

Fourways Mall Run

9th May 2026

Results V1

Overall Position	Gender Position	Race #	Name	Surname	Gender	Time
1	1	FMR0410	Thato	Ndlozi	Male	16:13.516
2	2	FMR0417	Thuso	Motsaapheko	Male	17:28.099
3	3	FMR0378	Sibusiso	Ndwenye	Male	18:33.439
4	4	FMR0481	Katleho	Mapetla	Male	18:40.411
5	5	FMR0036	Aubrey	Tshabalala	Male	18:55.378
6	6	FMR0303	Obakeng	Maphologela	Male	19:25.172
7	7	FMR0082	Daniel	Carstens	Male	19:27.640
8	9	FMR0225	Mahesh	Patel	Male	19:30.359
9	10	FMR0442	Vulane	Mthembu	Male	19:32.363
10	11	FMR0263	Moses	Maponya	Male	19:49.082
11	12	FMR0022	Andrew	Milne	Male	20:11.494
12	13	FMR0345	Ronny	Moore	Male	20:29.560
13	14	FMR0421	Tinacho	Chitongo	Male	20:35.835
14	15	FMR0408	Thando	Zwane	Male	20:39.318
15	1	FMR0193	Laikin	Kaka	Female	20:50.524
16	2	FMR0376	Siannah	Kaka	Female	20:53.414
17	3	FMR0079	Cristina	Karadimitriadis	Female	20:56.710
18	16	FMR0481	Nigel	Ramgwawasvika	Male	21:09.124
19	17	FMR0337	Rikus	de Villiers	Male	21:10.354
20	18	FMR0318	Preise	Sibuyi	Male	21:33.038
21	19	FMR0270	Mzimkhulu	Mthethwa	Male	22:46.395
22	20	FMR0139	Inter	Mncube	Male	22:52.916
23	4	FMR0034	Asanda	Mkulisi	Female	23:01.606
24	21	FMR0449	Yanga	Khunyana	Male	23:09.530
25	22	FMR0049	Cade	Jacobs	Male	23:13.127
26	23	FMR0418	Timothy	Bristow	Male	23:17.187
27	24	FMR0180	Kevin	Marbach	Male	23:20.566
28	25	FMR0339	Riley	Prinsloo	Male	23:27.719
29	26	FMR0194	Landa	Ntlabati	Male	23:49.169
30	27	FMR0311	Patricio	Saenz Flores	Male	23:53.520
31	28	FMR0253	Michael	Henry	Male	23:58.669
32	29	FMR0446	Werner	Barnard	Male	24:01.986
33	30	FMR0096	Divan	Immelman	Male	24:04.953
34	31	FMR0160	Josh	Andrews	Male	24:07.842
35	5	FMR0210	Lisa	Vermeulen	Female	24:11.641
36	32	FMR0128	Happy	Ledwaba	Male	24:13.807
37	6	FMR0331	Renee	Arnold	Female	24:16.200
38	33	FMR0252	Michael	Arnold	Male	24:18.361
39	34	FMR0046	Bradley	Sass	Male	24:20.404
40	7	FMR0214	Lizle	Austin	Female	24:24.117
41	35	FMR0144	Jako	Cloete	Male	24:26.391
42	36	FMR0358	Sandile	Nxele	Male	24:30.234

43	37	FMR0223	Luyanda	Zungu	Male	24:37.880
44	38	FMR0327	Rayvern	Coetzee	Male	24:42.335
45	39	FMR0366	Sello	Moloi	Male	24:44.909
46	40	FMR0123	Gregory	Namer	Male	24:46.727
47	41	FMR0014	Alme	Jordaan	Male	24:55.893
48	42	FMR0129	Heinrich	Jordaan	Male	24:58.342
49	8	FMR0195	Lauren	Namer	Female	25:00.818
50	9	FMR0068	Cheries	Potgieter	Female	25:03.788
51	10	FMR0190	Kutlwano	Sempe	Female	25:07.599
52	11	FMR0398	Tayla	Blake	Female	25:11.701
53	12	FMR0238	martha	chinwendu	Female	25:17.026
54	13	FMR0299	Nthabi	Mahlangu	Female	25:23.714
55	43	FMR0281	Nick	Barker	Male	25:27.350
56	14	FMR0206	Lianka	Wurth-Kühn	Female	25:34.081
57	15	FMR0058	Carli	Kühn-Ernst	Female	25:40.795
58	44	FMR0436	Valentino	Crowder	Male	25:45.043
59	45	FMR0364	Sean Graeme	Lax	Male	25:53.813
60	16	FMR0094	Dimakatso	Mazwi	Female	25:56.868
61	46	FMR0322	Quintus	Carelse	Male	25:59.816
62	47	FMR0073	Clive	Campbell	Male	26:39.204
63	17	FMR0028	Angelique	Van der Spuy	Female	26:43.927
64	18	FMR0351	Ruqayya	Maseko	Female	26:47.537
65	19	FMR0453	Yolandi	Cloete	Female	26:51.395
66	48	FMR0131	Henry	Cloete	Male	26:53.535
67	49	FMR0099	Duncan	Holt	Male	26:56.772
68	20	FMR0055	Carika	Holt	Female	26:58.683
69	50	FMR0023	Andries	Haasbroek	Male	27:00.919
70	21	FMR0207	Linay	Goosen	Female	27:03.620
71	51	FMR0090	Dewet	Goosen	Male	27:06.462
72	22	FMR0183	Kgotlello	Motsifane	Female	27:11.184
73	52	FMR0428	Tristan	Freitag	Male	27:14.056
74	53	FMR0357	Sandile	Dlodlo	Male	27:21.990
75	54	FMR0127	Hansie	Janse van Rensburg	Male	27:25.722
76	55	FMR0215	Logan	Schreiber	Male	27:28.510
77	56	FMR0268	Murray	Schreiber	Male	27:32.013
78	23	FMR0344	Ronelle	Kaka	Female	27:36.518
79	24	FMR0237	Marlen	Mendonça-Correia	Female	27:44.071
80	25	FMR0084	Danielle	Greenwood Selby	Female	27:48.018
81	57	FMR0100	Dylan	Bettencourt	Male	27:50.375
82	58	FMR0393	Tanaka Curtis	Nyakanyanga	Male	27:54.911
83	59	FMR0113	Fhedzisani	Masevhe	Male	28:00.096
84	26	FMR0063	Chanel	Lezar	Female	28:03.870
85	60	FMR0386	Stefan	Bezuidenhout	Male	28:10.196
86	61	FMR0306	Owen	Dunderdale	Male	28:13.122
87	62	FMR0150	Jefferson	Brown	Male	28:16.485
88	27	FMR0257	Mmabatho	Letoaba	Female	28:23.383
89	63	FMR0360	Sanele	Dhlamini	Male	28:28.327

90	28	FMR0304	Omphile	Moloko	Female	28:31.296
91	64	FMR0372	Shawn	Atkins	Male	28:35.381
92	29	FMR0042	Bianca	Nigrini	Female	28:37.726
93	65	FMR0280	Nicholas	Prescott	Male	28:40.385
94	30	FMR0005	Abigail	Taim	Female	28:43.934
95	66	FMR0229	Malesela	Madpa	Male	28:46.983
96	31	FMR0260	Moirra	Carstens	Female	28:50.155
97	67	FMR0044	Boikanyo	Segopolo	Male	28:54.171
98	32	FMR0383	Sithembile	Maluleka	Female	29:00.374
99	33	FMR0091	Dianri	Campbell	Female	29:05.267
100	34	FMR0235	Marisa	Goosen	Female	29:08.257
101	68	FMR0176	Kelvin	Da Silva	Male	29:11.210
102	69	FMR0016	Alécio	Correia	Male	29:14.076
103	70	FMR0390	Sven Richard	Schumacher	Male	29:18.054
104	71	FMR0334	Rhys	de Souza	Male	29:20.363
105	35	FMR0109	Esinako	Rwalumbana	Female	29:24.065
106	72	FMR0205	Leslie	Samuels	Male	29:29.666
107	36	FMR0219	Lungile	mbatha	Female	29:34.568
108	37	FMR0089	Desiree	Mandyu	Female	29:39.270
109	73	FMR0031	Anthony	Versace	Male	29:41.865
110	38	FMR0440	Viki	Neilson	Female	29:48.028
111	74	FMR0120	Garth	Neilson	Male	29:52.285
112	75	FMR0256	Mitchell	Neilson	Male	29:57.296
113	76	FMR0051	Cameron	Neilson	Male	29:59.725
114	77	FMR0157	JON-JON	EMARY	Male	30:06.077
115	39	FMR0179	Keryn	Hammond	Female	30:12.432
116	78	FMR0040	Bhavesh	Kara	Male	30:20.216
117	40	FMR0171	Kayla Jane	Schumacher	Female	30:23.141
118	41	FMR0259	Mohlago	Phosiwa	Female	30:24.309
119	79	FMR0142	Jaco	Van der Spuy	Male	30:26.613
120	80	FMR0400	Terone	Williams-Wynn	Male	30:27.681
121	42	FMR0163	Karla	Watson	Female	30:30.117
122	81	FMR0404	Thaddeus	Plekker	Male	30:31.256
123	82	FMR0085	Dareious	Plekker	Male	30:32.503
124	43	FMR0328	Rebecca	Plekker	Female	30:34.496
125	83	FMR0010	Alex	Monteiro	Male	30:35.466
126	44	FMR0348	Rudo	Malungisa	Female	30:37.709
127	84	FMR0349	Rudolph	Bezuidenhout	Male	30:40.223
128	45	FMR0212	Lizel	Bezuidenhout	Female	30:40.936
129	46	FMR0340	Rirhandzu	Ntlemo-Malatji	Female	30:41.632
130	47	FMR0305	Othandiweyo	Nohashe	Female	30:43.325
131	85	FMR0107	Emmanuel	Mukadi	Male	30:45.693
132	48	FMR0426	Tracey-laine	Greenwood-Selby	Female	30:46.838
133	86	FMR0149	Jean-Luc	Kwete	Male	30:47.873
134	49	FMR0151	Jessi-Lee	Rock	Female	30:52.607
135	87	FMR0279	Neo	Moloi	Male	30:54.587
136	88	FMR0441	Vincent	Mabelane	Male	30:58.660

137	50	FMR0427	Tracy Jane	Strachan	Female	31:01.028
138	89	FMR0387	Stephen	Rogers	Male	31:02.775
139	90	FMR0285	Nirith	Basdow	Male	31:04.036
140	51	FMR0457	Zamokuhle	Mthethwa	Female	31:05.152
141	52	FMR0294	Nono	Bapela	Female	31:08.244
142	53	FMR0275	Natina	Thumana	Female	31:09.777
143	54	FMR0333	Rhylee	de Souza	Female	31:12.177
144	55	FMR0178	Kerisha	Reddy	Female	31:13.054
145	91	FMR0140	Isao	Ueta	Male	31:14.089
146	92	FMR0110	Faghrie	Mo	Male	31:15.641
147	56	FMR0001	Belinda	Basel	Female	31:16.542
148	57	FMR0273	Nancy	Nditsheni	Female	31:18.584
149	58	FMR0204	Lesego	Mosoang	Female	31:23.143
150	93	FMR0104	Elliot	Mafereka	Male	31:24.338
151	94	FMR0356	Sanan	Mirzoyev	Male	31:25.526
152	95	FMR0347	Ruben	Roux	Male	31:26.504
153	59	FMR0224	Maddy	Johnstone	Female	31:31.316
154	60	FMR0093	Dimakatso	Maluleka	Female	31:43.393
155	61	FMR0196	Leanne	de Souza	Female	31:44.981
156	62	FMR0388	Su-Maré	Cloete	Female	31:46.174
157	96	FMR0243	Matt	Jardine	Male	31:47.618
158	97	FMR0158	Joos	Smit	Male	31:49.936
159	63	FMR0013	Alley	Long	Female	31:52.388
160	64	FMR0169	Kayla	Lok	Female	31:53.764
161	65	FMR0134	Hlensiwe	Tembo	Female	31:56.007
162	66	FMR0003	Aaliyah	Tembo	Female	31:57.280
163	98	FMR0050	Cameron	Busch	Male	31:58.093
164	67	FMR0108	Erika	Weyers	Female	32:09.436
165	68	FMR0162	Judy	Wright	Female	32:14.245
166	69	FMR0026	Angela	Rogers	Female	32:18.041
167	70	FMR0054	Caren	Mabelane	Female	32:19.897
168	71	FMR0310	Patricia	San Martin	Female	33:31.805
169	72	FMR0165	Kathre	Hulley	Female	33:33.246
170	73	FMR0078	Courtney	Anderson	Female	33:42.119
171	74	FMR0077	Corrine	Pietersen	Female	33:47.779
172	75	FMR0380	Siphokazi	Nxele	Female	33:53.650
173	76	FMR0172	Keamogetswe	Motlhabi	Female	34:10.237
174	77	FMR0209	Lindy	Rock	Female	34:20.528
175	78	FMR0115	Gabby-leigh	Tapson	Female	34:32.382
176	79	FMR0430	Tseleng Asneth	Mokhachane	Female	34:36.494
177	80	FMR0353	Ruzél	Pitzer	Female	34:39.865
178	81	FMR0155	Jodine	Pitzer	Female	34:41.489
179	99	FMR0156	Johan	Meyer	Male	34:42.825
180	82	FMR0037	Bandiphe	Sokweba	Female	34:48.513
181	83	FMR0330	Relebohile	Kobeli	Female	34:51.738
182	101	FMR0391	Swayam	Maharaj	Male	34:58.700
183	84	FMR0307	Paayal	Shrivastav	Female	35:01.794

184	102	FMR0189	Kunaal	Shrivastav	Male	35:04.617
185	85	FMR0175	Keletso	Machaka	Female	35:09.476
186	86	FMR0251	Memory	Khosa	Female	35:17.763
187	87	FMR0095	Dimakatso	Ramathibela	Female	35:21.317
188	88	FMR0173	Kedibone	Mothemela	Female	35:26.875
189	103	FMR0316	Pholo	Mothemela	Male	35:30.327
190	104	FMR0080	Cwebile	Ncube	Male	35:40.156
191	89	FMR0395	Tarryn	Lee	Female	35:41.659
192	90	FMR0277	ncumisa	kubukeli	Female	35:43.384
193	91	FMR0298	Nthabeleng	Mokwena	Female	35:45.350
194	92	FMR0352	Rushda	Olivier	Female	35:47.165
195	93	FMR0012	Alice	Wong	Female	35:49.138
196	94	FMR0152	Jessica	Haasbroek	Female	35:51.957
197	95	FMR0255	Mikaela	Davids	Female	35:53.537
198	96	FMR0164	Karolina	Lochynska	Female	35:54.848
199	97	FMR0341	Robynne	Shields	Female	36:02.568
200	98	FMR0389	Suné	Bothma	Female	36:03.904
201	99	FMR0064	Chantelle	Chantelle	Female	36:06.663
202	100	FMR0021	Andrea	Mcilroy	Female	36:11.092
203	105	FMR0097	Donald	Dunlop	Male	36:12.627
204	106	FMR0262	Morné	Burger	Male	36:13.613
205	107	FMR0399	Tebatso	Ratlabala	Male	36:14.784
206	101	FMR0461	Zinhle	Shozi	Female	36:18.188
207	102	FMR0216	Lucy	Motau	Female	36:19.559
208	103	FMR0007	Agrineth	Kabala	Female	36:21.138
209	104	FMR0018	Amina	Ally	Female	36:22.620
210	105	FMR0208	Linda	Nel	Female	36:23.368
211	106	FMR0167	katlego	Phokungwane	Female	36:25.633
212	107	FMR0116	Galaletsang	Motheogane	Female	36:26.447
213	108	FMR0188	Kovelin	Naidoo	Male	36:27.668
214	109	FMR0361	Santhen	Naidoo	Male	36:29.121
215	108	FMR0038	Bawinile	Njoko	Female	36:30.200
216	109	FMR0458	Zankia	Kok	Female	36:31.290
217	110	FMR0434	Tyla	Podmore	Female	37:22.940
218	111	FMR0369	Shakeera	Moosa	Female	37:32.427
219	112	FMR0117	Galeboe	Masemola	Female	37:34.565
220	113	FMR0002	Aabeeda	Vahed	Female	37:38.589
221	114	FMR0363	Sarah	Mcilroy	Female	37:39.745
222	115	FMR0027	Angelique	King Ogden	Female	37:40.534
223	116	FMR0323	Rachel	Mabotja	Female	37:49.333
224	117	FMR0148	Jayna	Maharaj	Female	37:50.777
225	111	FMR0284	Nikhil	Patel	Male	37:51.722
226	118	FMR0203	Lesedi	Seloise	Female	37:53.469
227	112	FMR0346	Rowan	Roopnarian	Male	37:54.841
228	113	FMR0217	Luke	Dunpall	Male	37:55.745
229	114	FMR0009	Aldon Azyle	Pillay	Male	37:57.700
230	119	FMR0407	Thando	Ngema	Female	38:00.460

231	115	FMR0071	Christopher	Mkhabela	Male	38:04.370
232	120	FMR0184	Khanya	Mangisa	Female	38:09.185
233	121	FMR0451	Yolanda	Mago	Female	38:10.411
234	122	FMR0030	Ankia	Nel	Female	38:12.882
235	116	FMR0335	Riaan	Oosthuizen	Male	38:14.129
236	123	FMR0300	Ntombizonke	Zwane	Female	38:15.153
237	117	FMR0409	Thapelo	Mosweu	Male	38:16.219
238	124	FMR0103	Elelwani	Ramatsitsi	Female	38:19.661
239	125	FMR0048	Busisiwe	Shezi	Female	38:21.676
240	118	FMR0342	Ronald	Prinsloo	Male	38:22.730
241	126	FMR0066	Charlotte	Melamu	Female	38:23.992
242	127	FMR0332	Reshoketswe	Lentsoane	Female	38:24.962
243	119	FMR0174	Keith	Soobramoney	Male	38:28.116
244	128	FMR0450	Yolanda	Barnard	Female	38:29.338
245	129	FMR0290	Noluthando	Shezi	Female	38:30.822
246	130	FMR0170	Kayla	Postma	Female	38:33.768
247	131	FMR0199	Lerato	Dikgole	Female	38:34.779
248	132	FMR0394	Tarrin	Jacobs	Female	39:38.915
249	133	FMR0154	Joan	Van de Walt	Female	40:20.656
250	134	FMR0384	Skylar	Bredenkamp	Female	40:31.545
251	120	FMR0445	Warren	Bredenkamp	Male	40:33.424
252	135	FMR0039	Belinda	Pretorius	Female	40:39.308
253	136	FMR0102	edna	kekana	Female	40:45.467
254	137	FMR0265	Mpho	MUTAPA	Female	40:51.463
255	138	FMR0052	Camilla	Kasaval	Female	40:55.531
256	139	FMR0153	Jessin	John	Female	40:59.104
257	140	FMR0025	ANGELA	KAFEMBE	Female	41:06.050
258	121	FMR0138	INNOCENT	KAFEMBE	Male	41:12.993
259	141	FMR0444	Waidah	L	Female	41:15.323
260	142	FMR0029	Angelique	Grigoratos	Female	41:17.276
261	143	FMR0420	Tina	Victoria	Female	41:23.132
262	144	FMR0254	Michelle	Puddu	Female	41:25.403
263	145	FMR0261	Monique	Else	Female	41:27.855
264	146	FMR0181	Kgahledi	Mangoale	Female	41:32.653
265	147	FMR0371	Shavanna	Seebran	Female	41:35.911
266		FMR0484	Thabisile	Mbhalati	Female	41:37.111
267	148	FMR0159	Josephine	Morake	Female	41:39.697
268	122	FMR0278	Nditsheni	Mashau	Male	41:43.930
269	149	FMR0246	Mbali	Nkosi	Female	41:46.983
270	150	FMR0287	Nokulunga	Nzama	Female	41:49.402
271	123	FMR0045	Bokkie	Nel	Male	42:01.709
272	151	FMR0062	Cecilia	Bezuidenhout	Female	42:23.750
273	124	FMR0088	Deshlin	Reddy	Male	42:32.585
274	125	FMR0247	Megan	Coetzee	Male	42:52.818
275	152	FMR0070	Chris	Vele	Female	42:59.756
276	153	FMR0459	Zenande	Mabaso	Female	43:05.797
277	154	FMR0274	Nandi	Nduli	Female	43:12.105

278	155	FMR0106	Emma	de Bruyn	Female	43:15.261
279	156	FMR0098	Donnella	le Roux	Female	43:17.723
280	157	FMR0313	Perm	Matloga	Female	43:20.317
281	126	FMR0433	Tumelo	Mokhele	Male	43:21.410
282	158	FMR0132	Hleketa	Moyo	Female	43:23.392
283	159	FMR0401	Thabisa	Manxodidi	Female	43:26.259
284	160	FMR0293	Nonkululeko	Kubheka	Female	43:27.901
285	161	FMR0130	Hellen	Bopape	Female	43:30.672
286	162	FMR0121	Gertrude	Mvula	Female	43:32.459
287	163	FMR0295	Nono	Makinta	Female	43:33.890
288	127	FMR0032	Antony	Fok	Male	43:37.269
289	164	FMR0047	Brittaney	Smith	Female	43:38.557
290	165	FMR0325	Ranaaz	Coetzee	Female	43:42.277
291	166	FMR0191	Kutlwano Khunou	khunou	Female	43:44.525
292	167	FMR0454	Yonela	Ntshobane	Female	43:46.621
293	168	FMR0006	Ablonia	Ramela	Female	43:49.678
294	169	FMR0192	Kylie	Van Wyk	Female	43:53.381
295	170	FMR0249	Melina	Bopape	Female	43:54.890
296	171	FMR0211	Liza	de Villiers	Female	43:57.942
297	172	FMR0024	Angel	Buitendag	Female	44:01.219
298	173	FMR0288	Nokwanda	Mlambo	Female	44:02.384
299	174	FMR0324	Ramadimetje	Mphahlele	Female	44:10.408
300	175	FMR0354	Sadie	Chetty	Female	44:15.625
301	176	FMR0317	Pindile	Mukondiwa	Female	44:18.603
302	177	FMR0242	Mathipa	Mapheto	Female	44:21.116
303	178	FMR0271	Naledi	Selematsela	Female	44:26.073
304	179	FMR0245	Mbali	Khumalo	Female	44:28.672
305	180	FMR0231	Maphari	Selopyane	Female	44:31.893
306	181	FMR0061	Cathrine	Seima	Female	44:40.098
307	182	FMR0201	Lerato	Seaketso	Female	44:48.179
308	183	FMR0222	Luyanda	Ntlabati	Female	44:50.588
309	184	FMR0438	Vanessa Muir	Muir	Female	44:51.599
310	128	FMR0375	Shuveer	Maharaj	Male	44:56.658
311	129	FMR0397	Tatum Jay	Nel-Monteiro	Male	44:59.998
312	130	FMR0424	Tlhabaki	Setlaltoa	Male	45:02.621
313	185	FMR0437	Valerie	Mncube	Female	45:04.226
314	186	FMR0423	Tinyiko	Shiburi	Female	45:08.729
315	187	FMR0065	Chané	Watkins	Female	45:10.475
316	131	FMR0135	Ideon	Watkins	Male	45:11.145
317	132	FMR0043	Bjorn	Bergmann	Male	45:15.310
318	188	FMR0075	Connie	Shabangu	Female	45:17.768
319	189	FMR0405	Thalutshedzo	Mudau	Female	45:23.506
320	190	FMR0359	Sandra	Naidu	Female	45:25.198
321	191	FMR0443	Vuyelwa	Tshefu	Female	45:32.324
322	192	FMR0143	Jade	De klerk	Female	45:34.283
323	193	FMR0377	Sibusisiwe	Ncube	Female	45:36.679
324	194	FMR0355	Samantha	Inskip	Female	45:39.157

325	195	FMR0230	Mandisa	Ngema	Female	46:29.127
326	196	FMR0309	Patricia	Kganyago	Female	46:31.267
327	133	FMR0336	Rifumo	Mbhalati	Male	46:33.742
328	197	FMR0081	Cynthia	Turya	Female	46:41.842
329	198	FMR0416	Thobekile	Radebe	Female	46:42.996
330	199	FMR0296	Nontlahla	Thakudi	Female	46:44.070
331	200	FMR0312	Pebetsi	Mothemela	Female	46:47.476
332	201	FMR0053	Candice	Dunpall	Female	46:49.718
333	134	FMR0455	Yonus	Kaka	Male	47:04.683
334	202	FMR0365	Selebano	Lufhugu	Female	47:22.519
335	203	FMR0161	Joy	Dlamini	Female	47:26.362
336	204	FMR0320	Promise	Mokgwatjane	Female	47:41.445
337	135	FMR0413	Theshan	Reddy	Male	47:48.872
338	205	FMR0396	Tashia	Reddy	Female	47:55.463
339	206	FMR0202	Lerisha	Ramgulam	Female	48:11.054
340	207	FMR0382	Sitara	Ramgulam	Female	48:13.728
341	136	FMR0072	Cliffy	Ramgulam	Male	48:15.747
342	208	FMR0087	Debra	Ncube	Female	48:17.632
343	209	FMR0447	Wilma	Doret	Female	48:20.209
344	210	FMR0241	Mathema	Sehlapelo	Female	48:26.782
345	211	FMR0041	Bhavini	Dalpat	Female	48:31.791
346	212	FMR0137	Ina	Frost	Female	48:36.528
347	137	FMR0015	Alun	Frost	Male	48:40.440
348	138	FMR0074	Colin	McLeod	Male	48:46.353
349	213	FMR0092	Dieketseng	Nape	Female	48:57.870
350	139	FMR0314	Peter	Nel	Male	49:04.792
351	214	FMR0056	Carina	Nel	Female	49:08.036
352	140	FMR0374	Shivaan	Maharajh	Male	49:11.853
353	215	FMR0146	Jasmine	Naidu-Maharajh	Female	49:14.369
354	216	FMR0234	Marisa	de Lange	Female	49:18.227
355	217	FMR0250	Melissa	Slier	Female	49:21.175
356	218	FMR0267	Muneiwa	Vele	Female	49:23.919
357	219	FMR0136	Imani	Vele	Female	49:26.766
358	220	FMR0338	Riley	Kruger	Female	49:33.159
359	221	FMR0326	Ras-Marie	Kruger	Female	49:36.105
360	222	FMR0370	Shaleen	Van Wyk	Female	49:43.675
361	223	FMR0060	Carol	Ndodhana	Female	49:50.872
362	224	FMR0240	Mathabo	Dlamini	Female	49:53.330
363	225	FMR0367	Sethiwe	Mazibuko	Female	49:56.773
364	226	FMR0282	Nicola	Prinsloo	Female	49:59.869
365	227	FMR0221	Lutendo	Rabvuku	Female	50:10.247
366	228	FMR0248	Megan	Derwin	Female	50:14.055
367	229	FMR0218	Lungelwa	Ndim	Female	50:18.327
368	230	FMR0385	Sne	Farirayi	Female	50:21.547
369	141	FMR0198	Lefatshe	Shakung	Male	50:47.511
370	231	FMR0226	Mahlatse	Riba	Female	50:51.847
371	232	FMR0125	Gugu	Mokoena	Female	50:57.323

372	233	FMR0122	Gladys	Mahlatji	Female	51:01.769
373	234	FMR0368	Sewela	Makhetha	Female	51:12.076
374	235	FMR0187	Kopano Maboya	lovwela.00@gmail.com	Female	51:16.135
375	142	FMR0119	Garikai	Muswere	Male	51:19.787
376	134	FMR0266	Mukundi	Muswere	Male	51:22.432
377	236	FMR0415	Thinandavha	Rampfumedzi	Female	51:28.673
378	237	FMR0227	Makhosazana	Guliwe	Female	51:31.030
379	238	FMR0297	Nontokozo	Khumalo	Female	51:36.132
380	239	FMR0392	Tamia	Hlatshwayo	Female	51:38.916
381	240	FMR0276	Navisha	Sookoo	Female	51:42.492
382	144	FMR0086	Darshan	Dhayaram	Male	51:44.099
383	241	FMR0185	Kirsten	Robertson	Female	51:48.376
384	242	FMR0308	Palesa	Motaung	Female	51:50.207
385	243	FMR0057	Carley	Bishop	Female	51:53.327
386	145	FMR0147	Jayden	Lyons	Male	51:54.084
387	244	FMR0315	Pheladi	Masha	Female	51:55.252
388	245	FMR0350	Rumbidzai	Mashanda	Female	51:58.675
389	246	FMR0362	Sarah	Connolly	Female	51:59.607
390	247	FMR0482	Lizette	Bezuidenhout	Female	52:01.767
391	248	FMR0105	Emma	Coleman	Female	52:02.845
392	146	FMR0126	Guy	Aldous	Male	52:09.535
393	147	FMR0182	Kgatliso	Maesela	Male	52:12.673
394	249	FMR0083	Daniella	de Freitas	Female	52:14.441
395	250	FMR0286	Nokulunga	Ngcobo	Female	52:18.345
396	148	FMR0177	Keoratile	Moholo	Male	52:19.383
397	251	FMR0291	Nomathemba Rose	Thambe	Female	52:23.679
398	251	FMR0008	AL-Louise	Statt	Female	52:31.942
399	252	FMR0236	Maritza	Victor	Female	52:32.712
400	253	FMR0452	YOLANDA	NGQAWANI	Female	52:36.487
401	254	FMR0220	Lunje	Ngqawani	Female	52:39.460
402	255	FMR0197	Lebogang	Kgomo	Female	52:46.430
403	256	FMR0124	Gugu	Motsepe	Female	52:48.155
404	257	FMR0019	Amogelang	Rangongo	Female	52:50.171
405	258	FMR0272	Nalisha	Naidu	Female	52:51.812
406	259	FMR0059	Carmen	Naidu	Female	52:53.295
407	260	FMR0456	Zama	Kunene	Female	52:56.328
408	261	FMR0402	Thabisa	Mbhalati	Female	52:59.090
409	262	FMR0429	Tsakani	Mbhalati	Female	53:00.056
410	263	FMR0112	Felica	Sibisi	Female	53:03.127
411	264	FMR0020	Andile	Dube	Female	53:04.810
412	265	FMR0329	Refilwe	Maake	Female	53:05.790
413	266	FMR0411	Thembelani	Mashele	Female	53:06.524
414	267	FMR0228	Malerato	Mosweu	Female	53:07.892
415	268	FMR0067	Charlotte	Raphesu	Female	53:10.049
416	269	FMR0432	Tshidi	Sebone	Female	53:12.272
417	270	FMR0381	Sisanda	Ndaliso	Female	53:13.321
418	271	FMR0448	Yanela	Ndaliso	Female	53:15.825

419	272	FMR0301	Ntshuxeko	Ndhlovu	Female	53:17.427
420	273	FMR0419	Tina	Bapela	Female	53:19.773
421	274	FMR0233	Marcia	Masipa	Female	53:21.622
422	275	FMR0439	Vesh	Govender	Female	53:30.152
423	276	FMR0343	Ronelle	Booyens	Female	53:37.407
424	277	FMR0239	Martinette	Burger	Female	53:38.505
425	149	FMR0033	Arthur	Burger	Male	53:39.451
426	278	FMR0114	Fikile	Kunene	Female	53:46.837
427	279	FMR0200	Lerato	Gabela	Female	54:31.101
428	280	FMR0412	Thembe	Dlamini	Female	54:55.563
429	281	FMR0166	Katlego	Modisane	Female	55:07.825
430	282	FMR0118	Gape	Modisane	Female	55:11.022
431	150	FMR0319	Prince	Mapheto	Male	55:13.888
432	283	FMR0422	Tinyiko	Rikhotso	Female	55:22.159
433	284	FMR0373	Shaylin	Bobby	Female	55:39.481
434	285	FMR0069	Chido	Murwira	Female	58:05.232
435	151	FMR0101	Eddie	Vele	Male	58:22.385
436	286	FMR0485	Mapula	Koka	Female	58:30.385
437	287	FMR0289	Noloyiso	Mbonisweni	Female	1:00:28.898
438	152	FMR0460	Zimele	Mbanjwa	Male	1:00:38.037
439	288	FMR0406	Thandeka	Nduli	Female	1:01:29.866
440	289	FMR0414	Theshni	Canniappan	Female	1:06:01.064
441	290	FMR0111	Fatiema	Dollie	Female	1:06:14.538
442	291	FMR0004	Aashiqah	Freeman	Female	1:06:45.802
443	153	FMR0035	Ashraf	Freeman	Male	1:06:55.454
444	292	FMR0435	Valentine	Mckey	Female	1:11:24.200
445	154	FMR0076	Connor	Mckey	Male	1:11:26.163
446	155	FMR0011	Alex	Mckey	Male	1:11:28.199

ADULTS							
Overall Position	Category Position	Race #	Name	Surname	Gender	Time	Age
1	1	FMR0410	Thato	Ndlozi	Male	16:13.516	ADULT
2	2	FMR0417	Thuso	Motsaapheko	Male	17:28.099	ADULT
3	3	FMR0378	Sibusiso	Ndwenye	Male	18:33.439	ADULT
	4	FMR0036	Katleho	Mapetla	Male	18:40.411	ADULT
4	5	FMR0036	Aubrey	Tshabalala	Male	18:55.378	ADULT
5	6	FMR0303	Obakeng	Maphologela	Male	19:25.172	ADULT
6	7	FMR0082	Daniel	Carstens	Male	19:27.640	ADULT
7	8	FMR0225	Maresh	Patel	Male	19:30.359	ADULT
8	9	FMR0442	Vulane	Mthembu	Male	19:32.363	ADULT
9	10	FMR0263	Moses	Maponya	Male	19:49.082	ADULT
10	11	FMR0022	Andrew	Milne	Male	20:11.494	ADULT
11	12	FMR0345	Ronny	Moore	Male	20:29.560	ADULT
12	13	FMR0421	Tinacho	Chitongo	Male	20:35.835	ADULT
13	14	FMR0408	Thando	Zwane	Male	20:39.318	ADULT
14	14	FMR0193	Laikin	Kaka	Female	20:50.524	ADULT
15	15	FMR0376	Siannah	Kaka	Female	20:53.414	ADULT
16	16	FMR0079	Cristina	Karadimitriadis	Female	20:56.710	ADULT
17	17	FMR0337	Rikus	de Villiers	Male	21:10.354	ADULT
18	18	FMR0318	Preise	Sibuyi	Male	21:33.038	ADULT
19	19	FMR0270	Mzimkhulu	Mthethwa	Male	22:46.395	ADULT
20	20	FMR0139	Inter	Mncube	Male	22:52.916	ADULT
21	21	FMR0034	Asanda	Mkulisi	Female	23:01.606	ADULT
22	22	FMR0449	Yanga	Khunyana	Male	23:09.530	ADULT
23	23	FMR0049	Cade	Jacobs	Male	23:13.127	ADULT
24	24	FMR0418	Timothy	Bristow	Male	23:17.187	ADULT
25	25	FMR0180	Kevin	Marbach	Male	23:20.566	ADULT
27	26	FMR0194	Landa	Ntlabati	Male	23:49.169	ADULT
28	27	FMR0311	Patricio	Saenz Flores	Male	23:53.520	ADULT
29	28	FMR0253	Michael	Henry	Male	23:58.669	ADULT
30	29	FMR0446	Werner	Barnard	Male	24:01.986	ADULT
31	30	FMR0096	Divan	Immelman	Male	24:04.953	ADULT
33	31	FMR0210	Lisa	Vermeulen	Female	24:11.641	ADULT
34	32	FMR0128	Happy	Ledwaba	Male	24:13.807	ADULT
35	33	FMR0331	Renee	Arnold	Female	24:16.200	ADULT
36	34	FMR0252	Michael	Arnold	Male	24:18.361	ADULT
37	35	FMR0046	Bradley	Sass	Male	24:20.404	ADULT
38	36	FMR0214	Lizle	Austin	Female	24:24.117	ADULT
39	37	FMR0144	Jako	Cloete	Male	24:26.391	ADULT
41	38	FMR0223	Luyanda	Zungu	Male	24:37.880	ADULT
42	39	FMR0327	Rayvern	Coetzee	Male	24:42.335	ADULT
43	40	FMR0366	Sello	Moloi	Male	24:44.909	ADULT
44	41	FMR0123	Gregory	Namer	Male	24:46.727	ADULT
46	42	FMR0129	Heinrich	Jordaan	Male	24:58.342	ADULT

47	43	FMR0195	Lauren	Namer	Female	25:00.818	ADULT
48	44	FMR0068	Cheries	Potgieter	Female	25:03.788	ADULT
49	45	FMR0190	Kutlwano	Sempe	Female	25:07.599	ADULT
50	46	FMR0398	Tayla	Blake	Female	25:11.701	ADULT
51	47	FMR0238	martha	chinwendu	Female	25:17.026	ADULT
52	48	FMR0299	Nthabi	Mahlangu	Female	25:23.714	ADULT
53	49	FMR0281	Nick	Barker	Male	25:27.350	ADULT
54	50	FMR0206	Lianka	Wurth-Kühn	Female	25:34.081	ADULT
55	51	FMR0058	Carli	Kühn-Ernst	Female	25:40.795	ADULT
56	52	FMR0436	Valentino	Crowder	Male	25:45.043	ADULT
57	53	FMR0364	Sean Graeme	Lax	Male	25:53.813	ADULT
58	54	FMR0094	Dimakatso	Mazwi	Female	25:56.868	ADULT
59	55	FMR0322	Quintus	Carelse	Male	25:59.816	ADULT
60	56	FMR0073	Clive	Campbell	Male	26:39.204	ADULT
61	57	FMR0028	Angelique	Van der Spuy	Female	26:43.927	ADULT
62	58	FMR0351	Ruqayya	Maseko	Female	26:47.537	ADULT
63	59	FMR0453	Yolandi	Cloete	Female	26:51.395	ADULT
64	60	FMR0131	Henry	Cloete	Male	26:53.535	ADULT
65	61	FMR0099	Duncan	Holt	Male	26:56.772	ADULT
66	62	FMR0055	Carika	Holt	Female	26:58.683	ADULT
67	63	FMR0023	Andries	Haasbroek	Male	27:00.919	ADULT
69	64	FMR0090	Dewet	Goosen	Male	27:06.462	ADULT
70	65	FMR0183	Kgotlello	Motsifane	Female	27:11.184	ADULT
71	66	FMR0428	Tristan	Freitag	Male	27:14.056	ADULT
72	67	FMR0357	Sandile	Dlodlo	Male	27:21.990	ADULT
73	68	FMR0127	Hansie	Janse van Rensburg	Male	27:25.722	ADULT
75	69	FMR0268	Murray	Schreiber	Male	27:32.013	ADULT
76	70	FMR0344	Ronelle	Kaka	Female	27:36.518	ADULT
77	71	FMR0237	Marlen	Mendonça-Correia	Female	27:44.071	ADULT
78	72	FMR0084	Danielle	Greenwood Selby	Female	27:48.018	ADULT
79	73	FMR0100	Dylan	Bettencourt	Male	27:50.375	ADULT
80	74	FMR0393	Tanaka Curtis	Nyakanyanga	Male	27:54.911	ADULT
81	75	FMR0113	Fhedzisani	Masevhe	Male	28:00.096	ADULT
82	76	FMR0063	Chanel	Lezar	Female	28:03.870	ADULT
84	77	FMR0306	Owen	Dunderdale	Male	28:13.122	ADULT
85	78	FMR0150	Jefferson	Brown	Male	28:16.485	ADULT
86	79	FMR0257	Mmabatho	Letoaba	Female	28:23.383	ADULT
88	80	FMR0304	Omphile	Moloko	Female	28:31.296	ADULT
89	81	FMR0372	Shawn	Atkins	Male	28:35.381	ADULT
90	82	FMR0042	Bianca	Nigrini	Female	28:37.726	ADULT
91	83	FMR0280	Nicholas	Prescott	Male	28:40.385	ADULT
92	84	FMR0005	Abigail	Taim	Female	28:43.934	ADULT
93	85	FMR0229	Malesela	Madpa	Male	28:46.983	ADULT
95	86	FMR0044	Boikanyo	Segopolo	Male	28:54.171	ADULT
96	87	FMR0383	Sithembile	Maluleka	Female	29:00.374	ADULT
97	88	FMR0091	Dianri	Campbell	Female	29:05.267	ADULT
98	89	FMR0235	Marisa	Goosen	Female	29:08.257	ADULT

99	90	FMR0176	Kelvin	Da Silva	Male	29:11.210	ADULT
101	91	FMR0390	Sven Richard	Schumacher	Male	29:18.054	ADULT
102	92	FMR0334	Rhys	de Souza	Male	29:20.363	ADULT
103	93	FMR0109	Esinako	Rwalumbana	Female	29:24.065	ADULT
104	94	FMR0205	Leslie	Samuels	Male	29:29.666	ADULT
105	95	FMR0219	Lungile	mbatha	Female	29:34.568	ADULT
106	96	FMR0089	Desiree	Mandyu	Female	29:39.270	ADULT
107	97	FMR0031	Anthony	Versace	Male	29:41.865	ADULT
108	98	FMR0440	Viki	Neilson	Female	29:48.028	ADULT
109	99	FMR0120	Garth	Neilson	Male	29:52.285	ADULT
110	100	FMR0256	Mitchell	Neilson	Male	29:57.296	ADULT
111	101	FMR0051	Cameron	Neilson	Male	29:59.725	ADULT
112	102	FMR0157	JON-JON	EMARY	Male	30:06.077	ADULT
113	103	FMR0179	Keryn	Hammond	Female	30:12.432	ADULT
114	104	FMR0040	Bhavesh	Kara	Male	30:20.216	ADULT
115	105	FMR0171	Kayla Jane	Schumacher	Female	30:23.141	ADULT
116	106	FMR0259	Mohlago	Phosiwa	Female	30:24.309	ADULT
117	107	FMR0142	Jaco	Van der Spuy	Male	30:26.613	ADULT
118	108	FMR0400	Terone	Williams-Wynn	Male	30:27.681	ADULT
119	109	FMR0163	Karla	Watson	Female	30:30.117	ADULT
120	110	FMR0404	Thaddeus	Plekker	Male	30:31.256	ADULT
121	111	FMR0085	Dareious	Plekker	Male	30:32.503	ADULT
122	112	FMR0328	Rebecca	Plekker	Female	30:34.496	ADULT
123	113	FMR0010	Alex	Monteiro	Male	30:35.466	ADULT
124	114	FMR0348	Rudo	Malungisa	Female	30:37.709	ADULT
125	115	FMR0349	Rudolph	Bezuidenhout	Male	30:40.223	ADULT
126	116	FMR0212	Lizel	Bezuidenhout	Female	30:40.936	ADULT
127	117	FMR0340	Rirhandzu	Ntlemo-Malatji	Female	30:41.632	ADULT
128	118	FMR0305	Othandiweyo	Nohashe	Female	30:43.325	ADULT
129	119	FMR0107	Emmanuel	Mukadi	Male	30:45.693	ADULT
130	120	FMR0426	Tracey-laine	Greenwood-Selby	Female	30:46.838	ADULT
131	121	FMR0149	Jean-Luc	Kwete	Male	30:47.873	ADULT
133	122	FMR0279	Neo	Moloi	Male	30:54.587	ADULT
134	123	FMR0441	Vincent	Mabelane	Male	30:58.660	ADULT
135	124	FMR0427	Tracy Jane	Strachan	Female	31:01.028	ADULT
136	125	FMR0387	Stephen	Rogers	Male	31:02.775	ADULT
137	126	FMR0285	Nirith	Basdow	Male	31:04.036	ADULT
138	127	FMR0457	Zamokuhle	Mthethwa	Female	31:05.152	ADULT
139	128	FMR0294	Nono	Bapela	Female	31:08.244	ADULT
140	129	FMR0275	Natina	Thumana	Female	31:09.777	ADULT
141	130	FMR0333	Rhylee	de Souza	Female	31:12.177	ADULT
142	131	FMR0178	Kerisha	Reddy	Female	31:13.054	ADULT
143	132	FMR0140	Isao	Ueta	Male	31:14.089	ADULT
144	133	FMR0110	Faghrie	Mo	Male	31:15.641	ADULT
145	134	FMR0001	Belinda	Basel	Female	31:16.542	ADULT
146	135	FMR0273	Nancy	Nditsheni	Female	31:18.584	ADULT
147	136	FMR0204	Lesego	Mosoang	Female	31:23.143	ADULT

148	137	FMR0104	Elliot	Mafereka	Male	31:24.338	ADULT
149	138	FMR0356	Sanan	Mirzoyev	Male	31:25.526	ADULT
150	139	FMR0347	Ruben	Roux	Male	31:26.504	ADULT
152	140	FMR0093	Dimakatso	Maluleka	Female	31:43.393	ADULT
153	141	FMR0196	Leanne	de Souza	Female	31:44.981	ADULT
154	142	FMR0388	Su-Maré	Cloete	Female	31:46.174	ADULT
155	143	FMR0243	Matt	Jardine	Male	31:47.618	ADULT
156	144	FMR0158	Joos	Smit	Male	31:49.936	ADULT
157	145	FMR0013	Alley	Long	Female	31:52.388	ADULT
158	146	FMR0169	Kayla	Lok	Female	31:53.764	ADULT
159	147	FMR0134	Hlensiwe	Tembo	Female	31:56.007	ADULT
160	148	FMR0003	Aaliyah	Tembo	Female	31:57.280	ADULT
161	149	FMR0050	Cameron	Busch	Male	31:58.093	ADULT
163	150	FMR0162	Judy	Wright	Female	32:14.245	ADULT
164	151	FMR0026	Angela	Rogers	Female	32:18.041	ADULT
165	152	FMR0054	Caren	Mabelane	Female	32:19.897	ADULT
166	153	FMR0310	Patricia	San Martin	Female	33:31.805	ADULT
167	154	FMR0165	Kathre	Hulley	Female	33:33.246	ADULT
168	155	FMR0078	Courtney	Anderson	Female	33:42.119	ADULT
169	156	FMR0077	Corrine	Pietersen	Female	33:47.779	ADULT
170	157	FMR0380	Siphokazi	Nxele	Female	33:53.650	ADULT
171	158	FMR0172	Keamogetswe	Motlhabi	Female	34:10.237	ADULT
172	159	FMR0209	Lindy	Rock	Female	34:20.528	ADULT
173	160	FMR0115	Gabby-leigh	Tapson	Female	34:32.382	ADULT
174	161	FMR0430	Tseleng Asneth	Mokhachane	Female	34:36.494	ADULT
175	162	FMR0353	Ruzél	Pitzer	Female	34:39.865	ADULT
176	163	FMR0155	Jodine	Pitzer	Female	34:41.489	ADULT
177	164	FMR0156	Johan	Meyer	Male	34:42.825	ADULT
178	165	FMR0037	Bandiphe	Sokweba	Female	34:48.513	ADULT
179	166	FMR0330	Relebohile	Kobeli	Female	34:51.738	ADULT
180	167	FMR0391	Swayam	Maharaj	Male	34:58.700	ADULT
181	168	FMR0307	Paayal	Shrivastav	Female	35:01.794	ADULT
182	169	FMR0189	Kunaal	Shrivastav	Male	35:04.617	ADULT
183	170	FMR0175	Keletso	Machaka	Female	35:09.476	ADULT
184	171	FMR0251	Memory	Khosa	Female	35:17.763	ADULT
185	172	FMR0095	Dimakatso	Ramathibela	Female	35:21.317	ADULT
186	173	FMR0173	Kedibone	Mothemela	Female	35:26.875	ADULT
188	174	FMR0080	Cwebile	Ncube	Male	35:40.156	ADULT
189	175	FMR0395	Tarryn	Lee	Female	35:41.659	ADULT
190	176	FMR0277	ncumisa	kubukeli	Female	35:43.384	ADULT
191	177	FMR0298	Nthabeleng	Mokwena	Female	35:45.350	ADULT
192	178	FMR0352	Rushda	Olivier	Female	35:47.165	ADULT
193	179	FMR0012	Alice	Wong	Female	35:49.138	ADULT
194	180	FMR0152	Jessica	Haasbroek	Female	35:51.957	ADULT
195	181	FMR0255	Mikaela	Davids	Female	35:53.537	ADULT
196	182	FMR0164	Karolina	Lochynska	Female	35:54.848	ADULT
197	183	FMR0341	Robynne	Shields	Female	36:02.568	ADULT

198	184	FMR0389	Suné	Bothma	Female	36:03.904	ADULT
199	185	FMR0064	Chantelle	Chantelle	Female	36:06.663	ADULT
200	186	FMR0021	Andrea	Mcilroy	Female	36:11.092	ADULT
201	187	FMR0097	Donald	Dunlop	Male	36:12.627	ADULT
203	188	FMR0399	Tebatso	Ratlabala	Male	36:14.784	ADULT
204	189	FMR0461	Zinhle	Shozi	Female	36:18.188	ADULT
205	190	FMR0216	Lucy	Motau	Female	36:19.559	ADULT
206	191	FMR0007	Agrineth	Kabala	Female	36:21.138	ADULT
207	192	FMR0018	Amina	Ally	Female	36:22.620	ADULT
208	193	FMR0208	Linda	Nel	Female	36:23.368	ADULT
209	194	FMR0167	katlego	Phokungwane	Female	36:25.633	ADULT
210	195	FMR0116	Galaletsang	Motheogane	Female	36:26.447	ADULT
211	196	FMR0188	Kovelin	Naidoo	Male	36:27.668	ADULT
212	197	FMR0361	Santhen	Naidoo	Male	36:29.121	ADULT
213	198	FMR0038	Bawinile	Njoko	Female	36:30.200	ADULT
214	199	FMR0458	Zankia	Kok	Female	36:31.290	ADULT
215	200	FMR0434	Tyla	Podmore	Female	37:22.940	ADULT
216	201	FMR0369	Shakeera	Moosa	Female	37:32.427	ADULT
217	202	FMR0117	Galeboe	Masemola	Female	37:34.565	ADULT
218	203	FMR0002	Aabeeda	Vahed	Female	37:38.589	ADULT
219	204	FMR0363	Sarah	Mcilroy	Female	37:39.745	ADULT
220	205	FMR0027	Angelique	King Ogden	Female	37:40.534	ADULT
221	206	FMR0323	Rachel	Mabotja	Female	37:49.333	ADULT
222	207	FMR0148	Jayna	Maharaj	Female	37:50.777	ADULT
223	208	FMR0284	Nikhil	Patel	Male	37:51.722	ADULT
225	209	FMR0346	Rowan	Roopnarian	Male	37:54.841	ADULT
226	210	FMR0217	Luke	Dunpall	Male	37:55.745	ADULT
227	211	FMR0009	Aldon Azyle	Pillay	Male	37:57.700	ADULT
228	212	FMR0407	Thando	Ngema	Female	38:00.460	ADULT
229	213	FMR0071	Christopher	Mkhabela	Male	38:04.370	ADULT
230	214	FMR0184	Khanya	Mangisa	Female	38:09.185	ADULT
231	215	FMR0451	Yolanda	Mago	Female	38:10.411	ADULT
232	216	FMR0030	Ankia	Nel	Female	38:12.882	ADULT
233	217	FMR0335	Riaan	Oosthuizen	Male	38:14.129	ADULT
234	218	FMR0300	Ntombizonke	Zwane	Female	38:15.153	ADULT
235	219	FMR0409	Thapelo	Mosweu	Male	38:16.219	ADULT
236	220	FMR0103	Elelwani	Ramatsitsi	Female	38:19.661	ADULT
237	221	FMR0048	Busisiwe	Shezi	Female	38:21.676	ADULT
238	222	FMR0342	Ronald	Prinsloo	Male	38:22.730	ADULT
239	223	FMR0066	Charlotte	Melamu	Female	38:23.992	ADULT
240	224	FMR0332	Reshoketswe	Lentsoane	Female	38:24.962	ADULT
241	225	FMR0174	Keith	Soobramoney	Male	38:28.116	ADULT
242	226	FMR0450	Yolanda	Barnard	Female	38:29.338	ADULT
243	227	FMR0290	Noluthando	Shezi	Female	38:30.822	ADULT
244	228	FMR0170	Kayla	Postma	Female	38:33.768	ADULT
245	229	FMR0199	Lerato	Dikgole	Female	38:34.779	ADULT
246	230	FMR0394	Tarrin	Jacobs	Female	39:38.915	ADULT

247	231	FMR0154	Joan	Van de Walt	Female	40:20.656	ADULT
249	232	FMR0445	Warren	Bredenkamp	Male	40:33.424	ADULT
250	233	FMR0039	Belinda	Pretorius	Female	40:39.308	ADULT
251	234	FMR0102	edna	kekana	Female	40:45.467	ADULT
252	235	FMR0265	Mpho	MUTAPA	Female	40:51.463	ADULT
253	236	FMR0052	Camilla	Kasaval	Female	40:55.531	ADULT
254	237	FMR0153	Jessin	John	Female	40:59.104	ADULT
255	238	FMR0025	ANGELA	KAFEMBE	Female	41:06.050	ADULT
256	239	FMR0138	INNOCENT	KAFEMBE	Male	41:12.993	ADULT
257	240	FMR0444	Waidah	L	Female	41:15.323	ADULT
258	241	FMR0029	Angelique	Grigoratos	Female	41:17.276	ADULT
259	242	FMR0420	Tina	Victoria	Female	41:23.132	ADULT
260	243	FMR0254	Michelle	Puddu	Female	41:25.403	ADULT
261	244	FMR0261	Monique	Else	Female	41:27.855	ADULT
262	245	FMR0181	Kgahledi	Mangoale	Female	41:32.653	ADULT
263	246	FMR0371	Shavanna	Seebran	Female	41:35.911	ADULT
264	247	FMR0159	Josephine	Morake	Female	41:39.697	ADULT
265	248	FMR0278	Nditsheni	Mashau	Male	41:43.930	ADULT
266	249	FMR0246	Mbali	Nkosi	Female	41:46.983	ADULT
267	250	FMR0287	Nokulunga	Nzama	Female	41:49.402	ADULT
269	251	FMR0062	Cecilia	Bezuidenhout	Female	42:23.750	ADULT
270	252	FMR0088	Deshlin	Reddy	Male	42:32.585	ADULT
271	253	FMR0247	Megan	Coetzee	Male	42:52.818	ADULT
272	254	FMR0070	Chris	Vele	Female	42:59.756	ADULT
275	255	FMR0106	Emma	de Bruyn	Female	43:15.261	ADULT
276	256	FMR0098	Donnella	le Roux	Female	43:17.723	ADULT
277	257	FMR0313	Perm	Matloga	Female	43:20.317	ADULT
278	258	FMR0433	Tumelo	Mokhele	Male	43:21.410	ADULT
279	259	FMR0132	Hleketa	Moyo	Female	43:23.392	ADULT
280	260	FMR0401	Thabisa	Manxodidi	Female	43:26.259	ADULT
281	261	FMR0293	Nonkululeko	Kubheka	Female	43:27.901	ADULT
282	262	FMR0130	Hellen	Bopape	Female	43:30.672	ADULT
283	263	FMR0121	Gertrude	Mvula	Female	43:32.459	ADULT
284	264	FMR0295	Nono	Makinta	Female	43:33.890	ADULT
285	265	FMR0032	Antony	Fok	Male	43:37.269	ADULT
286	266	FMR0047	Brittaney	Smith	Female	43:38.557	ADULT
287	267	FMR0325	Ranaaz	Coetzee	Female	43:42.277	ADULT
288	268	FMR0191	Kutlwano Khunou	khunou	Female	43:44.525	ADULT
289	269	FMR0454	Yonela	Ntshobane	Female	43:46.621	ADULT
290	270	FMR0006	Ablonia	Ramela	Female	43:49.678	ADULT
291	271	FMR0192	Kylie	Van Wyk	Female	43:53.381	ADULT
292	272	FMR0249	Melina	Bopape	Female	43:54.890	ADULT
293	273	FMR0211	Liza	de Villiers	Female	43:57.942	ADULT
294	274	FMR0024	Angel	Buitendag	Female	44:01.219	ADULT
295	275	FMR0288	Nokwanda	Mlambo	Female	44:02.384	ADULT
296	276	FMR0324	Ramadimetje	Mphahlele	Female	44:10.408	ADULT
297	277	FMR0354	Sadie	Chetty	Female	44:15.625	ADULT

298	278	FMR0317	Pindile	Mukondiwa	Female	44:18.603	ADULT
299	279	FMR0242	Mathipa	Mapheto	Female	44:21.116	ADULT
300	280	FMR0271	Naledi	Selamatsele	Female	44:26.073	ADULT
301	281	FMR0245	Mbali	Khumalo	Female	44:28.672	ADULT
302	282	FMR0231	Maphari	Selopyane	Female	44:31.893	ADULT
303	283	FMR0061	Cathrine	Seima	Female	44:40.098	ADULT
304	284	FMR0201	Lerato	Seaketso	Female	44:48.179	ADULT
305	285	FMR0222	Luyanda	Ntlabati	Female	44:50.588	ADULT
306	286	FMR0438	Vanessa Muir	Muir	Female	44:51.599	ADULT
307	287	FMR0375	Shuveer	Maharaj	Male	44:56.658	ADULT
309	288	FMR0424	Tlhabaki	Setlalentoa	Male	45:02.621	ADULT
310	289	FMR0437	Valerie	Mncube	Female	45:04.226	ADULT
311	290	FMR0423	Tinyiko	Shiburi	Female	45:08.729	ADULT
312	291	FMR0065	Chané	Watkins	Female	45:10.475	ADULT
313	292	FMR0135	Ideon	Watkins	Male	45:11.145	ADULT
314	293	FMR0043	Bjorn	Bergmann	Male	45:15.310	ADULT
315	294	FMR0075	Connie	Shabangu	Female	45:17.768	ADULT
316	295	FMR0405	Thalutshedzo	Mudau	Female	45:23.506	ADULT
318	296	FMR0443	Vuyelwa	Tshefu	Female	45:32.324	ADULT
319	297	FMR0143	Jade	De klerk	Female	45:34.283	ADULT
320	298	FMR0377	Sibusisiwe	Ncube	Female	45:36.679	ADULT
321	299	FMR0355	Samantha	Inskip	Female	45:39.157	ADULT
322	300	FMR0230	Mandisa	Ngema	Female	46:29.127	ADULT
323	301	FMR0309	Patricia	Kganyago	Female	46:31.267	ADULT
325	302	FMR0081	Cynthia	Turya	Female	46:41.842	ADULT
326	303	FMR0416	Thobekile	Radebe	Female	46:42.996	ADULT
327	304	FMR0296	Nontlahla	Thakudi	Female	46:44.070	ADULT
328	305	FMR0312	Pebetsi	Mothemela	Female	46:47.476	ADULT
329	306	FMR0053	Candice	Dunpall	Female	46:49.718	ADULT
330	307	FMR0455	Yonus	Kaka	Male	47:04.683	ADULT
331	308	FMR0365	Selebano	Lufhugu	Female	47:22.519	ADULT
332	309	FMR0161	Joy	Dlamini	Female	47:26.362	ADULT
333	310	FMR0320	Promise	Mokgwatjane	Female	47:41.445	ADULT
334	311	FMR0413	Theshan	Reddy	Male	47:48.872	ADULT
335	312	FMR0396	Tashia	Reddy	Female	47:55.463	ADULT
336	313	FMR0202	Lerisha	Ramgulam	Female	48:11.054	ADULT
338	314	FMR0072	Cliffy	Ramgulam	Male	48:15.747	ADULT
339	315	FMR0087	Debra	Ncube	Female	48:17.632	ADULT
341	316	FMR0241	Mathema	Sehlapelo	Female	48:26.782	ADULT
342	317	FMR0041	Bhavini	Dalpat	Female	48:31.791	ADULT
343	318	FMR0137	Ina	Frost	Female	48:36.528	ADULT
344	319	FMR0015	Alun	Frost	Male	48:40.440	ADULT
346	320	FMR0092	Dieketseng	Nape	Female	48:57.870	ADULT
348	321	FMR0056	Carina	Nel	Female	49:08.036	ADULT
349	322	FMR0374	Shivaan	Maharajh	Male	49:11.853	ADULT
350	323	FMR0146	Jasmine	Naidu-Maharajh	Female	49:14.369	ADULT
351	324	FMR0234	Marisa	de Lange	Female	49:18.227	ADULT

352	325	FMR0250	Melissa	Slter	Female	49:21.175	ADULT
354	326	FMR0136	Imani	Vele	Female	49:26.766	ADULT
356	327	FMR0326	Ras-Marie	Kruger	Female	49:36.105	ADULT
357	328	FMR0370	Shaleen	Van Wyk	Female	49:43.675	ADULT
358	329	FMR0060	Carol	Ndodhana	Female	49:50.872	ADULT
359	330	FMR0240	Mathabo	Dlamini	Female	49:53.330	ADULT
360	331	FMR0367	Sethiwe	Mazibuko	Female	49:56.773	ADULT
361	332	FMR0282	Nicola	Prinsloo	Female	49:59.869	ADULT
362	333	FMR0221	Lutendo	Rabvuku	Female	50:10.247	ADULT
363	334	FMR0248	Megan	Derwin	Female	50:14.055	ADULT
364	335	FMR0218	Lungelwa	Ndim	Female	50:18.327	ADULT
365	336	FMR0385	Sne	Farirayi	Female	50:21.547	ADULT
366	337	FMR0198	Lefatshe	Shakung	Male	50:47.511	ADULT
367	338	FMR0226	Mahlatse	Riba	Female	50:51.847	ADULT
369	339	FMR0122	Gladys	Mahlatji	Female	51:01.769	ADULT
370	340	FMR0368	Sewela	Makhetha	Female	51:12.076	ADULT
371	341	FMR0187	Kopano Maboya	lovwela.00@gmail.com	Female	51:16.135	ADULT
372	342	FMR0119	Garikai	Muswere	Male	51:19.787	ADULT
374	343	FMR0415	Thinandavha	Rampfumedzi	Female	51:28.673	ADULT
375	344	FMR0227	Makhosazana	Guliwe	Female	51:31.030	ADULT
376	345	FMR0297	Nontokozo	Khumalo	Female	51:36.132	ADULT
378	346	FMR0276	Navisha	Sookoo	Female	51:42.492	ADULT
379	347	FMR0086	Darshan	Dhayaram	Male	51:44.099	ADULT
380	348	FMR0185	Kirsten	Robertson	Female	51:48.376	ADULT
381	349	FMR0308	Palesa	Motaung	Female	51:50.207	ADULT
382	350	FMR0057	Carley	Bishop	Female	51:53	ADULT
383	351	FMR0147	Jayden	Lyons	Male	51:54.084	ADULT
384	352	FMR0315	Pheladi	Masha	Female	51:55.252	ADULT
385	353	FMR0350	Rumbidzai	Mashanda	Female	51:58.675	ADULT
386	354	FMR0362	Sarah	Connolly	Female	51:59.607	ADULT
387	355	FMR0105	Emma	Coleman	Female	52:02.845	ADULT
388	356	FMR0126	Guy	Aldous	Male	52:09.535	ADULT
389	357	FMR0182	Kgattiso	Maesela	Male	52:12.673	ADULT
390	358	FMR0083	Daniella	de Freitas	Female	52:14.441	ADULT
391	359	FMR0286	Nokulunga	Ngcobo	Female	52:18.345	ADULT
392	360	FMR0177	Keoratile	Moholo	Male	52:19.383	ADULT
393	361	FMR0291	Nomathemba Rose	Thambe	Female	52:23.679	ADULT
394	362	FMR0008	AL-Louise	Statt	Female	52:31.942	ADULT
395	363	FMR0236	Maritza	Victor	Female	52:32.712	ADULT
396	364	FMR0452	YOLANDA	NGQAWANI	Female	52:36.487	ADULT
398	365	FMR0197	Lebogang	Kgomo	Female	52:46.430	ADULT
399	366	FMR0124	Gugu	Motsepe	Female	52:48.155	ADULT
400	367	FMR0019	Amogelang	Rangongo	Female	52:50.171	ADULT
401	368	FMR0272	Nalisha	Naidu	Female	52:51.812	ADULT
402	369	FMR0059	Carmen	Naidu	Female	52:53.295	ADULT
404	370	FMR0402	Thabisa	Mbhalati	Female	52:59.090	ADULT
406	371	FMR0112	Felica	Sibisi	Female	53:03.127	ADULT

407	372	FMR0020	Andile	Dube	Female	53:04.810	ADULT
408	373	FMR0329	Refilwe	Maake	Female	53:05.790	ADULT
409	374	FMR0411	Thembelani	Mashele	Female	53:06.524	ADULT
410	375	FMR0228	Malerato	Mosweu	Female	53:07.892	ADULT
411	376	FMR0067	Charlotte	Raphesu	Female	53:10.049	ADULT
412	377	FMR0432	Tshidi	Sebone	Female	53:12.272	ADULT
413	378	FMR0381	Sisanda	Ndaliso	Female	53:13.321	ADULT
414	379	FMR0448	Yanela	Ndaliso	Female	53:15.825	ADULT
415	380	FMR0301	Ntshuxeko	Ndhlovu	Female	53:17.427	ADULT
416	381	FMR0419	Tina	Bapela	Female	53:19.773	ADULT
417	382	FMR0233	Marcia	Masipa	Female	53:21.622	ADULT
418	383	FMR0439	Vesh	Govender	Female	53:30.152	ADULT
419	384	FMR0343	Ronelle	Booyens	Female	53:37.407	ADULT
420	385	FMR0239	Martinette	Burger	Female	53:38.505	ADULT
421	386	FMR0033	Arthur	Burger	Male	53:39.451	ADULT
422	387	FMR0114	Fikile	Kunene	Female	53:46.837	ADULT
423	388	FMR0200	Lerato	Gabela	Female	54:31.101	ADULT
425	389	FMR0166	Katlego	Modisane	Female	55:07.825	ADULT
426	390	FMR0118	Gape	Modisane	Female	55:11.022	ADULT
427	391	FMR0319	Prince	Mapheto	Male	55:13.888	ADULT
428	392	FMR0422	Tinyiko	Rikhotso	Female	55:22.159	ADULT
429	393	FMR0373	Shaylin	Bobby	Female	55:39.481	ADULT
430	394	FMR0069	Chido	Murwira	Female	58:05.232	ADULT
431	395	FMR0101	Eddie	Vele	Male	58:22.385	ADULT
432	396	FMR0289	Noloyiso	Mbonisweni	Female	1:00:28.898	ADULT
433	397	FMR0460	Zimele	Mbanjwa	Male	1:00:38.037	ADULT
434	398	FMR0406	Thandeka	Nduli	Female	1:01:29.866	ADULT
435	399	FMR0414	Theshni	Canniappan	Female	1:06:01.064	ADULT
436	400	FMR0111	Fatiema	Dollie	Female	1:06:14.538	ADULT
438	401	FMR0035	Ashraf	Freeman	Male	1:06:55.454	ADULT
439	402	FMR0435	Valentine	Mckey	Female	1:11:24.200	ADULT

CHILD							
Overall Position	Category Position	Race #	Name	Surname	Gender	Time	Age
26	1	FMR0339	Riley	Prinsloo	Male	23:27.719	CHILD
32	2	FMR0160	Josh	Andrews	Male	24:07.842	CHILD
40	3	FMR0358	Sandile	Nxele	Male	24:30.234	CHILD
45	4	FMR0014	Alme	Jordaan	Male	24:55.893	CHILD
68	5	FMR0207	Linay	Goosen	Female	27:03.620	CHILD
74	6	FMR0215	Logan	Schreiber	Male	27:28.510	CHILD
83	7	FMR0386	Stefan	Bezuidenhout	Male	28:10.196	CHILD
87	8	FMR0360	Sanele	Dhlamini	Male	28:28.327	CHILD
100	9	FMR0016	Alécio	Correia	Male	29:14.076	CHILD
132	10	FMR0151	Jessi-Lee	Rock	Female	30:52.607	CHILD
151	11	FMR0224	Maddy	Johnstone	Female	31:31.316	CHILD
187	12	FMR0316	Pholo	Mothemela	Male	35:30.327	CHILD
202	13	FMR0262	Morné	Burger	Male	36:13.613	CHILD
224	14	FMR0203	Lesedi	Seloise	Female	37:53.469	CHILD
248	15	FMR0384	Skylar	Bredenkamp	Female	40:31.545	CHILD
273	16	FMR0459	Zenande	Mabaso	Female	43:05.797	CHILD
274	17	FMR0274	Nandi	Nduli	Female	43:12.105	CHILD
308	18	FMR0397	Tatum Jay	Nel-Monteiro	Male	44:59.998	CHILD
324	19	FMR0336	Rifumo	Mbhalati	Male	46:33.742	CHILD
337	20	FMR0382	Sitara	Ramgulam	Female	48:13.728	CHILD
353	21	FMR0267	Muneiswa	Vele	Female	49:23.919	CHILD
355	22	FMR0338	Riley	Kruger	Female	49:33.159	CHILD
368	23	FMR0125	Gugu	Mokoena	Female	50:57.323	CHILD
373	24	FMR0266	Mukundi	Muswere	Male	51:22.432	CHILD
377	25	FMR0392	Tamia	Hlatshwayo	Female	51:38.916	CHILD
397	26	FMR0220	Lunje	Ngqawani	Female	52:39.460	CHILD
403	27	FMR0456	Zama	Kunene	Female	52:56.328	CHILD
405	28	FMR0429	Tsakani	Mbhalati	Female	53:00.056	CHILD
437	29	FMR0004	Aashiqah	Freeman	Female	1:06:45.802	CHILD
440	30	FMR0076	Connor	Mckey	Male	1:11:26.163	CHILD
441	31	FMR0011	Alex	Mckey	Male	1:11:28.199	CHILD

PENSIONERS							
Overall Position	Category Position	Race #	Name	Surname	Gender	Time	Age
94	1	FMR0260	Moirá	Carstens	Female	28:50.155	PENSIONER
162	2	FMR0108	Erika	Weyers	Female	32:09.436	PENSIONER
268	3	FMR0045	Bokkie	Nel	Male	42:01.709	PENSIONER
317	4	FMR0359	Sandra	Naidu	Female	45:25.198	PENSIONER
340	5	FMR0447	Wilma	Doret	Female	48:20.209	PENSIONER
345	6	FMR0074	Colin	McLeod	Male	48:46.353	PENSIONER
347	7	FMR0314	Peter	Nel	Male	49:04.792	PENSIONER
424	8	FMR0412	Thembié	Dlamini	Female	54:55.563	PENSIONER