

Cradle Cracker
20th Sept 2026
FINAL

5KM RESULTS					
Position	Race #	Name	Surname	Gender	Time
1	CCSEP552	Vulane	MTHEMBU	Male	23:51.555
2	CCSEP582	Jo-Lee	Van Tonder	Female	24:30.984
3	CCSEP148	MJ	Kraft	Male	24:53.730
4	CCSEP770	Evangeline	Dykman	Female	25:02.447
5	CCSEP723	Andrew	Milne	Male	25:38.323
6	CCSEP777	Oratile	Selolo	Male	26:47.650
7	CCSEP537	Derick	Botha	Male	26:48.053
8	CCSEP999	Hendrik	Bouwer	Male	27:13.312
9	CCSEP785	Jaryd	Eriksen-Miller	Male	28:54.980
10	CCSEP887	Kerryn	Brackenridge	Female	29:08.368
11	CCSEP659	Caled	Kelly	Male	30:06.821
12	CCSEP1187	Justin	Marx	Male	30:11.778
13	CCSEP809	Anke	De Beer	Female	30:17.050
14	CCSEP856	Malcolm	Stewart	Male	30:24.601
15	CCSEP137	Fabio	Sousa Vieira	Male	30:42.338
16	CCSEP055	Amin	Chafiai	Male	30:54.352
17	CCSEP836	joshline	schoeman	Female	30:57.347
18	CCSEP866	Bernard	Slabbert	Male	30:58.561
19	CCSEP751	Janine	Huisamen	Female	30:59.848
20	CCSEP163	Teane	De Meyer	Female	31:04.090
21	CCSEP1033	Christelle	Weyers	Female	31:05.876
22	CCSEP810	Calista	Reddy	Female	31:06.050
23	CCSEP1192	Lauren	Esterhuizen	Female	31:07.207
24	CCSEP803	Micaela	Eriksen-Miller	Female	31:27.005
25	CCSEP733	CLARISE	MARAIS	Female	31:28.968
26	CCSEP690	Amy	Rushworth	Female	31:33.265
27	CCSEP1141	Oom Faans	Swanepoel	Male	31:41.784
28	CCSEP1084	Kimmie	Swanepoel	Female	31:42.653
29	CCSEP135	Jani	Coode	Female	31:48.628
30	CCSEP740	Dushen	Naidoo	Male	32:30.043
31	CCSEP847	Nikhil	Naidoo	Male	32:36.591
32	CCSEP829	Jacquec	D Villiers	Male	33:09.494
33	CCSEP410	Keaton	Brummer	Male	33:15.187
34	CCSEP820	Armand	van Niekerk	Male	33:22.220
35	CCSEP484	Jolene	RUDMAN	Female	33:41.858
36	CCSEP1134	Calise	Venter	Female	33:42.706
37	CCSEP529	Cameron	McNaughton	Male	33:50.383
38	CCSEP407	Nicola	Kotze	Female	33:53.808
39	CCSEP632	Emma	Meyer	Female	33:54.819
40	CCSEP257	Hardus	Kraft	Male	34:05.416
41	CCSEP720	Estel	Roos	Female	34:05.478
42	CCSEP841	Jenna	Fiebigier	Female	34:07.733
43	CCSEP644	Ella Grace	Labuschagne	Female	34:15.429
44	CCSEP021	Sara-Dawn	Sterzel	Female	34:17.433
45	CCSEP1184	Lara	Fouche	Female	34:18.195
46	CCSEP825	Mignon	Botma	Female	34:19.471
47	CCSEP431	Leani	Van Der Burg	Female	34:25.412
48	CCSEP736	Devon	Kerwin	Male	34:26.690
49	CCSEP178	Maurits	Smit	Male	34:37.752
50	CCSEP993	Kourtney	Wilkinson	Female	34:47.609
51	CCSEP900	Nicole	Stewart	Female	34:52.289
52	CCSEP1240	Hentus	Matthee	Male	34:56.402

53	CCSEP688	Melanie	Rudman	Male	35:08.586
54	CCSEP115	Shannon	Murray	Male	35:10.341
55	CCSEP104	Mela	Benn	Female	35:26.447
56	CCSEP755	Kirsten	Schmidt	Female	35:35.018
57	CCSEP1064	Christene	Julyan	Female	35:52.833
58	CCSEP782	Kate	Tucker	Female	36:01.424
59	CCSEP744	Craig	Tucker	Male	36:02.393
60	CCSEP205	Keith	witelson	Male	36:03.751
61	CCSEP753	Maleehah	Varachia	Female	36:05.294
62	CCSEP960	Renet	Van Zyl	Female	36:06.166
63	CCSEP330	Renette	Van Rooyen	Female	36:11.596
64	CCSEP247	Nancy	Chang	Female	36:39.667
65	CCSEP775	Rogers	Reddy	Male	36:53.196
66	CCSEP1224	Marizel	Julyan	Female	37:07.920
67	CCSEP528	Shavanna	Seebran	Female	37:10.896
68	CCSEP574	Monique (1)	Smit	Female	37:26.166
69	CCSEP729	Klarissa	Campher	Female	37:26.940
70	CCSEP332	Jiten	Kunvar	Male	37:37.265
71	CCSEP505	Kirsten	Jordaan	Female	37:44.940
72	CCSEP462	Jess	Edwards	Female	37:46.451
73	CCSEP838	Mahdiyya	Solomon	Female	38:01.965
74	CCSEP844	Terri	Lee	Male	38:09.966
75	CCSEP846	Liam	Buthane	Male	38:19.717
76	CCSEP037	Craig	Sevell	Male	38:21.836
77	CCSEP1009	Londiwe	Jiyane	Male	38:26.965
78	CCSEP1090	Mia	Vincent	Female	38:27.137
79	CCSEP769	Lynette	De Beer	Female	38:32.718
80	CCSEP763	Kara	Kerwin	Female	38:39.827
81	CCSEP807	Giulio	Zito	Male	38:48.367
82	CCSEP797	Sheree	Minshull Zito	Female	38:49.903
83	CCSEP445	cheadrie	symmonds	Female	39:08.149
84	CCSEP695	Chris	Reed	Male	39:09.446
85	CCSEP907	Tumisho	Marota	Male	39:27.960
86	CCSEP430	Daniella	Goncalves	Female	39:29.032
87	CCSEP1020	Mariska (1)	Van Heerden	Female	39:39.858
88	CCSEP823	Zelda	Prinsloo	Female	39:55.597
89	CCSEP745	Louise	Janse van Rensburg	Female	39:56.529
90	CCSEP804	Greg	Tagg	Male	40:06.552
91	CCSEP513	Riley (1)	Groenewald	Female	40:09.693
92	CCSEP618	Yurasha	Mari	Female	40:11.806
93	CCSEP968	Zia	Putter	Female	40:37.508
94	CCSEP321	Gabriella	Da Costa	Female	40:40.165
95	CCSEP114	Andre	Groenewald	Male	40:43.556
96	CCSEP1092	Anais	Saayman	Female	40:46.088
97	CCSEP562	Mark	Smart	Female	40:48.859
98	CCSEP756	Antoinette	de Beer	Female	40:52.233
99	CCSEP939	Lusiwe	Mlambo	Female	40:52.989
100	CCSEP478	Charlotte	Acker	Female	40:53.347
101	CCSEP617	Megan	Rushworth	Female	40:57.505
102	CCSEP369	Correne	kelly	Female	41:15.029
103	CCSEP608	Elmar	Louw	Male	41:21.622
104	CCSEP767	Chante	Lubbe	Female	41:26.746
105	CCSEP1070	Leila	De Valence	Female	41:33.796
106	CCSEP1024	Sjeanri	Smuts	Female	41:47.399
107	CCSEP1181	Mabela	Kotsedi	Female	42:06.168
108	CCSEP682	Michael	Tuck	Male	42:21.027
109	CCSEP015	Paul	Roos	Male	42:23.544
110	CCSEP596	Ayesha	Jadwat	Female	42:32.813

111	CCSEP209	Quintin	Pretorius	Male	42:38.444
112	CCSEP387	Tian	Coetzee	Male	42:57.484
113	CCSEP103	Kelsey	van Es	Female	43:00.598
114	CCSEP1135	Hilde	Joubert	Female	43:02.178
115	CCSEP842	Ben (1)	Jooste	Male	43:03.334
116	CCSEP1100	Caelim	Le Roux	Male	43:04.676
117	CCSEP1059	Lihim	Le Roux	Male	43:07.652
118	CCSEP806	Louis	Jooste	Male	43:09.191
119	CCSEP675	Hilda	Parsons	Female	43:13.628
120	CCSEP955	Joan - ann	Du plesies	Female	43:28.491
121	CCSEP1193	Elmarie	Fourie	Female	43:30.008
122	CCSEP327	Anaik	Bechard	Female	43:40.556
123	CCSEP819	Ben (2)	Jooste	Male	43:54.339
124	CCSEP970	Quintin	Le Roux	Male	43:55.175
125	CCSEP673	Mavreeyn	Liebenberg	Male	43:59.512
126	CCSEP351	Armand	Fritz	Male	44:14.802
127	CCSEP081	Rieta (1)	Van der Bank	Female	44:18.034
128	CCSEP554	Talitha	Willemse	Female	44:19.350
129	CCSEP1153	Khilona	Patel	Female	44:22.072
130	CCSEP951	Danielle	Willemse	Female	44:28.276
131	CCSEP711	Caitlin	Epprecht	Female	44:32.478
132	CCSEP1147	Zachary	Venter	Male	44:39.692
133	CCSEP1170	Nicole	Power	Female	44:42.245
134	CCSEP097	Gerald	Terblanche	Male	45:08.195
135	CCSEP653	Anthony	Terblanche	Male	45:12.588
136	CCSEP1139	Samet	Citlak	Male	45:15.234
137	CCSEP1124	Olivia	Visentin	Female	45:15.530
138	CCSEP727	Eckhard	van As	Male	45:17.207
139	CCSEP035	Christine	van der Ryst	Female	45:18.181
140	CCSEP1057	Christelle	Zietsman	Female	45:19.452
141	CCSEP1049	Sean	Smith	Male	45:50.584
142	CCSEP1200	Ed	Miller	Male	45:56.316
143	CCSEP557	Rochelle	Groenewald	Female	46:00.040
144	CCSEP981	Shani	Merli	Female	46:01.560
145	CCSEP817	Bianca De	De Wet	Female	46:03.203
146	CCSEP787	Danielle	Houston	Female	46:04.685
147	CCSEP848	Scott	Houston	Male	46:06.250
148	CCSEP764	Esperance	de Beer	Female	46:13.023
149	CCSEP1213	Adri	Julyan	Female	46:16.397
150	CCSEP1227	Esmeralda	Bosman	Female	46:17.976
151	CCSEP346	Michael	Marimo	Male	46:29.484
152	CCSEP067	Denika	Parsons	Female	46:34.888
153	CCSEP965	Ewald	Pretorius	Male	46:36.401
154	CCSEP799	Sanelisiwe	Mbatha	Female	46:41.392
155	CCSEP1038	Kamogelo	Kotsedi	Male	47:14.492
156	CCSEP338	Nat	Robertson	Male	47:31.227
157	CCSEP518	Em	Tabor	Female	47:32.824
158	CCSEP373	Hendry	Bouwer	Male	47:49.069
159	CCSEP832	Ditiro	Monaiwa	Male	47:53.381
160	CCSEP200	Alcinda	McFarlane	Female	47:54.307
161	CCSEP1095	aliche	pretorius	Female	47:56.650
162	CCSEP1130	Tasmiyah	Bulbulia	Female	48:10.932
163	CCSEP737	Benita	Goodwin	Female	48:21.479
164	CCSEP1044	George	Liebenberg	Male	48:40.311
165	CCSEP1198	Kristen	Fouche	Female	48:56.249
166	CCSEP942	Maryke	Pretorius	Female	49:11.271
167	CCSEP834	Duan	de Vries	Male	49:25.434
168	CCSEP768	Jacolize	de Vries	Female	49:25.584

169	CCSEP173	Jakkie	Van Dyk	Male	49:56.717
170	CCSEP719	Debbie	Farquharson	Female	50:00.319
171	CCSEP1080	Judy	Williamson	Female	50:17.497
172	CCSEP599	Claire	Ellis Cole	Female	50:20.092
173	CCSEP376	Johan	De Lange	Male	50:25.097
174	CCSEP728	Leandri	Naude	Female	50:31.242
175	CCSEP780	Hennie	Naude	Male	50:31.554
176	CCSEP815	Ramokone	Setsiba	Female	50:53.956
177	CCSEP139	Sumaiyah	Bulbulia	Female	51:02.116
178	CCSEP1169	Nadia	Fourie	Female	51:17.644
179	CCSEP355	Elizma	Coetzee	Female	51:18.708
180	CCSEP774	Kyle	Kotze	Male	51:43.212
181	CCSEP578	Jarrod	Luck	Male	51:46.802
182	CCSEP568	Samantha-Lee	Luck	Female	51:47.376
183	CCSEP660	Lizanne	van Eeden	Female	51:49.703
184	CCSEP535	Liam	Porter	Male	51:54.025
185	CCSEP548	Tanaka	Marimo	Female	51:55.092
186	CCSEP282	Marius	Strydom	Male	51:55.221
187	CCSEP1179	Janice	Wilson	Female	52:07.104
188	CCSEP792	Marizelle	van As	Female	52:13.400
189	CCSEP830	Stefan	Le Roux	Male	52:14.471
190	CCSEP726	Rumaanah	Dangor	Female	52:27.036
191	CCSEP442	Andrew	Takawira	Male	52:44.914
192	CCSEP730	Lerika	Nel	Female	52:58.177
193	CCSEP1029	June	Bates	Female	53:22.527
194	CCSEP038	Hannes	Nel	Male	53:35.233
195	CCSEP046	Ria	Pretorius	Female	53:35.358
196	CCSEP995	Leigh-Anne	Corden	Female	53:47.470
197	CCSEP1120	Leah	Pretorius	Female	54:01.632
198	CCSEP453	Alida	Erasmus	Female	54:10.227
199	CCSEP263	Humaira	Bulbulia	Female	54:11.109
200	CCSEP1081	JP	Holmes	Male	54:13.041
201	CCSEP914	Botlhale	Tamela	Male	54:15.305
202	CCSEP519	Ashleigh	Barnard-McNaughton	Female	54:16.434
203	CCSEP1128	Realeboga	Marota	Female	54:24.245
204	CCSEP1183	Kaylee	Putter	Female	54:29.118
205	CCSEP1219	Rolien	Nel	Female	54:43.083
206	CCSEP1218	Anita	Nell	Female	54:44.199
207	CCSEP384	Adele	Marais	Female	54:46.783
208	CCSEP920	Karin	Kotze	Female	54:49.151
209	CCSEP898	Pieter	Putter	Male	54:57.999
210	CCSEP1161	Zandi	Putter	Female	54:58.810
211	CCSEP739	Zandelie	Naud��	Female	55:02.827
212	CCSEP873	Pierre	Laurent	Male	55:03.379
213	CCSEP771	Herna	Le Roux	Female	55:04.760
214	CCSEP796	Nico	Kotze	Male	56:00.420
215	CCSEP183	Martin	Brown	Male	56:44.225
216	CCSEP213	Anton	Van Rooyen	Male	56:59.716
217	CCSEP414	Teboho	moshabisha	Male	57:09.756
218	CCSEP531	Monch	Roberts	Female	57:20.017
219	CCSEP352	Annette	van der Ryst	Female	57:21.316
220	CCSEP904	Eve	Wanckel	Female	57:24.118
221	CCSEP813	Kayla	Tagg	Female	57:26.806
222	CCSEP585	Karen	Strydom	Female	57:29.630
223	CCSEP1093	Ilinke	Craill	Female	57:33.247
224	CCSEP1065	Tania	Thomas Alaraju	Female	57:36.316
225	CCSEP822	Lisa	Jooste	Female	57:37.720
226	CCSEP012	Pierre	Muller	Male	58:12.720

227	CCSEP465	Pamela	Epprecht	Female	58:15.295
228	CCSEP140	Marnique	Strydom	Female	58:21.952
229	CCSEP788	Renier	Naude	Male	58:26.391
230	CCSEP668	Brandon	Strydom	Male	58:30.236
231	CCSEP1175	Kgomotso Ursula	Maphosa	Female	58:31.218
232	CCSEP261	Precious Zemvelo	Mnisi	Female	58:33.587
233	CCSEP458	Taine	Newport	Female	58:39.535
234	CCSEP540	Liza-Marie	Olivier	Female	58:40.560

235	CCSEP956	Donovan	Fobian	Male	58:51.463
236	CCSEP833	Doret	Jooste	Female	59:27.656
237	CCSEP1188	Tanya	Le Roux	Female	59:28.876
238	CCSEP1154	Roelof	de Beer	Male	59:30.921
239	CCSEP131	Kobus	Porter	Male	59:31.772
240	CCSEP408	Chris (1)	Ridley	Male	1:00:16.162
241	CCSEP783	Musa	Khosa	Male	1:00:16.428
242	CCSEP685	Kevin	Hussey	Male	1:00:51.358
243	CCSEP377	Dewald	Pretorius	Male	1:01:05.520
244	CCSEP339	Elzette	Gerber	Female	1:01:06.577
245	CCSEP790	Phuti	SETSIBA	Female	1:01:36.802
246	CCSEP795	Jacob	SETSIBA	Male	1:01:39.005
247	CCSEP922	SALLY	Foure	Female	1:01:58.233
248	CCSEP964	LL	Foure	Female	1:02:01.394
249	CCSEP079	Veronica	Mbatha	Female	1:03:10.080
250	CCSEP828	Rebekah	Griffiths	Female	1:03:24.290
251	CCSEP747	Wayne	Griffiths	Male	1:03:27.320
252	CCSEP1189	Maritza	Craill	Female	1:03:56.174
253	CCSEP1026	Anika	Craill	Female	1:03:57.910
254	CCSEP837	Thokozile	Dlamini	Female	1:04:07.209
255	CCSEP752	Andisa	Davhana	Female	1:04:12.209
256	CCSEP750	Annah	Mokaloba	Female	1:04:13.870
257	CCSEP805	Valery	Davhana	Female	1:04:26.171
258	CCSEP406	Othandwayo Gugu	Mnisi	Female	1:04:41.300
259	CCSEP1071	Micayla	De Lange	Female	1:06:44.318
260	CCSEP814	Lusanda	Vena	Female	1:06:45.497
261	CCSEP921	Bernard	Leburu	Male	1:06:51.204
262	CCSEP193	Lienke	Smit	Female	1:06:55.630
263	CCSEP589	Lume	Smit	Female	1:06:56.616
264	CCSEP1109	Suleila	Petersen	Female	1:06:58.984
265	CCSEP789	Delicia	de Villiers	Female	1:07:00.684
266	CCSEP222	Maira	Strydom	Female	1:07:30.341
267	CCSEP766	JOEY	VAN DEN HEEVER	Female	1:07:32.137
268	CCSEP020	Joey	De Koker	Female	1:09:25.334
269	CCSEP192	Jannie	Strydom	Male	1:09:27.772
270	CCSEP028	Neo	Kakubeng	Male	1:09:33.564
271	CCSEP071	Willie	Smit	Male	1:10:26.206
272	CCSEP678	Isolde	Smit	Female	1:10:27.480
273	CCSEP890	Carrol	Esterhuizen	Female	1:10:52.742
274	CCSEP831	Sabi	Moduka	Female	1:11:06.062
275	CCSEP743	Lumka	Dlomo	Female	1:13:13.821
276	CCSEP791	Pumela	Salela	Female	1:13:15.265
277	CCSEP473	Kate	Pretorius	Female	1:14:04.309
278	CCSEP746	Ria	Coetzee	Female	1:14:05.831
279	CCSEP722	Paballo	Motingoa	Female	1:14:27.120
280	CCSEP784	Aurelia	Mbokazi	Female	1:15:04.513
281	CCSEP517	Selinah	Mahule	Female	1:15:37.610
282	CCSEP843	Merisca	Booyesen	Female	1:15:37.806
283	CCSEP816	Kholiwe	Makhohliso	Female	1:15:44.869
284	CCSEP429	Ruth	Seema	Female	1:18:36.970
285	CCSEP281	Kamohelo	Mokoatle	Female	1:18:38.410
286	CCSEP826	Jennifer	McGeer	Male	1:19:52.907
287	CCSEP786	Angelique	Nolte	Female	1:19:55.259
288	CCSEP734	Candice	Mc Geer	Female	1:19:56.793
289	CCSEP1061	Susan	von Wielligh	Female	1:30:51.698
290	CCSEP168	Isabel	Potgieter	Female	1:30:52.485

10KM RESULTS					
Position	Race #	Name	Surname	Gender	Time
1	CCSEP292	Jan Junior	Kruger	Male	40:10.957
2	CCSEP1040	KEION	VENTER	Male	42:58.504
3	CCSEP543	Sebastian	Haralambous	Male	43:18.704
4	CCSEP1001	Reinhardt	Jacobsz	Male	44:35.035
5	CCSEP214	Riyaanz	Ameer	Male	46:29.004
6	CCSEP533	Jessica	Lyne	Female	47:18.269
7	CCSEP1102	Maryna	Bijker	Female	48:17.693
8	CCSEP871	Miguel	Ferreira	Male	49:40.504
9	CCSEP571	Duwayne	Kay	Male	49:57.344
10	CCSEP1110	Xola	Mageushe	Male	51:02.859
11	CCSEP174	Orin	Rubidge	Male	51:34.376
12	CCSEP417	Kuba	Kaliszka	Male	51:53.132
13	CCSEP385	Dominique	Pettit	Female	51:55.405
14	CCSEP1118	Veani	Slabbert	Female	52:09.197
15	CCSEP095	Alice	Wong	Female	52:09.256
16	CCSEP516	Anthony	Cawood	Male	52:56.970
17	CCSEP1305	Jurgen	Hayes	Male	52:57.130
18	CCSEP401	Ashley	Roberts	Male	53:15.961
19	CCSEP336	Alexander	Brits	Male	53:32.937
20	CCSEP089	Michiel	van Tonder	Male	53:34.949
21	CCSEP234	Douglas	Yazbek	Male	53:38.358
22	CCSEP199	mazwi	MTETWA	Male	54:00.774
23	CCSEP1210	Kevania	Naidoo	Female	54:05.437
24	CCSEP324	Amore	Roberts	Female	54:09.145
25	CCSEP878	Lance	Milosevich	Male	54:11.461
26	CCSEP171	Wilco	Kamffer	Male	54:30.377
27	CCSEP580	Melenie	Dale	Female	54:41.935
28	CCSEP547	Werner	Janse van Rensburg	Male	55:07.109
29	CCSEP1052	Alistair	Fisher	Male	55:23.436
30	CCSEP779	Kyle	Thorp	Male	55:31.163
31	CCSEP509	Luzuko	Maqungu	Male	55:47.520
32	CCSEP1142	Charlie	Paget	Female	55:47.691
33	CCSEP858	Matthew (2)	Pretorius	Male	55:56.624
34	CCSEP187	Jordan	Ngoshi	Male	55:58.876
35	CCSEP065	Kagiso	Sito	Male	56:07.426
36	CCSEP696	Mohammed	Juma	Male	56:11.720
37	CCSEP212	Dunay	Janse van Rensburg	Female	56:16.280
38	CCSEP1140	Ryno	Moolman	Male	56:19.265
39	CCSEP646	Juan	Gerber	Male	56:19.551
40	CCSEP428	Gerhard	Cronje	Male	56:29.419
41	CCSEP003	Louise	Engelbrecht	Female	56:33.776
42	CCSEP1171	Adriaan	Slabbert	Male	56:50.745
43	CCSEP967	Christo	Van Zyl	Male	56:50.860
44	CCSEP867	Esna	van Zyl	Female	57:05.084
45	CCSEP857	Logan	Masters	Male	57:25.574
46	CCSEP573	Pieter	van Wyk	Male	58:18.169
47	CCSEP927	Keegan	Finlayson	Male	58:42.804
48	CCSEP1113	Caryn	Niemand	Female	59:15.441
49	CCSEP588	Izwi	Ngoshi	Male	59:18.040
50	CCSEP1208	Daniel	Muller	Male	59:24.257
51	CCSEP558	Leonie	Bekker	Female	59:25.250
52	CCSEP1164	Markus	Bezuidenhout	Male	59:31.120
53	CCSEP1160	Melissa	Bezuidenhout	Female	59:31.760
54	CCSEP798	Cameron	Perry	Male	59:38.671
55	CCSEP811	Burger	Fouche	Male	59:45.996
56	CCSEP069	Janco	Erasmus	Male	59:52.877
57	CCSEP1053	Stacey	Fisher	Female	59:59.070
58	CCSEP053	WESSEL	FICK	Male	1:00:33.789
59	CCSEP609	MELISSA	ZAEIMDAR	Female	1:00:54.134
60	CCSEP308	Hudhaifah	Kaka	Male	1:00:57.938
61	CCSEP099	Tinashe	Nyamagodo	Male	1:01:03.066
62	CCSEP1032	Jenna	Love	Female	1:01:05.574

63	CCSEP1002	JJ	du Toit	Male	1:01:07.635
64	CCSEP251	Christa	Piater	Female	1:01:13.922
65	CCSEP952	Alison	Laurent	Female	1:01:29.694
66	CCSEP102	Nicola	Nel	Female	1:01:41.940
67	CCSEP1117	Cadin	Kieck	Male	1:01:50.077
68	CCSEP521	Saba	Rahimi	Male	1:01:53.537
69	CCSEP812	Mark	Segers	Male	1:02:36.364
70	CCSEP162	Johan	de Klerk	Male	1:03:04.765
71	CCSEP1037	Danni	Trehearn-Temlett	Female	1:03:08.813
72	CCSEP541	James	Holmes	Male	1:03:10.441
73	CCSEP433	Simone	Porter	Female	1:03:14.753
74	CCSEP023	Alanna Frances	Sevell	Female	1:03:31.137
75	CCSEP259	Michelle	Janse van Rensburg	Female	1:03:35.463
76	CCSEP686	KAREN	DU PLESSIS	Female	1:03:36.288
77	CCSEP303	Ryan	van den Berg	Male	1:03:44.206
78	CCSEP874	Tzvetana	Masters	Female	1:04:01.753
79	CCSEP1133	Jadene	Keylock	Female	1:04:09.398
80	CCSEP677	Francesco	Leonardi	Male	1:04:17.336
81	CCSEP947	Bailey	Hawkes	Female	1:04:17.583
82	CCSEP301	Elisna van wyk	Van Wyk	Female	1:04:27.354
83	CCSEP864	Brenda	Jajula	Female	1:04:33.103
84	CCSEP320	Colin	Hugo	Male	1:04:40.690
85	CCSEP030	Paige	Harrower	Female	1:04:46.330
86	CCSEP101	Andrew	Cook	Male	1:05:03.940
87	CCSEP481	Ricky	Milosevich	Male	1:05:16.267
88	CCSEP1096	Keegan	Jordaan	Male	1:05:21.097
89	CCSEP579	Christi	Milosevich	Female	1:05:22.332
90	CCSEP642	Adel	Blake	Female	1:05:27.510
91	CCSEP680	Mark	Good	Male	1:05:34.327
92	CCSEP454	Lauren	Reimers	Female	1:05:34.401
93	CCSEP153	Liane	Meyer	Female	1:05:38.015
94	CCSEP976	Alexander	Masters	Male	1:05:43.985
95	CCSEP576	Janet	Ernst	Female	1:05:50.684
96	CCSEP916	Madelein	Viljoen	Female	1:06:06.636
97	CCSEP1101	Jenna	Mitchley	Female	1:06:13.981
98	CCSEP329	Tayla	Bruce	Female	1:06:14.871
99	CCSEP635	Danielle	Beetge	Female	1:06:21.288
100	CCSEP050	Reegan	Hiten	Male	1:06:22.784
101	CCSEP169	LEANE	VAN HEERDEN	Female	1:06:26.618
102	CCSEP670	Willie	Van der Bank	Male	1:06:27.053
103	CCSEP1016	Bronwyn	Pires	Female	1:06:28.461
104	CCSEP426	Jade	Carstens	Female	1:06:39.006
105	CCSEP485	Kirsten	Lake	Female	1:06:43.081
106	CCSEP022	Lebo	Mofali	Female	1:06:44.630
107	CCSEP189	Jaqualine	Bohlmann	Female	1:07:10.462
108	CCSEP612	Rosanne	LeJeune	Female	1:07:12.581
109	CCSEP151	Tracey	Selby	Female	1:07:21.084
110	CCSEP1011	Veronika	Du Plessia	Female	1:07:35.721
111	CCSEP948	Danie	de Klerk	Male	1:07:35.727
112	CCSEP1202	Zibusiso	Brighton	Male	1:07:47.447
113	CCSEP620	Carmen	Loubser	Female	1:08:05.407
114	CCSEP614	Angelique	Van der berg	Female	1:08:10.209
115	CCSEP064	Megan	O'Kelly	Female	1:09:02.679
116	CCSEP467	Zimkitha	Booi	Female	1:09:07.895
117	CCSEP421	Wayne	Good	Male	1:09:13.604
118	CCSEP451	Phillip Ngonidzashe	Chitauo	Male	1:09:14.024
119	CCSEP167	Donovan	Blamire	Male	1:09:16.002
120	CCSEP983	K	Roth	Female	1:09:19.154
121	CCSEP235	olethu	ndwandwa	Male	1:09:21.491
122	CCSEP487	evan	symmonds	Male	1:09:23.468
123	CCSEP397	Frans	Vermaak	Male	1:09:24.870
124	CCSEP319	Danielle	Selby	Female	1:09:26.621
125	CCSEP057	Norman	Farquharson	Male	1:09:32.823
126	CCSEP544	Magdel	Vermaak	Female	1:09:36.022
127	CCSEP271	Jason	Martin	Male	1:09:39.444
128	CCSEP854	Stephanie	Walker	Female	1:10:04.797

129	CCSEP036	Kelly	Harris	Female	1:10:09.984
130	CCSEP379	HESTER	ROESTORFF	Female	1:10:10.401
131	CCSEP1150	Carina	Crane	Female	1:10:11.414
132	CCSEP1151	Trudi	Greer	Female	1:10:12.455
133	CCSEP004	Roberto	Teixeira	Male	1:10:13.625
134	CCSEP219	Dario	Simoes	Male	1:10:15.397
135	CCSEP1019	nduduzl	mdletshe	Male	1:10:16.017
136	CCSEP344	Gosia	Milaniak	Female	1:10:22.879
137	CCSEP761	Tumelo	Motloutsi	Male	1:11:30.423
138	CCSEP759	Natalie	Motloutsi	Female	1:11:31.707
139	CCSEP754	Nina	Broschk	Female	1:11:33.389
140	CCSEP662	Ashleigh	Jones	Female	1:11:46.166
141	CCSEP1051	Ronald	Eykenduyn	Male	1:12:00.634
142	CCSEP530	Charlotte	Greve	Female	1:12:01.088
143	CCSEP569	Kaleb	Nieuwenhuizen	Male	1:12:02.241
144	CCSEP1045	Helene	VILJOEN	Female	1:12:07.774
145	CCSEP018	Zani	Koen	Female	1:12:09.792
146	CCSEP026	Kristin-Lee	Capazorio	Male	1:12:17.079
147	CCSEP945	Kerryn	Magnussen	Female	1:12:28.866
148	CCSEP881	Michael	Beaumont	Male	1:12:30.481
149	CCSEP536	Sven	Magnussen	Male	1:12:31.688
150	CCSEP638	Hanro	Scheepers	Male	1:12:35.267
151	CCSEP958	Cecilia	Hartzenberg	Female	1:12:38.654
152	CCSEP633	Karen	Da Costa	Female	1:12:45.601
153	CCSEP185	Jules	Kearns	Female	1:12:50.442
154	CCSEP368	Brendon	Van Der Vyver	Male	1:12:53.636
155	CCSEP959	Joanitta	Belton	Female	1:12:58.807
156	CCSEP490	Roxanne	Gurtz	Female	1:13:01.858
157	CCSEP564	Wayne	Kay	Male	1:13:08.808
158	CCSEP892	Monique	Milosevich	Male	1:13:19.015
159	CCSEP802	Daniel	Perry	Male	1:13:35.844
160	CCSEP835	Layaan	Varachia	Female	1:14:10.750
161	CCSEP961	Malcom	Groenwult	Female	1:14:20.843
162	CCSEP706	Lanese	Forbes	Female	1:14:22.215
163	CCSEP405	Kelly	Steyn	Female	1:14:25.184
164	CCSEP681	Kyle	Brummer	Male	1:14:34.183
165	CCSEP628	RAYN	BROWN	Male	1:14:35.180
166	CCSEP313	Shayjal	Govind	Male	1:14:36.992
167	CCSEP1068	CARONE	FULS	Female	1:14:42.598
168	CCSEP432	Carol	Molenaar	Female	1:14:50.339
169	CCSEP084	Carol	Posthumus	Female	1:15:00.069
170	CCSEP772	Hlulani	Mkhombo	Male	1:15:00.729
171	CCSEP1215	Keagan	Crous	Male	1:15:20.864
172	CCSEP386	Jen	Tabor	Female	1:15:23.261
173	CCSEP1048	Rene	Grobler	Female	1:15:32.907
174	CCSEP273	Katja	Radel	Female	1:15:33.217
175	CCSEP716	Werner	van der Nest	Male	1:15:59.555
176	CCSEP643	Yolande	Terblanche	Female	1:16:11.891
177	CCSEP380	Allesandri	van Eck	Female	1:16:12.500
178	CCSEP1111	Irma	Parker	Female	1:16:14.201
179	CCSEP880	HENTIE	Bezuidenhout	Male	1:16:14.826
180	CCSEP676	Erin	Goodwin	Female	1:16:31.336
181	CCSEP760	Donald	Madlabane	Male	1:16:32.019
182	CCSEP180	Sharne	Steele	Female	1:16:32.396
183	CCSEP1176	Liesl	van Assen	Female	1:16:40.897
184	CCSEP476	linndy	ray	Female	1:16:49.071
185	CCSEP698	Samantha	Cronje	Female	1:16:57.356
186	CCSEP712	Shannon	Granchelli	Female	1:17:08.352
187	CCSEP950	Susara Theresa	Jacobsz	Female	1:17:09.428
188	CCSEP895	Joseph	Makhafula	Male	1:17:31.302
189	CCSEP1099	Bradley	Du Plessis	Male	1:17:36.469
190	CCSEP885	Bernice	Kieck	Female	1:17:37.314
191	CCSEP1165	ANITA	DE LANGE	Female	1:17:43.262
192	CCSEP658	Sameera	Hasrod	Female	1:17:53.779
193	CCSEP152	Fayaaz	Bulbulia	Male	1:17:54.942
194	CCSEP839	Hermann	Broschk	Male	1:18:12.925

195	CCSEP979	Stefanie	Crowther	Female	1:18:30.258
196	CCSEP194	Corra-Mari	Jv Vuuren	Female	1:18:33.928
197	CCSEP143	Lme	Van Jaarsveld	Female	1:18:36.148
198	CCSEP175	Adriaan	Van Jaarsveld	Male	1:18:36.987
199	CCSEP1114	Sina	Rabaji	Female	1:18:37.975
200	CCSEP1094	Leanne	de Souza	Female	1:18:38.757
201	CCSEP781	Ignitious	Lekalakala	Male	1:18:55.613
202	CCSEP1136	Nico	Smit	Male	1:19:07.637
203	CCSEP040	Coco	Ngoshi	Female	1:19:14.784
204	CCSEP011	Barend	Venter	Male	1:19:27.518
205	CCSEP392	Jessica	Foster	Female	1:19:28.394
206	CCSEP133	Jessica	Taylor	Female	1:19:29.165
207	CCSEP629	Luke	Langenberg	Male	1:19:31.080
208	CCSEP1012	Samantha	Hawkes	Female	1:19:33.799
209	CCSEP605	Claire	Anderson	Female	1:19:34.914
210	CCSEP009	Caspar	Eksteen	Male	1:19:35.351
211	CCSEP850	Chwayita	Nyusani	Female	1:19:37.441
212	CCSEP1201	Vinette	VAN ZYL	Female	1:19:42.603
213	CCSEP710	Adam	Saiyad	Male	1:19:43.070
214	CCSEP1148	Morkel	du Preez	Male	1:19:48.911
215	CCSEP962	Anica	van der Westhuizen	Female	1:19:55.220
216	CCSEP188	Matthew	Harris	Male	1:19:55.269
217	CCSEP897	Dominic	Solomons	Male	1:19:57.506
218	CCSEP908	Cindy	Mostert	Female	1:19:58.496
219	CCSEP146	Deneva	De Silver	Female	1:20:10.966
220	CCSEP1004	Ashleigh	Alves	Female	1:20:11.347
221	CCSEP1228	Angela	Rodgers	Male	1:20:14.818
222	CCSEP232	Martin	Wheeler	Male	1:20:16.924
223	CCSEP703	Deidre (2)	de Meyer	Female	1:20:20.677
224	CCSEP291	Marilize	Wessels	Female	1:20:29.535
225	CCSEP929	Johan	Liebenberg	Male	1:20:29.831
226	CCSEP1091	Wilna	Pieters	Female	1:20:33.444
227	CCSEP1063	Lana	Kotze	Female	1:20:33.689
228	CCSEP936	Mia	Pretorius	Female	1:20:34.723
229	CCSEP266	Lezanne	Groenewald	Female	1:20:35.606
230	CCSEP625	Paula	Klaassen	Female	1:20:39.450
231	CCSEP689	Hannah	Spangenberg	Female	1:20:57.461
232	CCSEP630	Jade	Smuts	Female	1:21:07.853
233	CCSEP566	Wayne	Scott	Male	1:21:30.806
234	CCSEP1125	Brandon	Alaraju	Male	1:21:34.106
235	CCSEP1014	Melani	Jacobs	Female	1:21:42.747
236	CCSEP216	Caitlyn	Luck	Female	1:22:01.730
237	CCSEP879	Katekani	Hobyane	Female	1:22:04.169
238	CCSEP940	Eleni	Giannakopoulos	Female	1:22:17.855
239	CCSEP181	Tracy	Pringle	Female	1:22:18.460
240	CCSEP420	Wendy	Mcloughlin	Female	1:22:19.891
241	CCSEP423	DES	ELOFF	Female	1:22:44.265
242	CCSEP260	Shinayed	Spangenberg	Female	1:22:50.109
243	CCSEP419	Roselle	Jacobs	Female	1:22:50.560
244	CCSEP349	Teresa	Coetzee	Female	1:22:55.312
245	CCSEP010	Edna	Hinrichsen	Female	1:22:56.258
246	CCSEP933	Jacques	Petersen	Male	1:22:57.641
247	CCSEP246	Kirsten	Dunn	Female	1:23:08.621
248	CCSEP489	Ghia	Marnewick	Female	1:23:32.382
249	CCSEP008	Melissa	Cawood	Female	1:23:36.927
250	CCSEP017	Dirk	Scheepers	Male	1:23:46.233
251	CCSEP903	Candice	Henderson	Female	1:23:49.490
252	CCSEP808	Nicholas	Mokgosi	Male	1:24:28.752
253	CCSEP1241	Melanie	Rodrigues	Female	1:24:32.490
254	CCSEP911	Nile	Orpen	Female	1:24:38.053
255	CCSEP583	Sandra	Pieters	Female	1:24:41.037
256	CCSEP852	Sophie	Mokgosi	Female	1:24:49.756
257	CCSEP208	Jacqueline	Schott	Female	1:24:56.109
258	CCSEP765	Adrian	Reyneke	Male	1:25:12.954
259	CCSEP1143	Stefan	Jacobs	Male	1:25:31.640
260	CCSEP824	Bongiwe	Masesane	Female	1:25:41.534

261	CCSEP286	Craig	Rouw	Male	1:25:53.619
262	CCSEP1231	Herman	Esterhuizen	Male	1:25:55.075
263	CCSEP264	Sandra	Mvula	Female	1:26:08.427
264	CCSEP561	Vanessa	Dhlamini	Female	1:26:20.476
265	CCSEP818	Tshepo	Makhubela	Male	1:26:20.879
266	CCSEP735	Lorraine	Ditshogo	Female	1:26:40.558
267	CCSEP093	Jay	Ngoshi	Male	1:26:42.808
268	CCSEP1185	Bruce	De Lange	Male	1:26:49.150
269	CCSEP622	Sandy	Magabane	Female	1:27:32.471
270	CCSEP356	MARITSA	MINNIE	Female	1:28:16.626
271	CCSEP1098	Angelique	Cronje	Female	1:28:17.898
272	CCSEP988	Jo	Sfarnas	Female	1:28:18.484
273	CCSEP298	Rene	Pieterse	Female	1:28:23.093
274	CCSEP851	Reghardt	Kotze	Male	1:28:30.527
275	CCSEP082	Monique	Van Der Vyver	Female	1:28:48.573
276	CCSEP090	Jade	De Klerk	Female	1:29:07.460
277	CCSEP827	Sibabalwe	Noncembu	Female	1:29:08.497
278	CCSEP274	Zinhle	Dube	Female	1:29:08.835
279	CCSEP211	Ruth	Marimo	Female	1:29:16.559
280	CCSEP466	Alicia	Schoeman	Female	1:29:33.975
281	CCSEP1066	Rhys	de Souza	Male	1:29:35.390
282	CCSEP883	Lesego	Khoeli	Female	1:29:40.731
283	CCSEP918	Malcolm	Parket	Male	1:29:47.191
284	CCSEP123	Nkazimulo	Shongwe	Female	1:29:47.263
285	CCSEP648	Kholiwe	Buthelezi	Female	1:30:07.024
286	CCSEP440	sarel	van der walt	Male	1:30:29.660
287	CCSEP732	Marthie	van den Berg	Female	1:30:32.194
288	CCSEP636	Lee-Ann	Lubbe	Female	1:30:39.929
289	CCSEP111	Dominic	King-Ogden	Male	1:30:42.936
290	CCSEP515	Angelique	Viljoen King-Ogden	Female	1:30:50.058
291	CCSEP122	Flyod	Pillay	Male	1:30:50.290
292	CCSEP120	Ashley	sanjit	Male	1:30:51.975
293	CCSEP061	Phathutshedzo	Mulaudzi	Female	1:31:31.982
294	CCSEP649	Andre	Barnard	Male	1:32:29.184
295	CCSEP896	Kimalyn	Wolmarans	Female	1:32:35.251
296	CCSEP024	Leigh	Candlish	Female	1:33:00.704
297	CCSEP1242	Bongani	Mlambo	Male	1:33:00.749
298	CCSEP624	Dominique	Janssen	Male	1:33:03.856
299	CCSEP932	Matthys	Jacobsz	Male	1:33:14.116
300	CCSEP210	BIANCA	GERBER	Female	1:34:24.814
301	CCSEP966	Linette	Lingenfelder	Female	1:34:27.681
302	CCSEP926	Buhle	Motloung	Female	1:34:33.946
303	CCSEP250	Linda	Stander	Female	1:34:48.269
304	CCSEP534	Helga	Lombard	Female	1:35:02.726
305	CCSEP714	Susan	Van Dyk	Female	1:35:05.825
306	CCSEP693	charmaine	van der walt	Female	1:35:17.716
307	CCSEP1220	Marthie	Griffiths	Female	1:35:20.204
308	CCSEP475	Edward	Molale	Male	1:35:35.859
309	CCSEP182	Tembakazi	Ciliwe-Molale	Female	1:35:36.269
310	CCSEP047	Bianca	Bester	Female	1:35:42.111
311	CCSEP821	Rejoice	Mokoena	Female	1:35:50.542
312	CCSEP223	Tanya	Nel	Female	1:36:09.571
313	CCSEP893	Phinki	Shezi	Female	1:36:24.706
314	CCSEP724	Siposihle	Bungane	Female	1:36:32.690
315	CCSEP463	Michaela	Schott	Female	1:36:42.159
316	CCSEP198	Masingita	Maluleke	Female	1:37:09.436
317	CCSEP418	Kelly	Harding	Female	1:38:30.354
318	CCSEP567	Jackie	Booth	Female	1:38:40.266
319	CCSEP669	Khaya	Mntambo	Female	1:38:41.643
320	CCSEP937	Cindy	Du Plessis	Female	1:38:53.534
321	CCSEP314	Celine	Billings	Female	1:39:22.052
322	CCSEP390	Nadia	de Lange	Female	1:40:00.095
323	CCSEP542	Barbara	Jones	Female	1:40:02.850
324	CCSEP731	Arthur	Muhanelwa	Male	1:40:03.023
325	CCSEP1225	Orit	Banai	Female	1:40:13.674
326	CCSEP758	Mmalefa	Motaung	Female	1:40:21.444

327	CCSEP721	Luleka	Nobaza	Female	1:40:22.803
328	CCSEP228	Samantha	Inskip	Female	1:40:26.756
329	CCSEP1083	Elmien	Davidson	Female	1:40:28.380
330	CCSEP794	Qiniso	Ntuli	Female	1:40:39.795
331	CCSEP778	Lerato	Maseko	Female	1:40:40.727
332	CCSEP444	Evah	Rakuba	Female	1:40:42.307
333	CCSEP661	Andiswa	Cishe	Female	1:41:01.083
334	CCSEP1172	Nicci	Lawrence	Female	1:41:31.382
335	CCSEP877	DANIEL	KRUGER	Male	1:41:33.422
336	CCSEP029	Bev	Smit	Female	1:41:35.189
337	CCSEP762	Lunga	Dayi	Female	1:42:34.088
338	CCSEP1221	Elizabeth	Inskip	Female	1:42:52.046
339	CCSEP176	Noel	Richard	Female	1:42:56.600
340	CCSEP845	Celia	Mashishi	Female	1:43:07.076
341	CCSEP872	Neesha	Fakir	Female	1:43:07.092
342	CCSEP1152	Ntswaki	Lerobane	Female	1:43:37.792
343	CCSEP1005	JACKIE	VAN DEN BERG	Female	1:43:45.011
344	CCSEP233	ANNELINE	KRUGER	Female	1:43:45.947
345	CCSEP863	Refilwe	Sejesho	Female	1:43:48.882
346	CCSEP027	NATASJA	van den berg	Female	1:44:38.411
347	CCSEP1039	RONELL	KOCK	Female	1:44:39.292
348	CCSEP738	Nomagugu	Nxumalo	Female	1:44:41.313
349	CCSEP870	Karabo	Poor	Female	1:45:02.504
350	CCSEP267	Lineth	Mokoena	Female	1:45:06.535
351	CCSEP218	Amy	Catsavis	Female	1:45:56.341
352	CCSEP742	Avela	Belle	Female	1:46:01.185
353	CCSEP749	Perseverance	Selolo	Female	1:47:25.548
354	CCSEP705	Henrietta	Dubbini	Female	1:47:43.477
355	CCSEP315	Samantha	Heigan	Female	1:47:44.999
356	CCSEP757	Silindile	Dhlamini	Female	1:47:47.509
357	CCSEP888	Thobile	Molokomme	Female	1:48:48.865
358	CCSEP986	Nomabali	Kimberley	Female	1:48:51.339
359	CCSEP773	Tshepo	Motloutsi	Female	1:48:54.718
360	CCSEP691	Cameraon	Haigan	Male	1:50:37.728
361	CCSEP741	Bongi	Mbuli	Female	1:52:57.128
362	CCSEP793	Lehlogonolo	Mbuli	Male	1:52:57.588
363	CCSEP1191	Elsabe	Bezuidenhout	Female	1:53:45.798
364	CCSEP325	Sonja	Barnard	Female	1:53:46.017
365	CCSEP1205	Desiree	Jordan	Female	1:54:07.249
366	CCSEP748	Simnikiwe	Ntyantya	Female	1:54:50.520
367	CCSEP416	Martha	van der Westhuizen	Female	1:57:44.797
368	CCSEP255	Warren	Stumke	Male	1:57:58.582
369	CCSEP449	Alana	de Wet	Female	1:58:01.093
370	CCSEP215	Thandi	Dladla	Female	2:06:24.869
371	CCSEP394	Patricia	Henning	Female	2:06:28.557
372	CCSEP800	Debbie	Mogale	Female	2:06:36.333

15KM RESULTS					
Position	Race #	Name	Surname	Gender	Time
1	CCSEP998	Sibusiso Elton	Khoza	Male	1:06:50.998
2	CCSEP508	Christiaan	Soeharno	Male	1:06:51.617
3	CCSEP1236	Adam	Norris	Male	1:06:56.637
4	CCSEP096	Skinny	Guy	Male	1:08:43.705
5	CCSEP357	Fiona	Butler	Female	1:10:51.856
6	CCSEP159	Dillon	Wheatcroft	Male	1:11:35.607
7	CCSEP1074	Julian	Robinson	Male	1:12:00.017
8	CCSEP048	Felix	Brendel	Male	1:14:00.262
9	CCSEP231	Marilise	Bouwer	Female	1:14:36.492
10	CCSEP031	Willem	Malan	Male	1:14:49.208
11	CCSEP1034	Kerryn	Leonard	Female	1:15:55.343
12	CCSEP1173	Matt	M'Crystal	Male	1:16:44.355
13	CCSEP073	REGAN	MORLEY	Male	1:17:08.242
14	CCSEP949	Mike	Trafoyer	Male	1:17:09.693
15	CCSEP1010	Clarice	Beyers	Female	1:18:12.334
16	CCSEP634	Samantha	Ferreira	Female	1:18:16.650
17	CCSEP1157	Jean	Taljaard	Male	1:19:09.774
18	CCSEP610	Pernille	Kristensen	Female	1:19:42.436
19	CCSEP672	Vicki	Gower	Female	1:19:55.486
20	CCSEP435	Kevin	Wilkins	Male	1:19:57.905
21	CCSEP358	Gerhan	van der Merwe	Male	1:20:27.350
22	CCSEP524	Willard	Kumalo	Male	1:21:38.348
23	CCSEP365	Bianca	Hulley	Female	1:21:56.559
24	CCSEP383	Zethan	Maskell	Male	1:22:47.472
25	CCSEP1112	PC	Buitendag	Male	1:22:50.465
26	CCSEP581	Christian	Cain	Male	1:23:26.803
27	CCSEP928	Neil	Campbell	Male	1:23:26.952
28	CCSEP868	Christopher	Kucharski	Male	1:23:30.854
29	CCSEP969	Mia	Beaumont	Female	1:24:30.827
30	CCSEP604	Michele	Cameron	Female	1:24:34.793
31	CCSEP345	Gcinathina	Gumede	Male	1:24:50.793
32	CCSEP482	Michael	Murdoch	Male	1:25:07.723
33	CCSEP186	Paula	Swart	Female	1:27:34.363
34	CCSEP347	Mikayla	Ernst	Female	1:27:44.093
35	CCSEP054	Brock	McClue	Male	1:27:46.832
36	CCSEP602	Darren	Smart	Male	1:27:47.044
37	CCSEP052	Kaylin	Malherbe	Female	1:28:14.721
38	CCSEP1234	Anesta	Horn	Female	1:28:25.925
39	CCSEP924	Joseph	Pereira	Male	1:29:09.350
40	CCSEP593	Ross	van der Nest	Male	1:30:02.526
41	CCSEP598	Riko	Lourens	Male	1:30:34.415
42	CCSEP088	Kate	Smart	Female	1:30:41.672
43	CCSEP083	Melissa	Conradie	Female	1:31:08.295
44	CCSEP1301	Dylan	van Wyk	Male	1:31:24.808
45	CCSEP307	Marcel	Barnard	Male	1:31:34.904
46	CCSEP560	Maderi	de Meyer	Female	1:31:42.175
47	CCSEP087	Deidre (1)	de Meyer	Female	1:31:43.393
48	CCSEP1097	Dylan	Eriksen-Miller	Male	1:31:56.581
49	CCSEP570	Alexa	Rutte	Female	1:32:05.841
50	CCSEP963	Jeanine	Zweep	Female	1:32:10.191
51	CCSEP853	Garren	Walker	Male	1:32:19.563
52	CCSEP221	Jordache	Dias	Male	1:32:57.117
53	CCSEP411	Louis	Green	Male	1:33:25.864
54	CCSEP645	Bennie	Groenewald	Male	1:33:29.797
55	CCSEP335	Lara	Marshall	Female	1:33:31.544
56	CCSEP155	Marlie	Barnard	Female	1:33:32.590
57	CCSEP287	Courtney	Jones	Female	1:33:33.836
58	CCSEP565	Jane	Little	Female	1:34:10.780
59	CCSEP1238	Desmond	Schnugh	Male	1:34:16.003
60	CCSEP1027	Chante	Cilliers	Female	1:34:16.092
61	CCSEP684	Jaden	Kuipers	Male	1:34:18.328
62	CCSEP388	Maxine	Harris	Female	1:34:47.943

63	CCSEP239	Jerry	Mokgolapa	Male	1:36:04.170
64	CCSEP184	Martin	Seebacher	Male	1:36:44.004
65	CCSEP597	Frans	Kekana	Male	1:36:49.274
66	CCSEP252	Stephen	Ingram	Male	1:37:43.266
67	CCSEP606	Nozipho	Magubane	Female	1:37:46.011
68	CCSEP1036	Karla	Steyn	Female	1:38:17.932
69	CCSEP500	Adriaan Willem	Naude	Male	1:38:33.955
70	CCSEP391	Mooniq	Rowan	Female	1:38:53.087
71	CCSEP709	Vm	Lightfoot	Female	1:38:55.600
72	CCSEP591	Quinton	Lightfoot	Male	1:38:56.285
73	CCSEP299	Graham	Jennings	Male	1:39:07.186
74	CCSEP399	Jacoba	Coetzee	Female	1:39:14.866
75	CCSEP1182	Dominique	Saayman	Female	1:39:22.717
76	CCSEP1050	Andrea	Saayman	Female	1:39:25.476
77	CCSEP402	Christine	Booyse	Female	1:39:57.066
78	CCSEP523	Megan	Jackson	Female	1:40:08.229
79	CCSEP075	Sheena	O'Connell	Female	1:40:21.049
80	CCSEP488	Cade	Fyfe	Male	1:40:33.174
81	CCSEP701	Terri	Harris	Female	1:40:38.011
82	CCSEP1008	Greta	Wessels	Female	1:40:41.062
83	CCSEP108	Wimpie	Potgieter	Male	1:40:58.060
84	CCSEP056	Jena	Anousakis	Female	1:41:24.969
85	CCSEP1055	Michelle	Donnelly	Female	1:41:44.316
86	CCSEP1105	Philisiwe	Mollo	Female	1:42:03.435
87	CCSEP1013	Stefan	Wessels	Male	1:42:08.302
88	CCSEP1216	Cristelle	Nieuwenhuizen	Female	1:42:13.232
89	CCSEP127	Sjaantelle	Ley	Female	1:42:14.111
90	CCSEP367	Wendy	Whitehorn	Female	1:42:27.020
91	CCSEP034	Mohammed	Fakir	Male	1:42:30.551
92	CCSEP363	HUGO	WERNER	Male	1:42:40.646
93	CCSEP395	Weronika	Lukasiak	Female	1:42:44.771
94	CCSEP439	Michelle	Oelschig	Female	1:42:45.517
95	CCSEP492	Thabani	Luthuli	Male	1:43:00.702
96	CCSEP364	Tayla	Sabbatini-Eigl	Female	1:43:49.872
97	CCSEP1156	Puso	Kotsedi	Male	1:43:53.586
98	CCSEP202	Deirdre	Green	Female	1:44:33.388
99	CCSEP520	Ilse	du Plessis	Female	1:44:51.457
100	CCSEP889	Carla	Ras	Female	1:45:46.657
101	CCSEP919	Martin	Ras	Male	1:45:47.567
102	CCSEP051	Juanita	Mitchell	Female	1:45:52.285
103	CCSEP1056	Aeron	Williams	Female	1:45:55.454
104	CCSEP142	Victor	Matladi	Male	1:46:03.240
105	CCSEP312	Jana	Potgieter	Female	1:46:17.699
106	CCSEP886	Philip	Vermaak	Male	1:46:52.312
107	CCSEP641	Ariska	Smith	Female	1:46:55.800
108	CCSEP005	Anna-Marie	Ferreira	Female	1:47:03.058
109	CCSEP859	JEROME ANDRe	Petersen	Male	1:47:06.877
110	CCSEP1168	Refiloe	Moreke	Female	1:47:11.898
111	CCSEP409	Gene	Dempers	Female	1:47:56.054
112	CCSEP217	Johan	Dempers	Male	1:47:57.154
113	CCSEP1223	Nanine	Els-Smith	Female	1:48:10.239
114	CCSEP156	Inez	Muller	Female	1:48:10.469
115	CCSEP559	Adele	Rothmann	Female	1:48:11.702
116	CCSEP1054	Sthembiso	Gumede	Male	1:48:26.352
117	CCSEP592	Nkosephayo	Vilakazi	Female	1:48:29.168
118	CCSEP317	Nomandla	Luthuli	Female	1:48:33.322
119	CCSEP262	Kyle	Rademeyer	Male	1:49:23.513
120	CCSEP1163	Kayla	Rademeyer	Female	1:49:30.792
121	CCSEP279	ANGELIKA	VOUDOURIS	Female	1:49:45.862
122	CCSEP121	Anna	Kotze	Female	1:50:20.213
123	CCSEP909	Kelly	McGorian	Female	1:50:22.312
124	CCSEP494	Membilli	Perregil	Female	1:50:23.641
125	CCSEP514	James	Hutceson	Male	1:50:24.149
126	CCSEP1137	Tarryn	Raath	Female	1:50:44.044
127	CCSEP297	CRAIG	France	Male	1:50:44.835
128	CCSEP290	Olivia	Bamford	Female	1:51:26.269

129	CCSEP434	Karyn	Schott	Female	1:51:31.157
130	CCSEP1226	vicky	lourens	Female	1:51:55.104
131	CCSEP1069	Keitumetse	Dikeledi	Female	1:52:16.919
132	CCSEP506	Tanya	Arnold	Female	1:52:26.613
133	CCSEP066	Shelley	Agostinho	Female	1:52:48.188
134	CCSEP201	Claudio	Agostinho	Male	1:52:48.225
135	CCSEP124	Anthony	Versace	Male	1:53:03.952
136	CCSEP105	Judy	Wright	Female	1:53:05.157
137	CCSEP997	Thato	Molokomme	Female	1:53:07.487
138	CCSEP170	Micelle	Coetsee	Female	1:53:25.475
139	CCSEP448	Kutlwano	Rahube	Female	1:53:27.495
140	CCSEP270	Lutendo	Mafuna	Female	1:53:35.554
141	CCSEP891	Liza	Blignaut	Female	1:53:40.607
142	CCSEP025	Herman	Bloem	Male	1:53:55.304
143	CCSEP1031	Dain	Richardson	Female	1:54:04.010
144	CCSEP545	Willie	Steyn	Male	1:54:04.912
145	CCSEP382	Liza-Marie	Kriel	Female	1:54:08.643
146	CCSEP424	Alison	Jennings	Female	1:54:30.692
147	CCSEP294	Chante	Van vuuren	Female	1:54:44.777
148	CCSEP197	Bailey	Locker	Male	1:54:44.878
149	CCSEP243	Anesta	Potgieter	Female	1:54:56.941
150	CCSEP1211	Preslin	Govender	Male	1:54:57.786
151	CCSEP1018	Mamta	Patel	Female	1:54:59.019
152	CCSEP1023	Omphile	Ntshabele	Male	1:55:15.048
153	CCSEP512	Adele	Bloem	Female	1:55:37.100
154	CCSEP511	ian	ray	Male	1:56:25.533
155	CCSEP594	Lindsay	Du Toit	Female	1:57:03.319
156	CCSEP350	thando	matamela	Female	1:57:14.808
157	CCSEP1042	Pieter	Craill	Male	1:57:16.761
158	CCSEP708	Bianca	Le Roux	Female	1:57:30.028
159	CCSEP600	Ruan	van Huyssteen	Male	1:57:34.790
160	CCSEP1158	Sibusiso	Mabaso	Male	1:58:00.948
161	CCSEP555	Sanelisiwe	Mhlambi	Female	1:58:48.152
162	CCSEP906	Gideon	Maggerman	Male	1:58:52.418
163	CCSEP340	Manuela	Dias	Female	1:59:09.776
164	CCSEP1197	Khahliso	Mothibi	Female	1:59:42.322
165	CCSEP671	Mash	Mashego	Male	2:00:58.217
166	CCSEP354	Luisa	Perregil	Female	2:01:02.007
167	CCSEP713	Rosa	Kimber	Female	2:01:15.264
168	CCSEP092	Tendamudzimu	Nemusombori	Female	2:01:28.391
169	CCSEP1196	Moshibudi	Bapela	Female	2:01:53.555
170	CCSEP1058	Khanyisile	Buthlezi	Female	2:02:47.151
171	CCSEP1222	Thandiwe	Mkalipi	Female	2:03:02.680
172	CCSEP1072	Tlhogi	Mothobi	Female	2:03:39.744
173	CCSEP496	Sibusisiwe	Nkosi	Female	2:03:53.544
174	CCSEP699	Andrew	Ellis Cole	Male	2:04:03.976
175	CCSEP412	Silindile	Dlamini	Female	2:04:29.981
176	CCSEP393	Ryan	Idle	Male	2:04:54.345
177	CCSEP913	Franklin	Cloete	Male	2:05:34.285
178	CCSEP455	Dave	Wilson	Male	2:06:03.690
179	CCSEP254	Tsholofelo	Hlongwane	Female	2:06:22.239
180	CCSEP126	Bruce	Wallet	Male	2:07:04.840
181	CCSEP129	nkele	selemela	Female	2:07:06.112
182	CCSEP717	Louise	Engelbrecht	Female	2:08:52.950
183	CCSEP1086	Chane	Van Sittert	Female	2:08:53.647
184	CCSEP563	Palesa	Mofokeng	Female	2:09:11.601
185	CCSEP289	Emihle	Mapekula	Female	2:09:49.264
186	CCSEP100	Ntombifuthi	Buleni	Female	2:11:20.527
187	CCSEP556	Mthobisi	Nhlabathi	Male	2:11:20.984
188	CCSEP917	Martin	Potgieter	Male	2:11:23.335
189	CCSEP901	Lerato	Mashilo	Female	2:12:25.833
190	CCSEP1025	Ridwaan	Fakir	Male	2:12:29.732
191	CCSEP1167	Twane	Anderson	Female	2:12:31.988
192	CCSEP276	Mpho	Molaolwe	Female	2:12:52.885
193	CCSEP776	Sibusiso	Nxumalo	Male	2:13:09.274
194	CCSEP1195	David	Burton	Male	2:13:13.833

195	CCSEP1207	Gontse	Dikeledi	Female	2:15:06.565
196	CCSEP164	Elsie	Grundling	Female	2:15:18.226
197	CCSEP1108	Kefilwe	Kgake	Female	2:15:43.428
198	CCSEP1030	Lufuno	Mavhungu	Female	2:15:52.351
199	CCSEP707	Lynette	Ray	Female	2:18:05.451
200	CCSEP860	Mariana	Woldrich	Female	2:18:05.941
201	CCSEP160	Shani	ROETS	Female	2:19:27.978
202	CCSEP572	Dante	Bateman	Male	2:19:29.015
203	CCSEP987	Lynn	Struwig	Female	2:19:40.702
204	CCSEP931	Nicky	Scharrighuisen	Female	2:19:41.739
205	CCSEP1041	Christine	Van der Westhuizen	Female	2:21:53.365
206	CCSEP510	Colette	Marucchi	Female	2:23:15.393
207	CCSEP472	Perrus	Vosloo	Male	2:24:54.675
208	CCSEP094	Chumisa	Mjandu	Female	2:34:47.826
209	CCSEP601	Sarah	Van Aardt	Female	2:55:59.220
210	CCSEP1082	Stefan	Scharrighuisen	Male	3:02:02.976
211	CCSEP1103	Kevin	Ferreira	Male	3:02:04.571
212	CCSEP1199	Allen	Jones	Male	3:02:08.161
213	CCSEP1302	Taya	Arnold	Female	3:04:21.833
214	CCSEP526	Nita	Avis	Female	3:23:59.407
TBC	CCSEP1104	Motheo	Dube	Male	58:40.457

21KM RESULTS					
Position	Race #	Name	Surname	Gender	Time
1	CCSEP980	Lucky	Methembe	Male	1:25:12.581
2	CCSEP331	Ephraim	Twea	Male	1:26:49.682
3	CCSEP941	Amukelwa	Gumede	Male	1:27:54.465
4	CCSEP1116	Garry	Pruss	Male	1:28:10.828
5	CCSEP1078	Elné	van Niekerk	Female	1:33:17.094
6	CCSEP203	Liam	Hudson	Male	1:34:44.499
7	CCSEP657	Brandon	Shepherd	Male	1:37:01.322
8	CCSEP359	Matthew	Jacobs	Male	1:37:03.113
9	CCSEP989	Nicky	Taylor	Female	1:38:37.657
10	CCSEP613	Daniel	Van der Merwe	Male	1:38:40.180
11	CCSEP663	Andreas	Trafoyer	Male	1:39:03.080
12	CCSEP1303	Riduger	Dusselberg	Male	1:39:43.171
13	CCSEP157	Ian	Dos Santos	Male	1:42:05.888
14	CCSEP615	Aimee	Hillen	Female	1:44:56.563
15	CCSEP1106	Stiaan	Wolmarans	Male	1:47:22.654
16	CCSEP334	Ahmed	Patel	Male	1:47:27.831
17	CCSEP1017	Keenan	Oliver	Male	1:47:56.946
18	CCSEP687	Darren	Sanders	Male	1:47:57.606
19	CCSEP470	Roger	Hillen	Male	1:48:00.614
20	CCSEP595	Gert	Snygans	Male	1:49:13.500
21	CCSEP381	Humbulani	Thenga	Female	1:52:16.632
22	CCSEP507	George	Havemann	Male	1:52:19.129
23	CCSEP413	Simone	scharrihuisen Mills	Female	1:53:58.981
24	CCSEP1194	Phumzile	Mgwenya	Female	1:55:49.471
25	CCSEP652	Massimo	Flaiani	Male	1:55:59.723
26	CCSEP310	Paul	Zietsman	Male	1:56:23.446
27	CCSEP539	Louise	Van der Bank	Female	1:57:24.779
28	CCSEP068	Brendon	Zodiates	Male	1:57:25.918
29	CCSEP1166	Shaneel	Rajcoomar	Male	1:57:38.729
30	CCSEP549	Bronwyn	Shand	Female	1:57:42.161
31	CCSEP479	Rodney	Browne	Male	1:57:54.531
32	CCSEP138	Jordan	Dos Santos	Male	1:57:56.435
33	CCSEP207	Keegan	Foster	Male	1:57:56.897
34	CCSEP045	Gianluca	Salvoldi	Male	1:57:59.521
35	CCSEP309	Stuart	Marshall	Male	1:58:51.281
36	CCSEP341	uthmaan	varachia	Male	1:58:54.159
37	CCSEP1121	Manie	Naude	Male	1:59:03.680
38	CCSEP674	BETHUEL KUBUDI	MAGABANE	Male	1:59:27.799
39	CCSEP1021	Khuzaimah	Kaka	Male	2:00:03.928
40	CCSEP715	Ronise	Joubert	Female	2:00:22.901
41	CCSEP1119	Serena	Veerasamy	Female	2:01:44.018
42	CCSEP225	Huzaifah	Omar	Male	2:01:44.612
43	CCSEP546	Billy	Mans	Male	2:01:52.656
44	CCSEP626	Stephanie	Hall	Female	2:02:18.287
45	CCSEP316	Naomi	May	Female	2:02:56.144
46	CCSEP256	Janice	Brits	Female	2:03:23.999
47	CCSEP667	Michael	Potgieter	Male	2:03:42.944
48	CCSEP1003	Emily	Munton	Female	2:04:09.384
49	CCSEP498	Angus	Kumena	Male	2:04:53.961
50	CCSEP702	Brende Good	Good	Female	2:05:27.585
51	CCSEP1132	Hester	Georgiou	Female	2:06:52.098
52	CCSEP284	Byron	Chad Mills	Male	2:07:29.712
53	CCSEP621	Joel	Kanthlall	Male	2:08:04.045
54	CCSEP1180	Mduduzi	Dube	Male	2:08:22.467
55	CCSEP1127	Willie	Erasmus	Male	2:08:53.638
56	CCSEP427	Mike	Kelly	Male	2:08:59.784
57	CCSEP527	Kyle	Langford	Male	2:09:19.274
58	CCSEP1230	Nick	Alexandrov	Male	2:09:29.384
59	CCSEP862	Evelina	Alexandrov	Female	2:09:30.514
60	CCSEP296	Stephanie	Hudson	Female	2:09:59.229
61	CCSEP322	Felo	Sangweni	Male	2:10:58.478
62	CCSEP474	Nicole	Van der Merwe	Female	2:10:59.358

63	CCSEP302	Lance	Verster	Male	2:11:02.480
64	CCSEP1046	Johan	Meintjes	Male	2:11:03.529
65	CCSEP293	Matthew (1)	Pretorius	Male	2:12:17.005
66	CCSEP304	Grace	Page	Female	2:12:20.658
67	CCSEP106	Sherryl	Cant	Female	2:12:27.928
68	CCSEP477	Irma	Schoeman	Female	2:13:27.715
69	CCSEP195	Cam	Rakow	Male	2:13:49.796
70	CCSEP006	Robyn	Philpot	Female	2:13:56.065
71	CCSEP1060	Chad	Vaughan	Male	2:14:42.931
72	CCSEP972	Jacques	Johaar	Male	2:14:43.678
73	CCSEP996	Anita	Coetzee	Female	2:15:29.466
74	CCSEP990	Brand	Coetzee	Male	2:15:33.234
75	CCSEP236	Allan	Saffy	Male	2:15:43.218
76	CCSEP655	Adriaan	de la Rey	Male	2:16:13.141
77	CCSEP875	Andrie	Germishuizen	Female	2:16:23.063
78	CCSEP149	Fifi	Mohutsiwa	Female	2:16:49.810
79	CCSEP1035	Christel	Vermaak	Female	2:16:53.678
80	CCSEP532	Ian	Carswal	Male	2:17:10.505
81	CCSEP144	Rachelle	Orfanidis	Female	2:17:15.255
82	CCSEP441	Melanie	Nel	Female	2:17:40.997
83	CCSEP679	Rodney	Nel	Male	2:17:41.322
84	CCSEP283	Anas	Varachia	Male	2:17:45.225
85	CCSEP337	Zayaan	Varachia	Male	2:17:49.601
86	CCSEP438	Dawud	Loomat	Male	2:17:52.816
87	CCSEP637	Antoinette	Harmse	Female	2:18:04.897
88	CCSEP1073	Jacques	Van Tonder	Male	2:18:05.110
89	CCSEP076	Kian	Eagar	Male	2:18:08.807
90	CCSEP1233	Sophia	Grimbeek	Female	2:19:40.079
91	CCSEP032	Slungile	Bosoga	Female	2:20:01.689
92	CCSEP483	Merlyn	Alexander	Female	2:20:45.518
93	CCSEP177	Nicole	Barnard	Female	2:22:34.751
94	CCSEP550	Taniya	Saffy	Female	2:22:35.622
95	CCSEP085	Clair	Vilas	Female	2:23:31.849
96	CCSEP616	Lerato	Kunutu	Female	2:24:00.705
97	CCSEP333	visherm	Debiky	Male	2:24:20.465
98	CCSEP923	Kobus	Snyman	Male	2:24:23.937
99	CCSEP953	Franco	Toua	Male	2:25:04.793
100	CCSEP422	Dawie	Bloomberg	Male	2:25:13.146
101	CCSEP456	Stephen	Brindley	Male	2:25:27.235
102	CCSEP132	ROUXLE	JORDAAN	Female	2:25:39.796
103	CCSEP1077	LACENIUS	BEZUIDENHOUT	Male	2:26:02.091
104	CCSEP1107	Dirvaan	Pillay	Male	2:26:49.161
105	CCSEP013	Brett	Dace	Male	2:27:29.851
106	CCSEP1131	Michael	Baird	Male	2:27:33.217
107	CCSEP469	Nicole	Joubert	Female	2:27:53.073
108	CCSEP041	Caiphas	Sithole	Male	2:27:55.304
109	CCSEP311	Gail	Strang	Female	2:27:57.505
110	CCSEP486	Kathy	Wundram	Female	2:27:59.389
111	CCSEP016	Joshua	Snyman	Male	2:28:34.109
112	CCSEP147	Margaritte	Milan	Female	2:28:43.359
113	CCSEP1022	Peter	Moruntshi	Male	2:29:11.958
114	CCSEP1123	Ziyanda	Fekema	Female	2:29:13.168
115	CCSEP1129	Carl	Yssel	Male	2:29:17.189
116	CCSEP974	Andrew	Sampson	Male	2:29:49.262
117	CCSEP882	Ayanda	Monageng	Female	2:29:54.073
118	CCSEP112	Renita	Van Zyl	Female	2:30:18.320
119	CCSEP471	Joshua	Miller	Male	2:30:25.308
120	CCSEP154	Nicholas	Green	Male	2:31:33.540
121	CCSEP342	Candice	Eaglestone	Female	2:31:36.383
122	CCSEP074	Meghan	Caddick	Female	2:32:49.699
123	CCSEP619	LUCY	THERON	Female	2:34:42.409
124	CCSEP861	ADRI	Pera	Female	2:35:30.144
125	CCSEP134	Valery	Mthunywa	Female	2:36:14.876
126	CCSEP249	Caitlin	Beckett	Female	2:36:44.284
127	CCSEP161	Patrick	Blakeway	Male	2:36:47.997
128	CCSEP623	Nicole	Richards	Female	2:36:49.079

129	CCSEP049	Lopke	Shaikh	Female	2:36:51.332
130	CCSEP165	Victor	Meyer	Male	2:36:52.132
131	CCSEP1028	Michelle	Erasmus	Female	2:36:55.489
132	CCSEP499	ryan	haylock	Male	2:37:08.448
133	CCSEP460	Chrisna	Augustyn	Female	2:37:12.226
134	CCSEP586	Claire Rae	Bloomberg	Female	2:39:13.576
135	CCSEP994	Andisiwe	Sicwebu	Female	2:39:31.715
136	CCSEP237	Annica	Pierdica	Female	2:39:52.892
137	CCSEP930	Letlhogonolo	Barrose	Male	2:40:02.363
138	CCSEP141	Vivian	Grenfell	Female	2:40:03.907
139	CCSEP372	Khumo	Sebaeng	Female	2:40:05.770
140	CCSEP902	Juanel	Kleynhans	Female	2:46:55.410
141	CCSEP905	KARIN	Bezuidenhout	Female	2:48:06.963
142	CCSEP190	Blayne	Van Der Spuy	Male	2:50:17.589
143	CCSEP285	Jethro	Van der Molen	Male	2:50:19.889
144	CCSEP1212	Anorette	FULS	Female	2:52:42.595
145	CCSEP353	Lorato	Rakuba	Female	2:52:52.667
146	CCSEP973	Edward	Mangaliso	Male	2:54:36.178
147	CCSEP982	Shanna	Henderson	Female	3:00:27.655
148	CCSEP1007	Nokwanda	Hlatshwayo	Female	3:17:05.399
149	CCSEP366	Yolisa	Mashego	Female	3:17:53.605
TBC	CCSEP654	Amori	Gerber	Female	1:04:02.784

28KM RESULTS					
Position	Race #	Name	Surname	Gender	Time
1	CCSEP229	Bongani	Dlamini	Male	1:42:21.705
2	CCSEP1015	Clinton	Kruis	Male	1:42:26.820
3	CCSEP206	Waldo	Vermeulen	Male	2:05:54.732
4	CCSEP1085	Denzel	Mahove	Male	2:05:55.783
5	CCSEP238	Gillian	Farquharson	Female	2:09:22.424
6	CCSEP491	Mike	Dos Santos	Male	2:09:23.307
7	CCSEP361	Chris	Venter	Male	2:09:34.061
8	CCSEP278	Frank	Bester	Male	2:09:35.545
9	CCSEP1000	Noreen	Rautenbach	Female	2:12:52.354
10	CCSEP060	Dylan	Baxter	Male	2:19:44.799
11	CCSEP884	Robin	Champion	Male	2:20:15.016
12	CCSEP305	Kirsten	Nolan	Female	2:20:25.196
13	CCSEP242	Kgotla	Dire	Male	2:21:13.884
14	CCSEP683	Jordan	Bradnick	Male	2:21:35.913
15	CCSEP1006	Simone	Van der Walt	Female	2:24:33.413
16	CCSEP240	Gail	Louw	Female	2:26:33.768
17	CCSEP869	ashley	cook	Male	2:28:21.088
18	CCSEP033	Nicos	Pouyoukas	Male	2:28:22.266
19	CCSEP403	Sakkie	Pretorius	Male	2:28:24.426
20	CCSEP611	Candice	Gibson	Female	2:30:06.796
21	CCSEP457	Grant	Greeff	Male	2:31:02.654
22	CCSEP1229	Shaun	VAN ZYL	Male	2:34:20.714
23	CCSEP1186	Fatimatu-Azahraa	Harrar	Female	2:35:24.308
24	CCSEP204	Enrique	Francis	Male	2:35:25.779
25	CCSEP166	Wendy	Chapman	Female	2:35:52.643
26	CCSEP1204	Mike	Roscoe	Male	2:35:54.099
27	CCSEP370	Leanne	Smedmor	Female	2:35:59.921
28	CCSEP1088	BEULAH	BOTHA	Female	2:36:00.774
29	CCSEP396	kayla	holden	Female	2:37:13.586
30	CCSEP553	Craig	Raath	Male	2:37:14.481
31	CCSEP480	Greg	Clint	Male	2:37:15.214
32	CCSEP522	Lauren	van der Merwe	Female	2:37:15.412
33	CCSEP1138	Maverick	van Rooyen	Male	2:37:46.642
34	CCSEP1076	Dian	Jacobsz	Male	2:39:10.353
35	CCSEP1214	Shaun	de Vries	Male	2:39:33.934
36	CCSEP158	michelle	williams	Female	2:39:36.163
37	CCSEP1087	wesley	marx	Male	2:40:18.437
38	CCSEP019	RIAAN	ACKER	Male	2:40:29.088
39	CCSEP070	Maryke	Bester	Female	2:40:42.607
40	CCSEP191	Louis	van der walt	Male	2:42:09.427
41	CCSEP348	Clayton	Anderson	Male	2:43:20.592
42	CCSEP912	Andre	Atkins	Male	2:43:55.737
43	CCSEP248	Jake	Eagar	Male	2:44:10.778
44	CCSEP150	Eric	Jacobs	Male	2:44:35.637
45	CCSEP058	Roger	Carbonell	Male	2:45:08.257
46	CCSEP1126	Lizle	Austin	Female	2:45:24.830
47	CCSEP984	Margaret	Steward	Female	2:46:05.613
48	CCSEP1075	Reeva	de Fleuriot	Female	2:46:49.241
49	CCSEP400	Craig	Heydenrych	Male	2:46:50.736
50	CCSEP118	Steven	Lazarus	Male	2:46:59.927
51	CCSEP374	Kevin	Richards	Male	2:47:09.196
52	CCSEP639	Stefan	Uland	Male	2:47:27.545
53	CCSEP459	Mercia	Klaassen	Female	2:47:28.747
54	CCSEP1146	FRANK	FERREIRA	Male	2:47:58.712
55	CCSEP538	Gill	Lumley	Female	2:48:25.912
56	CCSEP258	Riaan	Carstens	Male	2:49:03.673
57	CCSEP692	Kulani	Mathye	Male	2:49:37.027
58	CCSEP935	Brian	Unsted	Male	2:49:59.653
59	CCSEP086	Catherine	Dyason	Female	2:50:47.555
60	CCSEP272	Jaunico	Van Der Walt	Male	2:50:47.566
61	CCSEP497	Andre	Van Niekerk	Male	2:51:24.997
62	CCSEP631	Kyle	Oppermann	Male	2:51:39.912

63	CCSEP425	Warren	Knipe	Male	2:52:58.074
64	CCSEP241	Louis	Kriel	Male	2:53:01.349
65	CCSEP495	Trevor	Oosthuizen	Male	2:53:33.730
66	CCSEP116	Conrad	De Buys	Male	2:53:34.806
67	CCSEP300	Wynand	Spruyt	Male	2:53:52.951
68	CCSEP1177	Steven	Morrison	Male	2:54:28.595
69	CCSEP1149	Tiaan	Coetzee	Male	2:54:58.873
70	CCSEP1203	Devon	Cronje	Male	2:55:09.538
71	CCSEP551	Liesel	Hollis	Female	2:55:10.773
72	CCSEP318	Victor	McLoughlin	Male	2:55:33.187
73	CCSEP665	Annelize	Venter	Female	2:56:08.722
74	CCSEP603	Sunelle	Louw	Female	2:57:01.460
75	CCSEP587	Kim	Rodda	Female	2:57:14.558
76	CCSEP1155	Vince	Mabe	Male	2:57:30.947
77	CCSEP113	Clive	Smedmor	Male	2:57:58.425
78	CCSEP227	Andrew	van Vuren	Male	2:57:59.529
79	CCSEP1190	Manivassen	Govender	Male	3:00:03.682
80	CCSEP269	Lisa	Brown	Female	3:00:08.027
81	CCSEP110	David	Bielovich	Male	3:00:47.782
82	CCSEP091	Richard	Wicht	Male	3:01:19.322
83	CCSEP504	Nathan	Herrick	Male	3:01:21.428
84	CCSEP925	Johan	Breydenbach	Male	3:02:32.417
85	CCSEP226	Daniel	Kuhlmann	Male	3:02:42.942
86	CCSEP607	Clive	Erasmus	Male	3:02:44.436
87	CCSEP640	Shaundouglas	Labuschagne	Male	3:02:48.911
88	CCSEP876	Terrance	Marota	Male	3:03:52.408
89	CCSEP992	Shimmy	Sello	Male	3:04:13.420
90	CCSEP362	BRUCE	MINNIE	Male	3:05:33.052
91	CCSEP71350	Richard	Rikhotso	Male	3:06:12.132
92	CCSEP1159	Elrike	Opperman	Female	3:07:31.489
93	CCSEP899	NICO	NORTJe	Male	3:07:39.659
94	CCSEP704	Joshua	Caddick	Male	3:08:47.280
95	CCSEP915	Gangatha	Mkele	Male	3:09:57.489
96	CCSEP136	Brittany	Wessels	Female	3:10:07.804
97	CCSEP378	David	Du Preez	Male	3:10:13.583
98	CCSEP975	Nadine	Crouch	Female	3:10:28.854
99	CCSEP080	Liandi	Popper	Female	3:10:53.170
100	CCSEP650	Simon	Le Roux	Male	3:10:54.258
101	CCSEP461	Melissa	Swanepoel	Female	3:11:09.730
102	CCSEP503	Sabaastiaan	Buisman	Male	3:11:11.417
103	CCSEP107	John Jeffrey	Morrison	Male	3:11:25.700
104	CCSEP501	Karl	Benn	Male	3:11:26.403
105	CCSEP043	Stephen	Morrison	Male	3:11:41.861
106	CCSEP128	Melanie	Meyer	Female	3:11:43.100
107	CCSEP343	monica	drake	Female	3:12:08.596
108	CCSEP001	Claudette	Muir	Female	3:12:11.469
109	CCSEP145	Harold	Chaane	Male	3:13:24.132
110	CCSEP098	Mary-Jane	Sibanda	Female	3:14:30.586
111	CCSEP590	Michelle	Fehrsen	Female	3:15:02.872
112	CCSEP977	Sarah-Jane	Horscroft	Female	3:15:04.745
113	CCSEP978	Adelle	Burger	Female	3:15:25.787
114	CCSEP957	Nina	Heckel	Female	3:15:34.028
115	CCSEP323	Vishalini	Puri	Female	3:16:23.955
116	CCSEP172	Alexia	Smedmor	Female	3:16:25.108
117	CCSEP220	Annatyie	Jardim	Female	3:16:32.625
118	CCSEP452	Lindsay	Steinhobel	Female	3:17:01.892
119	CCSEP443	Leonar	Steinhobel	Male	3:17:03.412
120	CCSEP1145	Danica	Laas	Female	3:17:21.615
121	CCSEP063	Pritchard	Natalie	Female	3:17:53.768
122	CCSEP230	Faco	Phahlane	Female	3:17:55.936
123	CCSEP1162	Mary-Anne	Rautenbach	Female	3:17:58.490
124	CCSEP991	Liphoko	Mothibi	Male	3:18:41.088
125	CCSEP059	Gerry	Scheepers	Male	3:18:52.668
126	CCSEP1079	Lindal Anne	Hepburn	Female	3:19:42.334
127	CCSEP265	Thabo	Sebolai	Male	3:19:44.435
128	CCSEP007	Jacqueline	Drotsky	Female	3:20:37.767

129	CCSEP865	Musa	Sibisi	Male	3:21:03.069
130	CCSEP1174	Rachel	Dippenaar	Female	3:21:15.360
131	CCSEP910	Megan	Smit	Female	3:21:18.161
132	CCSEP1047	Bongani	Mabena	Male	3:21:31.761
133	CCSEP077	Marie-Claire	Hayes	Female	3:23:04.269
134	CCSEP072	Kerryne	Krause	Female	3:23:05.089
135	CCSEP389	Khanya	Nqubula	Female	3:23:26.019
136	CCSEP398	Thuli	Mokgele	Female	3:23:46.495
137	CCSEP404	Kyle	Carbonell	Male	3:24:26.129
138	CCSEP1217	Yolande	Cowley	Female	3:25:26.382
139	CCSEP1089	Nishaal	Ranchod	Male	3:26:59.782
140	CCSEP985	Koketso	Madisha	Male	3:27:13.942
141	CCSEP109	bianca	grossett	Female	3:27:21.297
142	CCSEP244	Regina	Dube	Female	3:27:23.630
143	CCSEP971	Craig	Gradidge	Male	3:27:25.155
144	CCSEP1043	Thembi	Maseko	Female	3:28:09.642
145	CCSEP1062	Rhianna	Pieterse	Female	3:29:04.924
146	CCSEP934	Lara	Higginson	Female	3:31:37.848
147	CCSEP1206	Wendy	Armstrong	Female	3:31:38.797
148	CCSEP371	Babalwa	Pietersen	Female	3:34:51.080
149	CCSEP627	Vuyo	Futshane	Female	3:36:24.598
150	CCSEP1122	Lerato	Marota	Female	3:37:26.770
151	CCSEP1144	Isabel	Tamela	Female	3:37:30.662
152	CCSEP946	Gontse	Makhetha	Female	3:37:30.932
153	CCSEP224	Russell	Thomas	Male	3:39:53.713
154	CCSEP1209	Marylise	Rannenyeni	Female	3:41:57.627
155	CCSEP415	Joey	Kganyago	Female	3:46:24.231
156	CCSEP042	PHYLIS	MAHLANGU	Female	3:53:16.553
157	CCSEP446	Tshepo	Mataboge	Male	3:57:35.680
158	CCSEP525	Dean	Turner	Male	3:58:12.608
159	CCSEP584	Sharon	Khosa	Female	4:06:52.087
160	CCSEP664	lebo	khala	Female	4:07:03.021
161	CCSEP1235	TIAN	HAVENGA	Male	4:09:01.524
162	CCSEP375	Samantha	Morrison-Young	Female	4:18:41.370
163	CCSEP1115	Paul	Ndude	Male	4:33:32.913
164	CCSEP1067	Hlamarisa	Baloyi	Female	4:33:35.532
165	CCSEP002	Nywald	Rautenbach	Male	4:48:49.072