

Run the Greens
Killarney 25th Oct 2025

5KM RESULTS					
Position	Race #	Name	Surname	Gender	Time
1	RTGSEP137	Ameer	Williams	Male	20:28.237
2	RTGSEP176	Brandon	Robb	Male	24:31.136
3	RTGSEP133	Taryn	Rose	Female	25:28.617
4	RTGSEP103	Owen	Mabasa	Male	26:16.511
5	RTGSEP165	Alex	Loubser	Male	27:18.360
6	RTGSEP145	Nicholas	Connell	Male	27:37.301
7	RTGSEP058	Richard	Laros	Male	28:04.273
8	RTGSEP076	Tim	Mitchell	Male	28:42.840
9	RTGSEP135	Andrew	Raine	Male	28:47.835
10	RTGSEP064	Gabriel	Gibbon	Male	28:52.879
11	RTGSEP191	Mayank	Parsotam	Male	29:04.011
12	RTGSEP014	Nicola	Roncaglia	Female	29:15.281
13	RTGSEP044	Francesco	Leonardi	Male	29:20.264
14	RTGSEP075	Mike	Trafoyer	Male	29:29.502
15	RTGSEP048	Anthony	Kell	Male	29:32.828
16	RTGSEP152	Thomas	Fowler	Male	29:44.798
17	RTGSEP198	Minette	Swanepoel	Female	30:12.726
18	RTGSEP223	Maxine	Wing	Female	30:19.035
19	RTGSEP069	Courtney	Laros	Female	30:40.121
20	RTGSEP125	Tawnee	Rossow	Female	30:50.132
21	RTGSEP126	Cassie	Rossow	Male	30:51.182
22	RTGSEP003	Jason	Baudinet	Male	30:52.533
23	RTGSEP217	Justin	Philp	Male	30:53.700
24	RTGSEP063	Buff	Swaglord	Male	30:58.191
25	RTGSEP129	Stash	Gomes	Male	31:13.148
26	RTGSEP065	Darsh	Murugan	Male	31:16.215
27	RTGSEP175	Carol	Koffman	Female	31:18.392
28	RTGSEP183	Jonathan	Houston	Male	31:26.543
29	RTGSEP214	Erin	Knoesen	Female	31:43.064
30	RTGSEP055	Enrica	Van Rensburg	Female	31:49.464
31	RTGSEP083	Johan	du Preez	Male	31:50.815
32	RTGSEP143	Morne	Bann	Male	32:04.350
33	RTGSEP056	Samantha	Smith	Female	32:24.731
34	RTGSEP022	Reitze	Lewis	Male	32:33.034
35	RTGSEP072	Katelyn	Kitching	Female	32:34.453
36	RTGSEP173	Sarah-Kelly	Houston	Female	33:08.411
37	RTGSEP077	Deon	van Aarde	Male	33:12.138
38	RTGSEP042	Nicole	Smith	Female	33:15.308
39	RTGSEP021	Linda	Smith	Female	33:23.648
40	RTGSEP131	Jordainne	Kazimierczak	Female	33:25.448

41	RTGSEP061	Dylan John	Horsfall	Male	33:37.685
42	RTGSEP057	Roxanne	Horsfall	Female	33:39.844
43	RTGSEP051	Gerald	Diepeveen	Male	33:52.930
44	RTGSEP028	Malaika	Mukami	Female	34:01.827
45	RTGSEP181	Mark	Feldman	Male	34:06.549
46	RTGSEP107	Louise	Laros	Female	34:19.404
47	RTGSEP231	Clinton	Houston	Male	34:27.441
48	RTGSEP189	Candice	Hutchinson	Female	34:30.725
49	RTGSEP185	Cornel	Harley	Female	34:33.150
50	RTGSEP174	Cheslm	van wyk	Male	34:44.542
51	RTGSEP110	Lina	Roux	Female	34:50.621
52	RTGSEP118	Theresa	Ashdown	Female	35:30.907
53	RTGSEP159	Caleb	B	Male	35:32.314
54	RTGSEP124	Barry	Carstons	Male	35:33.393
55	RTGSEP085	Warick	Van berba	Male	35:37.593
56	RTGSEP080	George	Ioannou	Male	35:56.202
57	RTGSEP108	Jayd	Clifford	Female	35:57.500
58	RTGSEP130	Luke	Roncaglia	Male	36:02.401
59	RTGSEP078	Gaby	Mitchell	Female	36:14.301
60	RTGSEP097	Robert	Mitchell	Male	36:16.850
61	RTGSEP113	Carolyn	Mitchell	Female	36:19.910
62	RTGSEP161	Barbara	Rautenbach	Female	36:34.777
63	RTGSEP194	Kathy	Seintis	Male	36:40.623
64	RTGSEP005	Kayla	Stretz	Female	37:28.407
65	RTGSEP116	Leanne	Stretz	Female	37:31.764
66	RTGSEP015	Tracy	Coningham	Female	37:36.522
67	RTGSEP168	Neil	Ebing	Male	37:47.205
68	RTGSEP112	Tebogo	Mokobane	Male	38:52.754
69	RTGSEP206	Owen	Lyndon	Male	38:56.755
70	RTGSEP215	Tatum	Peyerl	Female	38:58.107
71	RTGSEP088	Caley	De Franca	Female	39:38.455
72	RTGSEP101	Sheillah	Muchauraya	Female	39:58.815
73	RTGSEP205	Angela	Zeegers	Female	40:24.979
74	RTGSEP089	Kim	Kroeger	Male	40:54.977
75	RTGSEP091	Lindelwa	Magwaza	Female	41:07.547
76	RTGSEP106	Amanda	CHANNING	Female	41:34.906
77	RTGSEP008	Shirley	Duncan	Female	41:37.423
78	RTGSEP200	Cheyenne	De Melo	Female	41:46.388
79	RTGSEP095	Asokan	Moodley	Male	42:08.620
80	RTGSEP109	Gareth	Harrison	Male	42:31.104
81	RTGSEP196	Anzani	Radali	Female	42:32.466
82	RTGSEP158	Gareth	Lingens	Male	42:58.308
83	RTGSEP151	Chris	Georgiades	Male	43:16.970
84	RTGSEP142	Meesha	Heyns	Female	43:19.669
85	RTGSEP180	Nickel	Heyns	Male	43:21.336

86	RTGSEP187	Ahmed	Shaik	Male	43:23.186
87	RTGSEP204	Liz	Hammond	Female	43:27.057
88	RTGSEP036	Tammy	Kirton	Female	43:38.352
89	RTGSEP172	Bradley	Kirton	Male	43:40.202
90	RTGSEP081	Melissa	Acutt	Female	43:44.266
91	RTGSEP182	Alvin	Roets	Male	43:45.461
92	RTGSEP114	Kyra	Elliman	Female	44:42.432
93	RTGSEP040	Ricki	Dembo	Male	44:44.735
94	RTGSEP186	Heinrich	Kok	Male	44:46.837
95	RTGSEP127	Crisandre	Rudolph	Female	44:49.093
96	RTGSEP093	Hannelie	Verhoeven	Female	44:54.553
97	RTGSEP210	Thando	Makhamba	Male	44:56.094
98	RTGSEP100	Bronwyn	Lyndon	Female	45:21.307
99	RTGSEP034	Kiki	Smith	Female	45:26.475
100	RTGSEP170	Cole	Smith	Male	45:55.117
101	RTGSEP090	Sizwe	Mhlango	Male	46:49.085
102	RTGSEP018	Linda	misango	Male	46:53.406
103	RTGSEP007	Syllvia	Harrison	Female	47:45.264
104	RTGSEP155	Tatam	Taylor	Female	48:10.565
105	RTGSEP117	paige	taylor	Female	48:14.065
106	RTGSEP225	Sagree	Moodley	Female	48:16.679
107	RTGSEP224	Thato	Moloko	Female	49:02.957
108	RTGSEP139	Katarina	Surjan	Female	49:49.739
109	RTGSEP026	Dominique	Strydom	Female	49:52.835
110	RTGSEP039	Marki	Strydom	Male	49:55.115
111	RTGSEP092	Richard	Flynn	Male	50:18.100
112	RTGSEP074	Michele	Buys	Female	50:53.796
113	RTGSEP162	Mari	Letterind	Female	51:31.751
114	RTGSEP134	Andre	Rohlandt	Male	51:33.429
115	RTGSEP066	Jaques	Williams	Male	51:34.741
116	RTGSEP009	Vongai	Chindeka	Female	51:37.498
117	RTGSEP203	Karina	Kinsey	Female	52:00.039
118	RTGSEP228,	Tanja	Peter	Female	52:13.351
119	RTGSEP037	Debbie	Cloete	Female	53:11.919
120	RTGSEP150	Michael	Peter	Male	53:13.753
121	RTGSEP027	Nomonde	Lumka	Female	53:45.284
122	RTGSEP060	Wandile	Sangweni	Female	55:21.048
123	RTGSEP128	Gary	Austin	Male	56:56.755
124	RTGSEP192	Angela	Rogers	Female	56:59.938
125	RTGSEP219	Craig	Feldman	Male	57:06.479
126	RTGSEP096	Neo	Phetoane	Female	57:17.414
127	RTGSEP102	Nombulelo	Fox	Female	57:28.280
128	RTGSEP122	Shoki	Ramontja	Female	57:37.237
129	RTGSEP043	Sascha	Albany	Male	58:21.069
130	RTGSEP193	Heinrich	Beukes	Male	58:33.948

131	RTGSEP218	Janan	Didetrich	Female	58:38.970
132	RTGSEP141	Belinda	Fourie	Male	58:58.046
133	RTGSEP067	Crowther	Fourie	Male	59:00.516
134	RTGSEP033	Tanya	Klopper	Female	59:09.477
135	RTGSEP147	Thembi	Motlokoa	Female	1:01:40.381
136	RTGSEP166	Nkuli	Odogwu	Female	1:01:43.593
137	RTGSEP115	Kylene	Robenheimer	Female	1:02:15.984
138	RTGSEP046	Raymond	Goncarves	Male	1:02:22.101
139	RTGSEP136	Gabrielle	Goncarves	Female	1:02:27.457
140	RTGSEP105	Lindiwe	Radebe	Female	1:06:17.942
141	RTGSEP208	Francis	Merman	Male	1:06:59.738
142	RTGSEP154	Nakita	Colley	Female	1:08:17.620
143	RTGSEP013	Bahle	Ndlalane	Female	1:08:37.006
144	RTGSEP004	Rodney	Kaplan	Male	1:19:29.681
145	RTGSEP149	Jenny	Feldman	Male	1:19:50.160
146	RTGSEP086	Marcia	Favish	Female	1:19:51.829
147	RTGSEP163	Savannah	DE CARVALHO	Female	1:20:47.130
148	RTGSEP220	Kamohelo	Mohotsi	Female	1:33:02.341
149	RTGSEP052	Joey	Modiselle	Female	1:33:13.649

5KM RESULTS					
Position	Race #	Name	Surname	Gender	Time
1	RTGSEP209	Cornelius	Rall	Male	38:40.517
2					
3	RTGSEP148	Ashley	Becker	Male	42:37.787
4	RTGSEP171	James	Fowler	Male	43:28.395
5	RTGSEP054	Andrew	Becker	Male	47:24.119
6	RTGSEP188	Daniel	Francios	Male	49:17.645
7	RTGSEP184	Neil	Classon	Male	50:40.141
8	RTGSEP169	Judy	Vanderwagen	Female	52:01.995
9	RTGSEP222	Joshua	Brand	Male	52:32.449
10	RTGSEP221	Marc	Brand	Male	52:34.078
11	RTGSEP019	Ross	Kirschner	Male	52:35.367
12	RTGSEP001	Ricky	Smith	Male	52:36.535
13	RTGSEP017	Femmedah	Sukhadia	Female	52:55.587
14	RTGSEP002	Brendan	Becker	Male	54:03.013
15	RTGSEP156	Mandla	Khuzwayo	Male	54:20.683
16	RTGSEP216	Cornel	Claassen	Male	54:28.299
17	RTGSEP104	Marliet	Claassen	Female	54:29.479
18	RTGSEP011	THATO	Sebekedi	Male	54:34.253
19	RTGSEP050	Steven	Mckimmie	Male	55:02.099
20	RTGSEP153	ROB	STEER	Male	55:05.497
21	RTGSEP199	Gareth	Lyndon	Male	55:42.881
22	RTGSEP023	Blaine	Sebastian	Male	57:01.992
23	RTGSEP178	Justin	Dingwall	Male	57:08.557
24	RTGSEP073	Samuel	Leeuw	Male	57:13.461
25	RTGSEP062	Chrissie	Jay	Female	57:35.513
26	RTGSEP059	Sam	Lissoos	Male	57:53.852
27	RTGSEP030	Brad	Donald	Male	57:55.447
28	RTGSEP212	Frank	Mourinho	Male	57:56.286
29	RTGSEP140	Grant	Tinney	Male	58:00.568
30	RTGSEP029	Sanele	Magagula	Female	58:52.135
31	RTGSEP053	Justin	Marx	Male	59:26.100
32	RTGSEP094	Anthony	Dell	Male	59:35.246
33	RTGSEP213	Josh	Angel	Male	1:00:16.145
34	RTGSEP038	Anza	Khubana	Male	1:00:23.029
35	RTGSEP016	Cirsten	Claassen	Male	1:00:24.801
36	RTGSEP006	Shannon	de Vries	Female	1:00:26.128
37	RTGSEP070	Sarah	McAlpine	Female	1:01:28.073
38	RTGSEP160	Roberto	Cinti	Male	1:01:58.960
39	RTGSEP138	Andrew	Pike	Male	1:02:35.080
40	RTGSEP167	Lizle	Austin	Female	1:04:28.995
41	RTGSEP190	Alessia	Pisapia	Female	1:05:03.094
42	RTGSEP045	Greg	Hill	Male	1:05:35.417
43	RTGSEP087	Annemarie	Hill	Female	1:05:37.065
44	RTGSEP098	Warren	Sourgen	Male	1:05:49.377
45	RTGSEP084	Tamera	Motane	Female	1:06:20.329
46	RTGSEP177	Ntshеле	Nkhi	Female	1:07:39.186
47	RTGSEP079	Scott	Enslin	Male	1:07:41.911
48	RTGSEP012	David	Wright	Male	1:08:01.566

49	RTGSEP123	Jordan	Macfie	Male	1:08:11.398
50	RTGSEP211	Riaan	Brits	Male	1:09:08.344
51	RTGSEP157	Craig	Pheiffer	Male	1:09:32.252
52	RTGSEP047	Zâ€™phindile	Nxele	Female	1:09:35.112
53	RTGSEP099	Mpho	Khanye	Female	1:10:39.983
54	RTGSEP164	Michelle	Lissoos	Female	1:11:10.429
55	RTGSEP032	Sam	Marshall	Female	1:11:49.149
56	RTGSEP207	Irene	Wright	Female	1:13:40.099
57	RTGSEP120	Gerald	Van der Merwe	Male	1:13:59.360
58	RTGSEP144	Firzana	Moosa	Female	1:14:46.214
59	RTGSEP025	Nthabiseng	Tlhabela	Female	1:15:27.119
60	RTGSEP010	Natasha	Coetzer	Female	1:15:31.059
61	RTGSEP146	Jeremy	Leeuw	Male	1:15:33.136
62	RTGSEP020	GISELLE	DE CARVALHO	Female	1:18:58.990
63	RTGSEP031	Thuli	Khuzwayo	Female	1:20:44.731
64	RTGSEP041	Radostina	Achilleoudes	Female	1:22:03.645
65	RTGSEP121	Vuyokazi	Mfumfu	Female	1:22:06.816
66	RTGSEP119	Tafadzwa	Chawasemerwa	Male	1:22:09.139
67	RTGSEP132	Mamma	Kekana	Female	1:22:59.106
68	RTGSEP195	Refiloe	Ramasia	Female	1:24:19.090
69	RTGSEP082	Sichume	Mfumfu	Female	1:27:35.033
70	RTGSEP071	LIZET	KLINGBIEL	Female	1:28:51.536
71	RTGSEP024	Wanda	Lennox	Female	1:28:53.409
72	RTGSEP202	Gontse	Lekgoe	Female	1:31:29.796
73	RTGSEP227	Ric	Marini	Male	2:26:03.511
TBC	RTGSEP111	Teresa	Peyerl	Female	35:14.379
TBC	RTGSEP201	Peter	Peyerl	Male	35:21.211
TBC	RTGSEP049	Manivasin	Moodley	Male	40:29.863