Dial	Female	1:01:10.805
243	CCATMMAR819	Jubhele	Shange	Male	1:01:41.809
244	CCATMMAR434	Lerato	Motlounng	Female	1:01:55.215
245	CCATMMAR161	pinky	Qina	Female	1:01:56.397
246	CCATMMAR624	John	Marshall	Male	1:02:10.164
247	CCATMMAR841	Seipati	Phalalo	Female	1:03:18.230
248	CCATMMAR821	Momi	Metsing	Female	1:03:30.526
249	CCATMMAR1001	Amore	Wessels	Female	1:03:59.836
250	CCATMMAR692	Lee	Putu	Female	1:04:09.717
251	CCATMMAR095	Zane	Brits	Female	1:04:34.351
252	CCATMMAR483	Dominique	Arlow	Female	1:04:35.994
253	CCATMMAR967	Ntombi	Motsoari	Female	1:04:43.025
254	CCATMMAR020	Pumela	Salela	Female	1:04:44.670
255	CCATMMAR644	Karabo	Lesele	Female	1:04:50.494
256	CCATMMAR318	Celia	Haupt	Female	1:05:11.860
257	CCATMMAR593	Suretha	Knoessen	Female	1:05:32.135
258	CCATMMAR586	Veronica	Mbatha	Female	1:05:44.697
259	CCATMMAR374	Reagan	Tilley	Male	1:05:50.192
260	CCATMMAR526	Shanel	Pieterse	Female	1:05:52.602
261	CCATMMAR785	Lume	Smit	Female	1:05:58.246
262	CCATMMAR1037	Isolde	Smit	Female	1:05:59.481
263	CCATMMAR369	Almarie	Mare	Female	1:06:37.532
264	CCATMMAR764	Ria	Coetzee	Female	1:07:53.832
265	CCATMMAR703	Moira	Strydom	Female	1:07:58.030
266	CCATMMAR868	Talita	Van Staden	Female	1:07:59.164
267	CCATMMAR717	Kate Willemien	Pretorius	Female	1:07:59.780
268	CCATMMAR339	Erin	Palmer	Female	1:08:33.653
269	CCATMMAR418	Charmaine	Janse van Rensburg	Female	1:08:35.653
270	CCATMMAR067	Ronel	Arlow	Female	1:08:38.761
271	CCATMMAR441	YOLANDI	DU PLESSIS	Female	1:08:45.169
272	CCATMMAR579	Bara	Putu	Female	1:09:57.003
273	CCATMMAR253	Engela	Wessels	Female	1:10:48.013
274	CCATMMAR732	Reinette	De Bod	Female	1:10:53.907
275	CCATMMAR471	Dee	Geyer	Female	1:11:10.034
276	CCATMMAR626	Edith	Sambo	Female	1:12:16.109
277	CCATMMAR643	Susan (2)	Stuart	Female	1:12:43.535
278	CCATMMAR869	Chante	Stuart	Female	1:12:44.400
279	CCATMMAR049	Isabelle	Delanghe	Female	1:13:13.385
279	CCATMMAR030	Linds	Benn	Female	1:13:26.340
280	CCATMMAR281	Gabriella	Gabela	Female	1:13:51.246
281	CCATMMAR742	Jude	Luckin	Male	1:16:53.533

10KM					
Position	Race #	Name	Surname	Gender	Time
TBC	CCATMMAR028	Emily	Smith	Female	35:45.600
1	CCATMMAR777	Herman	Ernst	Male	36:38.515
2	CCATMMAR565	Shanan	Hendricks	Male	39:32.666
3	CCATMMAR288	Liam	Hudson	Male	40:31.511
4	CCATMMAR337	Amukelwa	Gumede	Male	40:34.603
5	CCATMMAR613	Neil	Labuschagne	Male	43:40.908
6	CCATMMAR909	Matthew	Snyders	Male	44:51.056
7	CCATMMAR726	Reinhardt	Jacobsz	Male	45:01.428
8	CCATMMAR590	Dian	Jacobsz	Male	46:02.487
9	CCATMMAR184	Sikelela	Mhlanga	Male	46:34.567
10	CCATMMAR635	Jacques	Labuschagne	Male	47:18.941
11	CCATMMAR601	Chirelee	Jansen	Female	48:04.887
12	CCATMMAR080	Paul	Schutte	Male	48:39.641
13	CCATMMAR1041	Daniel	Willpmse	Male	49:13.482
14	CCATMMAR753	Eugene	Greeff	Male	49:59.818
16	CCATMMAR783	Richard	Greeff	Male	50:01.950
17	CCATMMAR432	Tristan	Schut	Male	50:44.740
18	CCATMMAR083	Craig	Grant	Male	50:53.258
19	CCATMMAR361	Julian	Ernst	Male	51:05.828
20	CCATMMAR419	Khumbulani	Ncube	Male	51:16.684
21	CCATMMAR284	Blessings	Banda	Male	51:55.083
22	CCATMMAR473	Luis	Lopez	Male	52:01.539
23	CCATMMAR1022	Emily	Feher	Female	52:56.311
24	CCATMMAR120	Kim	Still	Female	53:35.704
25	CCATMMAR469	Mikayla	Ernst	Female	53:45.138
26	CCATMMAR409	Wentzel	Burger	Male	54:08.978
27	CCATMMAR634	Hannie	Wagner	Female	54:22.142
28	CCATMMAR1013	Eveline	Hyde	Female	54:29.790
29	CCATMMAR884	Chris	Fuhri	Male	55:35.078
30	CCATMMAR482	Tammy	Bracher	Female	55:37.706
31	CCATMMAR366	Hendrik	Nortje	Male	55:46.377
32	CCATMMAR152	Bart	Brits	Male	56:02.354
33	CCATMMAR148	Jason	Martin	Male	56:02.988
34	CCATMMAR513	Lawrence	Jatho	Male	56:31.637
35	CCATMMAR630	Colin	Auths	Male	56:33.803
36	CCATMMAR710	Nicholas	Gouws	Male	57:11.506
37	CCATMMAR187	John	Reiche	Male	57:19.942
38	CCATMMAR239	Wesley	Du Plessis	Male	57:33.914
39	CCATMMAR923	Charlie	Paget	Female	57:52.313
40	CCATMMAR651	Natasha	de Villiers	Female	58:03.275
41	CCATMMAR857	Tyler	de Villiers	Male	58:04.971
42	CCATMMAR330	Stephanie	Hudson	Female	58:19.324
43	CCATMMAR410	Ronel	Rose	Female	58:33.052
44	CCATMMAR768	mikayla	prando	Female	58:53.516
45	CCATMMAR581	Liezel Pieters	Pieters	Female	59:00.494
46	CCATMMAR398	Anri	Van Jaarsveld	Female	59:10.229
47	CCATMMAR560	Stacy-Lee	Burger	Female	59:11.300
48	CCATMMAR232	Bevan	Jeffery	Male	59:16.787
49	CCATMMAR928	Rian	Snyman	Male	59:34.641
50	CCATMMAR975	Christiaan	du Plooy	Male	59:35.259
51	CCATMMAR550	Kyle	Bruorton	Male	59:39.811
52	CCATMMAR290	Sacha-Li	Zeeman	Female	1:00:02.919
53	CCATMMAR650	Chelyne	Schroeder	Female	1:00:07.426
54	CCATMMAR227	Juliette	Dawadi	Female	1:00:13.669
55	CCATMMAR493	Robyn	Dodds	Female	1:00:45.644
56	CCATMMAR313	Matt	Brussow	Male	1:00:51.208

57	CCATMMAR052	Christopher	Buirski	Male	1:00:56.592
58	CCATMMAR508	Zandi	Alcock	Female	1:00:58.120
59	CCATMMAR411	Ger-Marie	Wessels	Female	1:01:08.025
60	CCATMMAR244	Geline	Jordaan	Female	1:01:08.970
61	CCATMMAR1017	Wessel	Fik	Male	1:01:15.188
62	CCATMMAR922	Geoffrey	Lydall	Male	1:01:38.334
63	CCATMMAR873	Tristan	Du Preez	Male	1:01:55.541
64	CCATMMAR282	Tresor Musasa	Kabamba	Male	1:02:00.654
65	CCATMMAR293	Alfred	Still	Male	1:02:06.852
66	CCATMMAR801	Corrine	Fourie	Female	1:02:15.253
67	CCATMMAR071	Eben	Botha	Male	1:02:45.155
68	CCATMMAR966	Zibusiso	Moyo	Male	1:03:03.943
69	CCATMMAR062	Melissa	Mannell	Female	1:03:15.422
70	CCATMMAR1042	Caitlyn	Buys	Female	1:03:18.898
71	CCATMMAR872	Daleen	Swanepoel	Female	1:03:32.464
72	CCATMMAR277	Janet	Ernst	Female	1:03:37.971
73	CCATMMAR500	Tenike	Brits	Female	1:04:12.244
74	CCATMMAR678	Nicolaas	Prollius	Male	1:04:18.520
75	CCATMMAR459	Myra	Basson	Female	1:04:23.601
76	CCATMMAR849	Chervaune	Utermohlen	Female	1:04:39.200
77	CCATMMAR705	Luke	Mayo	Male	1:04:42.273
78	CCATMMAR417	Rachelle	Orfanidis	Female	1:04:48.836
79	CCATMMAR412	Philip	Haupt	Male	1:05:03.442
80	CCATMMAR035	Carmen	De Chalain	Female	1:05:05.190
81	CCATMMAR383	Travis	Holden	Male	1:05:13.739
82	CCATMMAR362	Raymond	Schut	Male	1:05:25.268
83	CCATMMAR031	Megan	Janovsky	Female	1:05:26.290
84	CCATMMAR467	Kelly	Lloyd	Female	1:05:27.423
85	CCATMMAR866	Celeste	Rautenbach	Female	1:05:31.547
86	CCATMMAR195	Rocky	Germanus	Male	1:05:33.208
87	CCATMMAR553	Garrick	Germanus	Male	1:05:34.550
88	CCATMMAR874	Schuwell	Whiteboy	Male	1:05:39.013
89	CCATMMAR906	Jerry	Mokgolape	Male	1:05:45.651
90	CCATMMAR784	Marlie	Potgieter	Female	1:05:48.769
91	CCATMMAR286	Rozanne	Botha	Female	1:05:51.478
92	CCATMMAR725	GRAEME	ADAMSON	Male	1:05:53.568
93	CCATMMAR121	Malan	Snyman	Male	1:05:55.066
94	CCATMMAR815	MADERIE	HATTINGH	Female	1:05:56.543
95	CCATMMAR535	Gene	Firth Schlebusch	Female	1:06:24.210
96	CCATMMAR206	James	Schlebusch	Male	1:06:25.631
97	CCATMMAR382	Elisna	Van Wyk	Female	1:06:39.756
98	CCATMMAR249	Christa	Piater	Female	1:06:41.257
99	CCATMMAR501	Leanka	Van den Heever	Female	1:06:42.913
100	CCATMMAR262	Kai	Moolman	Male	1:06:45.957
101	CCATMMAR331	Stacey	Van Crombrugge	Female	1:06:49.885
102	CCATMMAR806	Kim	Strydom	Female	1:06:51.587
103	CCATMMAR547	Mzamo	Nkambule	Male	1:06:53.379
104	CCATMMAR523	Josh	Botha	Male	1:07:26.872
105	CCATMMAR618	Duduzile	Radebe	Female	1:07:32.368
106	CCATMMAR743	Angela	Rogers	Female	1:07:35.449
107	CCATMMAR047	Annaleen	Botha	Female	1:07:37.297
108	CCATMMAR749	Michelle	Donnelly	Female	1:07:48.594
109	CCATMMAR402	Estie	Dutch	Female	1:07:54.647
110	CCATMMAR506	Riley	Marais	Female	1:07:57.344
111	CCATMMAR070	Jonathan	Dennis	Male	1:07:58.567
112	CCATMMAR898	Tracy-Lee	McNair	Female	1:08:09.244
113	CCATMMAR416	Adele	Bloem	Female	1:08:11.328
114	CCATMMAR414	Luke	Zacharias	Male	1:08:13.311

115	CCATMMAR496	Lee-Roy	Joyce	Male	1:08:14.850
116	CCATMMAR1202	Zanelle	Cloete	Female	1:08:23.450
117	CCATMMAR278	Gabriella	Ruszczynski	Female	1:08:30.285
118	CCATMMAR039	Janine	Martin	Female	1:08:34.800
119	CCATMMAR050	Liese-Marie	Heyns	Female	1:08:38.116
120	CCATMMAR969	Lauren	Muller	Female	1:08:39.379
121	CCATMMAR462	Andrea	Jeffery	Female	1:08:53.640
122	CCATMMAR336	Fabian	Ruszczynski	Male	1:09:08.833
123	CCATMMAR812	Chandre	Buys	Male	1:09:09.358
124	CCATMMAR401	Ungwang	Boiteto	Male	1:09:14.280
125	CCATMMAR204	Donel	Van Jaarsveld	Female	1:09:16.364
126	CCATMMAR569	Carolyn	Missing	Female	1:09:17.386
127	CCATMMAR533	tammy	Gascoigne	Female	1:09:23.140
128	CCATMMAR392	Justin Ross	Gascoigne	Male	1:09:26.155
129	CCATMMAR341	Dirvaan	Pillay	Male	1:09:27.449
130	CCATMMAR314	Angelique	Van der berg	Female	1:09:36.091
131	CCATMMAR515	Paige	Frerichs	Female	1:09:38.531
132	CCATMMAR837	Verita	Schroeder	Female	1:09:49.162
133	CCATMMAR790	Lizelle	Van Niekerk	Female	1:09:57.342
134	CCATMMAR027	Melissa	Acutt	Female	1:10:20.966
135	CCATMMAR057	Alvin (3)	Roets	Male	1:10:23.662
136	CCATMMAR544	Roleen	Falken	Female	1:11:00.629
137	CCATMMAR270	Berenice	Devereux	Female	1:11:02.692
138	CCATMMAR220	Louwrens	Prinsloo	Male	1:11:10.753
139	CCATMMAR014	Machiel	Carstens	Male	1:11:11.618
140	CCATMMAR025	Christine	Booyse	Female	1:11:23.061
141	CCATMMAR658	Shannon	van Aardt	Female	1:11:26.814
142	CCATMMAR345	Caitlin	Allen	Female	1:11:38.505
143	CCATMMAR572	Jacques	Jonker	Male	1:11:58.717
144	CCATMMAR589	Alyssa	Morris	Female	1:11:59.492
145	CCATMMAR105	Kate	Lambert	Female	1:12:00.514
146	CCATMMAR850	Craig	Morris	Male	1:12:03.806
147	CCATMMAR951	Emma	Swartzberg	Female	1:12:22.455
148	CCATMMAR168	Kediemetsi	Petje	Female	1:12:24.540
149	CCATMMAR252	Zelda	Van Rooiyn	Male	1:12:28.797
150	CCATMMAR023	Jessica	Lopez	Female	1:12:30.666
151	CCATMMAR498	Matthew	Collins	Male	1:12:50.897
152	CCATMMAR709	Nomagugu	Nxumalo	Female	1:13:11.667
153	CCATMMAR625	Ryan	Vitus	Male	1:13:19.796
154	CCATMMAR939	Motheo	Moroane	Male	1:13:20.701
155	CCATMMAR820	Nomndeni	Motha	Female	1:13:25.290
156	CCATMMAR573	Liane	Meyer	Female	1:13:29.902
157	CCATMMAR863	Jessica	Saieva	Female	1:13:50.884
158	CCATMMAR780	Rudi	Van Niekerk	Male	1:13:52.228
159	CCATMMAR813	Jamie	Sinclair	Female	1:13:59.159
160	CCATMMAR796	JAMES	SINCLAIR	Male	1:14:00.196
161	CCATMMAR420	shimmy	sello	Male	1:14:19.901
162	CCATMMAR045	Nosihle	Ngcobo	Female	1:14:21.121
163	CCATMMAR426	Mike	Zacharias	Male	1:14:26.266
164	CCATMMAR686	Sara	Goodes	Female	1:14:37.356
165	CCATMMAR436	Tony	Ferguson	Male	1:14:54.093
166	CCATMMAR305	Bronwin	Geogre	Male	1:15:02:954
167	CCATMMAR853	Jako	Liebenberg	Male	1:15:14.229
168	CCATMMAR882	Phumudzo Solomon	Matshona	Male	1:15:16.313
169	CCATMMAR1002	Nkosephayo	Vilakazi	Female	1:15:19.465
170	CCATMMAR782	Corja	Le Roux	Female	1:15:20.980
171	CCATMMAR497	Sonnett	Roach	Female	1:15:27.785
172	CCATMMAR440	Caroline	Allen	Female	1:15:49.825

173	CCATMMAR689	Dominic	Solomons	Male	1:16:09.527
174	CCATMMAR225	Angelique	Flattery	Female	1:16:13.205
175	CCATMMAR559	Megan	Mulder	Female	1:16:36.702
176	CCATMMAR335	Carel	Mulder	Male	1:16:37.756
177	CCATMMAR355	Lize	Lowings	Female	1:17:04.451
178	CCATMMAR155	Yolanda	Bekker	Female	1:17:14.670
179	CCATMMAR532	Evan	Titus	Male	1:17:16.795
180	CCATMMAR680	Kayla	Vitus	Female	1:17:40.147
181	CCATMMAR346	Mingo	Mosito	Female	1:18:03.030
182	CCATMMAR153	Koketso	Seomane	Female	1:18:13.891
183	CCATMMAR1006	Jean-Jacques	Ritter	Male	1:18:22.429
184	CCATMMAR810	Nolene	Ritter	Female	1:18:23.365
185	CCATMMAR855	Kalyssa	Naidoo	Female	1:18:46.779
186	CCATMMAR730	Samantha (1)	Munro	Female	1:18:56.814
187	CCATMMAR530	Limakatso Maggy	Ndlovu	Female	1:19:10.377
188	CCATMMAR274	Carol	Molenaar	Female	1:19:29.057
189	CCATMMAR215	Michael	Molenaar	Male	1:19:32.436
190	CCATMMAR151	katy	Baillie	Female	1:19:38.747
191	CCATMMAR649	Chris	Snyders	Male	1:19:44.107
192	CCATMMAR307	Marline	Laubscher	Female	1:19:54.750
193	CCATMMAR611	Stella	Carthy	Female	1:20:07.156
194	CCATMMAR210	Lanese	Forbes	Female	1:20:17.825
195	CCATMMAR609	Zanel	Kammeyer	Female	1:20:25.519
196	CCATMMAR580	Jacques	Kammeyer	Male	1:20:26.769
197	CCATMMAR952	Megan	Riley	Female	1:20:38.601
198	CCATMMAR610	Suzette	Jordaan	Female	1:20:40.371
199	CCATMMAR380	Thuli	Ndebele	Female	1:20:56.786
200	CCATMMAR1033	Nonceba	Raphalalani	Female	1:21:11.233
201	CCATMMAR431	Hannah	Du Toit	Female	1:21:27.473
202	CCATMMAR044	Debbie	Schlebusch	Female	1:21:31.378
203	CCATMMAR829	Minize	Haron	Female	1:21:41.519
204	CCATMMAR919	Belinda	Basel	Female	1:21:44.543
205	CCATMMAR177	Christine	Modisakeng	Female	1:21:48.695
206	CCATMMAR759	Charmaine	Freeman	Female	1:22:26.340
207	CCATMMAR258	Louise	Forsyth	Female	1:22:45.622
208	CCATMMAR437	Victoria	Sullivan	Female	1:22:47.884
209	CCATMMAR218	Kayla	Rademeyer	Female	1:22:48.631
210	CCATMMAR340	Luise	Allemann	Female	1:22:51.494
211	CCATMMAR449	Nikki	Van Til	Female	1:23:00.700
212	CCATMMAR068	Thandeka	Mncube	Female	1:23:04.799
213	CCATMMAR719	Nicolene	Goertz	Female	1:23:05.838
214	CCATMMAR509	Perceveerence	Nkuna	Female	1:23:07.636
215	CCATMMAR114	Bianca	Bloem	Female	1:23:11.640
216	CCATMMAR977	Chris	Newcombe Bond	Male	1:23:13.482
217	CCATMMAR040	Alistair	Kennedy	Male	1:23:40.971
218	CCATMMAR257	Zama	Phewa	Female	1:24:11.496
219	CCATMMAR005	William	van Deventer	Male	1:24:12.874
220	CCATMMAR134	Natasha	Coetzer	Female	1:24:33.085
221	CCATMMAR272	Brandon	Pereira	Male	1:24:47.641
222	CCATMMAR803	Diane	Stevens-King	Female	1:24:58.918
223	CCATMMAR297	Lerato	Nkambule	Female	1:25:04.233
224	CCATMMAR627	Nontuthuzelo	Makeka	Female	1:25:11.998
225	CCATMMAR677	langwani	shingange	Male	1:25:13.010
226	CCATMMAR390	Ontiretse	Ramafoko	Male	1:25:36.748
227	CCATMMAR098	Nwabisa	Mdazuka	Female	1:25:45.703
228	CCATMMAR147	Ann	Gillies	Female	1:25:46.309
229	CCATMMAR054	Uwe	Frinke	Male	1:25:54.970
230	CCATMMAR981	Tebogo (4)	Mosepele	Female	1:25:59.860

231	CCATMMAR878	Caroline	Webb	Female	1:26:50.057
232	CCATMMAR859	Wendy	Rosenberg	Female	1:26:58.933
233	CCATMMAR157	Helen	Coetzee	Female	1:27:01.778
234	CCATMMAR619	Nicolette	Solomon	Female	1:27:06.970
235	CCATMMAR691	Sandiswa	qwele	Female	1:27:28.389
236	CCATMMAR389	Kayla	McPhail	Female	1:27:48.533
237	CCATMMAR911	Thembelihle	Mkhumbuzi	Female	1:27:50.657
238	CCATMMAR179	Kamogelo	Ngwenya	Female	1:28:07.462
239	CCATMMAR791	Khotso	Motloung	Male	1:28:08.535
240	CCATMMAR514	Paula	Josiah	Female	1:28:09.771
241	CCATMMAR962	Melanie	De Beer	Female	1:28:42.404
242	CCATMMAR182	NICHOLAS	TSHEHLA	Male	1:28:53.371
243	CCATMMAR373	Gideon	Van Der Walt	Male	1:29:04.198
244	CCATMMAR058	Meriska	Ferreira	Female	1:29:15.344
245	CCATMMAR456	Laura	Berry	Female	1:29:30.363
246	CCATMMAR915	Phethile (1)	Sgalelana	Female	1:29:57.284
247	CCATMMAR592	Jody	Williams	Male	1:30:02.087
248	CCATMMAR527	Kagiso	Makgaba	Female	1:30:41.229
249	CCATMMAR425	Yutara	Naidoo	Female	1:31:19.645
250	CCATMMAR283	Napo	Moasi	Female	1:31:21.907
251	CCATMMAR446	Candice	Govender	Female	1:31:25.952
252	CCATMMAR216	Revini	Padayachi	Female	1:31:27.739
253	CCATMMAR954	Ndaivepi	Muzenda	Female	1:31:29.559
254	CCATMMAR174	Chanel	Parkes	Female	1:31:45.996
255	CCATMMAR929	Bassey	Putu	Male	1:31:57.476
256	CCATMMAR421	Zanele	Lukhele	Female	1:32:21.699
257	CCATMMAR193	Mariana	Woldrich	Female	1:32:40.754
258	CCATMMAR292	Luyanda	Nkosi	Female	1:32:42.834
259	CCATMMAR568	Marty	Holderness	Female	1:32:44.177
260	CCATMMAR628	Richard	Lalla	Male	1:32:54.366
261	CCATMMAR235	Fezeka	Matana	Female	1:32:57.536
262	CCATMMAR687	Ikaneng	Motlalekgosi	Female	1:33:11.667
263	CCATMMAR941	Keneilwe	Seopa	Female	1:33:32.980
264	CCATMMAR159	Marianne	Bilsland	Female	1:33:46.208
265	CCATMMAR522	Joanitta	Belton	Female	1:34:00.753
266	CCATMMAR491	Ronald	Eykenduyn	Male	1:34:01.820
267	CCATMMAR066	Unati	Nqebelele	Female	1:34:33.764
268	CCATMMAR1023	Karen	Du Plessis	Female	1:34:38.501
269	CCATMMAR088	Bianca	Peyper	Female	1:34:39.490
270	CCATMMAR585	Maritsa	Minnie	Female	1:35:01.676
271	CCATMMAR086	Nicci	Lawrence	Female	1:35:03.504
272	CCATMMAR063	Daniel	Kruger	Male	1:35:04.912
273	CCATMMAR247	Hannah	Ainsley	Female	1:35:29.066
274	CCATMMAR478	Natalie	Titus	Female	1:35:35.235
275	CCATMMAR142	Karen	Potter	Female	1:35:54.294
276	CCATMMAR091	Annemarie	Oldewage	Female	1:36:39.747
277	CCATMMAR636	Siposihle	Bungane	Female	1:36:52.988
278	CCATMMAR663	Bianca	Gerber	Female	1:37:10.181
279	CCATMMAR599	Lizeth	Rowan	Female	1:37:12.532
280	CCATMMAR931	Mashudu	Mutsharini	Female	1:37:21.754
281	CCATMMAR548	Zakhele	Stebe	Male	1:37:44.056
282	CCATMMAR843	Thobile	Skhosana	Female	1:37:55.499
283	CCATMMAR957	Wicus	Jordaan	Male	1:38:03.317
284	CCATMMAR356	Janice	Johnsen	Female	1:38:09.348
285	CCATMMAR260	Rachel	Haupt	Female	1:38:10.320

286	CCATMMAR564	Trevor	Van staden	Male	1:38:35.941
287	CCATMMAR008	Jennifer	Taylor	Female	1:39:00.255
288	CCATMMAR902	Lungile	Ntsimane	Female	1:39:03.224
289	CCATMMAR1003	Kim	Gall	Female	1:39:09.944
290	CCATMMAR1018	Lisz	Labuschagne	Female	1:39:11.587
291	CCATMMAR013	Andrew	Hammond	Male	1:39:24.483
292	CCATMMAR223	Bernard	Diamond	Male	1:39:25.706
293	CCATMMAR178	Natasha	Jordaan	Female	1:39:27.917
294	CCATMMAR245	Rata	Mosito	Female	1:39:54.176
295	CCATMMAR185	Sinethemba	Ntombela	Female	1:40:59.591
296	CCATMMAR920	Divian	Papiah	Male	1:41:15.664
297	CCATMMAR633	Avasthi	Maharaj	Female	1:41:17.144
298	CCATMMAR363	Azin	Alikhani	Female	1:41:34.234
299	CCATMMAR017	Avela	Njwambe	Female	1:42:14.937
300	CCATMMAR774	Nadia	de Lange	Female	1:42:17.111
301	CCATMMAR539	Baleseng	Mojaki	Female	1:42:28.464
302	CCATMMAR999	LESEGO	MEGALE	Female	1:43:17.333
303	CCATMMAR1026	OUMA	SEOPA	Male	1:43:23.026
304	CCATMMAR079	Bunny	Majaja	Female	1:43:24.285
305	CCATMMAR695	Giulia	Leslie	Female	1:43:27.189
306	CCATMMAR115	Jacqueline	Buthelezi	Female	1:44:39.994
307	CCATMMAR211	Candice	Eaglestone	Female	1:44:56.406
308	CCATMMAR291	sonja	barnard	Male	1:45:13.920
309	CCATMMAR637	Andre	Barnard	Male	1:45:15.101
310	CCATMMAR985	Gontse	Dikeledi	Female	1:45:28.146
311	CCATMMAR765	Judy	Steele	Female	1:45:31.643
312	CCATMMAR974	James	Steele	Male	1:45:36.879
313	CCATMMAR905	laura	Christie	Female	1:45:55.465
314	CCATMMAR809	Simnikiwe	Ntyantya	Female	1:46:34.991
315	CCATMMAR254	Rudelle	Schoeman	Female	1:47:18.173
316	CCATMMAR534	Kobus	Niemand	Male	1:47:20.025
317	CCATMMAR840	Patrys	Rautenbach	Female	1:47:22.692
318	CCATMMAR503	Michelle Zola	Gabela	Female	1:47:25.652
319	CCATMMAR694	NOSIPHO	MKHUNGO	Female	1:47:40.160
320	CCATMMAR136	Salome	Johns	Female	1:47:59.462
321	CCATMMAR455	Zeanca	Labuschagne	Female	1:48:20.627
322	CCATMMAR069	Kobus	Nel	Male	1:48:21.350
323	CCATMMAR457	Fana	Mgwenya	Male	1:49:17.167
324	CCATMMAR302	Daniela	Rodrigues Baltasar	Female	1:51:26.715
325	CCATMMAR294	Gerhard	Mc Ilwaine-Wright	Male	1:52:29.093
326	CCATMMAR180	Christine	Padayachee	Male	1:52:52.061
327	CCATMMAR885	Sinazo	Novukela	Female	1:53:03.951
328	CCATMMAR368	Mbalenhle	Masia	Female	1:55:10.077
329	CCATMMAR203	Prudence	Lithole	Female	1:55:11.493
330	CCATMMAR379	Lisa	Ferguson	Female	1:55:20.878
331	CCATMMAR233	Tyrone	Pershhouse	Male	1:55:21.728
332	CCATMMAR145	Shaylene	Stenger	Female	1:55:26.225
333	CCATMMAR596	Zamah	Mazibuko	Female	1:55:48.432
334	CCATMMAR988	Qaqamba	Mdoda	Female	1:55:51.337
335	CCATMMAR428	Carosin	Buitendag	Female	1:58:20.178
336	CCATMMAR867	Patricia	Henning	Female	2:07:55.921
337	CCATMMAR512	Megan	Masedi	Female	2:08:25.114

15KM					
Position	Race #	Name	Surname	Gender	Time
1	CCATMMAR604	Stefan	Combrinck	Male	1:03:44.107
2	CCATMMAR087	Thor	van heerden	Male	1:05:26.118
3	CCATMMAR404	William	Hulme	Male	1:05:56.867
4	CCATMMAR839	Krysten	Wheatcroft	Female	1:09:01.486
5	CCATMMAR615	Dillon	Wheatcroft	Male	1:09:23.167
6	CCATMMAR587	Pedro	van Gaalen	Male	1:13:30.243
7	CCATMMAR917	Clint	Valjalo	Male	1:18:01.946
8	CCATMMAR877	Laikin	Kaka	Female	1:18:05.337
9	CCATMMAR925	Siannah	Kaka	Female	1:18:06.837
10	CCATMMAR386	James	Coutts	Male	1:18:50.718
11	CCATMMAR861	Kelly	Philps	Female	1:19:11.760
12	CCATMMAR413	Chad	Brussow	Male	1:19:14.556
13	CCATMMAR520	Marlette	Smit	Male	1:20:12.436
14	CCATMMAR955	Matthew	Winckworth	Male	1:21:06.391
15	CCATMMAR632	Andrew	Winckworth	Male	1:21:07.019
16	CCATMMAR322	Poppy Ngakane	Ngakane	Female	1:21:47.235
17	CCATMMAR786	Kerryn	Leonard	Female	1:22:02.477
18	CCATMMAR175	Kelsi	Holz	Female	1:22:08.552
19	CCATMMAR360	Bianca	Page	Female	1:22:09.011
20	CCATMMAR388	Claire	Fisher	Female	1:22:34.853
21	CCATMMAR665	Erin	Nadas	Male	1:22:36.635
22	CCATMMAR799	Ashlyn	Strydom	Female	1:22:38.937
23	CCATMMAR488	Pieter	Zaayman	Male	1:23:16.749
24	CCATMMAR965	Lauren	Narayanam	Female	1:23:25.455
25	CCATMMAR064	Johnny	Oriokot	Male	1:23:42.180
26	CCATMMAR894	Neville	Philps	Male	1:24:07.536
27	CCATMMAR907	Fanie	Combrinck	Male	1:24:10.560
28	CCATMMAR333	Kayla	Parker	Female	1:25:37.298
29	CCATMMAR359	Paula	Parkin	Female	1:27:06.502
30	CCATMMAR816	Craig	Simmer	Male	1:27:34.651
31	CCATMMAR557	Ashley	Holden	Male	1:28:44.434
32	CCATMMAR567	Albertus	Laas	Male	1:28:54.398
33	CCATMMAR892	Murray	Schreiber	Male	1:28:58.436
34	CCATMMAR716	Johan	van Vuuren	Male	1:29:05.564
35	CCATMMAR332	Adrika	Pillay	Female	1:29:22.184
36	CCATMMAR1205	Andrew	Hanson	Male	1:29:31.144
37	CCATMMAR655	Keshia	De gouveia	Female	1:29:49.078
38	CCATMMAR109	Cherece	Appelcryn	Female	1:29:52.863
39	CCATMMAR583	Julian	Lap	Male	1:30:11.310
40	CCATMMAR745	George	Dube	Male	1:30:47.466
41	CCATMMAR901	Chantell	Human	Female	1:30:50.680
42	CCATMMAR122	Stef	McKenzie	Female	1:31:12.111
43	CCATMMAR772	Donald	Madlabane	Male	1:31:17.968
44	CCATMMAR267	James	Moyo	Male	1:31:19.987
45	CCATMMAR545	Erin	Haley	Female	1:31:21.200
46	CCATMMAR169	BOITUMELO	IKANENG	Female	1:31:48.262
47	CCATMMAR617	Tim	Nicos	Male	1:32:06.952
48	CCATMMAR676	Venesa	Combrinck	Female	1:32:33.442
49	CCATMMAR600	Boitshepo	Mabalane	Male	1:32:51.417
50	CCATMMAR675	Jennifer	Marques	Female	1:33:13.087
51	CCATMMAR213	David	Cousins	Male	1:33:15.070
52	CCATMMAR427	Jessica-Lyn	Peo	Female	1:33:17.256
53	CCATMMAR781	Marc	van der Sluys	Male	1:33:29.779
54	CCATMMAR1021	Steven	Theunissen	Male	1:33:48.261
55	CCATMMAR542	Sebastiaan	Buisman	Male	1:34:47.551
56	CCATMMAR986	Matthew	Koen	Male	1:35:03.607

57	CCATMMAR099	Lee	Copham	Male	1:35:48.952
58	CCATMMAR647	Linge	Mninzelwa	Male	1:35:54.077
59	CCATMMAR165	Sam	Jivan	Female	1:36:02.618
60	CCATMMAR472	rakesh	harribhai	Male	1:36:05.087
61	CCATMMAR273	Caitlyn	Buisman	Female	1:36:06.178
62	CCATMMAR197	Sian-Ailin	da Silva	Female	1:36:07.467
63	CCATMMAR979	Eiby	Talane	Male	1:36:08.439
64	CCATMMAR275	Mari	Jonker	Female	1:36:22.634
65	CCATMMAR682	Lientjie	Saaiman	Female	1:36:26.109
66	CCATMMAR595	Tarien	Saaiman	Female	1:36:26.593
67	CCATMMAR181	Louise	Gierschick	Female	1:36:38.016
68	CCATMMAR788	Melenie	Dale	Female	1:37:13.846
69	CCATMMAR454	Bridget	Meyer	Female	1:37:56.034
70	CCATMMAR486	lisa-maree	surtees	Female	1:37:56.770
71	CCATMMAR896	Luzanne	J v rensburg	Female	1:38:12.323
72	CCATMMAR406	Thando	Sibanda	Male	1:38:14.100
73	CCATMMAR603	Hendrik	Naude	Male	1:38:26.010
74	CCATMMAR805	Mike	Notley	Male	1:38:44.355
75	CCATMMAR984	Chantelle	de la Porte	Female	1:38:46.603
76	CCATMMAR683	Lerato (2)	Kunutu	Female	1:38:47.207
77	CCATMMAR679	Rancan	Meyer	Male	1:39:16.569
78	CCATMMAR762	SIZWE	MAHLOBO	Male	1:39:39.470
79	CCATMMAR499	JON-JON	EMARY	Male	1:39:54.420
80	CCATMMAR1024	Ronelle	Kaka	Female	1:40:15.224
81	CCATMMAR217	Cecile	Kruger	Female	1:40:35.581
82	CCATMMAR734	Danae	Schutte	Female	1:40:51.086
83	CCATMMAR511	Sylvia	Zanetti	Female	1:40:52.069
84	CCATMMAR484	Keegan	Jordaan	Male	1:41:01.926
85	CCATMMAR107	madaleen	vab der walt	Male	1:41:04.748
86	CCATMMAR188	Kian	Gogle	Male	1:41:33.153
87	CCATMMAR207	Prince	Dube	Male	1:41:37.816
88	CCATMMAR176	Graham	Jennings	Male	1:41:47.922
89	CCATMMAR344	Stephen	Ingram	Male	1:41:48.937
90	CCATMMAR375	Mel	Waldbaum	Female	1:41:51.676
91	CCATMMAR126	Darryn	Jacobs	Female	1:41:53.341
92	CCATMMAR060	Nada	Manas	Female	1:41:54.166
93	CCATMMAR594	Chris	Reed	Male	1:41:55.998
94	CCATMMAR669	Vaughn	Venter	Male	1:42:02.880
95	CCATMMAR827	Greg	Cousens	Male	1:42:04.111
96	CCATMMAR110	Fiona	Smith	Female	1:42:08.391
97	CCATMMAR422	Jacques	Strydom	Male	1:42:09.137
98	CCATMMAR933	Amrish	Singh	Male	1:42:10.572
99	CCATMMAR237	Connie	Steyn	Female	1:42:13.118
100	CCATMMAR140	Vicky	Vosloo	Female	1:42:41.760
101	CCATMMAR452	Lazola	Javu	Male	1:42:47.087
102	CCATMMAR358	Helani	van der Westhuizen	Female	1:43:03.349
103	CCATMMAR631	Jade	Visser	Female	1:43:12.793
104	CCATMMAR141	David	Johns	Male	1:43:20.146
105	CCATMMAR685	Trevor	Kennedy	Male	1:43:21.915
106	CCATMMAR251	Berneche	Roberts	Female	1:43:34.891
107	CCATMMAR189	Nicole	Barnard	Female	1:43:35.944
108	CCATMMAR019	Tanya	Saffy	Female	1:43:36.809
109	CCATMMAR804	Tidimalo	Rampou	Female	1:43:40.675
110	CCATMMAR430	Kimrie	Cryer	Female	1:44:00.357
111	CCATMMAR828	Dominique	Pettit	Female	1:44:28.492
112	CCATMMAR364	CLAUDIA	SCHABERG	Female	1:44:40.166
113	CCATMMAR540	Alison	Jennings	Female	1:44:54.450
114	CCATMMAR597	Alethea	Roos	Female	1:45:11.742

115	CCATMMAR862	Tumelo	Mashwe	Male	1:45:20.434
116	CCATMMAR298	Sean	McCaughet	Male	1:45:45.167
117	CCATMMAR199	Lynn	Szurdoki	Female	1:46:31.308
118	CCATMMAR342	Amanda	Van der Westhuizen	Female	1:46:43.494
119	CCATMMAR357	Micelle	Coetsee	Female	1:47:04.177
120	CCATMMAR351	Stevan	Boskovic	Male	1:47:38.961
121	CCATMMAR787	Nico (1)	Smit	Male	1:48:05.608
122	CCATMMAR1011	Paul	Serfontein	Male	1:48:06.985
123	CCATMMAR817	Evan	Kobrin	Male	1:48:29.238
124	CCATMMAR475	Neath	Boyd	Female	1:48:30.542
125	CCATMMAR978	MBHELE	BONGANI	Female	1:48:39.291
126	CCATMMAR842	Warren	Schmidt	Male	1:48:48.119
127	CCATMMAR616	Sonya	Wessels	Female	1:50:07.976
128	CCATMMAR733	Carri-Ann	Hartwig	Female	1:50:51.335
129	CCATMMAR746	Jade	Craiggen	Female	1:50:52.717
130	CCATMMAR078	Laura	Shamley	Female	1:51:24.928
131	CCATMMAR502	Kristin	Kernot	Female	1:51:32.951
132	CCATMMAR009	Colleen	Ross	Female	1:52:18.522
133	CCATMMAR757	Samantha	de Sousa	Female	1:52:42.598
134	CCATMMAR561	Gloria	Pistoli	Female	1:53:19.697
135	CCATMMAR029	Rene	Van der Wath	Female	1:53:25.313
136	CCATMMAR706	Maria	Sithole	Female	1:54:17.932
137	CCATMMAR073	Vivian	Grenfell	Female	1:54:45.782
138	CCATMMAR004	Michael	Thompson	Male	1:54:57.156
139	CCATMMAR747	Marco Paulo	Campos	Male	1:55:33.940
140	CCATMMAR082	Madalize	Van der Merwe	Male	1:56:09.695
141	CCATMMAR458	TARNYA	NAIDU	Female	1:56:19.091
142	CCATMMAR113	Deepa	Pema	Female	1:56:20.696
143	CCATMMAR536	Esmeralda	Badenhorst	Female	1:56:33.223
144	CCATMMAR681	Janine	Redfern	Female	1:56:38.528
145	CCATMMAR773	Nicola	Freemantle	Female	1:56:40.340
146	CCATMMAR143	Andrew	Ellis-cole	Male	1:56:50.135
147	CCATMMAR377	Andrea	Perrier	Female	1:56:55.750
148	CCATMMAR908	Amy	Lap	Female	1:57:03.386
149	CCATMMAR403	Zizile	Nkosi	Female	1:57:06.435
150	CCATMMAR033	sanet	Duminy	Female	1:57:51.498
151	CCATMMAR381	Brian	Jacobs	Male	1:57:54.167
152	CCATMMAR059	Mvuselelo	Dube	Male	1:58:40.111
153	CCATMMAR744	Trey	Mkhize	Male	1:58:59.309
154	CCATMMAR629	Naz	Snyders	Female	1:59:53.528
155	CCATMMAR399	Erica	Pierce	Female	1:59:55.099
156	CCATMMAR117	STEPHANIE	BLAKE	Female	2:00:35.233
157	CCATMMAR076	NICOLE	BLAKE	Female	2:00:36.014
158	CCATMMAR652	Linzi	Jacobs	Female	2:00:43.723

159	CCATMMAR505	Robert	Smith	Male	2:01:35.985
160	CCATMMAR072	Lynda	Diamond	Female	2:01:46.422
161	CCATMMAR465	Kevin	Diamond	Female	2:01:47.250
162	CCATMMAR673	Mbali	Majola	Female	2:02:13.533
163	CCATMMAR834	Nkosinathi	Majola	Male	2:02:14.937
164	CCATMMAR822	Tumelo	Makgaba	Female	2:02:45.978
165	CCATMMAR973	Bridgette	Heath	Female	2:02:51.279
166	CCATMMAR349	Kobus	Botha	Male	2:03:35.478
167	CCATMMAR739	Rozanne	De Beer	Female	2:03:37.917
168	CCATMMAR528	David	Rookan-Smith	Male	2:04:07.202
169	CCATMMAR468	Michelle	Rookan-Smith	Female	2:04:08.492
170	CCATMMAR442	Desiree	Eloff	Female	2:04:12.953
171	CCATMMAR807	Mampe	Mothata	Female	2:06:19.102
172	CCATMMAR1010	Ayabulela	Xongo	Male	2:06:22.250
173	CCATMMAR814	Thembi	Xongo	Female	2:06:23.218
174	CCATMMAR729	Selva	Emanuel	Male	2:06:52.765
175	CCATMMAR792	Lizet	Bam	Female	2:06:54.728
176	CCATMMAR1005	Roschelle (1)	Botes	Female	2:06:55.756
177	CCATMMAR285	shani	merli	Female	2:07:57.535
178	CCATMMAR972	Ellen	Reed	Female	2:08:00.096
179	CCATMMAR149	Bianca	De Wet	Female	2:08:07.945
180	CCATMMAR721	Tania	Thompson	Female	2:08:32.627
181	CCATMMAR400	Liesl	Koch	Female	2:08:58.961
182	CCATMMAR106	MPHO	MOLAOLWE	Female	2:09:08.499
183	CCATMMAR310	Mathapelo	Mokoena	Female	2:09:44.661
184	CCATMMAR947	Lynette	Gough	Female	2:10:05.023
185	CCATMMAR570	Simone	Thomson	Female	2:10:14.205
186	CCATMMAR761	Magdeline	Makgalemela	Female	2:10:18.752
187	CCATMMAR172	Lune	Smith	Female	2:11:12.231
188	CCATMMAR718	Adri	Julyan	Female	2:11:46.741
189	CCATMMAR848	Esmeralda	Bosman	Female	2:11:48.758
190	CCATMMAR371	Charmaine	van Heerden	Female	2:12:18.943
191	CCATMMAR408	Linda	Rorich	Female	2:12:27.167
192	CCATMMAR970	Chester	Connolly	Male	2:12:28.328
193	CCATMMAR139	Tendamudzimu	Nemusombori	Female	2:12:56.923
194	CCATMMAR575	Nicole	Townsend	Female	2:14:10.160
195	CCATMMAR378	Cobus	Mare	Male	2:14:36.750
196	CCATMMAR835	Wayne	Broodryk	Male	2:14:43.472
197	CCATMMAR183	Liezl	Pretorius	Female	2:16:58.895
198	CCATMMAR724	Sharne	De Beer	Female	2:16:59.735
199	CCATMMAR591	Lynette	Ray	Female	2:17:27.858
200	CCATMMAR666	Tumelo	Chaka	Male	2:17:47.645
201	CCATMMAR208	Ruan	Schalkwyk	Male	2:18:04.717
202	CCATMMAR551	Sqobile	Mthembu	Female	2:18:33.750
203	CCATMMAR918	Johan	Naude	Male	2:19:04.085
204	CCATMMAR638	Yolandi	Viljoen	Female	2:19:05.347
205	CCATMMAR656	Nicola	Venter	Female	2:19:08.451
206	CCATMMAR897	Megan	Smit	Female	2:19:45.373
207	CCATMMAR871	Bev	Smit	Female	2:19:49.906
208	CCATMMAR231	LESEGO	KHOELI	Female	2:24:52.060
209	CCATMMAR958	ROSE	LEGODI	Female	2:24:54.546
210	CCATMMAR043	Deborah	McLaren-Kennedy	Female	2:28:21.708
211	CCATMMAR250	Berlinda	Jeffrey	Female	2:28:59.023
212	CCATMMAR936	Thandeka	Mbutuma	Female	2:31:45.978
213	CCATMMAR450	Jennifer	Thurgood	Female	2:35:14.153
214	CCATMMAR748	Heather	Connolly	Female	2:36:18.018
215	CCATMMAR889	Simangaliso	Mbolekwa	Female	2:49:36.769

21KM					
Position	Race #	Name	Surname	Gender	Time
1	CCATMMAR648	Lesley	Maphupha	Male	1:38:12.648
2	CCATMMAR365	Jordache	Clarke	Male	1:38:21.285
3	CCATMMAR701	Nikita	Bailey	Female	1:38:26.953
4	CCATMMAR504	Nicky	Smith	Female	1:38:37.353
5	CCATMMAR1025	Elne	van Niekerk	Female	1:38:48.396
6	CCATMMAR255	Juandre	van Zyl	Male	1:41:05.740
7	CCATMMAR558	John	Pipkin	Male	1:41:57.450
8	CCATMMAR731	Almero	Coetzee	Male	1:42:29.693
9	CCATMMAR756	Pieter	Foure	Male	1:42:37.879
10	CCATMMAR146	Mike	Gildenhuys	Male	1:45:00.161
11	CCATMMAR833	Robyn	Ward	Female	1:45:57.294
12	CCATMMAR1004	Marcus	Oshry	Male	1:46:06.762
13	CCATMMAR395	Dieter	Zermatten	Male	1:49:07.478
14	CCATMMAR614	Jacques	Human	Male	1:49:45.100
15	CCATMMAR167	Magda	Coertze	Female	1:51:00.936
16	CCATMMAR280	Yaron	Shapiro	Male	1:54:47.538
17	CCATMMAR554	LIA	SWARTS	Female	1:57:08.281
18	CCATMMAR466	Chanel	Louw	Female	1:57:09.359
19	CCATMMAR053	Greer	Marthinusen	Female	1:57:23.399
20	CCATMMAR976	Leigh	Buys	Female	1:58:08.622
21	CCATMMAR429	Wessel	Coetze	Male	1:58:09.938
22	CCATMMAR797	Antoinette	Viljoen	Female	1:58:39.844
23	CCATMMAR219	Ronald	Bester	Male	1:59:12.490
24	CCATMMAR824	Nic	Goosen	Male	1:59:28.940
25	CCATMMAR396	Jonathan	Smith	Male	1:59:40.564
26	CCATMMAR102	Jan	Basson	Male	1:59:50.143
27	CCATMMAR738	Andrew	Bartlet	Male	2:02:41.934
28	CCATMMAR238	Karli	Snyman	Female	2:04:36.742
29	CCATMMAR077	marelize	van ryneveld	Male	2:06:06.781
30	CCATMMAR888	Tiyani	Tshabalala	Male	2:06:09.518
31	CCATMMAR002	Sibusiso	Ngcobo	Male	2:06:35.657
32	CCATMMAR996	Andile	Tshabalala	Male	2:06:42.874
33	CCATMMAR287	Tanya	Nyanhongo	Male	2:07:42.098
34	CCATMMAR961	Lizle	Austin	Female	2:07:55.160
35	CCATMMAR621	Bianca	Rautenbach	Female	2:08:22.784
36	CCATMMAR024	Robyn	Castle	Female	2:08:24.051
37	CCATMMAR479	Aron	Danilowitz	Male	2:08:27.807
38	CCATMMAR209	Dylan	Miller	Male	2:09:23.186
39	CCATMMAR1007	Ryan	van den berg	Male	2:09:24.108
40	CCATMMAR075	Liam	McKeown	Male	2:10:43.807
41	CCATMMAR012	Tegan	Crymble	Female	2:11:06.088
42	CCATMMAR354	Gregory	Nelson	Male	2:11:56.891
43	CCATMMAR138	Stephen	Bishop	Male	2:12:36.741
44	CCATMMAR778	Kelly	de Vos	Female	2:12:38.201
45	CCATMMAR1020	beryl	makokhe	Male	2:13:38.474
46	CCATMMAR661	Lizobuya	Mashiya	Male	2:13:56.936
47	CCATMMAR048	Debbie	de Jager	Female	2:16:05.264
48	CCATMMAR103	Ryan	Glaser	Male	2:16:49.190
49	CCATMMAR011	Saul	Jordan	Male	2:16:50.633
50	CCATMMAR1034	Bruce	Minnie	Male	2:18:19.812
51	CCATMMAR128	Nadine	Crouch	Female	2:18:22.920
52	CCATMMAR241	Rache	Nel	Female	2:19:19.570
53	CCATMMAR269	Charl	Burger	Male	2:22:33.951
54	CCATMMAR246	Tshupelo	Mosiane	Male	2:22:47.805
55	CCATMMAR065	Nadia	Gouws	Female	2:23:52.969

56	CCATMMAR256	Leonardo	Potter	Male	2:24:12.966
57	CCATMMAR998	Kuhle	Makaula	Male	2:25:29.099
58	CCATMMAR202	liam	cranje	Male	2:25:47.204
59	CCATMMAR990	Frank	Ferreira	Male	2:25:55.058
60	CCATMMAR751	Shannon	Frerichs	Female	2:27:23.537
61	CCATMMAR562	Thinus	Forbes	Male	2:27:25.670
62	CCATMMAR137	elize	kriel	Male	2:27:30.504
63	CCATMMAR727	Andrew	Sampson	Male	2:32:03.489
64	CCATMMAR577	Hanno	Redman	Male	2:35:10.492
65	CCATMMAR124	Steven	Frohlich	Male	2:37:31.182
66	CCATMMAR1019	Janine	Du Toit	Female	2:38:29.920
67	CCATMMAR1039	Chantelle	van der Merwe	Female	2:38:31.194
68	CCATMMAR304	Hlamarisa	Baloyi	Female	2:38:49.817
69	CCATMMAR584	Vusani	Marindi	Male	2:41:17.121
70	CCATMMAR112	Alicia	Read	Female	2:42:17.801
71	CCATMMAR992	Nells	Mokgahla	Male	2:42:54.859
72	CCATMMAR525	Cindy	Nasser	Female	2:43:57.328
73	CCATMMAR720	Karin	Bezuidenhout	Female	2:44:07.972
74	CCATMMAR032	Nthethe	Motaung	Male	2:44:46.818
75	CCATMMAR858	Loti	Maboa	Female	2:46:16.082
76	CCATMMAR987	Samantha	Winterbottom	Female	2:47:21.500
77	CCATMMAR423	Claire	Senior	Female	2:47:24.164
78	CCATMMAR995	Mark	Winterbottom	Male	2:47:25.180
79	CCATMMAR886	Ian	Ray	Male	2:47:26.598
80	CCATMMAR696	Mokgohloe	Phasha	Female	2:49:59.637
81	CCATMMAR191	David	Bryant	Male	2:51:11.740
82	CCATMMAR881	Sean	Clarke	Male	2:51:14.115
83	CCATMMAR754	Michael	Frohlich	Male	2:56:27.388
84	CCATMMAR832	Sibusiso	Mabaso	Male	2:58:04.027
85	CCATMMAR127	Sithandekile	Ncube	Female	3:00:08.858
86	CCATMMAR266	Gemey	Abrahams	Female	3:02:09.011
87	CCATMMAR910	Dinilesizwe	Geya	Male	3:02:58.108
88	CCATMMAR026	Clarice	Roos	Female	3:03:05.770
89	CCATMMAR261	Ockert Jan-Mathys	Roos	Male	3:03:08.935
90	CCATMMAR671	silindile	mkhize	Female	3:05:09.331
91	CCATMMAR118	Elizabeth	Maiden	Female	3:07:22.721
92	CCATMMAR956	Jane	Senior	Female	3:14:01.544
93	CCATMMAR953	Paul	Senior	Male	3:14:04.484
94	CCATMMAR690	Siphamandla	Myeza	Male	3:19:34.019

28KM					
Position	Race #	Name	Surname	Gender	Time
1	CCATMMAR895	Ryan	Frey	Male	1:57:55.480
2	CCATMMAR240	Dale	Taylor	Male	1:59:05.428
3	CCATMMAR248	Tlhogi	Motene	Male	2:06:10.963
4	CCATMMAR464	Brandon	Crouse	Male	2:13:10.706
5	CCATMMAR566	Ross	Jacobs	Male	2:13:11.389
6	CCATMMAR932	Noreen	Rautenbach	Female	2:13:25.126
7	CCATMMAR982	Benjamin	J v rensburg	Male	2:15:48.856
8	CCATMMAR037	Jana	Mentz Niehaus	Female	2:28:56.191
9	CCATMMAR537	David	Grollemund	Male	2:29:03.691
10	CCATMMAR900	Simone	Forshaw	Female	2:30:05.756
11	CCATMMAR279	Luke	Matthews	Male	2:33:10.330
12	CCATMMAR612	Bonani	Nakani	Male	2:38:53.957
13	CCATMMAR521	Kele	P	Male	2:40:02.360
14	CCATMMAR963	Samantha	Ferreira	Female	2:40:52.818
15	CCATMMAR385	Debbie	Oleary	Female	2:41:02.593
16	CCATMMAR519	Melani	Swart	Female	2:42:14.407
17	CCATMMAR994	Kurt	Heunis	Male	2:43:47.663
18	CCATMMAR055	Alicia	Nieuwoudt	Female	2:44:07.071
19	CCATMMAR938	Janet	Neethling	Female	2:45:52.294
20	CCATMMAR921	Kevin	Gall	Male	2:46:14.554
21	CCATMMAR1036	Brad	Raasch	Male	2:46:39.298
22	CCATMMAR226	Phumzile	Mgwenya	Female	2:46:47.452
23	CCATMMAR1030	Kyle	Oliver	Male	2:46:52.517
24	CCATMMAR588	Dominic	Kester	Male	2:47:10.362
25	CCATMMAR598	Robin	Champion	Male	2:49:05.322
26	CCATMMAR883	Dylan	Hammond	Male	2:49:43.996
27	CCATMMAR481	Sulet	Jansen	Female	2:50:10.035
28	CCATMMAR111	Rudi	Botha	Male	2:51:21.117
29	CCATMMAR460	Manuela	Botha	Female	2:51:21.864
30	CCATMMAR623	Nicola	Bryant	Female	2:52:49.105
31	CCATMMAR646	Alistair	Fisher	Male	2:52:57.390
32	CCATMMAR214	Katy	Munroe	Female	2:53:42.956
33	CCATMMAR699	Matthewstone	M	Male	2:53:44.912
34	CCATMMAR622	Jesse	Pretorius	Male	2:53:46.996
35	CCATMMAR1008	Sheldon	Valjalo	Male	2:53:48.232
36	CCATMMAR393	Gareth	Harvett	Male	2:53:50.111
37	CCATMMAR435	Nhlamulo	Khoza	Male	2:54:14.451
38	CCATMMAR194	Sergio	Cieverts	Male	2:54:16.008
39	CCATMMAR913	Vincent	Brezillon	Male	2:56:36.487
40	CCATMMAR914	Aaron	Kadango	Male	2:58:15.387
41	CCATMMAR582	Craig	Heydenrych	Male	2:59:10.872
42	CCATMMAR971	Reeva	de Fleuriot	Female	2:59:12.028
43	CCATMMAR697	Beulah	Botha	Female	3:02:08.148
44	CCATMMAR737	Thershen	Naidoo	Female	3:04:37.536
45	CCATMMAR776	Lauren	Heunis	Female	3:06:11.294
46	CCATMMAR085	Nicole	Gien	Female	3:06:14.317
47	CCATMMAR991	Melanie	DuPlessis	Female	3:06:15.429
48	CCATMMAR798	Royden	Brown	Male	3:06:16.775
49	CCATMMAR489	Mandi	Botha	Female	3:06:24.067
50	CCATMMAR347	Roger	Carbonell	Male	3:06:40.831
51	CCATMMAR755	Casparus	Luther	Male	3:06:42.808
52	CCATMMAR606	Hilke	Luther	Female	3:06:43.561
53	CCATMMAR802	Gift	Mailula	Male	3:08:01.954
54	CCATMMAR645	Blanche	van Vuuren	Female	3:08:04.923
55	CCATMMAR164	Asami	Nakahara	Female	3:09:00.299

56	CCATMMAR844	Takeyuki	Kowada	Male	3:09:01.779
57	CCATMMAR639	Sandra	Watzlawick	Female	3:10:35.686
58	CCATMMAR576	Liz	Ingram	Female	3:10:42.759
59	CCATMMAR1015	Walter	Pretorius	Male	3:10:46.852
60	CCATMMAR384	Rhulani	Mabasa	Male	3:11:30.396
61	CCATMMAR343	Kendal	Kent	Female	3:11:36.492
62	CCATMMAR315	Jason	Forsdick	Male	3:11:37.794
63	CCATMMAR549	Olothando	Ndamase	Male	3:13:50.586
64	CCATMMAR1009	Junae	Damon	Female	3:14:34.184
65	CCATMMAR309	Wonga	James	Male	3:15:45.543
66	CCATMMAR370	Jessica	Bates	Female	3:16:25.668
67	CCATMMAR229	Gemma	Schultz	Female	3:16:27.205
68	CCATMMAR129	Anathi	Pefile	Male	3:17:29.073
69	CCATMMAR131	Jarrod	Dodgen	Male	3:17:30.082
70	CCATMMAR934	Tarna	Da Costa	Female	3:18:53.984
71	CCATMMAR1027	Tanya	Van Niekerk	Female	3:18:55.699
72	CCATMMAR766	Elizabeth	De Beer	Female	3:19:24.757
73	CCATMMAR018	Dot	Hunt	Female	3:21:16.949
74	CCATMMAR074	Dale	Dieterberg	Male	3:22:05.882
75	CCATMMAR474	Jeanine	Kruger	Female	3:24:45.383
76	CCATMMAR670	Linda	Wissing	Female	3:26:06.499
77	CCATMMAR448	Pauli	Nel	Male	3:26:12.309
78	CCATMMAR714	Kerry	wood	Female	3:26:56.227
79	CCATMMAR316	Peter	Nasser	Male	3:27:06.776
80	CCATMMAR092	karin	mcdonald	Female	3:27:09.990
81	CCATMMAR736	Dave	Ingram	Male	3:30:24.591
82	CCATMMAR899	PIETER	VAN ROOY	Male	3:30:43.594
83	CCATMMAR391	Henk	Basson	Male	3:32:50.959
84	CCATMMAR674	joy	Dekker	Female	3:32:52.749
85	CCATMMAR770	Jenny	Cairns	Female	3:32:55.460
86	CCATMMAR838	Yandi	Makaula	Female	3:36:12.758
87	CCATMMAR518	Antonio	De Franca	Male	3:37:57.912
88	CCATMMAR093	Thabelo	Khangale	Male	4:01:55.430
89	CCATMMAR845	Carel	van Heerden	Male	4:21:37.783