

Cradle Cracker**29 June 0225**

5KM RESULTS					
Position	Race #	Name	Surname	Gender	Time
1	CCJ06244	Malohle	Boshielo	Male	20:38.243
2	CCJ06162	Liam	jones	Male	20:41.692
3	CCJUN484	Percy	Matsogo	Male	21:04.949
4	CCJUN824	Ryan	Marshall	Male	21:49.597
5	CCJ06228	Armand	Fourie	Male	21:54.853
6	CCJ06107	Keion	Venter	Male	22:30.612
7	CCJ06208	Tiani	Fourie	Female	22:32.152
8	CCJ06038	Noah	Mei	Male	24:44.595
9	CCJUN836	Yolandie	Potgieter	Female	25:03.040
10	CCJ06089	Alex	Ludick	Male	28:13.262
11	CCJUN948	Matthew	Imbrailo	Male	28:15.305
12	CCJUN866	Marco	Van Wyngaardt	Male	28:59.324
13	CCJUN1011	Dean	Fraser	Male	29:00.755
14	CCJUN333	Shayur	Budhai	Male	31:20.265
15	CCJ06049	Michael	Nunan	Male	31:49.506
16	CCJ06169	Michelle	de Clercq	Female	32:02.005
17	CCJUN422	Nathan	Westhof	Male	32:03.924
18	CCJ06149	Darryl	Pienaar	Male	32:39.125
19	CCJUN837	Karen	Du Plessis	Female	32:40.520
20	CCJUN940	Lindi	Marx	Female	32:48.164
21	CCJUN512	Kaiyush	Budhai	Male	32:59.572
22	CCJUN311	Travis	Imbrailo	Male	33:15.253
23	CCJ06045	Joel	Joseph	Male	33:38.607
24	CCJ06080	Reese	Wijtman	Female	33:39.647
25	CCJ06117	Devon	Kerwin	Male	33:52.637
26	CCJUN368	Jacolize	de Vries	Female	34:04.830
27	CCJUN424	Duan	de Vries	Male	34:13.886
28	CCJUN934	Cruz Mackay	Hendricks	Male	34:20.316
29	CCJUN655	Skye	Hendricks	Female	34:45.433
30	CCJUN363	Joshua	Janse van rensburg	Male	34:53.809
31	CCJUN393	Tsaukani Masilela	Masilela	Female	35:11.833
32	CCJUN827	Tholumusa	Ndlovu	Male	35:14.387
33	CCJUN490	Therusha	Budhai	Female	35:19.113
34	CCJUN511	Carly	Cameron	Female	35:42.668
35	CCJUN589	Unathi	Mbulawa	Male	35:59.302
36	CCJ06040	Veronique	Esterhuizen	Female	36:32.761
37	CCJ06088	Chare	Smit	Female	36:56.893
38	CCJ06137	Inezka	Rademan	Female	37:07.353
39	CCJUN355	Dorinda	Wessels	Female	37:14.699
40	CCJ06104	Syntiche	Prior	Female	37:47.311
41	CCJUN645	Nozwelakhe	Kheswa	Female	38:17.654
42	CCJUN902	Emily	Masigo	Female	39:08.485

43	CCJUN738	Riaan	De Jager	Male	39:19.688
44	CCJUN753	Rohan	Budhai	Male	39:56.517
45	CCJUN656	Armand	Fritz	Male	40:07.012
46	CCJUN850	Nqoe	Ndabele	Male	40:18.974
47	CCJ06195	Nicole	Jansen van Renburg	Female	40:21.733
48	CCJUN885	Megan	Imbrailo	Female	40:22.155
49	CCJ06019	Deandrie	Briel	Female	40:25.586
50	CCJUN630	Cara	Dalporto	Female	40:28.774
51	CCJUN943	Callum	Steyn	Male	40:31.057
52	CCJ06021	Favourite	Mlotshwa	Female	40:34.040
53	CCJUN694	Tina-Mari	Calitz	Female	40:34.244
54	CCJ06255	Melanie	Bekker	Female	40:40.307
55	CCJ06081	Sharon	Goncalves	Female	40:57.230
56	CCJ06242	Tian	Coetzee	Male	40:59.060
57	CCJUN494	Lagen	Wijtman	Male	40:59.561
58	CCJ06010	Warren	Goncalves	Male	41:00.536
59	CCJUN838	Luke	Frazer	Male	41:27.680
60	CCJUN400	Linkin	Diesel	Male	41:45.919
61	CCJUN932	Liz	Goldberg	Female	42:08.219
62	CCJUN423	Andre	Barnard	Male	42:28.980
63	CCJ06189	Daniella Morrison	Jones	Male	42:35.753
64	CCJ06246	Troy	Jones	Male	42:40.186
65	CCJ06211	Luke	Jones	Male	42:40.953
66	CCJUN425	Bertus	Duminy	Male	43:02.162
67	CCJ06159	Ntombikayise	Sithole	Female	43:06.637
68	CCJUN331	Gavin	Bodill	Male	43:15.469
69	CCJUN728	Angie	Mehakovich	Female	43:17.284
70	CCJ06029	Mulweli	Ganyani	Female	43:21.240
71	CCJUN611	Bridget	Diesel	Female	43:25.547
72	CCJUN774	Rhys	Feldman	Male	43:43.693
73	CCJUN401	Belinda	Engelbrecht	Female	43:46.274
74	CCJUN801	Milan	Engelbrecht	Male	43:56.903
75	CCJUN385	Bethany	Frazer	Female	44:00.501
76	CCJUN591	Katy	Lander	Female	44:03.161
77	CCJUN347	Michelle	Catsavis	Male	44:08.864
78	CCJ06109	Frans	van Loggerenberg	Male	44:10.988
79	CCJUN340	Amy	Catsavis	Female	44:14.655
80	CCJUN859	Zachary Michael	Venter	Male	44:28.860
81	CCJUN833	Michele	Pienaar	Female	44:31.398
82	CCJUN716	Jennifer	Sutherland	Female	44:37.773
83	CCJ06193	Melinda	Posthumus	Female	44:40.014
84	CCJUN998	Tracey	Reynolds	Female	44:44.284
85	CCJUN689	Cole	Smith	Male	44:47.145
86	CCJ06044	Etienne	Posthumus	Male	44:49.755
87	CCJUN329	Lynn	Spiller	Female	44:56.082
88	CCJUN532	Teresa	Coetzee	Female	44:56.803
89	CCJ06014	Liezl	Pretorius	Female	44:59.494

90	CCJUN604	Phetheni	Ngcobo	Female	45:14.302
91	CCJUN462	Ewan	Axsel	Male	45:21.890
92	CCJUN547	Stephanie	Pienaar	Female	45:24.868
93	CCJUN900	Bradley	Dunbar	Male	45:35.829
94	CCJUN317	Ivan Sz	Maritz	Male	45:39.383
95	CCJ06210	Rachel	Ross	Female	45:45.187
96	CCJUN582	Jonty	Kendall	Male	45:48.597
97	CCJUN433	Janine	Huisamen	Female	46:17.577
98	CCJ06008	Lila	Thomas	Female	46:43.633
99	CCJ06247	Faye	Thomas	Male	46:46.673
100	CCJ06098	Shekina	Ngueyap	Female	46:59.580
101	CCJUN893	Sharlene	Tchonang	Female	47:02.949
102	CCJUN874	Jakkie	Van Dyk	Male	47:52.840
103	CCJ06203	George	Liebenberg	Male	47:58.787
104	CCJUN747	Sindi	Mbulawa	Female	48:06.887
105	CCJUN847	courtney	rae	Male	48:09.983
106	CCJUN471	Camran	Brunner	Male	48:12.554
107	CCJUN1006	Hentus	Matthee	Male	48:13.632
108	CCJUN635	Indiphile	Ncomanzi	Female	48:19.948
109	CCJUN794	Nicole Angelique	Power	Female	48:23.814
110	CCJUN813	Natasha	Matthee	Female	48:28.954
111	CCJ06051	Gwen	Sinclair	Female	48:30.609
112	CCJ06170	fiona	jacobs	Female	48:45.863
113	CCJ06133	paul	jacobs	Male	48:47.753
114	CCJUN752	Jessica	Schoeman	Female	49:05.558
115	CCJUN669	Masingita	Maluleke	Female	49:21.429
116	CCJUN704	Mari	Kruger	Female	49:36.562
117	CCJ06071	Megan	Hunt	Female	50:01.305
118	CCJUN820	Tiisetso	mnguni	Female	50:11.726
119	CCJUN876	Tshepang	Mokobane	Female	50:28.025
120	CCJUN697	Jan	Du Plessis	Male	50:29.781
121	CCJUN414	Olebogeng	Seribe	Female	50:50.266
122	CCJUN920	Michaela	Schott	Female	50:59.681
123	CCJUN787	Megan Rachel	Jackson	Female	51:01.168
124	CCJ06011	Johan	de Lange	Male	51:31.155
125	CCJ06119	Brenda	Sibeko	Female	51:35.128
126	CCJUN597	Barbara	Jones	Female	52:11.841
127	CCJ06015	Dorothea	Schutte	Female	52:38.536
128	CCJUN358	Cornu	Scheepers	Male	52:46.435
129	CCJUN626	Holly	Firth	Male	53:35.839
130	CCJUN590	Thalissa	Pillay	Female	53:41.380
131	CCJUN436	Kiyan	Pillay	Male	53:45.927
132	CCJUN772	Diyana	Pillay	Female	53:47.569
133	CCJUN997	pieter	Pretorius	Male	55:12.619
134	CCJUN735	Elsabe	Bezuidenhout	Female	55:44.111
135	CCJUN580	Sonja	Barnard	Female	55:47.112
136	CCJUN682	Madri	Meintjes	Female	56:16.529

137	CCJUN426	Inez	Meneses	Female	56:16.590
138	CCJUN668	Thato	Chiloane	Female	56:19.877
139	CCJ06023	Elizma	Coetzee	Female	57:14.686
140	CCJUN572	Yvette	Ellis	Female	57:29.890
141	CCJUN481	Dikeledi	Vikunga	Female	57:35.031
142	CCJ06191	Nadia	Fourie	Female	58:00.793
143	CCJUN327	Teo	Mycroft	Male	58:34.299
144	CCJUN724	Jurita	Mycroft	Female	58:36.017
145	CCJUN505	Mikha	Ceronio	Female	59:53.341
146	CCJUN715	Kiki	Smith	Female	59:41.564
147	CCJUN829	Sally-Jane	Fourie	Female	1:01:48.084
148	CCJUN539	Liandi	Holton	Female	1:01:51.173
149	CCJUN784	Lizal	Fourie	Female	1:01:53.409
150	CCJUN815	Janakieamal	Pillay	Female	1:02:10.658
151	CCJ06001	Marc	Ross	Male	1:02:42.935
152	CCJ06200	Mbali	Fulani	Female	1:03:47.177
153	CCJUN548	Janine	Feldman	Female	1:04:04.924
154	CCJUN849	Reinetter	De Bod	Female	1:04:36.439
155	CCJUN942	Engela	Wessels	Female	1:04:37.674
156	CCJUN1002	Amore	Wessels	Female	1:04:39.628
157	CCJUN449	Clint	Janse van rensburg	Male	1:27:32.929
158	CCJUN639	Renda	Mpande	Male	1:28:36.723
159	CCJUN999	Yamkela	Mbakaza	Female	1:28:41.873
160	CCJUN306	Dassila	Tamba	Female	1:29:01.480
161	CCJ06230	Annie Claire	Kouayep	Female	1:29:13.156
162	CCJUN533	Drieny	Vorster	Female	1:30:32.639
163	CCJUN851	Gert	Vorster	Male	1:30:49.623
164	CCJUN448	Tuto	Kgope	Female	1:41:57.516

10KM RESULTS					
Position	Race #	Name	Surname	Gender	Time
1	CCJ06113	Colin	Hugo	Male	41:05.171
2	CCJUN839	Wian	Oelofsen	Male	49:53.209
3	CCJUN705	Christopher	Groenewald	Male	52:28.517
4	CCJUN1010	Cine	Fraser	Female	53:44.495
5	CCJ06212	Diego	De Carvalho	Male	54:11.726
6	CCJUN981	camron	spencer	Male	55:36.333
7	CCJUN330	Xola	Mageushe	Male	55:53.489
8	CCJUN959	Hylton	Hastie	Male	56:37.561
9	CCJUN644	Ryan	Diesel	Male	57:00.803
10	CCJUN496	Tumelo P.	Motloutsi	Male	57:27.327
11	CCJUN442	Ryan	Bouhey	Male	57:41.242
12	CCJUN631	Sean	Salmon	Male	57:57.540
13	CCJUN440	Ethan	Argyle	Male	59:10.579
14	CCJUN683	Charlie (1)	Paget	Female	59:14.926
15	CCJUN913	Wynand	Oelofsen	Male	59:42.800
16	CCJUN394	Praise Tsembo	Sibuyi	Male	59:51.588
17	CCJUN1001	John	Marshall	Male	1:00:07.364
18	CCJUN467	Charlien	Naude	Female	1:00:10.752
19	CCJUN930	Alta	Argyle	Female	1:00:27.009
20	CCJ06168	Rickus	Cronje	Male	1:00:32.044
21	CCJUN389	Lawrence	Jatho	Male	1:00:57.055
22	CCJUN902	Momi	Metsing	Female	1:00:58.387
23	CCJUN567	Patricia	Henning	Female	1:01:00.267
24	CCJUN482	Gareth	Spencer	Male	1:01:02.687
25	CCJ06171	Ethan	Gibbon	Male	1:01:05.142
26	CCJUN538	Caitlin	Meyer	Female	1:01:05.212
27	CCJUN955	John	Argyle	Male	1:01:10.979
28	CCJUN441	Chase	Hutchinson	Male	1:02:02.249
29	CCJUN474	Jonathan	Pugh	Male	1:02:04.852
30	CCJUN695	Callum	Condie	Male	1:02:10.847
31	CCJUN826	Richard	Thomas	Male	1:02:46.806
32	CCJ06079	Heather	Gordon	Female	1:02:50.657
33	CCJUN966	Henry	Ackhurst	Male	1:03:03.908
34	CCJUN445	ROBERT	JONES	Male	1:03:25.478
35	CCJUN489	Justin	Orpen	Male	1:03:38.506
36	CCJ06243	Humbulani Irene	Thenga	Female	1:03:49.300
37	CCJUN680	Alison	Laurent	Female	1:03:54.868
38	CCJUN642	Faizel	Salie	Male	1:04:28.506
39	CCJUN556	Clyde	Maule	Male	1:04:48.779
40	CCJ06172	Robyn	Swanapoel	Female	1:05:15.520
41	CCJUN609	Yolandi	Herselman	Female	1:05:19.179
42	CCJ06078	Christa	Piater	Female	1:05:30.052
43	CCJUN886	Mikayla	Cooper	Female	1:06:02.908
44	CCJUN751	Gary	Ridderhof	Male	1:06:04.977
45	CCJ06048	Nadia	Labuschagne	Female	1:06:14.010

46	CCJ06034	Imraan	Laher	Male	1:06:17.428
47	CCJUN402	William	Allemann	Male	1:06:28.281
48	CCJUN374	Gary	Freer	Male	1:06:59.522
49	CCJUN961	Jaime	Zenha	Male	1:07:14.644
50	CCJUN693	Rebecca	Sutherland	Female	1:07:16.122
51	CCJUN888	Monica	Drake	Female	1:07:19.507
52	CCJUN486	Stephen	Barnard	Male	1:07:31.256
53	CCJUN343	Helgard	Du Toit	Male	1:07:36.001
54	CCJUN526	Kiran	Rughoonandan	Male	1:07:40.371
55	CCJUN671	Kelby	Tansley	Male	1:07:43.475
56	CCJUN996	Ronald	Eykenduynd	Male	1:07:45.194
57	CCJ06036	Caryn	Niemand	Female	1:07:47.459
58	CCJUN846	Tamara	Salie	Female	1:07:50.622
59	CCJ06252	Minhou	Liu	Male	1:07:50.898
60	CCJUN831	Justin	Brass	Male	1:07:53.763
61	CCJ06056	John	Jollivet	Male	1:07:57.919
62	CCJUN382	Greg	Gascoigne	Male	1:08:02.686
63	CCJUN386	Robert	Durkin	Male	1:08:07.758
64	CCJUN412	Christie	De Bruin	Male	1:08:15.560
65	CCJ06086	Chris	Reed	Male	1:08:37.924
66	CCJ06146	Zoliswa	Thulo	Female	1:08:39.345
67	CCJUN623	Yolanda	Bekker	Female	1:08:46.028
68	CCJ06197	Machiel	Carstens	Male	1:09:06.289
69	CCJ06236	Thuto	Thulo	Male	1:09:17.474
70	CCJUN939	Michelle	Donnelly	Female	1:09:20.860
71	CCJUN383	Cindi	Brummer	Female	1:09:28.303
72	CCJ06186	Louwrens	Prinsloo	Male	1:09:59.146
73	CCJUN936	Michelle	Janse van Rensburg	Female	1:10:04.314
74	CCJ06150	Sav	Spindler	Female	1:10:13.808
75	CCJUN577	Daniel	Muller	Male	1:10:34.796
76	CCJUN782	Faye	Lander	Female	1:10:52.561
77	CCJUN616	Kristin-Lee	Capazorio	Female	1:10:53.467
78	CCJUN487	Emilio	Warmberg	Male	1:11:26.125
79	CCJ06235	Ger-MariÃ©	Wessels	Female	1:11:32.703
80	CCJ06201	Geline	Jordaan	Female	1:11:34.165
81	CCJUN845	Jonathan	Argyle	Male	1:11:35.257
82	CCJUN522	Juandre	Du Toit	Male	1:12:22.626
83	CCJUN797	Elias	Basson	Male	1:12:23.549
84	CCJUN648	Jessica	Loveland	Female	1:12:26.608
85	CCJ06122	Njabulo	Sibeko	Male	1:12:31.368
86	CCJ06050	Herman	Bloem	Male	1:12:38.184
87	CCJUN856	Thato	Dikobo	Male	1:13:12.006
88	CCJUN933	Thomas	Hope	Male	1:13:42.163
89	CCJ06054	Nicky	Naude	Female	1:13:55.973
90	CCJ06064	Lynette	Delport	Female	1:14:24.832
91	CCJUN788	Ashleigh	Brummer	Female	1:14:29.039
92	CCJUN545	Kyle	de la Harpe	Male	1:14:35.147

93	CCJUN444	Suzanne	Du Toit	Female	1:15:14.967
94	CCJ06031	Morgan	Young	Female	1:15:19.727
95	CCJUN524	Angelique	Kruger	Female	1:15:23.665
96	CCJUN659	Floyd	Pillay	Male	1:15:28.432
97	CCJUN403	Nthabeleng	Msomi	Female	1:15:35.233
98	CCJUN579	Kirsty	Roux	Female	1:15:46.601
99	CCJ06096	Cara	Fourie	Female	1:15:48.835
100	CCJ06136	Koenie	Schutte	Male	1:16:05.993
101	CCJ06093	Ruijian	Zhang	Female	1:16:25.916
102	CCJUN783	Corrine	Fourie	Female	1:16:26.941
103	CCJUN464	Nicolien	Engelbrecht	Female	1:16:28.871
104	CCJ06214	angie	webster	Female	1:16:40.345
105	CCJ06164	Andrea	Meyer	Female	1:16:40.615
106	CCJUN916	Charlene	Westhof	Female	1:16:49.704
107	CCJUN721	STEPHAN	ROWEN	Male	1:16:57.998
108	CCJUN324	Johan	Botha	Male	1:17:04.106
109	CCJ06047	James	Sinclair	Male	1:17:20.631
110	CCJUN366	Saba	Rahimi	Male	1:17:37.914
111	CCJUN713	Hanro	Scheepers	Male	1:17:56.083
112	CCJUN581	Khutso	Maemela	Male	1:18:12.376
113	CCJUN860	Samantha	Sequeira	Female	1:18:20.390
114	CCJ06085	Elsabe	Crawford	Female	1:18:24.362
115	CCJUN578	Stephen	Parker	Male	1:18:28.523
116	CCJUN528	Carol	Molenaar	Female	1:18:29.376
117	CCJUN309	Michael	Molenaar	Male	1:18:32.365
118	CCJUN746	Antoinette	Bediako	Female	1:18:54.789
119	CCJUN341	William	Terre Blanche	Male	1:18:57.611
120	CCJ06002	Selda	Barkhuizen	Female	1:19:29.564
121	CCJ06003	Arista	Hannaway	Female	1:19:32.872
122	CCJUN674	Tom	Salmon	Male	1:19:41.940
123	CCJ06140	Samantha	Munro	Female	1:19:53.357
124	CCJ06224	Anthea	Lourens	Female	1:19:56.400
125	CCJUN672	Corne	Roux-Pieterse	Female	1:19:59.148
126	CCJUN692	Katherine	Gascoigne	Female	1:20:55.074
127	CCJUN929	Ariane	Wetie Ngongang	Female	1:21:01.112
128	CCJ06030	Ednah	Modjadji	Female	1:21:05.561
129	CCJUN894	Jess	Palmer	Female	1:21:09.473
130	CCJUN745	Adriaan	Ritter	Male	1:21:17.248
131	CCJUN365	Nolene	RITTER	Female	1:21:19.514
132	CCJ06156	Antoinette	Bosch	Female	1:21:31.017
133	CCJ06180	Zakes	Sithole	Male	1:21:36.317
134	CCJ06166	Luke	Myburgh	Male	1:21:44.036
135	CCJ06118	Kirsten	Nel	Female	1:21:47.784
136	CCJUN937	Nkosephayo	Vilakazi	Female	1:22:10.721
137	CCJUN762	CLEMENT	VAN DER MERWE	Male	1:22:15.390
138	CCJ06066	Melissa	Kruger	Female	1:22:17.661
139	CCJUN362	Christiaan	Liebenberg	Male	1:22:33.338

140	CCJUN455	Warryn	David	Male	1:22:37.520
141	CCJUN525	Otto	Vermeulen	Male	1:22:45.307
142	CCJUN473	Dominic	Solomons	Male	1:22:47.782
143	CCJUN732	Kayla	Ritter	Female	1:22:48.611
144	CCJUN844	Ngubo	Kenke	Male	1:22:52.211
145	CCJ06218	Edith	Sambo	Female	1:22:57.277
146	CCJUN469	Mohau	Nthebe	Male	1:23:03.592
147	CCJUN791	Ashleigh	Jones	Female	1:23:05.882
148	CCJUN968	Sibongile	Tshabalala	Female	1:23:15.020
149	CCJUN573	Correne	Kelly	Female	1:23:19.301
150	CCJUN869	Z Jack	Qu	Male	1:24:19.667
151	CCJUN541	Lizanie	Foster	Female	1:24:27.853
152	CCJUN793	Charmaine	Van Heerden	Female	1:24:33.276
153	CCJUN472	Kayla	Brits	Female	1:24:50.058
154	CCJ06129	SharnÃ©	De Beer	Female	1:25:15.134
155	CCJUN501	Ntsika	Gqomfa	Male	1:25:20.292
156	CCJ06103	Paige-Leigh	Stander	Female	1:25:25.013
157	CCJUN944	Gabriella	Da Naia	Female	1:25:29.673
158	CCJ06005	Morgan	Ross	Female	1:25:47.928
159	CCJUN536	Ntombi	Sibeko	Female	1:25:54.426
160	CCJ06026	Wynand	Spruyt	Male	1:26:08.264
161	CCJUN667	Charmaine	Freeman	Male	1:26:09.677
162	CCJUN596	Jade	Mc Nicol	Female	1:26:17.882
163	CCJUN458	Nicolene	Goertz	Female	1:26:56.100
164	CCJ06229	Heather	Brooker	Female	1:26:57.117
165	CCJUN594	Jordan	Todd	Male	1:27:10.717
166	CCJUN742	Silindile	Dlamini	Female	1:27:15.268
167	CCJUN918	Sean	Devlin	Male	1:27:17.841
168	CCJUN564	Carmen	Riley	Female	1:27:50.142
169	CCJUN906	Ross	Cameron	Male	1:28:11.465
170	CCJ06095	Kevin	Hunt	Female	1:28:14.858
171	CCJUN780	Anna	Van Rooyen	Female	1:28:19.594
172	CCJUN420	Oriental	Mokgosi	Male	1:28:29.001
173	CCJ06065	Carol	Posthumus	Female	1:28:31.787
174	CCJ06176	Jessica	Hurwitz	Female	1:29:40.617
175	CCJ06025	Tevyn	Matthysen	Female	1:29:42.893
176	CCJ06006	Sarah	Gopal	Female	1:29:45.827
177	CCJUN443	Mabutho	Subanda	Male	1:30:04.356
178	CCJUN555	Yolanda	Duminy	Male	1:30:07.918
179	CCJUN832	Lesibe	Moloi	Female	1:30:22.170
180	CCJUN437	Luise	Allemann	Female	1:30:48.045
181	CCJ06223	Gerhard	Mc Ilwaine-Wright	Male	1:30:51.870
182	CCJ06174	Sue ann	Maritz	Female	1:31:10.749
183	CCJUN777	Lewis	van Deventer	Male	1:31:23.284
184	CCJUN862	Chantelle	Pieterse	Female	1:31:23.335
185	CCJUN972	Melinda	Venter	Female	1:31:25.145
186	CCJUN543	Anastacia	Seals-Roman	Female	1:31:45.327

187	CCJUN569	Lesego	Maboa	Female	1:31:47.688
188	CCJUN863	John	Babakuda	Male	1:32:05.014
189	CCJUN439	Joseph	Boyce Mayor	Male	1:32:08.109
190	CCJUN974	Liani	Pretorius	Female	1:32:14.148
191	CCJUN960	Piotr	Barczuk	Male	1:32:16.202
192	CCJUN451	Caylee	Lipnicki	Female	1:32:20.116
193	CCJ06249	Ghislain Blaise	Ngueyap	Male	1:32:20.547
194	CCJUN335	Johannes	Theunissen	Male	1:32:41.073
195	CCJUN908	Nomogugu Mxumalo	Nomogugu Mxumalo	Female	1:32:42.305
196	CCJ06102	Ilse	O Connor	Female	1:33:11.935
197	CCJUN364	Yonus	Kaka	Male	1:33:22.751
198	CCJUN663	Norman	Hellfrich	Male	1:33:31.095
199	CCJUN699	Sandra	Koen	Female	1:33:51.791
200	CCJUN395	Tshepang	Mokoena	Female	1:34:00.750
201	CCJUN964	Zoleka	Mohamme	Female	1:34:34.699
202	CCJUN855	Bongani	Kumalo	Male	1:35:35.162
203	CCJUN592	Jhelize	Knoesen	Female	1:35:54.829
204	CCJUN878	Lana-mi	Jacobs	Female	1:35:56.009
205	CCJUN461	Emma	van Nieuwkerk	Female	1:36:04.842
206	CCJUN691	Candice	Harty	Female	1:36:11.699
207	CCJUN870	Bianca	Spinazze	Female	1:36:21.574
208	CCJUN722	Tumi	Maimela	Female	1:36:46.134
209	CCJ06053	Nikkie	Litchfield	Female	1:37:14.326
210	CCJUN903	Tyla	Wagner	Female	1:39:59.733
211	CCJUN898	Perseverance	Selolo	Female	1:40:24.530
212	CCJUN353	Celine	Billings	Female	1:40:33.967
213	CCJUN993	Paballo	Mtembu	Female	1:40:36.441
214	CCJUN342	Deneva	De Silver	Female	1:40:36.579
215	CCJUN835	Bret	Dewee	Male	1:40:52.583
216	CCJUN588	Desrae	Lawrence	Female	1:40:59.961
217	CCJUN557	Jocelyn	Kganane	Female	1:41:00.371
218	CCJUN553	Stephanie	Terre Blanche	Female	1:41:29.024
219	CCJUN375	Joanitta	Belton	Female	1:41:46.433
220	CCJUN411	Aerin	Williams	Female	1:42:42.930
221	CCJUN661	Ami	Janse van rensburg	Male	1:42:43.951
222	CCJ06020	Samantha	Heigan	Female	1:42:57.228
223	CCJ06234	Cameron	Mc Nicol	Male	1:43:04.725
224	CCJ06016	FARESA	NTULI	Male	1:44:39.432
225	CCJUN852	Ndumiso	Ngcobo	Female	1:44:58.839
226	CCJ06121	KATHLEEN	SCHNETLER	Female	1:44:59.653
227	CCJ06125	Cara	Benetti-Longhini	Female	1:45:02.741
228	CCJUN388	Palesa	Chakalane	Female	1:45:13.044
229	CCJUN811	Anele	Ngidi	Female	1:45:17.935
230	CCJ06187	BIANCA	GERBER	Male	1:45:23.339
231	CCJ06141	Linda	Stander	Female	1:45:25.987
232	CCJ06073	Karin	van Greuning	Female	1:45:53.162
233	CCJUN302	Nicoline	Jordaan	Female	1:45:54.928

234	CCJUN326	Wicus	Jordaan	Male	1:46:00.057
235	CCJ06110	Janine	Le Roux	Female	1:46:31.822
236	CCJUN673	Ronelle (1)	Janse van rensburg	Female	1:46:39.778
237	CCJUN649	Amy	Liu	Female	1:46:41.690
238	CCJUN432	Lutendo	Gqomfa	Female	1:48:40.134
239	CCJ06120	Onele	Mbunye	Female	1:49:18.998
240	CCJ06116	Thobeka	Mbaxa	Female	1:49:46.227
241	CCJUN803	Renate	Lalla	Female	1:49:58.565
242	CCJUN920	Karen-Ann	Whittaker	Female	1:50:07.186
243	CCJUN688	Lesley (1)	Hutchins	Female	1:50:21.599
244	CCJ06114	Naomi	Moloisane	Female	1:50:23.698
245	CCJ06202	Nthabeleng	Letlela	Female	1:51:14.980
246	CCJ06090	Lebogang	Pule	Female	1:51:28.338
247	CCJ06108	Gontse	Dikeledi	Female	1:51:30.750
248	CCJ06061	Maggie	van Rooyen	Female	1:52:34.267
249	CCJUN741	Renee	Steyn	Female	1:52:58.512
250	CCJUN408	Zvezdelina	Tkachova	Female	1:53:01.921
251	CCJUN979	Nadia	de Lange	Female	1:53:19.367
252	CCJUN398	Rudelle	Schoeman	Female	1:53:20.991
253	CCJUN357	Ruth	Pike	Female	1:53:23.266
254	CCJ06097	Simnikiwe	Ntyantya	Female	1:53:46.133
255	CCJUN303	Philomene	Guemdjo Dikoume	Female	1:53:51.910
256	CCJ06245	Christabelle	Gayap	Female	1:56:11.984
257	CCJUN636	Ivette	Fongang	Female	1:56:33.789
258	CCJ06221	Durylle	Takam	Female	1:56:41.486
259	CCJ06248	Josiane	Tchoumeni	Female	1:56:49.274
260	CCJUN962	Thotyelwa	Mbusi	Female	1:57:18.073
261	CCJ06147	Helmut	Ulland	Male	2:00:20.936
262	CCJ06139	Christa	Medri	Male	2:00:24.114
263	CCJ06165	Tracy	Dike	Female	2:01:24.137
264	CCJ06017	Nita	Avis	Female	2:06:52.215
265	CCJ06148	Shaylene	Stenger	Female	2:10:19.419
266	CCJUN953	Antonette	Coetzer	Female	2:26:23.558
267	CCJ06226	MERISKA	FERREIRA	Male	2:36:27.890
268	CCJ06027	Simon	Kilian	Male	47:04.163
269	CCJUN744	Harry	Teng	Male	49:52.020

15KM RESULTS					
Position	Race #	Name	Surname	Gender	Time
1	CCJUN970	Thor	van Eunen	Male	1:06:18.653
2	CCJUN610	zach	melvill	Male	1:06:53.974
3	CCJUN710	Tyler	Dowie	Male	1:10:03.670
4	CCJ06185	Willem	Malan	Male	1:14:13.754
5	CCJUN519	Marius	Botha	Male	1:16:12.751
6	CCJUN530	Siannah	Kaka	Female	1:17:18.557
7	CCJUN687	Laikin	Kaka	Female	1:17:18.767
8	CCJ06198	Rachel	Goldberg	Female	1:18:33.026
9	CCJUN337	Thomas	Gibson	Male	1:19:34.371
10	CCJUN723	Carlo	Gibson	Male	1:19:35.451
11	CCJUN586	Bradley	Leonard	Male	1:19:54.222
12	CCJUN841	Gianluca	Salvoldi	Male	1:20:02.431
13	CCJUN896	Matthew	Stevens	Male	1:20:44.681
14	CCJUN488	Sekosana	Moeketsi	Male	1:21:38.451
15	CCJUN321	jessica	peo	Female	1:21:40.496
16	CCJUN595	Werner	Janse van Rensburg	Male	1:22:10.698
17	CCJUN719	David	Jansen van vuuren	Male	1:22:17.448
18	CCJUN766	Liam	Hudson	Male	1:22:30.904
19	CCJ06084	Marelize	van Ryneveld	Female	1:22:48.836
20	CCJUN463	jordan	permuy	Male	1:23:20.094
21	CCJUN986	MADELEINE	GROBLER	Female	1:23:22.176
22	CCJUN889	Jason	Loveland	Male	1:23:24.673
23	CCJUN421	James	Graham	Male	1:23:29.843
24	CCJ06250	Elana	Bierman	Female	1:23:59.336
25	CCJ06145	Bart	Brits	Male	1:24:24.846
26	CCJ06007	Brett	Fortune	Male	1:24:31.478
27	CCJUN729	Jacques	Visser	Male	1:24:37.830
28	CCJUN546	Jonathan	Day	Male	1:24:53.194
29	CCJ06213	MinÅ"t	Crafford	Female	1:26:10.818
30	CCJUN897	Gerhard	Mearns	Male	1:26:24.294
31	CCJUN535	Michelle	Carroll	Female	1:26:55.861
32	CCJUN452	Erwee	Burger	Male	1:26:58.903
33	CCJUN372	Annie	Davidson	Female	1:27:38.984
34	CCJUN754	Stephen	Steyn	Male	1:27:40.257
35	CCJUN818	Nicholas	Marques	Male	1:28:47.632
36	CCJUN625	Rebecca	Marques	Female	1:28:51.778
37	CCJUN980	Zandre	Moorcroft	Female	1:29:15.860
38	CCJUN409	Alan	Pleace	Male	1:29:28.351
39	CCJUN598	Claudia	Condie	Female	1:31:11.151
40	CCJUN822	Robert (2)	Sutherland	Male	1:31:14.523
41	CCJUN806	Rowan	Campbell	Male	1:31:19.527
42	CCJUN786	Brad	Montgomery-Buys	Male	1:31:19.555
43	CCJUN641	Tim	Nicoles	Male	1:31:32.312
44	CCJUN537	Lily	Plaitin	Female	1:31:46.908
45	CCJUN607	Nadine	Crouch	Female	1:32:54.576

46	CCJUN756	Brandon	Mycroft	Male	1:33:34.138
47	CCJUN853	Toni	van Rooyen	Female	1:33:43.222
48	CCJ06013	Nicole	Morecroft Davies	Female	1:34:02.049
49	CCJUN518	Neil	Charlton	Male	1:34:10.912
50	CCJUN516	Dean	Barrett	Male	1:34:20.963
51	CCJUN989	Jessica	Rushmere	Female	1:34:24.119
52	CCJUN796	Bailey	Dovey	Female	1:34:25.871
53	CCJUN814	Karabo	Swakamisa	Male	1:34:28.119
54	CCJ06063	Kim	Steer	Female	1:35:06.788
55	CCJUN450	Melanie	Nel	Female	1:35:35.174
56	CCJUN459	Preggy	Naidoo	Male	1:35:53.030
57	CCJUN551	Stephanie	Hudson	Female	1:36:02.848
58	CCJUN664	Tarryn	Buckley	Female	1:36:53.225
59	CCJUN523	Adriann	Bergh	Female	1:36:53.905
60	CCJUN931	Graham	Jennings	Male	1:36:59.423
61	CCJ06126	Stephan	Ingram	Male	1:37:02.384
62	CCJUN587	Ben	Swartzberg	Male	1:37:04.985
63	CCJ06222	Staci-Leigh	Howard	Female	1:37:53.655
64	CCJ06160	Richard	Mhango	Male	1:37:58.722
65	CCJUN418	Tomas	Da Silva	Male	1:38:11.289
66	CCJUN798	Shannon	Nel	Female	1:38:18.323
67	CCJ06100	David	Vlok	Male	1:38:51.223
68	CCJ06111	KHUSHIE	BOKWE	Male	1:39:18.221
69	CCJ06240	Melenie	Dalle	Female	1:39:20.315
70	CCJ06067	MARISKA	VAN DER MERWE	Male	1:39:27.484
71	CCJ06132	AdÃ©le	Bloem	Female	1:39:37.659
72	CCJ06192	Marinda	Smook	Female	1:39:54.530
73	CCJUN707	Richard	Mackenzie	Male	1:40:55.416
74	CCJUN991	Denzyl	Kennedy	Male	1:41:22.538
75	CCJUN552	Lisa	Brown	Female	1:41:23.545
76	CCJUN914	Sihle	Nxasana	Male	1:41:28.176
77	CCJUN377	Robert	Smith	Male	1:41:41.408
78	CCJUN361	Rudi	Van Rooyen	Male	1:41:45.470
79	CCJUN899	Lindy	Venter	Female	1:41:47.030
80	CCJUN761	Reese	Hardman	Female	1:42:05.861
81	CCJUN618	Jordan	Macfie	Male	1:42:41.124
82	CCJUN951	Alison	Jennings	Female	1:42:45.054
83	CCJUN429	LEANKA	VAN DEN HEEVER	Male	1:43:09.320
84	CCJ06173	Waylin	Olivier	Male	1:43:10.211
85	CCJUN371	Shannon	Clark	Female	1:43:41.188
86	CCJ06154	Elana	Forbes	Female	1:44:03.381
87	CCJUN969	Melissa	Robilliard	Female	1:44:14.054
88	CCJUN568	Gavin	Robilliard	Male	1:44:14.693
89	CCJUN500	Clive	Davidson	Male	1:44:22.720
90	CCJUN315	Amie	Gibson	Female	1:44:31.082
91	CCJUN701	Ronelle	Kaka	Female	1:44:52.919
92	CCJUN843	Wouter	De Beer	Male	1:45:55.217

93	CCJ06077	Rudolph	Pretorius	Male	1:45:56.197
94	CCJUN919	Rachelle	Orfandis	Female	1:45:58.162
95	CCJUN733	Juliette	Dawadi	Female	1:45:58.921
96	CCJUN387	Juan	Maritz	Male	1:46:14.141
97	CCJUN360	Jodi	Day	Female	1:46:17.884
98	CCJUN629	Corne	Montgomery-Buys	Male	1:46:38.154
99	CCJUN755	Megan	Christmas	Female	1:46:38.429
100	CCJUN895	Kelly	Barrett	Female	1:46:40.890
101	CCJUN718	Cara	Van Ruler	Female	1:46:46.818
102	CCJUN907	Christopher	Lipawsky	Male	1:46:53.108
103	CCJUN977	Anneke	Jordaan	Female	1:46:55.146
104	CCJUN922	Stacey	Tarboton	Female	1:47:22.343
105	CCJ06069	Reinette	Pretorius	Female	1:47:26.607
106	CCJUN392	Charl	Olivier	Male	1:47:29.060
107	CCJUN976	Innocent	Dlamini	Male	1:47:30.895
108	CCJ06127	Tenike	Brits	Female	1:48:00.708
109	CCJUN828	Naz	Moolla	Female	1:49:20.223
110	CCJUN950	Jerry	Mokgalapa	Male	1:49:31.124
111	CCJUN947	Loyiso	Bavuma	Male	1:49:50.671
112	CCJUN804	Cameron	Rajoo	Male	1:49:57.803
113	CCJ06220	Eleanaure	Nya	Female	1:50:08.705
114	CCJUN901	Ian	Badenhorst	Male	1:50:10.129
115	CCJUN305	Maddi	Aitchison	Male	1:50:17.443
116	CCJUN823	Joshline	Schoeman	Female	1:50:19.529
117	CCJUN354	MARLIE	POTGIETER	Male	1:50:37.934
118	CCJUN570	Britney	Reiners	Female	1:50:47.295
119	CCJUN419	Chanel	Marchand	Female	1:50:49.145
120	CCJ06024	Christof	Greeff	Male	1:51:16.586
121	CCJUN834	Nseula	Chilikhuma	Male	1:51:20.052
122	CCJUN654	Ryan	Idle	Male	1:51:24.767
123	CCJUN621	Phumeza	Zungula	Female	1:51:40.841
124	CCJUN550	catherine	sivertsen	Female	1:52:05.380
125	CCJUN773	Shannon	Jacobs	Female	1:52:23.414
126	CCJUN720	Shaun	Jacobs	Male	1:52:24.415
127	CCJ06153	FRANCOIS	VERSTER	Male	1:52:39.632
128	CCJ06083	Storme	Johnson	Female	1:52:52.967
129	CCJUN612	Paula-Ivana	Rebelo	Female	1:53:55.291
130	CCJUN971	Nevanya	Lubbe	Female	1:54:05.926
131	CCJUN1003	Barend	Venter	Male	1:54:26.852
132	CCJUN606	Alyssa	Ten Doeschate	Female	1:54:30.585
133	CCJUN344	Renita	Van Zyl	Female	1:54:47.499
134	CCJUN982	JULIA	TEIXEIRA	Female	1:55:29.874
135	CCJUN356	Amanda	Mahlangu	Female	1:55:31.804
136	CCJUN562	Tarnya Naidu	Naidu	Female	1:55:39.459
137	CCJUN927	Rowena	Kemp	Female	1:55:41.721
138	CCJUN346	Michael	Kelly	Male	1:55:43.725
139	CCJUN945	khumo	dorcias	Female	1:55:46.685

140	CCJUN973	Vivian	Grenfell	Female	1:55:47.204
141	CCJ06039	Louise	de Villiers	Female	1:55:50.143
142	CCJ06091	BRENDA	BLAKE	Female	1:56:38.014
143	CCJUN407	Trent	Petyt	Male	1:56:40.225
144	CCJUN910	Aiden	Liebenberg	Male	1:57:26.773
145	CCJUN307	Dominique	Smit	Female	1:57:28.354
146	CCJ06237	Ottilia Anna	M	Female	1:58:11.393
147	CCJUN351	Nicoline	D'Oliveira	Female	1:58:47.733
148	CCJ06012	Yehuda	Goldberg	Male	1:58:48.882
149	CCJUN413	Damian	D'Oliveira	Male	1:58:50.861
150	CCJUN352	Keoagile	Rakgang	Female	1:59:17.629
151	CCJUN830	Julie	Gower	Female	1:59:20.821
152	CCJ06004	Colleen	Ross	Female	1:59:31.663
153	CCJ06123	Bridgette	Heath	Female	2:00:06.736
154	CCJUN483	Sylvia	Wilkin	Female	2:00:32.194
155	CCJUN499	Karla	Mieny	Female	2:00:53.511
156	CCJUN615	Phaphama	Mthethwa	Female	2:01:08.369
157	CCJUN819	RELEBOHISENG	MATUBATUBA	Female	2:01:09.708
158	CCJ06233	Rouxbann	Boumann	Male	2:01:25.220
159	CCJUN958	Chane	Andrews	Female	2:01:37.247
160	CCJ06217	Angelique	Stevens	Female	2:01:38.737
161	CCJUN574	Michelle	Verwey	Female	2:01:58.978
162	CCJUN679	Bonisiwe	Gumede	Female	2:02:04.791
163	CCJUN938	Landiwe	Khuzwayo	Female	2:02:08.604
164	CCJ06046	Thuto	Leepile	Female	2:02:28.850
165	CCJ06082	Nyeleti	Mahlaule	Female	2:02:32.386
166	CCJUN904	Phethile (2)	Sgalelana	Female	2:02:43.093
167	CCJUN995	Valerie	Webley	Female	2:04:41.172
168	CCJUN404	Kahla	Schoeman	Female	2:07:35.596
169	CCJUN775	Tshililo	Rampai	Female	2:07:57.071
170	CCJUN676	Varuscha	Jordaan	Female	2:08:04.599
171	CCJUN332	Maryke	Charlton	Female	2:08:31.582
172	CCJUN731	Kayla	McPhail	Female	2:09:11.093
173	CCJUN643	MARLINE	LAUBSCHER	Male	2:09:39.021
174	CCJUN348	Kgomotso	Ntsimane	Female	2:09:42.746
175	CCJUN379	Aubruy	Bogogolelo	Male	2:10:27.770
176	CCJUN880	Jean Pierre	Brummer	Male	2:10:37.779
177	CCJ06018	Nicola	Venter	Female	2:11:02.684
178	CCJUN779	Kgabiso	Maphanga	Female	2:11:51.531
179	CCJUN952	Johan	Pretorius	Male	2:12:40.782
180	CCJUN566	Chantal	Powell Stock	Female	2:12:49.938
181	CCJUN559	Monezta	Bouwer	Female	2:12:50.263
182	CCJUN743	Moipone	Chauke	Female	2:14:13.957
183	CCJUN670	Shelley	Fortuin	Female	2:16:08.138
184	CCJUN717	Marie	Steyn	Female	2:18:09.095
185	CCJUN637	Nicole	Townsend	Female	2:18:29.486
186	CCJ06042	Jeanet	Sepone	Female	2:18:33.102

187	CCJUN624	Sinethemba	Ntombela	Female	2:20:45.243
188	CCJUN892	Lerato	Sekwakwa	Female	2:20:50.224
189	CCJUN428	Sonja	Le Roux	Female	2:21:05.713
190	CCJUN923	Siphesihle	Zuma	Male	2:21:47.199
191	CCJUN308	Mashudu	Mutsharini	Female	2:21:57.790
192	CCJ06041	Thloni	Mhango	Female	2:22:42.474
193	CCJUN749	Neo	Seitlhamo	Female	2:22:46.731
194	CCJUN492	Beth	Heydenrych	Female	2:24:19.696
195	CCJUN314	Bronwyn	Hemer	Female	2:24:21.196
196	CCJ06158	Midiaifani	Mudau	Female	2:26:07.971
197	CCJ06143	Nadine	Futcher	Female	2:28:53.111
198	CCJ06199	Craig	Futcher	Male	2:28:54.573
199	CCJUN805	Nadia	Mathee	Female	2:28:55.146
200	CCJUN417	Nomsa	Nzima	Female	2:31:25.242
201	CCJUN739	Nyakallo	Mathiane	Female	2:32:46.050
202	CCJUN864	Tendani	Rampai	Female	2:38:14.715
203	CCJUN740	Murendi	Rampai	Female	2:39:41.486
204	CCJUN651	Natasha (1)	Coetzer	Female	2:41:25.968
205	CCJ06028	Carmen	de Klerk	Female	2:41:30.826
206	CCJUN454	MARTISA	MINNIE	Male	2:51:30.201
207	CCJUN781	SARAH KEDIBONE	MOGANETSI	Female	2:55:24.687

21KM RESULTS					
Position	Race #	Name	Surname	Gender	Time
1	CCJUN696	Herman	Ernst	Male	1:17:41.980
2	CCJUN730	Shanan	Hendricks @FTS	Male	1:23:21.921
3	CCJ06022	Joshua	Venter	Male	1:35:06.218
4	CCJUN367	Craig	Raath	Male	1:37:04.306
5	CCJUN795	Diana	Dixie	Female	1:37:12.476
6	CCJUN376	mathew	greer	Male	1:40:13.172
7	CCJUN345	Bhekubuhle	Ncube	Male	1:41:56.076
8	CCJ06253	Kate	Pickard	Female	1:42:14.558
9	CCJ06144	Jarrood	Cole-Edwardes	Male	1:42:49.685
10	CCJUN336	Paul	Schutte	Male	1:43:05.494
11	CCJUN821	Renier	Smook	Male	1:44:54.996
12	CCJ06128	Lindy	Du Preez	Female	1:45:28.947
13	CCJUN1004	Monty	Swanapoel	Male	1:45:29.920
14	CCJUN734	Nthethe	Motaung	Male	1:47:27.364
15	CCJUN1009	Stephen	Pienaar	Male	1:47:49.296
16	CCJ06194	TJAART	VAN DER WALT	Male	1:49:30.286
17	CCJUN312	Marilise	Bouwer	Female	1:49:37.973
18	CCJUN468	Reece	Jollivet	Male	1:50:34.003
19	CCJ06151	Emma	Viljoen	Female	1:50:55.838
20	CCJ06901	Patrick	Lovell	Male	1:51:35.178
21	CCJUN493	Denny	Valsamakis	Male	1:51:15.593
22	CCJUN563	Ruan	du Toit	Male	1:51:48.266
23	CCJUN585	Ross	Robertson	Male	1:52:00.591
24	CCJUN921	Dustin	Carr	Male	1:52:22.956
25	CCJUN935	Christian	Cromhout	Male	1:54:18.568
26	CCJ06076	Angela	De Gouveia	Female	1:54:29.730
27	CCJUN757	Mboneni	Radebe	Male	1:54:43.146
28	CCJUN508	Andi	Anderson	Female	1:54:46.609
29	CCJUN453	Andrew	Pike	Male	1:55:59.304
30	CCJ06124	Bonga	DRYER	Male	1:56:20.280
31	CCJ06074	jaco	venter	Male	1:56:39.767
32	CCJUN684	Candice	Gibson	Female	1:57:02.803
33	CCJUN768	Travis	Colborne	Male	1:59:47.260
34	CCJUN748	Bruce	Wylie	Male	2:00:22.914
35	CCJUN399	Karolina	Wylie	Female	2:00:24.540
36	CCJUN603	Adriaan	Garden	Male	2:01:23.266
37	CCJUN369	Desire	Nyathi	Male	2:01:45.380
38	CCJUN632	Lizell	Raper	Female	2:01:53.023
39	CCJUN917	Stephen	Bishop	Male	2:02:52.377
40	CCJUN770	Jamila	Georgiades	Female	2:03:22.986
41	CCJUN583	Matt	Pitt	Male	2:03:38.878
42	CCJUN987	Kevin	Butts	Male	2:04:27.910
43	CCJUN476	Dennis	Venter	Male	2:04:42.518
44	CCJ06175	Chantelle	de la Portr	Female	2:05:23.204

45	CCJUN640	Vutomi	Ntshani	Male	2:05:31.395
46	CCJUN875	Andre	van Niekerk	Male	2:05:56.078
47	CCJUN406	Wilson	Zhang	Male	2:06:23.945
48	CCJUN397	Diego	Crabbia	Male	2:06:26.486
49	CCJUN698	Myra	Basson	Female	2:06:38.492
50	CCJUN702	Allan	Saffy	Male	2:07:11.437
51	CCJUN653	Glynis	Mc Birnie	Female	2:07:29.132
52	CCJUN322	Marek	Riley	Male	2:07:29.957
53	CCJUN883	Takudzwa	Marewangepo	Male	2:07:36.674
54	CCJUN924	Donald	Madlabane	Male	2:07:53.692
55	CCJUN540	Kevin	Kruger	Male	2:08:43.843
56	CCJUN792	Liezel	Pieters	Female	2:09:02.740
57	CCJUN477	Itami	Manganyi	Male	2:09:42.939
58	CCJ06231	Sacha-Li	Zeeman	Female	2:10:04.215
59	CCJUN513	Greg	Barton	Male	2:10:05.512
60	CCJUN544	Brand	Coetzee	Male	2:10:18.967
61	CCJUN507	Bianca	Persson	Female	2:10:35.226
62	CCJUN660	Tanya	Nyanhongo	Male	2:10:36.971
63	CCJ06232	Stefan	Ulland	Male	2:10:42.951
64	CCJUN571	Tarryn	Raath	Female	2:10:46.614
65	CCJUN391	Nic	Markram	Male	2:10:49.087
66	CCJUN575	Tidimalo	Ngakane	Female	2:11:25.845
67	CCJ06179	Romeo	Djouboussi	Male	2:11:32.825
68	CCJUN887	Bryan	Spence	Male	2:11:51.003
69	CCJ06142	Joanita	Smit	Female	2:11:53.015
70	CCJ06251	Jaco	Snyman	Male	2:12:06.070
71	CCJUN760	Desiree	Rudman	Female	2:12:32.009
72	CCJUN983	Sandra	Govedarska	Female	2:12:56.721
73	CCJUN338	Deidrae	Spencer	Female	2:13:00.161
74	CCJUN767	Rita	Pienaar	Female	2:13:03.558
75	CCJ06238	Clive	Smedmor	Male	2:13:04.940
76	CCJUN506	Tom	Pienaar	Male	2:13:06.216
77	CCJUN711	logan	hing	Male	2:15:16.269
78	CCJUN531	kirstin	kernot	Female	2:15:20.792
79	CCJUN647	Melissa	Vorster	Female	2:15:31.805
80	CCJUN854	Tiaan	Swart	Male	2:15:52.053
81	CCJUN807	Sibusiso	Khalishwayo	Male	2:16:41.638
82	CCJUN617	Gregory	Makama	Male	2:16:42.859
83	CCJUN549	THINUS	FOREBES	Male	2:17:44.313
84	CCJ06057	Matthew	Koen	Male	2:18:15.892
85	CCJUN495	Mara	Todd	Female	2:18:16.587
86	CCJUN712	Vince	Mabe	Male	2:18:18.161
87	CCJUN816	Valerie	Hayter	Female	2:18:18.861
88	CCJUN561	johan	bothma	Male	2:18:52.786
89	CCJ06032	BRUCE	MINNIE	Male	2:19:26.833
90	CCJUN758	Lazola	Javu	Male	2:20:42.865
91	CCJ06257	Mias	du Plessus	Male	2:21:41.700

92	CCJ06161	Connie	Steyn	Female	2:21:46.981
93	CCJUN681	Merlyn	Alexander	Female	2:22:39.580
94	CCJUN840	Craig	Pheiffer	Male	2:22:58.253
95	CCJUN657	Ryno	Badenhorst	Male	2:23:20.658
96	CCJUN521	Anita	Coetzee	Female	2:25:15.493
97	CCJUN700	Frank	Ossai	Male	2:25:16.431
98	CCJUN622	John	De Jager	Male	2:25:19.131
99	CCJUN662	Raymond	Ramokgaba	Male	2:25:21.273
100	CCJUN601	Abigail	Kent	Female	2:25:48.777
101	CCJUN1008	Maryke	Bezuidenhout	Female	2:26:05.140
102	CCJ06131	Mariaan	Lombard	Female	2:26:31.230
103	CCJ06112	MornÅ©	Hanekom	Male	2:26:40.269
104	CCJ06101	Morne	Jooste	Male	2:26:49.542
105	CCJUN890	Lenika	van Wyk	Female	2:27:40.349
106	CCJ06207	FRANK	FERREIRA	Male	2:27:41.077
107	CCJUN925	Lauryn	David	Female	2:27:48.749
108	CCJUN706	Kelly-Anne	Davis	Female	2:28:43.723
109	CCJUN650	Annerien	Smith	Female	2:29:26.604
110	CCJUN984	Kayla	Vitus	Female	2:29:41.289
111	CCJUN313	Nelius	Kruger	Male	2:30:44.368
112	CCJUN480	Mmule	Mpakanyane	Female	2:31:17.220
113	CCJUN415	Katlego	Ramatlo	Male	2:33:29.493
114	CCJ06152	Genevieve	Francisco	Female	2:34:47.816
115	CCJUN350	Graham (1)	Hutchins	Male	2:35:16.889
116	CCJ06184	Kobus	Snyman	Male	2:35:26.546
117	CCJUN928	THABELO GEORGE	KHANGALE	Male	2:36:23.927
118	CCJUN396	Theo	Matolo	Male	2:36:51.428
119	CCJUN1005	Sibusiso	Mabaso	Male	2:36:56.276
120	CCJUN466	Pierro	Schoeman	Male	2:37:37.292
121	CCJUN812	Robert	Tamba	Male	2:39:48.138
122	CCJUN871	Shani	Merli	Female	2:39:53.183
123	CCJUN390	Bianca	Dewet	Female	2:40:05.484
124	CCJUN514	Pumza	Jabane	Female	2:40:32.941
125	CCJUN686	Busisiwe	Makhombothi	Female	2:40:34.670
126	CCJUN848	Shirley	Mampuru	Female	2:40:41.397
127	CCJUN301	Ryan	Vitus	Male	2:42:46.077
128	CCJUN799	Greg	Cousens	Male	2:44:42.877
129	CCJ06087	Vaughn	Venter	Male	2:44:45.075
130	CCJUN800	Lee	Fordham	Female	2:44:46.820
131	CCJUN882	Trevy	DeRuisse	Male	2:45:43.135
132	CCJUN614	Monique	Groenewald	Female	2:45:45.213
133	CCJUN534	Natasha (2)	Coetzer	Female	2:46:15.359
134	CCJUN975	Naadir	Dawood	Male	2:46:47.409
135	CCJUN370	Emma	Jordi	Female	2:47:14.062
136	CCJUN634	Angelique	Swanapoel	Female	2:50:35.089
137	CCJUN576	Dylan	Geustyn	Male	2:50:53.074
138	CCJUN504	Sithandekile	Ncube	Female	2:52:06.891

139	CCJUN515	chris	worthington	Male	2:53:32.321
140	CCJUN725	Tania	Du Plooy	Female	2:54:05.498
141	CCJUN790	Dominique	Du Plooy	Female	2:54:13.896
142	CCJUN802	Chantelle	Esterhuizen	Female	2:54:15.244
143	CCJUN963	KARIN	BEZUIDENHOUT	Male	2:56:17.439
144	CCJUN304	LANESE	FOREBES	Male	2:56:20.210
145	CCJUN884	Ellen	Reed	Female	2:56:46.326
146	CCJUN627	Phelokazi	Dipeere	Female	2:57:26.337
147	CCJUN809	Lynda	Rhodes	Female	2:59:56.789
148	CCJUN709	Atella	Els	Female	2:59:58.680
149	CCJUN608	Segolene	Tamba	Female	3:06:30.955
150	CCJUN478	Melicia	Corneelsen	Female	3:08:09.874
151	CCJUN992	Tshepo	Serumola	Female	3:09:12.895
152	CCJ06062	Ryno	Edwards	Male	3:13:33.497
153	CCJUN764	Schantal	Joubert	Female	3:13:38.384
154	CCJ06181	Leon	Joubert	Male	3:13:39.662
155	CCJUN628	Graham	Clifton	Male	3:25:41.050
156	CCJUN349	Carol	Idzerda	Female	3:25:43.934
157	CCJ06070	Siphethokuhle	Dube	Female	3:48:12.559

28KM RESULTS					
Position	Race #	Name	Surname	Gender	Time
1	CCJUN985	Noah	Ditz	Male	1:56:14.693
2	CCJUN378	Simon	Mncube	Male	2:12:48.818
3	CCJ06055	Michelle	Jooste	Female	2:18:49.727
4	CCJUN446	Antonie	Pick	Male	2:28:31.067
5	CCJUN600	Dian	Jacobsz	Male	2:32:35.997
6	CCJ06178	Luisa	Higgo	Female	2:32:50.442
7	CCJUN759	Carol	Plummer	Female	2:33:35.510
8	CCJUN872	Ivanna	Balanco	Female	2:39:15.775
9	CCJUN763	Natasha	Maurer	Female	2:40:13.481
10	CCJUN613	Andrew	Nkumbula	Male	2:40:40.032
11	CCJUN967	Dylan	Conradie	Male	2:41:31.844
12	CCJUN954	Katherine	Garden	Female	2:43:32.578
13	CCJUN690	THOMAS	WALZL	Male	2:43:47.557
14	CCJUN527	Christina	Senning	Female	2:44:07.289
15	CCJUN430	Cedrick	Mampuru	Male	2:44:52.690
16	CCJUN497	James	Coutts	Male	2:44:56.477
17	CCJUN685	Ashley	Cook	Male	2:44:57.540
18	CCJ06060	Julie	Hughes	Female	2:45:13.999
19	CCJUN599	Nadie	Bapela	Male	2:45:41.269
20	CCJ06177	BEULAH	BOTHA	Male	2:47:13.050
21	CCJUN320	Janet	Neethling	Female	2:48:05.843
22	CCJ06239	Pieter	Oberholzer	Male	2:48:56.327
23	CCJ06037	Marc	Westphal	Male	2:49:23.197
24	CCJUN905	Janko	Schmidt	Male	2:50:22.962
25	CCJUN456	Phumz	Mgwenya	Female	2:51:54.246
26	CCJUN470	Rodney	Nel	Male	2:52:11.715
27	CCJUN498	hugo	fernades	Male	2:52:31.370
28	CCJ06155	Dewald	Venter	Male	2:54:53.388
29	CCJ06216	Robyn	Muir	Female	2:54:58.245
30	CCJ06205	Bernard	Beckett	Male	2:55:13.639
31	CCJUN491	Nic	Amerseder	Male	2:56:11.277
32	CCJUN434	Roger	Carbonell	Male	2:57:05.755
33	CCJUN558	Sandile	Mathebula	Male	2:57:06.144
34	CCJ06106	Martin	Kamte	Male	2:59:09.942
35	CCJ06167	Armand	Maritz	Male	2:59:23.622
36	CCJUN726	Philip	Venter	Male	2:59:24.876
37	CCJ06219	Almero	Coetzee	Male	2:59:39.997
38	CCJ06138	Makgotla	Letlela	Male	3:04:10.559
39	CCJ06209	Mike	Notley	Male	3:06:34.980
40	CCJ06190	Gene	Firth Schlebusch	Female	3:08:50.075
41	CCJ06099	James	Schlebusch	Male	3:08:57.126
42	CCJUN994	Marco	Hillebrand	Male	3:09:13.874
43	CCJUN584	Rob	Els	Male	3:09:15.176
44	CCJUN769	Marius	Tchonang	Male	3:11:04.327

45	CCJUN416	Nopasika	Lila	Female	3:11:22.356
46	CCJUN460	Mxolisi	Nxangashe	Male	3:11:23.984
47	CCJUN517	Kayaletu	Vellem	Male	3:11:27.569
48	CCJ06227	Kharendwe	Mpande	Male	3:11:51.362
49	CCJUN891	Aaron Kadango	Aaron Kadango	Male	3:13:15.172
50	CCJUN678	Jason	Forsdick	Male	3:13:29.968
51	CCJUN427	Hanno	Redman	Male	3:13:57.983
52	CCJUN879	Arno	Minnie	Male	3:14:12.317
53	CCJ06215	Martin	Swart	Male	3:15:25.397
54	CCJUN334	Keamogetswe	Seoma	Male	3:17:22.392
55	CCJUN339	Gabisile	Simelane	Female	3:18:06.702
56	CCJUN714	Douglas	Mabe	Female	3:18:11.354
57	CCJUN990	Lucy	Theron	Female	3:18:17.221
58	CCJUN593	Lance	Smith	Male	3:18:23.453
59	CCJUN325	TumiÅjo	Rataba	Male	3:18:25.256
60	CCJUN842	Tumiso	Maitisa	Male	3:22:09.061
61	CCJUN380	Ralulimi	Norman	Male	3:25:20.896
62	CCJUN666	Jabu	Sithole	Male	3:25:25.600
63	CCJ06043	Elra	DeJAGER	Female	3:26:50.492
64	CCJUN771	Linda	Calore	Female	3:28:25.588
65	CCJ06188	Michelle	Van Straten	Female	3:28:39.539
66	CCJUN520	Wendy	Armstrong	Female	3:29:47.357
67	CCJUN946	Lara	Higginson	Female	3:29:49.447
68	CCJUN736	Taniya	Saffy	Female	3:30:38.760
69	CCJUN1007	Nicole	Barnard	Female	3:30:38.844
70	CCJUN776	Isabel	De Lange	Female	3:30:40.202
71	CCJUN542	Berneche	Roberts	Female	3:30:41.849
72	CCJUN503	Karan	Pema	Male	3:30:44.613
73	CCJUN323	Lerato	Kunutu	Female	3:30:56.089
74	CCJUN785	MARY	DIAS	Female	3:32:07.862
75	CCJUN965	Tarna	Da costa	Female	3:34:30.628
76	CCJ06135	Tanya	Van Niekerk	Female	3:34:34.219
77	CCJ06035	Stephan	Marx	Male	3:35:40.295
78	CCJUN789	Ntokozo	Xaba	Male	3:35:45.230
79	CCJUN941	Natacia	Minnie	Female	3:35:58.168
80	CCJUN817	Veeran	Ramadhin	Male	3:39:08.521
81	CCJUN405	Gontse	Lekgoe	Female	3:39:59.494
82	CCJUN881	Tebogo	Kganane	Male	3:40:12.667
83	CCJ06115	Yandi	Makaula	Female	3:40:17.187
84	CCJ06075	Jordan	Krige	Female	3:40:38.739
85	CCJUN873	Linel	Burger	Female	3:41:39.836
86	CCJ06206	Bianca	Oberholzer	Female	3:41:52.377
87	CCJ06241	Kuhle	Makaula	Male	3:45:39.329
88	CCJUN1000	Motheo	Moroane	Male	3:48:04.354
89	CCJUN384	George	Klein	Male	3:51:20.155
90	CCJ06094	Alphonsine	Kamte	Female	3:51:21.520
91	CCJUN956	Tamera	Motane	Female	3:52:03.894

92	CCJUN602	Ralph	Cawood	Male	3:52:16.215
93	CCJUN727	Chantelle	van der Merwe	Female	3:56:40.387
94	CCJUN703	Janine	Du Toit	Female	3:56:42.246
95	CCJ06182	Betsy Norona	Westphal	Female	4:13:10.025
96	CCJUN318	Berlinda	Jeffrey	Female	4:31:19.221
97	CCJUN560	John Edward	Jeffrey	Male	4:31:22.887
TBC	CCJUN861	Philani	Ntombela	Male	1:42:35.632
TBC	CCJUN778	Sherene	Lahoud	Female	2:31:13.290