Run the Greens

Randpark 29.10.2026

Results V1

5KM RESULTS					
Position	**Race #**	**Name**	**Surname**	**Gender**	**Time**
1	RTGRPG007	Mark	Chong	Male	21:45.173
2	RTGRPG253	ashley	becker	Male	21:54.831
3	RTGRPG360	David	Jones	Male	21:55.121
4	RTGRPG030	Connor	Davies	Male	23:19.883
5	RTGRPG049	james	fowler	Male	23:50.756
6	RTGRPG268	Christine	Labuschagne	Female	24:41.301
7	RTGRPG072	Julian	Robinson	Male	24:43.002
8	RTGRPG146	Ane	Venter	Female	25:34.524
9	RTGRPG058	SYKES	FOUCHE	Male	26:56.276
10	RTGRPG138	Jean	Hoogendoorn	Male	27:18.147
11	RTGRPG176	Rodney	Jones	Male	27:56.362
12	RTGRPG192	Kira	Burger	Female	28:00.782
13	RTGRPG175	Rentia	Burger	Female	28:18.056
14	RTGRPG257	Celeste	Hawkins	Female	28:21.670
15	RTGRPG089	Llewellyn	Labuschagne	Male	29:08.858
16	RTGRPG205	Kale	Neethling	Female	29:09.091
17	RTGRPG006	Lara	Jacobs	Male	29:32.657
18	RTGRPG211	Dylan	Wodley-Smith	Male	29:37.457
19	RTGRPG052	Nayen	Kellan	Male	29:54.226
20	RTGRPG208	Pieter	Pienaar	Male	30:03.269
21	RTGRPG134	Megan	McDonald	Female	30:16.574
22	RTGRPG331	Gianna Teresa	Koen	Female	30:25.100
23	RTGRPG103	Stephen	Proctor	Male	30:26.410
24	RTGRPG044	Lehan	Kloppers	Male	30:31.256
25	RTGRPG300	Brett	Cameron	Male	31:11.546
26	RTGRPG319	Leon	Kloppers	Male	31:15.392
27	RTGRPG229	Jacqueline	Cameron	Female	31:15.408
28	RTGRPG012	MAYANK	PARSOTAM	Male	32:25.697
29	RTGRPG108	Keegan	Ganess	Male	32:26.706
30	RTGRPG031	francesco	leonardi	Male	32:30.746
31	RTGRPG070	Risima	Maluleke	Male	32:49.902
32	RTGRPG128	jeane	bennet	Male	32:51.338
33	RTGRPG224	Shawn	Langa	Male	33:14.256
34	RTGRPG023	Aqeel	Saloojee	Male	33:34.317
35	RTGRPG206	Matt	Bouw	Male	33:58.431
36	RTGRPG326	Chris	Olsen	Male	34:02.580
37	RTGRPG345	Saffron	Rufener	Female	34:09.518
38	RTGRPG106	Wouter	Oosthuizen	Male	34:17.470
39	RTGRPG092	Dawn	Green	Female	34:20.429

40	RTGRPG350	Adriaan	Scholtz	Male	34:23.564
41	RTGRPG258	Sheldon	Abrahams	Male	34:43.791
42	RTGRPG234	Darryl	Van den Heever	Male	34:49.624
43	RTGRPG225	Ethan	Eccleston	Male	35:20.849
44	RTGRPG149	Caden	Janssen	Male	35:22.199
45	RTGRPG222	Megan	Rufener	Female	35:42.142
46	RTGRPG254	Roberto	Cinti	Male	35:50.351
47	RTGRPG204	Marion	Smith	Female	34:59.277
48	RTGRPG022	Martin	Trollip	Male	35:59.375
49	RTGRPG334	Dasheel	Kellan	Male	36:07.313
50	RTGRPG294	Wayne	Janssen	Male	36:26.873
51	RTGRPG161	Paula	Nel	Female	37:01.069
52	RTGRPG305	Nkosana	Mpofu	Male	37:02.165
53	RTGRPG240	Makayla	Delafield	Female	37:07.412
54	RTGRPG181	Cordelia	Mctaggart	Female	37:08.506
55	RTGRPG183	Elmarie	Fourie	Female	37:09.052
56	RTGRPG335	Gert	Van Risjewijk	Male	37:35.297
57	RTGRPG074	Caley	De Franca	Female	37:40.283
58	RTGRPG249	Blayne	Ward	Male	38:00.473
59	RTGRPG236	Tasmin	Maher	Female	38:02.016
60	RTGRPG167	Leslie	York	Female	38:03.498
61	RTGRPG040	Tayla	Jardine	Female	38:04.392
62	RTGRPG259	Carolina	Pereira	Female	38:04.981
63	RTGRPG277	Ryan	Kirkman	Male	38:06.582
64	RTGRPG180	Tyron	Robertson	Male	38:09.505
65	RTGRPG186	Jacqoulene	Ferreira	Female	38:17.085
66	RTGRPG298	Ivy	Pule	Female	38:38.219
67	RTGRPG065	Natalie	Zoutendyk	Female	38:40.845
68	RTGRPG214	Lizle	Austin	Female	38:46.605
69	RTGRPG256	Angela	Rogers	Female	38:47.901
70	RTGRPG043	Lerato	Shai	Female	38:50.170
71	RTGRPG226	Lizelle	Moodie	Female	38:52.044
72	RTGRPG165	Ben	Lowe	Male	38:53.015
73	RTGRPG021	Peter	Blignaut	Male	38:55.787
74	RTGRPG066	Ruben	Schutte	Male	39:02.008
75	RTGRPG286	Daniel	Kirkman	Male	39:28.241
76	RTGRPG330	Bjorn	Bergmann	Male	39:33.455
77	RTGRPG340	Dylan	Baker	Male	39:39.821
78	RTGRPG329	Emma	Wildt	Female	39:45.200
79	RTGRPG325	Chris	Georgiades	Male	39:46.989
80	RTGRPG311	Keana	Camacho	Female	40:21.900
81	RTGRPG233	Allan	Zoutendyk	Male	40:52.593
82	RTGRPG296	jafta	sekhosama	Male	41:01.996
83	RTGRPG109	Ahmed	Shaik	Male	41:07.633
84	RTGRPG080	Patrick	Molusi	Male	41:11.707

85	RTGRPG301	Cathy	Mushonga	Female	41:27.256
86	RTGRPG028	Jessica	Summerscales	Female	41:34.003
87	RTGRPG232	Chris	Stolle	Male	41:38.399
88	RTGRPG067	Cindy	Scholtz	Female	42:20.917
89	RTGRPG342	Pertunia	Mokale	Female	42:56.378
90	RTGRPG189	charlotte	letsoalo	Female	43:11.832
91	RTGRPG306	Lennette	Fouche	Female	43:28.250
92	RTGRPG068	Sandi	Mayes	Female	43:32.098
93	RTGRPG297	Michael	De Souza	Male	43:33.058
94	RTGRPG174	Sergio	Duarte	Male	43:35.364
95	RTGRPG289	Ethan	Mayes	Male	43:36.636
96	RTGRPG160	Lisa	Castel	Female	43:39.952
97	RTGRPG099	Muhammad Reza	Hoosen	Male	44:10.266
98	RTGRPG343	Zaakira	Kaka	Female	44:11.656
99	RTGRPG059	JP	Castel	Male	44:21.313
100	RTGRPG100	Alannis	Waite	Female	44:30.241
101	RTGRPG362	Ashleigh	Annandale	Female	44:30.256
102	RTGRPG055	Trudie	Low	Female	44:42.129
103	RTGRPG170	Tracy	Coningham	Female	44:43.323
104	RTGRPG038	Krizanne	Cloete	Female	44:47.030
105	RTGRPG051	Kevin	Fraser	Male	44:55.663
106	RTGRPG282	Shaun	Cameron	Male	45:04.104
107	RTGRPG276	Mash	Mashego	Male	45:08.894
108	RTGRPG094	Takalani	Ndlovu	Female	45:13.415
109	RTGRPG130	Wayne	Shaw	Male	45:15.743
110	RTGRPG188	Magdeleen	Moller	Female	45:47.520
111	RTGRPG127	Edd	Farinha	Male	46:01.130
112	RTGRPG133	Shanel	Du Plessis	Female	46:12.626
113	RTGRPG144	Cindy	Oschmann	Female	46:31.359
114	RTGRPG147	Charmaine	Hoogedoorn	Female	46:33.085
115	RTGRPG203	MARCIA	DE MENEZES	Female	46:54.779
116	RTGRPG184	Diya	Ramnarain	Female	47:13.245
117	RTGRPG293	Dean	James	Male	47:20.784
118	RTGRPG336	Chariska	van der Spoel	Female	47:28.303
119	RTGRPG112	Ruan	van der Spoel	Male	47:31.304
120	RTGRPG017	Charmaine	van der Spoel	Female	47:33.366
121	RTGRPG290	reshani	mbedezi	Male	47:40.958
122	RTGRPG098	Vuyokazi	Mfumfu	Female	47:52.343
123	RTGRPG162	Elsabe	Cloete	Female	48:24.504
124	RTGRPG037	Elani	Gresse	Female	48:38.274
125	RTGRPG327	Ignus	Gresse	Male	48:40.033
126	RTGRPG353	Charl	Botha	Male	48:47.869
127	RTGRPG354	KIRSTEN	BOTHA	Female	48:49.061
128	RTGRPG016	Jono	Cameron	Male	48:50.935
129	RTGRPG013	Cheyeza	Shikwambana	Female	49:06.900

130	RTGRPG032	Wayne	Dale	Male	49:20.163
131	RTGRPG019	Kyle	Chan Some	Male	49:27.687
132	RTGRPG274	Jenna	Davis	Female	49:30.061
133	RTGRPG207	Gabriella	Hon	Female	49:31.230
134	RTGRPG248	Lerato	Thoke	Female	49:32.870
135	RTGRPG315	Cindi	Tantane	Female	49:42.916
136	RTGRPG201	amanda	becker	Male	49:55.014
137	RTGRPG216	Dewald	Basson	Male	49:59.358
138	RTGRPG163	Anli	buys	Male	50:10.022
139	RTGRPG148	Lizette	Van Deventer	Female	50:12.879
140	RTGRPG169	John	Proctor	Male	50:18.432
141	RTGRPG095	Louis	van Heerden	Male	50:25.806
142	RTGRPG045	Amy	Van Heerden	Female	50:30.531
143	RTGRPG143	Amy	Basson	Female	50:31.889
144	RTGRPG121	Marianne	Wright	Female	50:54.204
145	RTGRPG266	Helen	Cronje	Female	51:02.942
146	RTGRPG337	Michelle	Puddu	Female	51:05.568
147	RTGRPG084	Makhosazana	Guliwe	Female	51:07.460
148	RTGRPG231	Yusuf	Wadvalla	Male	51:20.089
149	RTGRPG265	Lynda	Gouveia	Female	51:23.635
150	RTGRPG283	Tracy	Kachelhoffer	Female	51:25.888
151	RTGRPG347	Puleng	Ramoleta	Male	51:29.598
152	RTGRPG097	Natalie	Di-Sante	Female	51:46.506
153	RTGRPG187	Enzo	Di-Sante	Male	51:56.159
154	RTGRPG250	JANE	LEDGER	Female	52:16.013
155	RTGRPG308	MARK	LEDGER	Male	52:17.928
156	RTGRPG241	Inocentia	Minyuku	Female	52:37.272
157	RTGRPG124	Dylan	Cheytanov	Male	52:51.765
158	RTGRPG179	Jenna	De Achadinha	Female	52:54.264
159	RTGRPG245	Zaheer	Laher	Male	53:07.391
160	RTGRPG287	mikaeel	bhayat	Male	53:11.358
161	RTGRPG304	Anmaricka	Oosthuyzen	Female	53:16.719
162	RTGRPG202	Ronel	Acker	Female	53:19.869
163	RTGRPG118	brendon	becker	Male	53:23.935
164	RTGRPG191	Mandy	Van Wyk	Female	53:25.830
165	RTGRPG269	Jolene	Koen	Female	53:26.672
166	RTGRPG209	Wendy	Koegelenberg	Female	53:33.247
167	RTGRPG218	Erick	Fourie	Male	53:50.712
168	RTGRPG210	Menieke	Steenkamp	Female	53:52.303
169	RTGRPG125	Stephen	Rogers	Male	54:00.363
170	RTGRPG243	Gary	Austin	Male	54:04.809
171	RTGRPG047	Chris	Rogers	Male	54:09.019
172	RTGRPG069	Manisha	Govender	Male	54:13.297
173	RTGRPG197	Leah	Smith	Female	54:14.672
174	RTGRPG264	Brook	Sass	Female	54:34.078

175	RTGRPG086	William	Gruss	Male	54:37.319
176	RTGRPG005	Francis	Janssen	Male	54:50.018
177	RTGRPG328	Sheryl	Eccleston	Female	54:54.901
178	RTGRPG001	Tyler	Janssen	Male	54:58.281
179	RTGRPG035	Lauren	Do Rego	Female	55:06.740
180	RTGRPG217	Hennie	Visser	Male	55:09.135
181	RTGRPG140	Jess	Divani	Female	55:11.011
182	RTGRPG107	Chantelle	Hawkins	Female	55:12.861
183	RTGRPG155	Andrea	Mallanna	Female	55:13.859
184	RTGRPG238	Harvey	Eccleston	Male	55:15.555
185	RTGRPG339	Faith	Ubisi	Female	55:18.204
186	RTGRPG136	Lunga	Dayi	Female	55:32.645
187	RTGRPG011	Hlulani	Mkhombo	Male	55:33.654
188	RTGRPG349	Janan	Dietrich	Female	55:37.456
189	RTGRPG024	Heinrich	Beukes	Male	55:42.177
190	RTGRPG120	Lizette	Bezuidenhout	Female	55:56.864
191	RTGRPG041	Trinity	Ngcoya	Female	56:55.784
192	RTGRPG285	Mpilo	Ngcoya	Male	56:58.516
193	RTGRPG166	Karin	Strauss	Female	58:08.682
194	RTGRPG113	Vivienne	Cross	Female	58:11.156
195	RTGRPG272	Yvette	Venter	Female	58:14.034
196	RTGRPG142	Jordainne	Kazimierczak	Female	58:30.889
197	RTGRPG154	Tracey	McDonald	Female	58:33.828
198	RTGRPG034	Clinton	Jonker	Male	58:37.059
199	RTGRPG014	Thato	Manyaapelo	Female	58:50.733
200	RTGRPG318	Maire	Bourletidis	Female	58:53.296
201	RTGRPG010	Tanya	van Rooyen	Female	58:55.200
202	RTGRPG322	Darren	Erwee	Male	58:57.238
203	RTGRPG009	AMANDA	DE JONG	Female	59:16.737
204	RTGRPG198	Nelien	Kloppers	Female	59:21.057
205	RTGRPG153	Lesley	Hutchins	Female	59:23.317
206	RTGRPG247	Nicola	Krupke	Female	59:26.503
207	RTGRPG078	Palesa	Thindisa	Female	1:01:24.159
208	RTGRPG159	Matjatji	Mphasha	Female	1:01:29.066
209	RTGRPG093	Neo	Phetoane	Female	1:01:34.790
210	RTGRPG071	Bronwen	Gruss	Female	1:01:39.986
211	RTGRPG333	Carolyn	Masterton	Female	1:01:41.837
212	RTGRPG004	Liz	Liz	Female	1:02:17.534
213	RTGRPG171	Elne	Van den Heever	Female	1:02:20.535
214	RTGRPG310	Yolandi	Roux	Female	1:02:21.665
215	RTGRPG131	Kearabetsoe	Mogato	Female	1:02:40.776
216	RTGRPG119	Thabani	Khumalo	Female	1:02:41.929
217	RTGRPG275	Christie	Bothner	Female	1:03:05.753
218	RTGRPG279	Abigail	Bothner	Female	1:03:07.393
219	RTGRPG079	Keanu	Koen	Male	1:03:56

220	RTGRPG251	Vanessa	Marx	Female	1:04:01.395
221	RTGRPG195	Brent	McDiarmid	Male	1:04:02.482
222	RTGRPG132	Dean	Van Der Lith	Male	1:04:47.876
223	RTGRPG026	Sandra	Cross	Female	1:04:49.149
224	RTGRPG088	Elise	Williams	Female	1:05:29.674
225	RTGRPG003	Ellen	magoro	Female	1:05:31.969
226	RTGRPG110	Marianne	Van Vreden	Female	1:06:03.637
227	RTGRPG122	Johan	Louw	Male	1:06:08.522
228	RTGRPG284	Nikiwe	Khoza	Female	1:06:15.064
229	RTGRPG270	Atanaska	Kaneva	Female	1:06:19.125
230	RTGRPG081	Velashini	Moodley	Female	1:06:24.213
231	RTGRPG239	Jennifer	Glaffig	Female	1:06:26.140
232	RTGRPG262	Keslyn	Baptsite	Female	1:06:28.849
233	RTGRPG104	Ingrid	Nienaber	Female	1:06:32.269
234	RTGRPG200	simone	leonardi	Male	1:06:44.742
235	RTGRPG139	Maria	Trafoyer	Male	1:06:46.661
236	RTGRPG316	Ilse	Helmand	Female	1:06:50.581
237	RTGRPG246	Motjedi	Matsepe	Male	1:07:32.243
238	RTGRPG252	Monique	Else	Female	1:09:45.574
239	RTGRPG317	Melanie	Else	Female	1:09:56.726
240	RTGRPG324	Nolonwabo	Ngoma	Female	1:09:58.831
241	RTGRPG338	Bahle	Ndlalane	Female	1:12:41.496
242	RTGRPG048	Joey	Modiselle	Female	1:15:26.014
243	RTGRPG244	Kamohell	Modiselle	Male	1:15:27.863
244	RTGRPG158	ndabe	mdlopane	Male	1:21:49.583

10KM RESULTS					
Position	**Race #**	**Name**	**Surname**	**Gender**	**Time**
1	RTGRPG227	Jan	Kruger	Male	41:58.017
2	RTGRPG219	MICO	LABUSCHAGNE	Male	46:05.050
3	RTGRPG361	Reshani	Mbedezi	Male	47:19.210
4	RTGRPG185	Tim	Walwyn	Male	48:07.852
5	RTGRPG168	Alistair	Yan	Male	51:08.557
6	RTGRPG111	Mike	Trafoyer	Male	52:19.955
7	RTGRPG194	Jonathan	Botes-Visser	Male	52:56.429
8	RTGRPG054	Angelique	Visser	Female	53:05.225
9	RTGRPG173	Mokae	Bambo	Male	54:27.241
10	RTGRPG260	CAMERON	SNYMAN	Female	55:21.738
11	RTGRPG177	Khanya	Pati	Male	55:45.660
12	RTGRPG280	Karabo	Nakedi	Male	56:51.098
13	RTGRPG346	Charl	Hartwig	Male	56:52.783
14	RTGRPG126	Juju	Shongwe	Male	58:20.424
15	RTGRPG083	Amy	Van Der Merwe	Female	58:22.731
16	RTGRPG302	Alicia	Bulter	Female	58:24.584
17	RTGRPG141	Nicholas	Conell	Male	58:25.753
18	RTGRPG255	Sarah	Wright	Female	59:04.715
19	RTGRPG082	Nompendulo	Notanaza	Female	59:33.504
28	RTGRPG090	Thembisile	MAHLANGU	Female	59:36.966
29	RTGRPG018	Cameron	Redmead	Male	59:47.249
30	RTGRPG063	Merciale	Erasmus	Female	59:50.859
31	RTGRPG137	Peter	Wright	Male	1:00:39.997
32	RTGRPG313	Terry	Pienaar	Male	1:02:28.183
33	RTGRPG096	Koleka	Baai	Female	1:03:36.276
34	RTGRPG105	Chanelle	Bischoff	Female	1:03:53.664
35	RTGRPG157	Christopher	Buirski	Male	1:03:55.092
36	RTGRPG050	Anastasia	Polyakova	Female	1:04:37.319
37	RTGRPG273	Sone	Piears	Female	1:04:41.007
38	RTGRPG076	Kyle	Piears	Male	1:04:42.555
39	RTGRPG046	Junior	Moramaga	Male	1:05:08.614
40	RTGRPG073	Bonga	Gishi	Male	1:05:33.610
41	RTGRPG164	Shaun	Olsen	Male	1:05:34.686
42	RTGRPG114	Erin	Knoesen	Female	1:05:41.367
43	RTGRPG242	MaxX	Moticoe	Male	1:06:22.628
44	RTGRPG115	Anthony	Dell	Male	1:08:10.454
45	RTGRPG064	Ruth	Wright	Female	1:09:06.057
46	RTGRPG002	Jeffrey	Dell	Male	1:09:43.662
47	RTGRPG117	Gerald	van der Merwe	Male	1:09:54.336
48	RTGRPG309	Werner	Marie	Male	1:10:00.654
49	RTGRPG314	David	Wright	Male	1:10:07.210
50	RTGRPG008	Marco	Moreira	Male	1:10:08.772
51	RTGRPG057	Sally-Ann	Moreira	Female	1:10:13.071

52	RTGRPG215	Takudzwa	Mhonyera	Male	1:10:16.199
53	RTGRPG182	Irene	Wright	Female	1:10:30.522
54	RTGRPG196	linda	fuchs	Female	1:11:07.509
55	RTGRPG145	Jessey	Graham	Female	1:11:08.623
56	RTGRPG102	Frans	Mphatswe	Male	1:11:14.542
57	RTGRPG190	Colbeth	Maluleke	Male	1:11:48.191
58	RTGRPG039	Masole	Moerane	Male	1:12:21.014
59	RTGRPG129	Stephanie	Van den Heever	Female	1:13:02.460
60	RTGRPG060	Liza	Blignaut	Female	1:13:36.294
61	RTGRPG178	Stuart	Kirkman	Male	1:15:21.986
62	RTGRPG212	Graham	Hutchins	Male	1:15:30.234
63	RTGRPG075	Jeanine	Kirkman	Female	1:15:35.326
64	RTGRPG230	Darryn	Minnaar	Female	1:15:52.072
65	RTGRPG020	Cade	Goodgall	Male	1:15:53.708
66	RTGRPG291	Yaseen	Bismilla	Male	1:16:58.067
67	RTGRPG151	Gabriella	van Niekerk	Female	1:17:43.392
68	RTGRPG152	Kiean	Sabbatini	Male	1:18:39.620
69	RTGRPG172	Tayla	Harrington	Female	1:18:43.798
70	RTGRPG344	Jana	de Necker	Female	1:18:45.710
71	RTGRPG299	Simone	Walters	Female	1:18:47.673
72	RTGRPG025	Anurag	Sinha	Male	1:19:52.051
73	RTGRPG281	Jeanine	Joubert	Female	1:20:38.490
74	RTGRPG341	Jennifer	Joubert	Female	1:20:41.551
75	RTGRPG062	Marietjie	de Necker	Female	1:21:00.854
76	RTGRPG220	Linda	Msimango	Male	1:21:51.138
77	RTGRPG235	Stefan	Walters	Male	1:21:52.600
78	RTGRPG015	Lemeez	De Kock	Female	1:22:01.056
79	RTGRPG348	Jamey-Leigh	Matoko	Female	1:22:02.686
80	RTGRPG320	Kelly	Vider	Female	1:22:05.542
81	RTGRPG027	Shana	Goldblatt	Female	1:22:07.302
82	RTGRPG042	Nicky	Whitfield	Female	1:26:06.384
83	RTGRPG303	Caitlyn	Britz	Female	1:28:23.465
84	RTGRPG085	Chanel	Ludek	Female	1:28:24.793
85	RTGRPG101	Helen	Loots	Female	1:29:24.407
86	RTGRPG156	Liron	Klempman	Male	1:29:29.812
87	RTGRPG135	Lerato	Mokoka	Female	1:29:32.126
88	RTGRPG221	Desiree	Fraser	Female	1:29:33.727
89	RTGRPG312	LWAZI	Ziqubu	Male	1:29:45.215
90	RTGRPG263	Hlogi	Kgothadi	Male	1:29:54.050
91	RTGRPG332	Vanessa	Dhlamini	Female	1:30:25.456
92	RTGRPG123	Kyle	Lewis	Male	1:30:59.401
93	RTGRPG193	Marelize	Britz	Female	1:32:45.041
94	RTGRPG261	Werner	van der Walt	Male	1:32:47.752
95	RTGRPG271	Kelebogile	Phehle	Female	1:37:55.824
96	RTGRPG029	Shirley	Knowles	Female	1:55:21.933

97	RTGRPG228	Jackie	Serrao	Female	1:55:23.416
98	RTGRPG307	Nicholus	Magongwa	Male	1:57:12.727
99	RTGRPG033	Zandi	Dlamini	Male	1:57:15.032
100	RTGRPG363	Rici	Marini	Male	2:51:18.185
TBC	RTGRPG091	Gontse	Maponya	Male	36:38.791
TBC	RTGRPG056	Mapule	mphatswe	Female	37:05.474
TBC	RTGRPG077	Sizee	Tshabalala	Male	43:04.735
TBC	RTGRPG036	Ruelle	van Niekerk	Female	44:45.742
TBC	RTGRPG223	Mpho	Nikelo	Female	45:45.568
TBC	RTGRPG213	PHINDILE	Ntuli	Female	50:02.714
TBC	RTGRPG292	Loice	Makoni	Female	50:42.877
TBC	RTGRPG087	Yvonne	Marwisa	Female	50:44.417