

Cradle Cracker

29-Sep-24

5KM RESULTS					
Position	Race #	Name	Surname	Gender	Time
1	BCCSEPT310	geordan	harris	Male	18:03.881
2	BCCSEPT373	Jan	Kruger	Male	22:03.580
3	BCCSEPT371	Milan	Botha	Female	23:07.367
4	BCCSEPT139	Anton	Verhoog	Male	25:37.091
5	BCCSEPT138	Carli	Bramley	Female	25:40.693
6	BCCSEPT303	Sebastian	Walker	Male	25:42.452
7	BCCSEPT342	Anke	Steenberg	Female	26:48.247
8	BCCSEPT146	Dominic	Hendricks	Male	27:08.716
9	BCCSEPT190	Rachael	Beyer	Male	27:33.551
10	BCCSEPT246	Isabel	Van Niekerk	Female	28:30.183
11	BCCSEPT312	Jesica	Adlem	Female	28:33.073
12	BCCSEPT398	David	Shee	Male	28:55.468
13	BCCSEPT219	Elan??	Botha	Female	30:19.867
14	BCCSEPT027	Kevin	Fraser	Male	30:22.548
15	BCCSEPT318	Mikayla	Prando	Female	30:48.684
16	BCCSEPT248	Gerdus	Hugo	Male	32:14.087
17	BCCSEPT267	TRACEY	Viede	Female	32:24.739
18	BCCSEPT547	Mienke	Acker	Female	33:06.423
19	BCCSEPT019	Neville	Wah	Male	34:33.041
20	BCCSEPT124	Louwrens	Prinsloo	Male	34:41.167
21	BCCSEPT353	Zelda	Prinsloo	Female	35:29.342
22	BCCSEPT197	Antoinette	de Beer	Female	35:30.952
23	BCCSEPT553	Jessica	Wait	Female	35:33
24	BCCSEPT400	Abigail	Meeding	Male	35:34.047
25	BCCSEPT260	Gabriella	Prando	Female	35:39.161
26	BCCSEPT165	Theo	Lessing	Male	35:45.351
27	BCCSEPT339	Axel	Mbontsi	Male	35:48.471
28	BCCSEPT432	Tyron	Harvey	Male	35:53.217
29	BCCSEPT367	Angela	Rogers	Female	35:55.744
30	BCCSEPT459	John	Jollivet	Male	36:05.526
31	BCCSEPT187	Angela	Zeegers	Female	36:25.029
32	BCCSEPT091	Tyler	Brooks	Male	36:33.513
33	BCCSEPT078	Syntiche	Prior	Female	37:16.744
34	BCCSEPT526	Cizelle	Acker	Female	37:32.498
35	BCCSEPT568	Zayne	Barkhuizen	Male	37:37.124
36	BCCSEPT378	Stephanie	Walker	Female	37:41.893
37	BCCSEPT003	Selda	Barkhuizen	Female	38:08.777
38	BCCSEPT004	Arista	Hannaway	Female	38:23.595
39	BCCSEPT089	Kelly	Harris	Female	38:30.060
40	BCCSEPT016	Dalene	Wah	Female	38:54.819
41	BCCSEPT384	Izabella	Smit	Female	38:58.259
42	BCCSEPT438	Logan	Smit	Male	39:04.300

43	BCCSEPT175	Ross	Baker	Male	39:53.308
44	BCCSEPT070	Kelly	Ward	Female	39:54.478
45	BCCSEPT404	Tori	Milasinovich	Female	40:55.131
46	BCCSEPT523	Devoney	Edwards	Female	40:57.710
47	BCCSEPT566	Shifra	Sher	Female	41:38.418
48	BCCSEPT287	Monica	Grenfell	Female	42:09.513
49	BCCSEPT297	Zack	Pienaar	Male	42:18.104
50	BCCSEPT324	Cara	Hugo	Female	42:23.080
51	BCCSEPT064	Warren	Payne-Findlay	Male	43:13.973
52	BCCSEPT347	Michaela	Nell	Female	43:48.039
53	BCCSEPT290	Gabriella	Nell	Female	43:49.021
54	BCCSEPT296	Francois	van Loggerenberg	Male	44:09.644
55	BCCSEPT422	Paula	Josiah	Female	44:30.388
56	BCCSEPT534	Ben	Fels	Male	44:52.125
57	BCCSEPT142	Ryan	Altenroxel	Male	45:13.130
58	BCCSEPT031	Hentus	Matthee	Male	45:15.758
59	BCCSEPT030	Natasha	Matthee	Female	45:35.780
60	BCCSEPT108	Charlize	Coetzee	Female	45:43.842
61	BCCSEPT101	Beryl	Germishuizen	Female	46:35.752
62	BCCSEPT461	Fanus	Germishuizen	Male	46:39.566
63	BCCSEPT539	Noxolo	Moaluis	Female	46:44.945
64	BCCSEPT425	Brandon	Perera	Male	46:48.156
65	BCCSEPT483	Michelle	Peruch	Female	47:36.037
66	BCCSEPT396	Izabel	Fenner	Female	47:39.143
67	BCCSEPT135	Rebecca	Grenfell	Female	47:46.352
68	BCCSEPT014	Denise	King	Female	48:49.198
69	BCCSEPT543	Charlotte	Acker	Female	48:50.879
70	BCCSEPT048	Donovan	Grenfell	Male	48:54.843
71	BCCSEPT348	Christie	Piguet	Female	49:00.094
72	BCCSEPT203	Jermima	Bester	Female	49:05.123
73	BCCSEPT065	Jenna	Philps	Female	49:10.531
74	BCCSEPT496	Carol	Jones	Female	50:35.438
75	BCCSEPT514	Jill	Altenroxel	Female	50:37.525
76	BCCSEPT430	Leanne	Fenner	Female	51:31.389
77	BCCSEPT426	Tatum	Fels	Female	51:32.436
78	BCCSEPT377	Garren	Walker	Male	51:51.434
79	BCCSEPT555	David	Altenroxel	Male	51:52.464
80	BCCSEPT363	Ruben	Brits	Male	51:55.524
81	BCCSEPT542	Lauren	Harvey	Female	53:25.116
82	BCCSEPT359	Hannes	Brits	Male	53:48.755
83	BCCSEPT184	David	Lynch	Male	54:19.340
84	BCCSEPT529	Chloe	Mulder	Female	54:33.212
85	BCCSEPT168	marlene	van heerden	Female	54:56.025
86	BCCSEPT350	Sandra	Lynch	Female	55:03.955
87	BCCSEPT410	NICOLA	VENTER	Female	55:06.855
88	BCCSEPT327	Bunny	Majaja	Female	55:08.463
89	BCCSEPT304	Sarah	ODonnell	Female	56:30.312
90	BCCSEPT340	Thami	Matshoba	Male	56:31.780

91	BCCSEPT423	Gary	Freer	Male	56:48.977
92	BCCSEPT554	Carla	van Nikekerk	Female	56:59.442
93	BCCSEPT500	Magda	Snyman	Male	57:01.261
94	BCCSEPT006	Roxanne	Livie	Female	57:16.393
95	BCCSEPT082	Steven	Atkinson	Male	58:04.117
96	BCCSEPT417	Johan	Lotter	Male	58:07.030
97	BCCSEPT185	Kristen	Hendricks	Female	58:40.641
98	BCCSEPT346	Caroline	Partridge	Female	58:42.201
99	BCCSEPT087	Vanessa	Rider	Female	58:43.443
100	BCCSEPT482	Dean	Smit	Male	58:45.844
101	BCCSEPT081	Penni	Temple	Female	59:12.216
102	BCCSEPT540	Jamie	Peruch	Female	59:21.456
103	BCCSEPT470	Jordan	Peruch	Male	59:27.467
104	BCCSEPT577	Taylor	Fels	Female	59:31.279
105	BCCSEPT441	Marco	Peruch	Male	59:32.313
106	BCCSEPT494	Richard	Fenner	Male	59:33.409
107	BCCSEPT132	Roz	Atkinson	Female	1:01:22.856
108	BCCSEPT189	Joanne	Lotter	Female	1:01:24.497
109	BCCSEPT491	Marleen	Staessen	Female	1:01:31.928
110	BCCSEPT493	Barbara	Smit	Female	1:01:34.577
111	BCCSEPT020	Cindy	Neethling	Female	1:05:07.599
112	BCCSEPT022	Tokkie	Lottering	Female	1:05:11.497
113	BCCSEPT154	Jill	Dial	Female	1:06:54.834
114	BCCSEPT126	Paul	Temple	Male	1:06:57.437
115	BCCSEPT092	Moira	Strydom	Female	1:08:09.583
116	BCCSEPT090	Ria	Coetzee	Female	1:08:10.674
117	BCCSEPT328	Talita	VanStaden	Female	1:08:11.963
118	BCCSEPT466	Evah	Rakuba	Female	2:03:10.707
119	BCCSEPT464	Lihle	Nkuhlu	Male	2:34:13.592
121	BCCSEPT453	Annwelisa	Ncobo	Female	3:04:23.644

10KM RESULTS					
Position	Race #	Name	Surname	Gender	Time
1	BCCSEPT406	Jaden	de Wet	Male	40:06.586
2	BCCSEPT269	Ethan	Botha	Male	40:51.645
3	BCCSEPT055	Emily	Grenfell	Female	49:05.302
4	BCCSEPT049	Matthew	Jacobs	Male	49:43.805
5	BCCSEPT436	Guy	Miller	Male	52:26.264
6	BCCSEPT255	LEON	HAVENGA	Male	53:47.310
7	BCCSEPT094	Melissa	Jacobs-Stevens	Female	56:51.885
8	BCCSEPT504	Guy	Drew	Male	58:29.992
9	BCCSEPT221	Alex	Elliott	Male	59:26.917
10	BCCSEPT531	Eric	Lappeman	Male	59:29.083
11	BCCSEPT412	Fanie	Combrinck	Male	59:59.596
12	BCCSEPT413	Charlie	Paget	Female	1:00:30.033
13	BCCSEPT442	Eliyahu	Segev	Male	1:00:36.450
14	BCCSEPT192	Neville	Philps	Male	1:00:56.262
15	BCCSEPT057	Dylan	Margoczi	Male	1:00:58.517
16	BCCSEPT556	Emily	Feher	Female	1:01:59.780

17	BCCSEPT259	Eben	Kotze	Male	1:02:39.700
18	BCCSEPT008	Jenny	Fung	Female	1:03:05.157
19	BCCSEPT450	Caroline	Nhlane	Female	1:03:21.415
20	BCCSEPT285	Wesley	Pinard	Male	1:03:24.064
21	BCCSEPT245	Keagan	Altenroxel	Male	1:03:44.558
22	BCCSEPT383	Alison	Laurent	Female	1:03:57.100
23	BCCSEPT066	Christopher	Brand	Male	1:04:01.602
24	BCCSEPT243	Robin	Richards	Male	1:04:11.452
25	BCCSEPT198	Riccardo	Ferrari	Male	1:04:12.679
26	BCCSEPT490	Amber	Brand	Female	1:04:18.067
27	BCCSEPT079	Natalie	Kyriacou	Female	1:04:41.546
28	BCCSEPT408	Luzianne	Grace	Female	1:05:49.395
29	BCCSEPT551	Cobus	de Wet	Male	1:07:25.778
30	BCCSEPT228	Ger-Marie	Wessels	Female	1:07:35.022
31	BCCSEPT013	Jeanette	Teles	Female	1:07:38.578
32	BCCSEPT144	Geline	Jordaan	Female	1:07:41.146
33	BCCSEPT567	Matthew James	Brittain	Male	1:07:45.360
34	BCCSEPT302	Michelle	Lappeman	Female	1:07:49.465
35	BCCSEPT355	Thembalomzi	Kupe	Male	1:09:35.802
36	BCCSEPT431	Sophia	Sotiropoulos	Female	1:09:54.823
37	BCCSEPT213	Daleen	Swanepoel	Female	1:09:57.523
38	BCCSEPT214	Gerhard	De Lange	Male	1:10:02.904
39	BCCSEPT380	Chris	Reed	Male	1:10:20.546
40	BCCSEPT236	Lee-ann	Botha	Female	1:10:23.262
41	BCCSEPT283	Nicky	Prollius	Male	1:10:30.292
42	BCCSEPT012	Diane	Kee	Female	1:11:03.690
43	BCCSEPT033	jaco	van heerden	Male	1:11:11.126
44	BCCSEPT462	Jessica	Erasmus	Female	1:11:33.424
45	BCCSEPT083	Nic	De cock	Male	1:11:36.167
46	BCCSEPT388	Kiyana	Rehnema	Female	1:11:38.213
47	BCCSEPT210	Saskia	Breed	Female	1:11:42.128
48	BCCSEPT519	Connor	Trehearn-Temlett	Male	1:11:44.801
49	BCCSEPT518	Danni	Walker	Female	1:11:46.014
50	BCCSEPT127	Vincenzo	Stevens	Male	1:12:00.872
51	BCCSEPT161	Courtney	Glajchen	Female	1:12:03.583
52	BCCSEPT352	Corne	Montgomery-Buys	Male	1:12:12.767
53	BCCSEPT225	Denys	De Arrvda	Male	1:12:15.745
54	BCCSEPT307	Derri	Philps	Female	1:12:33.354
55	BCCSEPT337	Brad	Montgomery-Buys	Male	1:12:53.468
56	BCCSEPT368	Gene	Schlebusch	Female	1:12:55.006
57	BCCSEPT017	Matthew	Imbrailo	Male	1:13:30.451
58	BCCSEPT011	Travis	Imbrailo	Male	1:13:32.984
59	BCCSEPT034	Marjon	Woolnough	Female	1:13:39.596
60	BCCSEPT385	Caroline	Freer	Female	1:15:19.870
61	BCCSEPT517	Karen	Gallinetti	Female	1:15:28.864
62	BCCSEPT258	Cindy	Nell	Female	1:17:17.061
63	BCCSEPT188	Aimee	Ferrari	Female	1:17:44.785
64	BCCSEPT206	Machiel	Carstens	Male	1:18:12.965
65	BCCSEPT037	Michelle	Donnelly	Female	1:19:01.907
66	BCCSEPT333	Nicola	Freemantle	Female	1:19:06.962
67	BCCSEPT209	Janine	Redfern	Female	1:19:08.830
68	BCCSEPT194	Hennie	Lombaard	Male	1:19:31.627
69	BCCSEPT216	Lindy	Ray	Female	1:19:37.056
70	BCCSEPT486	Michal	Hope	Female	1:20:54.572
71	BCCSEPT114	Anina	Van der Westhuizen	Female	1:21:02.189
72	BCCSEPT305	Dominic	Solomons	Male	1:21:33.410

73	BCCSEPT182	Philip	Botha	Male	1:21:38.936
74	BCCSEPT351	Liz	Ashmore	Female	1:22:02.120
75	BCCSEPT439	Salomi	Putter	Female	1:22:05.478
76	BCCSEPT446	Grant Liam	Mc Donald	Male	1:23:02.977
77	BCCSEPT549	Madaleze	van der Merwe	Female	1:24:08.987
78	BCCSEPT280	Liz	Hammond	Female	1:24:19.247
79	BCCSEPT313	Ahmed	Shaik	Male	1:24:21.873
80	BCCSEPT242	LouAnn	Rivett	Female	1:24:27.393
81	BCCSEPT279	Kevin	Knott-Craig	Male	1:24:28.762
82	BCCSEPT123	Sarah	Ebben	Female	1:24:34.596
83	BCCSEPT040	Doulton	Thomason	Female	1:24:38.960
84	BCCSEPT277	Thembehle	Dhlahla	Female	1:25:13.363
85	BCCSEPT244	Lwazi	Dhlahlani	Male	1:25:15.202
86	BCCSEPT369	Celeste	Ebel	Female	1:25:32.266
87	BCCSEPT272	Neil	Parker	Male	1:26:06.009
88	BCCSEPT141	Clay	Loe	Male	1:26:09.196
89	BCCSEPT233	Edna	Hinrichsen	Female	1:26:55.584
90	BCCSEPT309	Nqobile	Mhlanga	Female	1:27:14.990
91	BCCSEPT372	Charmaine	Freeman	Female	1:27:32.593
92	BCCSEPT207	Jason	Wille	Male	1:29:25.125
93	BCCSEPT515	Lin-mari	White	Female	1:30:22.090
94	BCCSEPT447	NICHOLAS	TSHEHLA	Male	1:30:36.041
95	BCCSEPT481	Robin	Page	Male	1:31:23.078
96	BCCSEPT231	Bonita	Steenkamp	Female	1:31:31.751
97	BCCSEPT472	Thandi	Zililo	Female	1:31:57.216
98	BCCSEPT409	Tenda	Nemusombori	Female	1:32:30.505
99	BCCSEPT018	Megan	Imbrailo	Female	1:34:08.041
100	BCCSEPT471	Lynette	Ray	Female	1:35:16.372
101	BCCSEPT054	lindiwe	gomo	Female	1:38:12.474
102	BCCSEPT520	Charmaine	Hall	Female	1:38:27.447
103	BCCSEPT093	Pear	Lee	Female	1:39:25.077
104	BCCSEPT463	Ellen	Reed	Female	1:40:40.141
105	BCCSEPT381	Beate	Malan	Female	1:41:41.523
106	BCCSEPT392	Henry	Malan	Male	1:41:42.766
107	BCCSEPT015	Constance	Phatsoane	Female	1:44:11.361
108	BCCSEPT499	Morne	Strydom	Male	1:47:03.873
109	BCCSEPT415	Koos	Strydom	Male	1:47:10.560
110	BCCSEPT535	Kim	Benetti-Longhini	Female	1:50:09.612
111	BCCSEPT201	Nadia	Barthis	Female	1:51:10.055
112	BCCSEPT454	Nadia	de Lange	Female	1:51:46.288
113	BCCSEPT167	Angela	Booyesen	Female	2:01:47.522
114	BCCSEPT058	Anet	Erasmus	Female	2:01:50.110
115	BCCSEPT512	Coenie	Pretorius	Male	2:02:04.683
116	BCCSEPT298	Rudelle	Schoeman	Female	2:02:27.365
117	BCCSEPT098	Kobus	Brits	Male	2:03:41.735
118	BCCSEPT546	Danielle	Schwormstedt	Female	2:04:12.932
119	BCCSEPT102	Edith	Sambo	Female	2:04:25.981
120	BCCSEPT116	Thabo	Dlamini	Male	2:05:57.895
121	BCCSEPT095	BARBARA	HOLCROFT	Female	2:13:14.377
122	BCCSEPT025	Jean	Higginson	Female	2:13:19.003
123	BCCSEPT424	Isabella	Filby	Female	2:13:28.867
124	BCCSEPT399	Satheesh	Subramanian	Male	2:13:31.355
125	BCCSEPT061	Humbulani	Nelufule	Male	2:29:17.894
126	BCCSEPT111	Sabrina	Filippi	Female	2:39:36.876

15KM RESULTS					
Position	Race #	Name	Surname	Gender	Time
1	BCCSEPT056	Count	Indlovu	Male	1:00:10.714
2	BCCSEPT026	CinE	Fraser	Female	1:10:10.494
3	BCCSEPT284	Dillon	Wheatcroft	Male	1:14:03.573
4	BCCSEPT508	Riaan	DUNCKLEY	Male	1:15:07.123
5	BCCSEPT476	Berlinda	Jeffrey	Female	1:16:04.352
6	BCCSEPT525	John Edward	Jeffrey	Male	1:16:07.373
7	BCCSEPT105	Stephano	Radaelli	Male	1:17:01.409
8	BCCSEPT147	Reece	Jollivet	Male	1:18:35.744
9	BCCSEPT316	Connor	De Boer	Male	1:18:37.160
10	BCCSEPT344	Edwin	Watson	Male	1:20:24.740
11	BCCSEPT143	Kelly	Philps	Female	1:20:42.661
12	BCCSEPT513	Craig	Grant	Male	1:21:25.285
13	BCCSEPT300	Julie	Hughes	Female	1:24:08.613
14	BCCSEPT503	Rudi	Nell	Male	1:24:14.006
15	BCCSEPT278	Kevin	Brooks	Male	1:24:35.060
16	BCCSEPT238	Dylan	Miller	Male	1:24:44.045
17	BCCSEPT036	David	Emmett	Male	1:24:46.358
18	BCCSEPT241	Luzanne	JvRensburg	Female	1:25:32.586
19	BCCSEPT097	Leon	Parkes	Male	1:25:33.583
20	BCCSEPT109	Carel	Van der merwe	Male	1:25:53.662
21	BCCSEPT183	Brett	Fortune	Male	1:26:03.215
22	BCCSEPT552	Corne	Lauschagne	Male	1:26:45.119
23	BCCSEPT330	Ryno	Moolman	Male	1:26:55.089
24	BCCSEPT575	Sanchia-lee	Esterhuisen	Female	1:26:56.162
25	BCCSEPT096	Alan	Pleace	Male	1:27:14.656
26	BCCSEPT044	Lauren	Penkin	Female	1:27:55.497
27	BCCSEPT181	Michelle	Du Plessis	Female	1:28:09.005
28	BCCSEPT158	Patrick	Lovell	Male	1:28:54.285
29	BCCSEPT120	James	Schlebusch	Male	1:29:59.067
30	BCCSEPT103	Brandon	Waison	Male	1:30:46.422
31	BCCSEPT391	Johanes	Ferreira	Male	1:31:02.817
32	BCCSEPT448	Corli	Ramsauer	Female	1:31:23.514
33	BCCSEPT569	Sunelle	Louw	Female	1:32:16.860
34	BCCSEPT251	Jacqueline	Nolan	Female	1:32:29.033
35	BCCSEPT043	Nikki	KLOPPERS	Female	1:32:50.176
36	BCCSEPT487	Marta	Atanassova	Female	1:33:18.432
37	BCCSEPT356	Charne	Loe	Female	1:33:31.895
38	BCCSEPT475	Danie	de Klerk	Male	1:34:00.493
39	BCCSEPT106	Chantelle	de la Porte	Female	1:34:31.707
40	BCCSEPT060	Andrew	Trojnar	Male	1:34:57.522
41	BCCSEPT274	Jessica	Hill	Female	1:37:01.168
42	BCCSEPT149	Eugene	Gerber	Male	1:37:03.480
43	BCCSEPT115	Sibusiso	Sibeko	Male	1:37:24.218
44	BCCSEPT323	Sebastian	Buisman	Male	1:37:41.869
45	BCCSEPT112	Enrica	Usai	Female	1:38:03.240
46	BCCSEPT063	Ross	Hughes	Male	1:38:22.564
47	BCCSEPT559	Rochelle	Bailey	Female	1:38:23.978
48	BCCSEPT506	Izabella	Klein	Female	1:38:26.211
49	BCCSEPT299	Gavin	McElroy	Male	1:39:43.535
50	BCCSEPT460	Trevor	Kennedy	Male	1:40:09.992
51	BCCSEPT572	Tamlyn	Botha	Female	1:40:34.945
52	BCCSEPT416	Alexia	Smedmor	Male	1:40:35.771
53	BCCSEPT193	Elandi	Botha	Female	1:41:37.915
54	BCCSEPT153	Stuart	Harvey	Male	1:41:47.689

55	BCCSEPT457	Graham	Jennings	Male	1:42:13.483
56	BCCSEPT051	Bongani	Tshabalala	Male	1:42:17.969
57	BCCSEPT545	Kim	Nemeti	Female	1:42:47.151
58	BCCSEPT361	Gabrielle	Smith	Female	1:42:50.086
59	BCCSEPT075	Zegert	Niewoudt	Male	1:42:54.539
60	BCCSEPT458	Alison	Jennings	Female	1:43:33.333
61	BCCSEPT530	Christo	Engelbrecht	Male	1:43:55.028
62	BCCSEPT394	Ian	Ray	Male	1:44:40.874
63	BCCSEPT393	Gustav	Jansen van Rensburg	Male	1:45:06.116
64	BCCSEPT538	Zonah	Jansen van Rensburg	Female	1:45:07.545
65	BCCSEPT397	Onja	Prinsloo	Female	1:45:10.296
66	BCCSEPT252	Candice-Ann	Efstathiou	Female	1:45:21.447
67	BCCSEPT537	Stefan	Wessels	Male	1:45:38.399
68	BCCSEPT548	Sophia	Grimbeek	Female	1:45:39.505
69	BCCSEPT561	Kea	Tlou	Male	1:46:25.870
70	BCCSEPT235	blake	delport	Male	1:47:45.087
71	BCCSEPT411	Lorato	Rakuba	Female	1:49:00.389
72	BCCSEPT522	George	Tsebe	Male	1:49:07.154
73	BCCSEPT253	Marie	Millar	Female	1:49:34.430
74	BCCSEPT195	Ronelle	van Dyk	Female	1:49:37.138
75	BCCSEPT360	Aneesa	Ebrahim	Female	1:49:40.879
76	BCCSEPT326	Thinus	Kruger	Male	1:50:25.448
77	BCCSEPT140	Nicoline	D'Oliveira	Female	1:50:54.453
78	BCCSEPT174	Zelda	Fourie	Female	1:51:08.733
79	BCCSEPT452	Vivian	Grenfell	Female	1:51:36.532
80	BCCSEPT563	Vishalini	Puri	Female	1:51:39.353
81	BCCSEPT407	Leanne	Smedmor	Female	1:51:41.642
82	BCCSEPT479	Ulene	de Kock	Female	1:52:04.688
83	BCCSEPT311	Phumeza	Zungula	Female	1:52:07.983
84	BCCSEPT550	Alan	Nemeti	Male	1:53:31.017
85	BCCSEPT119	Hannelie	Parkes	Female	1:54:33.131
86	BCCSEPT521	William	Hulme	Male	1:55:07.743
87	BCCSEPT163	Laura	Shamley	Female	1:55:12.009
88	BCCSEPT501	Venesa	Combrinck	Female	1:55:19.585
89	BCCSEPT468	Greta	Wessels	Female	1:55:51.177
90	BCCSEPT067	Themba	Mafongosi	Male	1:56:27.087
91	BCCSEPT247	Jesse	Morris	Male	1:56:50.504
92	BCCSEPT071	Itumeleng	Mokoena	Male	1:57:33.525
93	BCCSEPT159	Patrick	Radebe	Male	1:58:29.402
94	BCCSEPT160	Vanessa	Waison	Female	1:59:02.792
95	BCCSEPT035	Colleen	Ross	Female	1:59:40.456
96	BCCSEPT136	Bawinile	Njoko	Female	2:03:20.245
97	BCCSEPT256	Johnny - Sarah	Rakabe	Male	2:03:29.506
98	BCCSEPT365	Hannah	Ainsley	Female	2:03:37.481
99	BCCSEPT038	Lynda	Rhodes	Female	2:03:40.007
100	BCCSEPT029	Simone	Thomson	Female	2:04:28.259
101	BCCSEPT334	Deidre	Graham	Female	2:05:43.318
102	BCCSEPT125	Ashleigh	Jones	Female	2:06:18.265
103	BCCSEPT059	Bernice	McKee	Female	2:08:12.887
104	BCCSEPT134	Brigitte	Pelevic	Female	2:08:14.191
105	BCCSEPT366	marus	meie	Male	2:08:38.064
106	BCCSEPT433	Chelsea	Roebeck	Female	2:09:42.685
107	BCCSEPT024	Nicole	Townsend	Female	2:10:02.624
108	BCCSEPT117	Danielle	Meyer	Male	2:11:08.311
109	BCCSEPT208	Adri	Van Heerden	Female	2:11:28.874
110	BCCSEPT362	Tony	Taljaard	Male	2:13:51.942

111	BCCSEPT155	Deepa	Madhau	Female	2:14:21.322
112	BCCSEPT358	Kathleen	Schnetler	Female	2:15:46.094
113	BCCSEPT455	Fritz	Orren	Male	2:18:11.168
114	BCCSEPT434	Bev	Smit	Female	2:21:23.682
115	BCCSEPT151	Anthea	Lourens	Female	2:25:24.776
116	BCCSEPT435	Corne	Roux-Pieterse	Female	2:25:26.669
117	BCCSEPT186	Cara	Benetti-Longhini	Female	2:32:48.789

21KM RESULTS					
Position	Race #	Name	Surname	Gender	Time
1	BCCSEPT602	Alexander	Jinde	Male	1:17:41.483
2	BCCSEPT509	Thor	Van Eunen	Male	1:26:00.434
3	BCCSEPT191	Mike	Trafoyer	Male	1:43:07.864
4	BCCSEPT449	Nkosi	Langena	Male	1:44:21.640
5	BCCSEPT329	Andreas	Trafoyer	Male	1:45:51.079
6	BCCSEPT498	Adriaan	Esterhuyse	Male	1:48:35.865
7	BCCSEPT527	Anathi	Pefile	Male	1:51:49.484
8	BCCSEPT473	Riaan	Acker	Male	1:52:27.526
9	BCCSEPT478	Jesse	Pretorius	Male	1:53:09.172
10	BCCSEPT389	Kimberly	O'Neil	Female	1:59:10.520
11	BCCSEPT603	Amorie	Van Greunen	Female	2:00:29.410
12	BCCSEPT604	Angela	De Gouveia	Female	2:00:40.930
13	BCCSEPT403	Aaron	Kadango	Male	2:00:02.372
14	BCCSEPT173	Christopher	Erentze	Male	2:00:13.410
15	BCCSEPT275	Jordan	Toy	Male	2:01:04.789
16	BCCSEPT118	Julia	Van Eunen	Female	2:01:06.584
17	BCCSEPT050	Brett	Atkinson	Male	2:02:25.947
18	BCCSEPT444	Fabien	Langlois	Male	2:02:26.916
19	BCCSEPT007	Ryan	Livie	Male	2:04:54.040
20	BCCSEPT357	alyssa	de beer	Female	2:08:37.971
21	BCCSEPT271	sharif	quiblier	Male	2:11:12.991
22	BCCSEPT451	Nicole	Grimbeek	Female	2:11:19.493
23	BCCSEPT370	Peter	Spinks	Male	2:12:43.155
24	BCCSEPT335	Dale	Liebenberg	Male	2:14:27.693
25	BCCSEPT257	Cindy	Lowe	Female	2:14:31.175
26	BCCSEPT405	Cecile	Kruger	Female	2:15:09.199
27	BCCSEPT084	Lara	Higginson	Female	2:15:23.654
28	BCCSEPT320	Sandra	Watzlawick	Female	2:16:31.978
29	BCCSEPT321	Desiree	Rudman	Female	2:21:36.001
30	BCCSEPT292	Hanco	van der Berg	Male	2:24:29.614
31	BCCSEPT390	Jaco	Snyman	Male	2:24:31.599
32	BCCSEPT062	Julia	Barnett	Female	2:24:41.312
33	BCCSEPT076	Tom	Salmon	Male	2:27:27.842
34	BCCSEPT223	Marguerite	Mulligan-Maseela	Female	2:29:06.521
35	BCCSEPT229	Domonique	Mulholland	Female	2:29:12.624
36	BCCSEPT145	Veronique	Harmse	Female	2:29:17.619
37	BCCSEPT562	Megan	Smity	Female	2:33:57.548
38	BCCSEPT129	Shoneez	Gowrie	Female	2:34:30.233
39	BCCSEPT204	Debbie	de Jager	Female	2:39:08.317
40	BCCSEPT254	Gretch??n	Anker	Female	2:42:29.409
41	BCCSEPT199	Pearl	Adams	Female	2:48:48.132
42	BCCSEPT113	Melissa	van der Merwe	Female	2:50:22.371
43	BCCSEPT497	Hannah	Du Toit	Female	2:57:43.309
44	BCCSEPT021	Andrew	Ellis Cole	Male	2:57:50.305
45	BCCSEPT249	Mpho	Molaolwe	Female	3:00:18.372

46	BCCSEPT069	LESEGO	KHOELI	Female	3:01:38.940
47	BCCSEPT343	Busisiwe	Tshabangu	Female	3:20:52.535
48	BCCSEPT211	Maggy	Grove	Female	3:21:46.632
49	BCCSEPT289	Masixole	Maliza	Male	3:45:35.653

28KM RESULTS					
Position	Race #	Name	Surname	Gender	Time
1	BCCSEPT317	Bongani	Dlamini	Male	1:46:27.214
2	BCCSEPT332	Christian	Khosa	Male	1:51:44.585
3	BCCSEPT200	Charlton	Dollie	Male	2:02:51.938
4	BCCSEPT276	Theo	Adams	Male	2:07:54.463
5	BCCSEPT331	Benjamin	Louw	Male	2:14:13.805
6	BCCSEPT402	Bernadene	McCloud	Female	2:14:20.062
7	BCCSEPT574	Darryn	Raley	Male	2:15:15.441
8	BCCSEPT294	Krysten	Smithers	Female	2:17:15.063
9	BCCSEPT319	Chris	Kucharski	Male	2:19:45.602
10	BCCSEPT178	Clint	Haley	Male	2:21:55.185
11	BCCSEPT157	Craig	Heydenrych	Male	2:23:37.723
12	BCCSEPT544	Lebo	Selepe	Male	2:24:06.364
13	BCCSEPT395	Bradley	Kent	Male	2:25:33.790
14	BCCSEPT166	Motsamai	Ramaisa	Male	2:29:09.601
15	BCCSEPT074	Tasneem	Joseph	Female	2:29:28.439
16	BCCSEPT489	Petunia	Tshabalala	Female	2:30:44.066
17	BCCSEPT162	Benjamin	Jvrensburg	Male	2:31:01.734
18	BCCSEPT086	Nathan	McClean	Male	2:31:28.635
19	BCCSEPT130	Majaha	Nkosi	Male	2:31:29.684
20	BCCSEPT345	Werner	Kriel	Male	2:36:35.360
21	BCCSEPT264	Thembinkosi	Gcoyi	Male	2:37:03.054
22	BCCSEPT325	Dale	Taylor	Male	2:37:16.080
23	BCCSEPT541	Leon	Neuville	Male	2:37:44.080
24	BCCSEPT533	Dylan	Kruger	Male	2:40:29.811
25	BCCSEPT171	Lesiba	Sekgwele	Male	2:40:35.047
26	BCCSEPT419	Alex	Rabiller	Male	2:40:43.288
27	BCCSEPT128	Caitlyn	Van Dyk	Female	2:42:32.190
28	BCCSEPT045	Mxolisi	Gamede	Male	2:42:40.707
29	BCCSEPT170	Melissa	Williams	Female	2:43:41.255
30	BCCSEPT281	Ashley	Cook	Male	2:43:53.108
31	BCCSEPT176	Adam	Whyte	Male	2:44:37.974
32	BCCSEPT286	dustyn	lightfoot	Male	2:45:14.247
33	BCCSEPT354	Cheryl	Haley	Female	2:46:09.250
34	BCCSEPT227	Carol	Plummer	Female	2:46:16.182
35	BCCSEPT484	Leshaan	Padayachy	Male	2:47:04.852
36	BCCSEPT579	Niels	Burlage	Male	2:47:23.686
37	BCCSEPT308	Nicky	Smith	Female	2:47:37.732
38	BCCSEPT511	Logan	Hing	Male	2:47:42.017
39	BCCSEPT573	Vernon	Willemse	Male	2:49:18.973
40	BCCSEPT315	Nicolene	Lambrecht	Female	2:49:37.559
41	BCCSEPT215	Chris	Nurse	Male	2:49:39.117
42	BCCSEPT421	Aidan	Biet	Male	2:50:29.877
43	BCCSEPT427	Colin	Blake	Male	2:50:31.899
44	BCCSEPT467	Jacqui	Amm	Female	2:50:56.112
45	BCCSEPT152	Lukanyo	Mncono	Male	2:51:16.823
46	BCCSEPT532	Sabrina	Stransky	Female	2:53:11.260
47	BCCSEPT042	Isaac	Moroe	Male	2:53:13.109
48	BCCSEPT099	Michelle	Lessing	Female	2:53:14.862

49	BCCSEPT133	Lindi	Hendrikse	Female	2:53:53.328
50	BCCSEPT502	Andre	Geel	Male	2:54:11.474
51	BCCSEPT179	Heino	Nel	Male	2:54:16.764
52	BCCSEPT576	Vivian	Dalton	Male	2:55:15.424
53	BCCSEPT150	Gemma	Schultz	Female	2:55:32.603
54	BCCSEPT088	Carol	Kangwa	Female	2:57:09.362
55	BCCSEPT131	Michelle	Broodryk	Female	2:58:04.875
56	BCCSEPT349	Thabang	Mafisa	Male	2:58:31.011
57	BCCSEPT212	Takeyuki	Kowada	Male	2:59:41.566
58	BCCSEPT456	Henry	Enslin	Male	2:59:50.065
59	BCCSEPT336	ASAMI	NAKAHARA	Female	2:59:57.888
60	BCCSEPT492	Antoinette	Hartslief	Female	3:02:16.587
61	BCCSEPT437	Marco	Campos	Male	3:02:48.399
62	BCCSEPT172	Rocky	Chipana	Male	3:03:29.520
63	BCCSEPT164	Anna	Clemons	Female	3:03:34.932
64	BCCSEPT148	Romeo	Mlambo	Male	3:03:36.134
65	BCCSEPT524	Clive	Smedmor	Male	3:05:15.817
66	BCCSEPT429	Stefan	Ulland	Male	3:05:18.242
67	BCCSEPT564	Minolan	Pillay	Male	3:05:22.774
68	BCCSEPT288	Ennie	Tsagae	Female	3:05:46.022
69	BCCSEPT314	Kutlwano	Dikgasu	Male	3:05:54.427
70	BCCSEPT282	Sandra	Lee	Female	3:06:14.900
71	BCCSEPT528	Darren	Rieser	Male	3:09:19.824
72	BCCSEPT261	steffen	elias	Male	3:10:04.858
73	BCCSEPT364	Johnny	Moloto	Male	3:10:53.396
74	BCCSEPT230	Itebogeng	Moloto	Male	3:10:56.779
75	BCCSEPT226	Rob	urquhart	Male	3:11:14.182
76	BCCSEPT273	Mzwakhe	Matukane	Male	3:12:13.053
77	BCCSEPT495	Lesego	Rabalao	Female	3:12:15.133
78	BCCSEPT052	Lauren	Frost	Female	3:13:38.266
79	BCCSEPT565	Elize	Klein	Female	3:14:45.768
80	BCCSEPT580	Tracy	Rankin	Female	3:15:12.767
81	BCCSEPT232	Bongani	Khumalo	Male	3:17:00.976
82	BCCSEPT137	Thabo	Bitso	Male	3:17:02.389
83	BCCSEPT110	Marna	Grobler	Female	3:18:09.641
84	BCCSEPT053	Staci-Leigh	Howard	Female	3:18:12.255
85	BCCSEPT156	Azulde	Britz	Female	3:19:27.487
86	BCCSEPT558	Jacques	Muller	Male	3:19:29.865
87	BCCSEPT465	Willem	Oldewage	Male	3:20:04.360
88	BCCSEPT041	Sindiswa	Maake	Female	3:21:11.487
89	BCCSEPT224	Gift	Mailula	Male	3:22:13.794
90	BCCSEPT341	Athenkosi	Ntoyanto	Female	3:22:18.061
91	BCCSEPT570	Mark	Kent	Male	3:25:12.012
92	BCCSEPT122	Costandino	Eleftheriadis	Male	3:25:13.992
93	BCCSEPT301	Gail	Strang	Female	3:26:19.708
94	BCCSEPT507	Agnes	Harms	Female	3:26:23.510
95	BCCSEPT379	Karl	Benn	Male	3:26:31.633
96	BCCSEPT485	Riaan	Prinsloo	Male	3:27:10.490
97	BCCSEPT445	Renette	Prinsloo	Female	3:27:13.227
98	BCCSEPT480	Adri	Van den Heever	Female	3:27:15.247
99	BCCSEPT322	Bridgette	van der Velde	Female	3:28:15.168
100	BCCSEPT510	Antionette	Harmse	Female	3:28:16.162
101	BCCSEPT374	CORNELIUS	NYAMAMBI	Male	3:29:27.167
102	BCCSEPT477	Tanya	Otto	Female	3:29:43.072
103	BCCSEPT239	Shannon	de Vries	Female	3:29:44.174
104	BCCSEPT387	Tumelo	Marivate	Female	3:30:14.078

105	BCCSEPT220	Matlatse	Maake	Male	3:30:49.501
106	BCCSEPT443	Natalie	Pritchard	Female	3:31:00.639
107	BCCSEPT469	KGAUGELO	MAMOSEBO	Male	3:32:41.947
108	BCCSEPT100	Pamela	Moloto	Female	3:33:24.550
109	BCCSEPT222	Keamogetswe	Seoma	Male	3:34:28.850
110	BCCSEPT516	Jessika	Coetzer	Female	3:34:34.903
111	BCCSEPT180	Zukiswa	Thontsi	Female	3:36:15.281
112	BCCSEPT234	Lianne	Zermatten	Female	3:36:54.167
113	BCCSEPT169	vuyo	manentsa	Female	3:37:34.058
114	BCCSEPT440	Candice	Otto	Female	3:39:08.402
115	BCCSEPT032	Eleanor	Talbot	Female	3:39:15.474
116	BCCSEPT428	Jessica	Lopez	Female	3:39:33.027
117	BCCSEPT578	Zubair	Paruk	Male	3:40:34.098
118	BCCSEPT505	Taher	Syed	Male	3:41:54.550
119	BCCSEPT039	Lusu	Booi	Male	3:42:10.091
120	BCCSEPT376	Stphen	Morrison	Male	3:42:53.989
121	BCCSEPT581	John Jeffrey	Morrison	Male	3:42:56.656
122	BCCSEPT488	Debbie	Rahimi	Female	3:45:17.914
123	BCCSEPT338	Nomthandazo	Xaba	Female	3:45:31.782
124	BCCSEPT217	Nompumelelo	Mbatha	Female	3:45:39.504
125	BCCSEPT262	Dikeledi	Rabothata	Female	3:45:43.339
126	BCCSEPT250	Kalaka	Oageng	Female	3:45:49.369
127	BCCSEPT177	Thabo	Monkhe	Male	3:48:24.418
128	BCCSEPT401	Eva	Snyders	Female	3:49:24.219
129	BCCSEPT295	Tshepiso	Majoro	Female	3:57:10.169
130	BCCSEPT205	Elzette Rene	Powrie	Female	3:57:35.057
131	BCCSEPT270	Gareth	Powrie	Male	3:57:36.890
132	BCCSEPT077	imraan	hendrix	Male	3:59:34.350
133	BCCSEPT386	Veronika	du Plessis	Female	4:03:16.016
134	BCCSEPT474	Bradley	du Plessis	Male	4:03:17.617
135	BCCSEPT202	Bussi	Ndlovu	Female	4:10:12.269
136	BCCSEPT414	Connie	Nkosi	Female	4:10:15.764
137	BCCSEPT218	Kim	Bouwer	Female	4:10:40.767
138	BCCSEPT107	Gayle	Bates	Female	4:10:42.560
139	BCCSEPT536	Moroke	Mahlohela	Male	4:11:13.393
140	BCCSEPT306	Leonard	Moenda	Male	4:11:15.999
141	BCCSEPT047	Elizabeth	Maiden	Female	4:15:54.900
142	BCCSEPT104	Nyiko Ann	Khosa	Female	4:27:31.125
143	BCCSEPT237	Temba Ken	Pezisa	Male	4:27:33.232