

Cradle Cracker
 1st March 2026
 Version 2

SKM RESULTS					
Position	Race #	Name	Surname	Gender	Time
1	CCMAR02144	Adam	Bac	Male	24:34.244
2	CCMAR02524	Vulane	Mthembu	Male	24:43.445
3	CCMAR02961	Carter	O'Neil	Male	24:53.125
3	CCMAR02315	Thabang	Leopeng	Male	25:19.807
4	CCMAR02872	Evangeline	Dykman	Female	25:22.438
5	CCMAR02300	Mohammed	Juma	Male	26:18.051
6	CCMAR02243	Nicholas John	Sarrimanolis	Male	27:34.164
7	CCMAR02756	Paul	McHarg	Male	27:46.426
8	CCMAR02922	Dean	Fraser	Male	27:55.636
9	CCMAR02921	Kevin	Fraser	Male	28:06.012
10	CCMAR02604	Jan	Kruger	Male	28:25.016
11	CCMAR02371	Edwin	Kibaki	Male	28:53.298
12	CCMAR02010	Shayur	Budhai	Male	28:56.493
13	CCMAR02873	Gerdus	Hugo	Male	29:08.229
14	CCMAR02433	Justin	Barnes	Male	29:19.025
15	CCMAR02049	Stefan	Colmanet	Male	29:24.930
16	CCMAR02073	Liam	WrightSmouse	Male	29:35.397
17	CCMAR02075	Micaela	Eriksen-Miller	Female	29:54.817
18	CCMAR02363	Landon	Wright	Male	30:20.927
19	CCMAR021010	Donovan	Perrins	Male	31:26.211
20	CCMAR02525	Kaiyush	Budhai	Male	31:48.326
21	CCMAR02396	Sheree	Minshull Zito	Female	31:49.899
22	CCMAR02120	Megan	Perrins	Female	31:57.075
23	CCMAR02383	Clifford	van Eeden	Male	31:58.588
24	CCMAR02858	Mari	Behr	Female	32:00.837
25	CCMAR02368	Sarah	Schopflin	Female	32:06.343
26	CCMAR02899	Jovan	Schoeman	Male	32:20.239
27	CCMAR02882	Danielle	Kennedy	Female	32:21.607
28	CCMAR02035	Malcolm	Stewart	Male	32:22.893
29	CCMAR02169	Jani	Coode	Female	32:45.743
30	CCMAR02141	Brandon	Sevell	Male	33:17.976
31	CCMAR02467	Bela	Mcharg	Female	33:25.564
32	CCMAR02325	Grant	Senzani	Male	33:34.182
33	CCMAR02048	Sibusiso	Sibeko	Male	33:41.814
34	CCMAR02705	Celeste	Rautenbach	Female	33:46.466
35	CCMAR02721	Alanna	Sevell	Female	34:06.705
36	CCMAR02142	Esmeralda	Bosman	Female	34:23.545
37	CCMAR02164	Marizel	Julyan	Female	34:25.162
38	CCMAR02100	Jordache	Dias	Male	34:31.113
39	CCMAR02415	Nicole	Stewart	Female	34:36.923
40	CCMAR02575	Joshua	Steward	Male	34:53.818

41	CCMAR02930	Hentus	Matthee	Male	35:01.356
42	CCMAR02326	Jade	Niemand	Female	35:08.973
43	CCMAR02351	Jen	Tabor	Female	35:10.838
44	CCMAR02366	Madelein	Viljoen	Female	35:13.905
45	CCMAR02259	Ruben	Moller	Male	35:19.539
46	CCMAR02804	Tshepo	Makhubela	Male	35:24.741
47	CCMAR02152	Natasha	Queiroz	Female	35:30.375
48	CCMAR02321	Kane	Mooi	Male	35:38.044
49	CCMAR02414	Lingard	Pearson	Male	35:42.757
50	CCMAR02139	DonnÃ	Swiegelaar	Female	35:47.626
51	CCMAR02086	Sydney	Jeti	Male	35:54.786
52	CCMAR02418	Noah	Reynolds	Male	36:04.175
53	CCMAR02202	Morgan	Money	Female	36:15.143
54	CCMAR02042	Kayla	Torrance	Female	36:41.866
55	CCMAR02287	Chase	Oberholster	Male	36:43.178
56	CCMAR02538	Rogers	Reddy	Male	37:13.349
57	CCMAR02668	Calista	Reddy	Female	37:15.019
58	CCMAR02373	Nile	Orpen	Female	37:16.271
59	CCMAR02021	Charmaine	Barnard	Female	37:17.321
60	CCMAR02170	Jean	Coetzer	Male	37:19.044
61	CCMAR02033	Therusha	Budhai	Female	37:25.527
62	CCMAR02555	Klarissa	Campher	Female	37:29.165
63	CCMAR02711	Carl	Von Brandis	Male	37:36.086
64	CCMAR02587	Sophia	Pienaar	Female	37:44.973
65	CCMAR02791	Pieter	Putter	Male	38:05.012
66	CCMAR02657	Cameron	McNaughton	Male	38:11.253
67	CCMAR02708	Vani	singh	Female	39:10.044
68	CCMAR02601	Mihail	Naidoo	Male	39:17.285
69	CCMAR02430	Duan	de Vries	Male	39:22.035
70	CCMAR02460	Zandi	Putter	Female	39:23.225
71	CCMAR02464	Jacolize	de Vries	Female	39:24.498
72	CCMAR02402	Aveshni	Naidoo	Female	39:27.191
73	CCMAR02589	Daniel	F	Male	39:30.340
74	CCMAR02821	Tarryn	Wishart	Female	39:34.858
75	CCMAR02760	Terri	Lee	Male	39:37.835
76	CCMAR02148	Natise	Mfazwe	Female	39:40.312
77	CCMAR02143	Rieta	van der Bank	Female	39:52.893
78	CCMAR02382	Greg	Tagg	Male	40:06.220
79	CCMAR02302	Talitha	Willemse	Female	40:11.137
80	CCMAR02036	Armand	Fritz	Male	40:12.317
81	CCMAR02837	Antoinette	de Beer	Female	40:15.466
82	CCMAR02677	Monique	Brits	Female	40:18.946
83	CCMAR02277	Chloe	Gordon-Smith	Female	40:20.526
84	CCMAR02260	Monique	Smit	Female	40:21.061
85	CCMAR02830	Maxine	Nicholls	Female	40:25.501
86	CCMAR02258	Francois	van Loggerenberg	Male	40:30.685
87	CCMAR02928	Paul	Roos	Male	40:38.243
88	CCMAR02926	Estel	Roos	Female	40:39.307

89	CCMAR02905	Riley	Groenewald	Female	40:42.201
90	CCMAR02416	Andre	Groenewald	Male	40:42.617
91	CCMAR02131	Wicus	Moller	Male	40:43.300
92	CCMAR02651	Karen	Moller	Female	40:45.163
93	CCMAR02530	Vinette	VAN ZYL	Female	40:47.471
94	CCMAR02915	Nicholas	Nicholls	Male	40:59.153
95	CCMAR02056	Manuela	Dias	Female	41:26.132
96	CCMAR02196	Megan	Imbrailo	Female	41:40.552
97	CCMAR02329	Chante	Lubbe	Female	41:52.312
98	CCMAR02431	Theia	Naidoo	Female	42:04.798
99	CCMAR02109	Beryl	Sevell	Female	42:08.270
100	CCMAR02311	Shinayed	Spangenberg	Female	42:10.032
101	CCMAR02579	Tasha	Schoeman	Female	42:45.157
102	CCMAR02782	Janine	Huisamen	Female	42:47.575
103	CCMAR02001	Michael	Ngarachu	Male	42:51.475
104	CCMAR02615	Joshline	Schoeman	Female	42:59.716
105	CCMAR02795	Nuvania	Naidoo	Female	43:03.090
106	CCMAR02493	Claudia	Pearson	Female	43:37.716
107	CCMAR02835	Kylie	Heubner	Female	43:39.266
108	CCMAR02526	Kelsey Skye	van Es	Female	43:46.264
109	CCMAR02390	Benita	Goodwin	Female	44:02.349
110	CCMAR02355	Cristina	Botef	Female	44:07.885
111	CCMAR02301	Ettienne	le Roux	Male	44:09.981
112	CCMAR02076	Adri	Julyan	Female	44:10.705
113	CCMAR02094	Christene	Julyan	Female	44:12.708
114	CCMAR02557	Tian	Coetzee	Male	44:33.727
115	CCMAR02547	George	Liebenberg	Male	44:42.190
116	CCMAR02736	Zelda	Prinsloo	Female	44:49.331
117	CCMAR02851	Carina	Ludick	Female	44:50.774
118	CCMAR02825	Willie	Steyn	Male	44:50.921
119	CCMAR02471	KATHLEEN	SCHNETLER	Female	45:04.259
120	CCMAR02907	Malea	Avis	Female	45:12.206
121	CCMAR02929	Natasha	Matthee	Female	45:19.427
122	CCMAR02891	chante	van vuuren	Female	45:26.588
123	CCMAR02514	Qjiniso	Ntuli	Female	45:34.698
124	CCMAR02599	Zukiswa	Nkwana	Female	45:38.363
125	CCMAR02246	Jade	De klerk	Female	46:01.966
126	CCMAR02168	Sean	Sevell	Male	46:04.217
127	CCMAR02790	Jack	Tucker	Male	46:14.187
128	CCMAR02748	Andrea	Carr	Female	46:15.579
129	CCMAR02580	Renee	Goltman	Female	46:18.015
130	CCMAR02534	Rochelle	Groenewald	Female	46:19.454
131	CCMAR021001	Lindie	De Kooker	Female	46:23.112
132	CCMAR021002	Cristelle	Nieuwenhuizen	Female	46:23.352
133	CCMAR02911	Noxolo	Moalusi	Female	46:26.699
134	CCMAR02323	Janice	Wilson	Female	46:27.935
135	CCMAR02831	Rika	Swanzen	Female	46:31.112

136	CCMAR02892	Bernie	Swanzen	Male	46:32.524
137	CCMAR02097	Claudio	Agostinho	Male	46:33.837
138	CCMAR02059	Sienna	Agostinho	Female	46:39.492
139	CCMAR02857	Thandeka	Nduli	Female	46:46.851
140	CCMAR02663	Shari	Nagel	Female	46:50.839
141	CCMAR02327	Melissa	Mphephu	Female	47:10.343
142	CCMAR02704	Jeremy	Ton	Male	47:15.309
143	CCMAR02808	Alicia	Jones	Female	47:19.557
144	CCMAR02861	Calvin	Jones	Male	47:20.736
145	CCMAR021005	Pierre	Laurent	Male	47:20.821
146	CCMAR02720	Heinrich	Von Brandis	Male	47:25.430
147	CCMAR02208	Fanus	Germishuizen	Male	47:26.363
148	CCMAR02567	Charlotte-May	Von B andis	Female	47:26.486
149	CCMAR02335	Leila	De Valence	Female	47:37.644
150	CCMAR02241	Jessica	Williams	Female	47:38.799
151	CCMAR02145	Simphiwe	Mkala	Female	47:40.222
152	CCMAR02498	Nicole Angelique	Power	Female	47:44.422
153	CCMAR02746	Johan	De Lange	Male	47:51.087
154	CCMAR02262	Elihle	Luthuli	Female	48:07.974
155	CCMAR02082	Nomandla	Luthuli	Female	48:11.451
156	CCMAR02628	Lorna	Roberts	Female	48:31.054
157	CCMAR02809	Cindy	Colloty	Female	48:44.312
158	CCMAR02470	Sonei	Von Brandis	Female	48:46.977
159	CCMAR02244	Babhekile	Khusi	Female	49:06.783
160	CCMAR02576	Andrew	Goltman	Male	49:16.138
161	CCMAR02647	Ethan	Goltman	Male	49:17.620
162	CCMAR02839	Louise	Janse van Rensburg	Female	49:33.752
163	CCMAR02047	Leandri	NaudÃ©	Female	49:35.827
164	CCMAR02229	Hennie	NaudÃ©	Male	49:36.987
165	CCMAR02888	Adri	Coetzee	Female	49:43.527
166	CCMAR02066	Jakkie	Van Dyk	Male	49:49.654
167	CCMAR02437	Sibahle™nkosini	Mokomane	Female	50:28.208
168	CCMAR02630	Musa	Khosa	Male	50:39.827
169	CCMAR02444	Ashleigh	McNaughton	Female	51:15.266
170	CCMAR02359	Letlhogonolo	Barrose	Male	51:21.147
171	CCMAR02147	Paballo	Motingoa	Female	51:21.331
172	CCMAR02714	avanti	singh	Female	51:26.576
173	CCMAR02645	Jiovannah	Lopes	Female	51:30.349
174	CCMAR02789	Simone	Klaasen	Female	51:31.568
175	CCMAR02603	Devon	Milton	Male	51:47.950
176	CCMAR02644	Veron	Potter	Male	52:10.687
177	CCMAR02516	Esperance	de Beer	Female	52:12.420
178	CCMAR02828	Giulio	Zito	Male	52:16.971
179	CCMAR02638	Daniella	campbell	Female	52:31.036
180	CCMAR02878	Andrea	Hess	Female	52:31.997
181	CCMAR02849	Koos	Schoeman	Male	52:33.937
182	CCMAR02865	Andre	Rod	Male	52:56.635
183	CCMAR02780	Elmarie	F	Female	52:57.502

184	CCMAR02548	Nthabiseng	Phosa	Female	53:13.025
185	CCMAR02480	Elizma	Coetzee	Female	53:15.586
186	CCMAR02421	Nadia	Fourie	Female	53:16.322
187	CCMAR02539	Chris	Leicester	Male	53:18.920
188	CCMAR02898	Carlene	Rautenbach	Female	53:26.646
189	CCMAR02549	Natasha	Gouws	Female	53:27.972
190	CCMAR02749	Jacques	Gouws	Male	53:29.274
191	CCMAR02646	Claire	Anderson	Female	53:31.555
192	CCMAR02588	Hlulani	Mkhombo	Male	53:37.449
193	CCMAR02081	Thapelo	Makheta	Female	53:38.893
194	CCMAR02016	Adele	Marais	Female	53:44.213
195	CCMAR02810	Rolien	Nel	Female	53:44.571
196	CCMAR02207	Karin	Kotze	Female	53:45.724
197	CCMAR02029	Maritza	Craill	Female	53:51.770
198	CCMAR02513	Yolande	Steward	Female	53:53.932
199	CCMAR02871	Lerato	Baloyi	Female	54:02.415
200	CCMAR02838	Ria	Coetzee	Female	54:17.380
201	CCMAR02194	Moira	Strydom	Female	54:17.425
202	CCMAR02773	Talita	Van Staden	Female	54:18.405
203	CCMAR02494	Dolf	Holton	Male	54:22.807
204	CCMAR02742	Liandi	Holton	Female	54:25.144
205	CCMAR02621	Lanieke	Holton	Male	54:26.653
206	CCMAR02762	Vanessa	de Villiers	Female	54:43.861
207	CCMAR02520	Natasha	Coetzer	Female	54:55.563
208	CCMAR02707	Antonette	Coetzer	Female	54:56.809
209	CCMAR02611	ian	Ray	Male	55:05.711
210	CCMAR02398	Michaela	Schott	Female	55:35.073
211	CCMAR02098	Lindiwe	Moroane	Female	55:59.214
212	CCMAR02533	Tebogo	Kale	Male	56:15.163
213	CCMAR02665	Dewald	Pretorius	Male	56:30.554
214	CCMAR02394	Elzette	Gerber	Female	56:32.355
215	CCMAR02540	Alhile	Mokomane	Male	57:48.757
216	CCMAR02722	Thandile	July	Male	57:51.144
217	CCMAR02127	Leigh Anne	Corden	Female	58:04.845
218	CCMAR02239	Nico	Kotze	Male	58:07.031
219	CCMAR02574	Lesego	Maboa	Female	58:10.154
220	CCMAR02455	Judy	Williamson	Female	58:10.208
221	CCMAR02751	Maritza	Williams	Female	58:11.312
222	CCMAR02768	Lyric	Notshe	Female	58:11.514
223	CCMAR02846	Natasha	Manikus	Female	58:23.888
224	CCMAR02314	Kamogelo	Mudau	Male	58:29.034
225	CCMAR02115	Emeldah	Mudau	Female	58:30.571
226	CCMAR02797	Magda	Coetzee	Female	58:33.252
227	CCMAR02661	Kristen	Fouche	Female	58:34.957
228	CCMAR02904	Liza-Marie	Olivier	Female	58:37.138
229	CCMAR02816	Taine	Newport	Female	58:37.873
230	CCMAR02487	Cindy	Neethling	Female	58:45.275
231	CCMAR02560	Kgomotso	Maphosa	Female	58:49.275

232	CCMAR02173	Precious	Mnisi	Female	58:53.857
233	CCMAR02619	aliche	pretorius	Female	58:55.611
234	CCMAR02439	Leah	Pretorius	Female	58:57.942
235	CCMAR02850	Peyton	Booth	Female	59:18.540
236	CCMAR02596	SALLY	Fourie	Female	59:41.723
237	CCMAR02004	Lizal	Fourie	Female	59:43.264
238	CCMAR02819	Niki	Booth	Female	59:51.099
239	CCMAR02695	Anna	Ngarachu	Female	1:00:19.155
240	CCMAR02018	Mohini	Pillay	Female	1:00:20.912
241	CCMAR02413	Tokkie	Lottering	Female	1:00:24.355
242	CCMAR02727	Phuti	Tshehla	Female	1:02:26.011
243	CCMAR02293	Ofentse	Rapoo	Female	1:03:26.942
244	CCMAR02345	Bernice	De Beer	Female	1:03:36.582
245	CCMAR02307	Els-Marie	Bosman	Female	1:03:37.393
246	CCMAR02251	Craig	Smith	Male	1:04:14.842
247	CCMAR02752	Elguanitia	De Swardt	Female	1:05:04.643
248	CCMAR02261	Lilly	De Bruijn	Female	1:05:14.533
249	CCMAR02250	Holly	De bruijn	Female	1:05:16.909
250	CCMAR02283	Derek	de bruijn	Male	1:05:18.467
251	CCMAR02165	Jess	de bruijn	Female	1:05:20.607
252	CCMAR02537	Mason	Hill	Male	1:06:04.907
253	CCMAR02477	SorÃ©	Labuschagne	Female	1:07:46.946
254	CCMAR02438	Vicky	Preiss	Female	1:08:16.306
255	CCMAR02378	Isolde	Smit	Female	1:08:18.948
256	CCMAR02512	Danika	Mans	Female	1:09:36.013
257	CCMAR02875	Tshidi	Motloung	Female	1:19:50.727
258	CCMAR02111	Derick	Botha	Male	1:36:41.459
259	CCMAR02894	Teijah	Moone	Female	1:40:39.009

10KM RESULTS					
Position	Race #	Name	Surname	Gender	Time
1	CCMAR021018	Jan	KRuger	Male	42:51.218
2	CCMAR02333	Dominic	Ornelas	Male	44:00.768
3	CCMAR02171	Liam	Hudson	Male	45:44.876
4	CCMAR02961	Daniel	Kuhlmann	Male	46:12.466
5	CCMAR02052	Matthew	Slabbert	Male	47:15.704
6	CCMAR02376	Matthew	Jacobs	Male	47:25.467
7	CCMAR02211	Anton	Verhoog	Male	49:45.168
8	CCMAR02800	Brad	Frazer	Male	50:03.598
9	CCMAR02306	Rene	Schutte	Female	51:52.748
10	CCMAR021013	Tristan	Smith	Male	52:27.712
11	CCMAR02051	AJ	De Beer	Male	53:56.224
12	CCMAR02157	Paul	Schutte	Male	54:51.963
13	CCMAR02090	Matthew	Imbrailo	Male	54:57.804
14	CCMAR02273	Kevin	Wilkins	Male	55:07.753
15	CCMAR02643	Talia	van Sittert	Female	55:55.525
16	CCMAR02372	Jonathan	Sarrimanolis	Male	56:06.396
17	CCMAR02914	Michaela	Beuthin	Female	56:18.509
18	CCMAR02215	Frans	Landman	Male	56:21.284
19	CCMAR02920	Cine	Fraser	Female	56:40.470
20	CCMAR02195	Jason	Knight	Male	57:36.569
21	CCMAR02220	Michael	De Carvalho	Male	57:37.690
22	CCMAR02412	Rabin	Oketch	Female	58:30.365
23	CCMAR02880	Alexander	Brits	Male	58:32.218
24	CCMAR02217	Steph	Hudson	Female	58:58.790
25	CCMAR0965	Lawrence	Jethro	Male	59:10.310
26	CCMAR02190	Wilco	Kamffer	Male	59:19.372
27	CCMAR02918	Luke	Truter	Male	59:21.598
28	CCMAR02535	Gabriella	Viljoen	Female	59:25.660
29	CCMAR02197	Lana	Harmse	Female	59:31.559
30	CCMAR02902	Sean	Mumford	Male	59:40.019
31	CCMAR02256	Armand	van Niekerk	Male	59:59.074
32	CCMAR021012	Carmen	Introna	Female	1:00:01.244
33	CCMAR02308	Jessica	Tee	Female	1:00:07.047
34	CCMAR02521	Daniel	Wright	Male	1:00:41.354
35	CCMAR02278	Charlie	Paget	Female	1:00:46.906
36	CCMAR02709	Deren	Fennell	Male	1:00:50.123
37	CCMAR02786	Nicholas	Dibb	Male	1:00:55.261
38	CCMAR02903	Katelyn	Fletcher	Female	1:00:55.602
39	CCMAR02272	Alan	Bedier	Male	1:01:10.121
40	CCMAR02623	Corne	Rossouw	Male	1:01:21.433
41	CCMAR02087	Eliana	Agostinho	Female	1:01:35.115
42	CCMAR02429	Brendon	Zodiates	Male	1:01:40.331
43	CCMAR02226	Shelley	Agostinho	Female	1:01:41.264
44	CCMAR02818	Demi	Jonck	Female	1:01:50.932

45	CCMAR02370	Louise	Engelbrecht	Female	1:02:29.128
46	CCMAR02566	Adriel	Sharpley	Male	1:02:33.763
47	CCMAR02820	Kholiwe	Makhohliso	Female	1:02:36.239
48	CCMAR02723	Brendan	Cardy	Male	1:03:16.272
49	CCMAR02754	Michael	Potgieter	Male	1:03:55.517
50	CCMAR02798	Maxine	Harris	Female	1:04:02.002
51	CCMAR02443	Jacques	de Villiers	Male	1:04:04.436
52	CCMAR02150	Melaina	Gross	Female	1:04:07.170
53	CCMAR02356	Saba	Rahimi	Male	1:04:07.926
54	CCMAR02210	Alison	Laurent	Female	1:04:10.546
55	CCMAR02672	Trent	Groenewald	Male	1:04:15.953
56	CCMAR02788	Joshua	singh	Male	1:04:18.510
57	CCMAR02648	Kelvin	Brits	Male	1:04:20.785
58	CCMAR02552	WESSEL	FICK	Male	1:04:32.329
59	CCMAR02167	Louis	Harmse	Male	1:04:36.747
60	CCMAR02189	Andrew	Collison	Male	1:04:55.859
61	CCMAR02334	Chris	van Wyk	Male	1:04:58.353
62	CCMAR02271	Marguerite	Botha	Female	1:05:08.543
63	CCMAR02040	Megan	Prescott	Male	1:05:19.710
64	CCMAR02419	Tracey	Miller	Female	1:05:21.897
65	CCMAR02425	Monique	Nolte	Female	1:05:48.481
66	CCMAR02129	Courtney	Wilkinson	Female	1:05:56.777
67	CCMAR02005	Christa	Piater	Female	1:06:05.052
68	CCMAR02319	Alexander	Ludick	Male	1:06:17.370
69	CCMAR02794	Wamashudu	Mudau	Male	1:06:19.625
70	CCMAR02728	Cayley	Wood	Female	1:06:24.183
71	CCMAR02053	Martie	Harmse	Female	1:06:30.901
72	CCMAR02070	Caryn	Niemand	Female	1:06:42.068
73	CCMAR02787	Melissa	Bigham	Female	1:06:42.407
74	CCMAR02294	Jason	Martin	Male	1:06:44.577
75	CCMAR02130	Nina	Schutte	Female	1:06:52.210
76	CCMAR02199	Adam	Saiyad	Male	1:07:04.010
77	CCMAR02417	Ciaran	Whitaker	Male	1:07:06.998
78	CCMAR02528	Johnny	Koortzen	Male	1:07:14.268
79	CCMAR02784	Leonardo	Potter	Male	1:07:19.281
80	CCMAR02697	Michael	Henrey	Male	1:07:23.882
81	CCMAR02822	Christelle	Weyers	Female	1:07:40.253
82	CCMAR02473	Lauren	Esterhuizen	Female	1:07:40.671
83	CCMAR02030	Marike	Kruger	Female	1:07:43.078
84	CCMAR02191	Mienke	Steenkamp	Female	1:07:48.027
85	CCMAR02280	Nikola	Ludick	Female	1:08:07.878
86	CCMAR02764	Blayne	Van Der spuy	Male	1:08:34.476
87	CCMAR02812	Aphiwe	Dlamini	Male	1:08:40.181
88	CCMAR02616	Amori	Gerber	Female	1:08:42.623
89	CCMAR02792	Charl	Marais	Male	1:08:58.722
90	CCMAR02504	Motheo	Moroane	Male	1:09:08.896
91	CCMAR02154	Nicole	Schuitmaker	Female	1:09:19.742
92	CCMAR02365	Jeremy	Ngarachu	Male	1:09:28.121

93	CCMAR02712	Riaan	Grobler	Male	1:09:37.364
94	CCMAR02617	Jessica	Davenport	Female	1:09:52.857
95	CCMAR02640	Jade	Styger	Female	1:09:53.458
96	CCMAR02862	Joshua	Snyman	Male	1:10:14.524
97	CCMAR02358	Kerryn	Hayter	Female	1:10:15.421
98	CCMAR02006	Claire	Addison	Female	1:10:20.453
99	CCMAR02478	jermey	naidoo	Male	1:10:37.671
100	CCMAR02778	Vincenzo	Stevens	Male	1:10:45.333
101	CCMAR02060	Jeane	Jansen van Vuuren	Female	1:10:51.235
102	CCMAR02282	Elisna	van Wyk	Female	1:10:53.789
103	CCMAR02163	Jann-Marie	Fourie	Female	1:11:28.375
104	CCMAR02496	Anesta	Horn	Female	1:11:33.206
105	CCMAR02225	Carolina	Suárez castillo	Female	1:11:49.600
106	CCMAR02324	Connor	Verster	Male	1:12:01.359
107	CCMAR02400	Soko	Langa	Female	1:12:03.804
108	CCMAR02564	Simphiwe	Ndaba	Female	1:12:06.566
109	CCMAR02112	Ant	Southgate	Male	1:12:13.103
110	CCMAR02343	Basjan	Bezuidenhout	Male	1:12:16.936
111	CCMAR02848	Bailey	Locker	Male	1:12:18.565
112	CCMAR02178	Vanessa	Peter	Female	1:12:33.745
113	CCMAR02031	Eddie	Farinha	Male	1:12:36.127
114	CCMAR02188	Justin	Marx	Male	1:12:53.516
115	CCMAR02046	Mzamo	Nkambule	Male	1:13:07.896
116	CCMAR02855	Ayanda	Monageng	Female	1:13:22.561
117	CCMAR02074	Claudia	da Silva	Female	1:13:25.402
118	CCMAR02612	Lutendo	Mafuna	Female	1:13:25.695
119	CCMAR02531	Michael	Wood	Male	1:13:26.199
120	CCMAR02590	Nishaal	Ranchod	Male	1:13:29.418
121	CCMAR02451	Zani	Koen	Female	1:13:37.400
122	CCMAR02867	Ezanne	De Klerk	Female	1:14:01.904
123	CCMAR02007	Annemarie	Ross	Female	1:14:06.005
124	CCMAR02909	ZoÃ«	Ziegler	Female	1:14:09.765
125	CCMAR02313	Etienne	Swanepoel	Male	1:14:12.408
126	CCMAR021023	Benjamin	O'Neil	Male	1:14:18.812
127	CCMAR02713	Jessica	Colloty	Female	1:14:20.630
128	CCMAR02591	Clare	Tennant	Female	1:14:32.030
129	CCMAR02489	Daniel	De Gouveia	Male	1:14:33.816
130	CCMAR02339	Travis	Imbrailo	Male	1:14:46.353
131	CCMAR02598	Keegan	van der Linde	Male	1:14:46.357
132	CCMAR02803	Alina	Nicholls	Female	1:14:55.556
133	CCMAR021009	Carol	Molenaar	Female	1:14:57.116
134	CCMAR02353	Candice	Eaglestone	Female	1:14:58.704
135	CCMAR02718	Megan	Jackson	Female	1:15:13.651
136	CCMAR02385	Shannon	Kennedy	Female	1:15:28.352
137	CCMAR02221	Carol	Brooks	Female	1:15:32.421
138	CCMAR02776	Vusi	Mahlobo	Male	1:15:39.909
139	CCMAR02254	Melissa	Smit	Female	1:15:56.790

140	CCMAR02544	Ashleigh	Marshall	Female	1:15:57.297
141	CCMAR02859	Aeron	Williams	Female	1:16:02.173
142	CCMAR021007	Erin	Goodwin	Female	1:16:07.193
143	CCMAR021003	Karen	Maggerman	Female	1:16:10.211
144	CCMAR02519	Devon	Kerwin	Male	1:16:13.338
145	CCMAR02057	Karla	Steyn	Female	1:16:17.660
146	CCMAR02586	James	Pearson	Male	1:16:19.621
147	CCMAR02620	Christy	Pearson	Female	1:16:21.586
148	CCMAR02660	Refilwe	Sillie	Female	1:16:39.958
149	CCMAR02700	Carli	Venter	Female	1:16:44.983
150	CCMAR02680	Carla	Van Aswegen	Female	1:16:45.549
151	CCMAR02741	Mari	Thorius	Female	1:16:48.759
152	CCMAR02823	Alta	Smit	Female	1:16:52.166
153	CCMAR02388	Prelene	Kannemeyer	Female	1:17:06.006
154	CCMAR02134	Leandre	Van Rooyen	Female	1:17:07.993
155	CCMAR02403	Andre	Labuschagne	Male	1:17:55.072
156	CCMAR02469	Zeanca	Labuschagne	Female	1:17:56.020
157	CCMAR02263	Megan	Segers	Female	1:18:12.985
158	CCMAR02092	Janine	Martin	Female	1:18:20.263
159	CCMAR02153	Chris	Reed	Male	1:18:23.136
160	CCMAR02264	Ariska	Smith	Female	1:18:31.017
161	CCMAR02605	Stephan	Pieterse	Male	1:18:33.473
162	CCMAR02879	Melissa	Acutt	Female	1:18:34.310
163	CCMAR02881	Alvin	Roets	Male	1:18:38.238
164	CCMAR02450	jonathan	singh	Male	1:18:55.909
165	CCMAR02761	Mashukudu	Malefo	Male	1:19:00.601
166	CCMAR02763	Yanique	Viljoen	Female	1:19:02.516
167	CCMAR02893	Dushen	Naidoo	Male	1:19:07.326
168	CCMAR02690	Nikhil	Naidoo	Male	1:19:10.087
169	CCMAR02683	Christopher	Brand	Male	1:19:21.492
170	CCMAR02234	Helene	Viljoen	Female	1:19:23.038
171	CCMAR02183	Murray	Lomberg	Male	1:19:23.341
172	CCMAR02738	Kerry	Goveia	Female	1:19:32.555
173	CCMAR02508	Tian	Havenga	Male	1:19:38.435
174	CCMAR02641	Jordy	Shaw	Female	1:19:39.589
175	CCMAR02618	Karen	Da Costa	Female	1:19:39.972
176	CCMAR02885	Nicole	Boshoff	Female	1:19:50.210
177	CCMAR02733	Dylan	van Wyk	Male	1:19:54.924
178	CCMAR02099	Cade	Fyfe	Male	1:20:23.710
179	CCMAR02257	Rene	Grobler	Female	1:20:31.593
180	CCMAR02289	Katja	Radel	Female	1:20:34.127
181	CCMAR02664	Keitumetse	Dikeledi	Female	1:20:35.687
182	CCMAR02158	Tlhogi	Mothobi	Female	1:20:55.989
183	CCMAR02609	Marelle	Le Roux	Female	1:21:29.199
184	CCMAR02466	Kirsten	Schmidt	Female	1:21:49.331
185	CCMAR02230	Liza	Blignaut	Female	1:22:12.860
186	CCMAR02608	Roleen	Falken	Female	1:22:20.810
187	CCMAR02362	Sahil	Ramlutchman	Male	1:22:23.767

188	CCMAR02833	Leanne	de Souza	Female	1:22:28.633
189	CCMAR02654	Alretha	du Plessis	Female	1:22:45.010
190	CCMAR02650	Lindy	Ray	Female	1:22:51.490
191	CCMAR02395	Samantha	Cronje	Female	1:22:51.678
192	CCMAR02096	Annelene	Van Rooyen	Female	1:22:53.042
193	CCMAR02876	Marcell	Le Roux	Male	1:22:53.482
194	CCMAR02743	Neo	Mopeli	Female	1:22:58.795
195	CCMAR02332	Marcia	De Menezes	Female	1:23:00.095
196	CCMAR02331	Dianri	Campbell	Female	1:23:08.942
197	CCMAR02750	Judy	Wright	Female	1:23:09.907
198	CCMAR02553	Bridget	Ramoshaba	Female	1:23:21.278
199	CCMAR02912	Melanie	Rodrigues	Female	1:23:26.961
200	CCMAR02735	Isabella	Reynolds	Female	1:23:33.677
201	CCMAR02342	Karyn	Schott	Female	1:23:35.531
202	CCMAR02565	Perrus	Vosloo	Male	1:23:36.740
203	CCMAR02160	Lerato	Nkambule	Female	1:23:42.377
204	CCMAR02652	Andries	Pretorius	Male	1:23:42.413
205	CCMAR02434	Kayla	Pretorius	Female	1:23:43.408
206	CCMAR02886	Hanneli	Nel	Female	1:23:45.098
207	CCMAR02367	Andrew	Milne	Male	1:23:49.266
208	CCMAR02185	Susan	Van Dyk	Female	1:24:03.105
209	CCMAR02734	Zanel	Viljoen	Female	1:24:10.732
210	CCMAR02836	Sara	Goodes	Female	1:24:12.210
211	CCMAR02341	Jenna	Olendski-Brown	Female	1:24:35.094
212	CCMAR02479	Dominic	King-Ogden	Male	1:24:54.258
213	CCMAR02505	Quintin	Pretorius	Male	1:25:00.264
214	CCMAR02805	Emma	Van Nieuwkerk	Female	1:25:07.304
215	CCMAR02686	Wilna	Pieters	Female	1:25:07.406
216	CCMAR02745	Cayden	Gibson	Male	1:25:09.613
217	CCMAR02265	Debbie	McCormick	Female	1:25:11.447
218	CCMAR02449	Gordon	Hedley	Male	1:25:12.820
219	CCMAR02055	ChanÃ©	van Sittert	Female	1:25:17.194
220	CCMAR02476	Katekani	Hobyane	Female	1:25:17.214
221	CCMAR02069	Nadia	Mathee	Female	1:25:18.902
222	CCMAR02693	Brenda Jajula	Jajula	Female	1:25:20.489
223	CCMAR02573	Lerato	Dikgole	Female	1:25:23.363
224	CCMAR02361	Natalie	Motloutsi	Female	1:25:34.850
225	CCMAR02110	Carol	Posthumus	Female	1:25:35.466
226	CCMAR02441	Tumelo P.	Motloutsi	Male	1:25:35.860
227	CCMAR02182	Jonathan	Kerr	Male	1:25:41.466
228	CCMAR02062	Aidan	Connolly	Male	1:25:47.548
229	CCMAR02088	Angela	Spenceley	Female	1:25:49.796
230	CCMAR02629	Yolande	Viljoen	Female	1:25:58.792
231	CCMAR021022	Cindy	O'Neil	Female	1:26:01.622
232	CCMAR02200	Tanith	El-Alam	Female	1:26:06.399
233	CCMAR02269	Marinda	Kerr	Female	1:26:17.301
234	CCMAR02212	Sue	Wishart	Female	1:26:20.706

235	CCMAR02883	Kim	De Allende	Female	1:26:26.731
236	CCMAR02235	Stephanie	Bester	Female	1:26:40.590
237	CCMAR02908	Jethro	Van der Molen	Male	1:26:50.497
238	CCMAR02583	Morkel	du Preez	Male	1:27:01.262
239	CCMAR02238	Cindy	Mostert	Female	1:27:02.079
240	CCMAR02252	Hlomphe	Mokoena	Male	1:27:06.707
241	CCMAR02135	jessica	richardson	Female	1:27:08.168
242	CCMAR02556	Tanya	Thomson	Female	1:27:09.967
243	CCMAR02304	Karen	Maggerman	Female	1:27:12.954
244	CCMAR02667	Rhys	de Souza	Male	1:27:15.037
245	CCMAR02063	Gideon	Maggerman	Male	1:27:15.431
246	CCMAR02910	Irene	Basson	Female	1:27:17.616
247	CCMAR02198	Kirsten	Pienaar	Female	1:27:19.849
248	CCMAR02769	Leisha	Boshoff	Female	1:27:24.810
249	CCMAR02474	Tonelle	Goveia	Female	1:27:26.055
250	CCMAR02295	Diane	Stevens-King	Female	1:27:28.927
251	CCMAR02703	Jules	Kearns	Female	1:27:38.288
252	CCMAR02346	MARYKA	Bezuidenhout	Female	1:27:42.176
253	CCMAR02747	Rene	Minnaar	Female	1:27:50.802
254	CCMAR02595	Edna	Hinrichsen	Female	1:28:08.799
255	CCMAR02592	Katy	Lander	Female	1:29:36.038
256	CCMAR02297	Jay	Ngoshi	Male	1:29:36.813
257	CCMAR02391	Jarrod	Luck	Male	1:29:39.818
258	CCMAR02807	Caitlyn	Luck	Female	1:29:42.606
259	CCMAR02726	Rosa	Kimber	Female	1:29:49.169
260	CCMAR02682	Rachel	Dippenaar	Female	1:29:50.451
261	CCMAR02123	Jacqueline	Schott	Female	1:29:59.669
262	CCMAR02724	Palesa	Mofokeng	Female	1:30:07.767
263	CCMAR02710	Eunsook	Seol	Female	1:30:23.652
264	CCMAR02490	Tammy	Booyzen	Female	1:30:32.703
265	CCMAR02176	Jade	Smuts	Female	1:30:37.233
266	CCMAR02779	Zinhle	Dube	Female	1:30:38.414
267	CCMAR02133	Thabani	Luthuli	Male	1:30:42.111
268	CCMAR02125	Mooniq	Rowan	Female	1:30:54.566
269	CCMAR02320	Bianca	Chan	Female	1:30:56.020
270	CCMAR02852	Jane	Jacobs	Female	1:30:57.866
271	CCMAR02737	Hyeonmin	Bark	Male	1:31:16.960
272	CCMAR02572	Yolanda	Price	Female	1:32:00.799
273	CCMAR02381	Nokuthula	Mnisi	Male	1:32:16.909
274	CCMAR02817	Lesego	Dikeledi	Female	1:32:18.036
275	CCMAR02767	Angelique	Viljoen King-Ogden	Female	1:32:49.586
276	CCMAR02662	Leigh	Candlish	Female	1:32:50.312
277	CCMAR02409	Jenifer	Walton	Female	1:33:07.719
278	CCMAR02175	Phumla	Shayi	Female	1:33:12.062
279	CCMAR02462	Kirsten Kay	Morgan	Female	1:33:24.139
280	CCMAR02635	Tracy	Miles	Female	1:33:28.580
281	CCMAR02384	Jess	Jardim-Wedepohl	Female	1:33:52.727
282	CCMAR02515	Nelmari	Scholtz	Female	1:34:25.025

283	CCMAR02766	Nicolette	Solomon	Female	1:35:33.403
284	CCMAR02422	Anzani	Mudumela	Female	1:36:18.337
285	CCMAR02931	Bongani	Mlambo	Male	1:36:24.945
286	CCMAR02061	Louise	Kennedy	Female	1:36:47.384
287	CCMAR02223	jack	marshall	Male	1:36:57.244
288	CCMAR02242	Tshepang	Mokoena	Female	1:37:05.890
289	CCMAR02281	Thandiwe	Mkalipi	Female	1:37:09.856
290	CCMAR02126	Siposihle	Bungane	Female	1:37:24.540
291	CCMAR02065	Tumelo	Bosaka	Female	1:37:44.758
292	CCMAR02834	Amy	Catsavis	Female	1:38:04.445
293	CCMAR02447	Phathutshedzo	Mulaudzi	Female	1:38:45.271
294	CCMAR02159	Rendani	Munzhedzi	Female	1:39:14.117
295	CCMAR02023	Ntswaki	Lerobane	Female	1:39:22.568
296	CCMAR02518	Nomsa	Ndwalaza	Female	1:43:24.194
297	CCMAR02025	Gontse	Dikeledi	Female	1:44:10.886
298	CCMAR02348	Jean	Wade	Female	1:44:36.182
299	CCMAR02067	Sameshnie	Sookram	Female	1:45:46.164
300	CCMAR02765	Nadia	De Lange	Female	1:46:18.842
301	CCMAR02694	Lanese	Forbes	Female	1:48:08.494
302	CCMAR02484	Thinus	Forbes	Male	1:48:09.505
303	CCMAR02442	June	Bates	Female	1:48:13.173
304	CCMAR02428	Ditiro	Monaiwa	Male	1:48:17.647
305	CCMAR02039	Latoya	Wright	Female	1:48:33.754
306	CCMAR02408	Karen	Potter	Female	1:48:49.962
307	CCMAR02406	Andiswa	Cushe	Female	1:48:52.326
308	CCMAR02739	Mmalefa	Motaung	Female	1:49:09.935
309	CCMAR02729	Rudelle	Schoeman	Female	1:49:47.817
310	CCMAR02316	Simnikiwe	Ntyantya	Female	1:49:52.868
311	CCMAR02266	Mxolisi	Mkalipi	Male	1:50:37.027
312	CCMAR02610	Olivia	Senyatsi	Female	1:50:37.401
313	CCMAR02132	Keabetswe	Mekgwe	Female	1:50:56.745
314	CCMAR02340	Charmaine	Kitchen	Female	1:51:15.344
315	CCMAR02777	Samantha	Inskip	Female	1:51:16.579
316	CCMAR02639	Sylvia	Braithwaite	Female	1:51:19.003
317	CCMAR02285	Ruth	Pike	Female	1:51:25.840
318	CCMAR021004	Chris	Ridley	Male	1:51:42.940
319	CCMAR02117	Shannon	Munnick	Female	1:52:40.253
320	CCMAR02446	Karin	Van Greuning	Female	1:53:16.139
321	CCMAR02149	BRUCE	MINNIE	Male	1:54:22.219
322	CCMAR02375	BIANCA	GERBER	Female	1:54:46.262
323	CCMAR02622	Jennifer	Taylor	Female	1:54:52.579
324	CCMAR02364	Lynda	Rhodes	Female	1:55:56.601
325	CCMAR02079	Leshoko	Mokgobu	Female	1:56:51.931
326	CCMAR02671	Patricia	Henning	Female	2:01:12.007
327	CCMAR02236	Patrys	Rautenbach	Female	2:01:22.845
328	CCMAR02717	Katlego	Sejamoholo	Female	2:03:28.227
329	CCMAR02554	Tshamano	Netshifhefhe	Female	2:04:18.088
330	CCMAR02860	Azwihangwisi	Mudau	Female	2:04:20.606

331	CCMAR02896	Nita	Avis	Female	2:07:52.416
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15KM RESULTS					
Position	Race #	Name	Surname	Gender	Time
1	CCMAR02962	Bongani	Dlamini	Male	1:05:21.611
2	CCMAR02114	Frank	Bester	Male	1:07:39.411
3	CCMAR02545	Laikin	Kaka	Female	1:14:46.377
4	CCMAR02322	Quinton	Jones	Male	1:16:35.084
5	CCMAR02312	Jonathan	Bigham	Male	1:16:43.539
6	CCMAR02558	Melanie	Conceicao	Female	1:18:51.838
7	CCMAR02011	Melissa	Jacobs -Stevens	Female	1:18:51.838
8	CCMAR02793	Lauren	Batista	Female	1:19:38.950
9	CCMAR02626	Divan	De bruin	Male	1:19:41.470
10	CCMAR02627	Samantha	Hawkes	Female	1:23:29.820
11	CCMAR02083	Malcolm	Siggemann	Male	1:24:13.998
12	CCMAR02507	Matthew	Pretorius	Male	1:25:09.232
13	CCMAR02369	Marlo	du Preez	Male	1:25:37.884
14	CCMAR02753	Jennifer	Mcknight	Female	1:26:04.908
15	CCMAR02274	Monique	Heerschop	Female	1:26:06.711
16	CCMAR02054	Nicolle	Els	Female	1:26:50.382
17	CCMAR02180	Gavin	Spark	Male	1:27:04.044
18	CCMAR02877	Dylan	Eriksen-Miller	Male	1:27:12.932
19	CCMAR02124	Gcinathina	Gumede	Male	1:27:22.959
20	CCMAR02043	Daniel	Van der merwe	Male	1:29:08.319
21	CCMAR02204	Reiner	Vollmer	Male	1:29:11.521
22	CCMAR02895	Adam	Norris	Male	1:29:44.565
23	CCMAR02218	Ryan	Van Eeghem	Male	1:29:53.656
24	CCMAR02080	Heinrich	Weyers	Male	1:29:57.782
25	CCMAR02826	Natasha	De Villiers	Female	1:30:09.763
26	CCMAR02844	Tyler	de Villiers	Male	1:30:11.529
27	CCMAR02570	Jean-Pierre	Klue	Male	1:30:59.676
28	CCMAR02084	Siye	Mnisi	Male	1:31:30.881
29	CCMAR02523	Mauritz	van Straten	Male	1:31:46.112
30	CCMAR02386	Keegan	Finlayson	Male	1:31:50.679
31	CCMAR02397	Brock	McClue	Male	1:31:55.560
32	CCMAR021021	Kimberly	O'Neil	Female	1:32:00.160
33	CCMAR02347	AmorÃ©	Roberts	Female	1:32:57.697
34	CCMAR02399	Fernando	Batista	Male	1:33:00.303
35	CCMAR02224	Zane	Scherman	Female	1:34:03.633
36	CCMAR02022	MÃ©gail	Gericke	Female	1:34:10.800
37	CCMAR02890	Sonia	Nys	Female	1:34:43.532
38	CCMAR02546	derryn-lee	mackay	Female	1:34:45.538
39	CCMAR02420	Thabo	Maaroganye	Male	1:35:29.082
40	CCMAR02501	PW	van der Westhuizen	Male	1:35:32.872
41	CCMAR02559	Miemie	van der Westhuizen	Female	1:35:33.805
42	CCMAR02410	Tarien	Saaiman	Female	1:35:37.962
43	CCMAR02179	Jeanine	Zweep	Female	1:36:12.349
44	CCMAR02106	Mikaela	Mendes	Female	1:36:14.243
45	CCMAR02658	Sonya	Wessels	Female	1:36:32.842
46	CCMAR02543	Elmien	Davidson	Female	1:37:38.419
47	CCMAR02440	Melanie	Harcourt-Cooke	Female	1:37:42.128
48	CCMAR02702	Rosanne	LeJeune	Female	1:37:43.527

49	CCMAR02013	Cheri	Barrett	Female	1:38:14.472
50	CCMAR02405	Orin	Rubidge	Male	1:38:25.144
51	CCMAR02719	Toni	van Rooyen	Female	1:38:29.454
52	CCMAR02151	Richard	Thomas	Male	1:39:11.067
53	CCMAR02214	Rita	Pienaar	Female	1:39:30.889
54	CCMAR02551	Jaco	Mans	Male	1:39:37.479
55	CCMAR02497	Hugo	Werner	Male	1:39:41.960
56	CCMAR02101	Michelle	Oelschig	Female	1:39:42.137
57	CCMAR02337	Kim	Reddy	Female	1:39:53.628
58	CCMAR021008	Angelique	van der Berg	Female	1:39:54.511
59	CCMAR02625	Grant	Crompton	Male	1:40:13.932
60	CCMAR02868	Carl	Yssel	Male	1:40:15.345
61	CCMAR02594	Bailey	Hawkes	Female	1:40:50.679
62	CCMAR02744	Carla	Jardine	Female	1:40:51.711
63	CCMAR02216	Christiaan	Knoetze	Male	1:40:57.868
64	CCMAR02093	Danica	Laas	Female	1:41:53.906
65	CCMAR02078	Elne	Visagie	Female	1:42:37.579
66	CCMAR02095	Johan	Brune	Male	1:42:38.513
67	CCMAR02653	LENIKA	van Wyk	Female	1:42:39.723
68	CCMAR02024	Adele	Burger	Female	1:42:45.631
69	CCMAR02864	Ronelle	Kaka	Female	1:43:18.492
70	CCMAR02634	Senzo	Khambule	Male	1:43:18.623
71	CCMAR02847	Danni	Trehearn-Temlett	Female	1:44:15.097
72	CCMAR02247	Terri	Harris	Female	1:45:16.150
73	CCMAR02267	Michelle	Dimitrov	Female	1:45:34.084
74	CCMAR02245	Rosana	Da Silva	Female	1:46:27.672
75	CCMAR02423	Adriaan Willem	Naude	Male	1:47:03.767
76	CCMAR02829	Andrew	Cook	Male	1:47:21.703
77	CCMAR02352	Ross	van der Nest	Male	1:47:21.970
78	CCMAR02678	Paige	Harrower	Female	1:47:47.629
79	CCMAR02407	Jordan	Cullingworth	Male	1:47:59.639
80	CCMAR02113	Una	Mudlalo	Male	1:48:01.599
81	CCMAR02291	Samantha	White	Female	1:49:10.309
82	CCMAR02387	Jacques	Du Toit	Male	1:50:08.301
83	CCMAR02687	Phumeza	Zungula	Female	1:50:31.612
84	CCMAR02298	Megan	Nel	Female	1:50:39.820
85	CCMAR02655	Anna-Marie	Ferreira	Female	1:51:07.080
86	CCMAR02832	Kim	Nemeti	Female	1:51:12.397
87	CCMAR02529	Stewart	Romanis	Male	1:51:34.897
88	CCMAR02336	Tzvetana	Masters	Female	1:51:43.401
89	CCMAR02840	Grant	Johnson	Male	1:51:55.140
90	CCMAR02673	Sandra	Gower	Female	1:51:59.425
91	CCMAR02003	Kim	David	Female	1:52:02.806
92	CCMAR02637	Dalubuhle	Ncube	Male	1:52:08.503
93	CCMAR02187	Vaughn	Venter	Male	1:52:20.721
94	CCMAR02213	Nicola	Venter	Female	1:52:21.709
95	CCMAR02161	Thabang	Matho	Female	1:52:32.189
96	CCMAR02706	Bridgette	Heath	Female	1:52:51.662
97	CCMAR02349	Adel	Blake	Female	1:53:26.571
98	CCMAR02268	Lebo	Mofali	Female	1:53:26.994
99	CCMAR02296	Kirsten	Lake	Female	1:53:28.424

100	CCMAR02511	Jadon	Grab	Male	1:54:01.046
101	CCMAR02227	Pieter	Craill	Male	1:54:26.550
102	CCMAR02206	Bongi	Ntwanambi	Female	1:55:56.137
103	CCMAR02488	Luzaan	Volschenk	Female	1:56:16.816
104	CCMAR02771	Lauren	Whitelaw	Female	1:56:21.443
105	CCMAR02303	Paula	Klaassen	Female	1:56:57.810
106	CCMAR02916	Elsie	Grundling	Female	1:57:04.084
107	CCMAR02181	Minize	Haron	Female	1:57:09.006
108	CCMAR02758	Nadia	Zalewski	Female	1:57:10.029
109	CCMAR02240	Nat	Robertson	Male	1:57:16.510
110	CCMAR02459	Kelly	McGorian	Female	1:58:08.899
111	CCMAR02116	Micelle	Coetsee	Female	1:59:03.934
112	CCMAR02186	Sohana	Bridgemohan	Female	1:59:44.710
113	CCMAR02563	Bruce	De Lange	Male	1:59:59.559
114	CCMAR02193	Susan	Von Wielligh	Female	2:00:02.076
115	CCMAR02913	Isabel	Potgieter	Female	2:00:03.705
116	CCMAR02699	Justin	Ridley	Male	2:00:05.483
117	CCMAR02692	Tristan	Smith	Male	2:00:07.867
118	CCMAR02725	Ryan	Idle	Male	2:00:23.913
119	CCMAR02222	Melissa	Kruger	Female	2:00:24.424
120	CCMAR02009	Teboho	Moroane	Male	2:01:12.693
121	CCMAR02427	Phumzile	Mokomane	Female	2:01:27.009
122	CCMAR02017	Kgomotso	Mpadisang	Female	2:02:47.375
123	CCMAR02783	Lorato	Rakuba	Female	2:03:28.116
124	CCMAR02759	Angela	Conway	Female	2:03:29.652
125	CCMAR02255	Luise	Allemann	Female	2:03:46.976
126	CCMAR02275	Valerie	Webley	Female	2:06:21.967
127	CCMAR02631	Khanyisile	Buthlezi	Female	2:06:28.212
128	CCMAR02856	Laura	Miller	Female	2:07:31.016
129	CCMAR02732	Ngubo	Kenke	Male	2:07:31.164
130	CCMAR02299	Ellen	Reed	Female	2:08:15.476
131	CCMAR02452	Darren	Smart	Male	2:08:30.481
132	CCMAR02500	MARITSA	MINNIE	Female	2:09:21.578
133	CCMAR02091	Em	Tabor	Female	2:09:59.269
134	CCMAR02571	Anita	De Lange	Female	2:11:26.180
135	CCMAR02002	Khensani	Mhlanga	Female	2:14:09.773
136	CCMAR02674	Lauren	Rambau	Female	2:15:07.874
137	CCMAR02128	Stefanie	Crowther	Female	2:15:47.497
138	CCMAR02889	Dave	Wilson	Male	2:16:36.504
139	CCMAR02077	Annie	Williamson	Female	2:18:39.690
140	CCMAR02445	Mariana	Woldrich	Female	2:21:32.396
141	CCMAR02901	Lynette	Ray	Female	2:21:32.621
142	CCMAR02174	Divian	Papiah	Male	2:23:23.695
143	CCMAR02041	Avasthi	Maharaj	Female	2:24:45.765
144	CCMAR02044	Itumeleng	Mabuza	Female	2:29:30.199
145	CCMAR02209	Lethabo	Maboi	Female	2:30:26.522
146	CCMAR02456	Berlinda	Jeffrey	Female	2:34:59.723
147	CCMAR02919	Julie	Romanis	Female	2:45:41.140
148	CCMAR02184	Debbie	Kennedy	Female	2:45:43.781

21KM RESULTS					
Position	Race #	Name	Surname	Gender	Time
1	CCMAR02463	Simone	Van der Walt	Female	1:24:49.892
2	CCMAR02432	Kirsten	Schut	Female	1:38:21.011
3	CCMAR02309	Tristan	Schut	Male	1:39:02.413
4	CCMAR02085	Nikita	Bailey	Female	1:40:13.422
5	CCMAR02666	Mark	Steyn	Male	1:40:52.512
6	CCMAR02472	Angus	Van Niekerk	Male	1:42:50.730
7	CCMAR02020	Brendon	Randall	Male	1:46:37.459
8	CCMAR02636	Michelle	de Bruyn	Female	1:49:10.866
9	CCMAR02468	Eshen	Moodley	Male	1:50:03.296
10	CCMAR02607	Sebastian	Haralambous	Male	1:52:36.940
11	CCMAR02568	Jannika	Koortzen	Female	1:52:53.493
12	CCMAR02811	Lucricia	de Wit	Female	1:54:15.321
13	CCMAR02058	Joey	Van Onselen	Female	1:54:19.934
14	CCMAR02318	Riyaz	Ameer	Male	1:54:50.193
15	CCMAR02453	Jess	Lyne	Female	1:55:50.282
16	CCMAR021020	Craig	Grant	Male	1:57:47.132
17	CCMAR02492	Dylan	Miller	Male	1:58:13.510
18	CCMAR02203	Juan	Gerber	Male	1:58:32.409
19	CCMAR02813	Sakkie	Pretorius	Male	1:58:42.882
20	CCMAR02781	Pfariso	Rampfumedzi	Male	1:59:20.827
21	CCMAR02121	Kyle	Langford	Male	2:00:52.388
22	CCMAR02279	Celine	van Niekerk	Female	2:02:24.962
23	CCMAR02670	Gavin	Perch	Male	2:03:40.610
24	CCMAR02602	Maverick	van Rooyen	Male	2:04:05.269
25	CCMAR02569	Marco	Campos	Male	2:04:06.967
26	CCMAR02499	Jonathan	Smith	Male	2:04:49.951
27	CCMAR02485	Kim	Rodda	Female	2:05:06.690
28	CCMAR02681	Faye	Lander	Female	2:05:46.409
29	CCMAR02072	Stefanie	Lotz	Female	2:06:15.698
30	CCMAR02613	Kate	Smart	Female	2:07:26.996
31	CCMAR02730	Mark	Segers	Male	2:07:50.573
32	CCMAR02495	Sylvia	Zanetti	Female	2:08:05.716
33	CCMAR02845	Mxolisi	Gamede	Male	2:08:25.216
34	CCMAR02172	Jireh	De Almeida	Female	2:08:44.455
35	CCMAR02842	Evert	de Bruyn	Male	2:09:29.057
36	CCMAR02740	Andrew	Brooks	Male	2:09:46.255
37	CCMAR02015	Gill	Pringle	Female	2:09:50.003
38	CCMAR02068	GREGORY	COUSENS	Male	2:11:24.143
39	CCMAR02675	Stephen	Bishop	Male	2:12:07.798
40	CCMAR02156	Jesse	Harvey	Male	2:13:05.846
41	CCMAR02866	Heinrich	Peters	Male	2:13:09.639
42	CCMAR02233	Willem	van Deventer	Male	2:13:21.149
43	CCMAR02853	Dandre	Fouche	Male	2:13:23.919
44	CCMAR02688	Sharne	Le Roux	Female	2:13:38.693
45	CCMAR02585	louise	moodley	Female	2:14:22.162
46	CCMAR02102	Tom	Pienaar	Male	2:15:03.184
47	CCMAR02578	Ian	Carswell	Male	2:16:05.423
48	CCMAR02292	Bradley	Donald	Male	2:16:08.436

49	CCMAR021006	Monica	Drake	Female	2:17:23.414
50	CCMAR02841	Alan	Nemeti	Male	2:18:15.008
51	CCMAR02290	Ross	Griffiths	Male	2:18:36.350
52	CCMAR02869	Bryan	Pattison	Male	2:18:41.451
53	CCMAR02231	Elias	Matinde	Male	2:20:51.749
54	CCMAR02138	Belinda	Pedersen	Female	2:21:28.559
55	CCMAR02457	Claudette	Muir	Female	2:22:16.170
56	CCMAR02522	SABINA	HOJEM	Female	2:23:22.131
57	CCMAR02801	Rachel	Glover	Female	2:23:25.693
58	CCMAR02541	Jacqueline	Nolan	Female	2:24:10.910
59	CCMAR02486	Adele	Romanis	Female	2:26:00.001
60	CCMAR02696	Jess	du plessis	Female	2:27:20.867
61	CCMAR02317	Elise	Herreveld	Female	2:27:52.583
62	CCMAR02870	Jenna	Malcolm	Female	2:29:45.127
63	CCMAR02276	Andrew	Blane	Male	2:29:47.296
64	CCMAR02824	Bongani	Tshabalala	Male	2:32:53.711
65	CCMAR02843	David	Bethell	Male	2:34:10.840
66	CCMAR02481	John	de Jager	Male	2:34:11.181
67	CCMAR02584	Frank	Ossai	Male	2:34:12.716
68	CCMAR02731	Kristin	de Jager	Female	2:34:14.505
69	CCMAR02649	Coll	Ngoshi	Female	2:36:32.311
70	CCMAR02436	Victor	Meyer	Male	2:37:08.157
71	CCMAR02917	Lopke	Shaikh	Female	2:37:10.225
72	CCMAR02633	Wendy	Whitehorn	Female	2:40:25.062
73	CCMAR02659	ADRI	Pera	Female	2:42:00.682
74	CCMAR02232	Kgosi	Mpadisang	Male	2:42:42.641
75	CCMAR02166	Bongiwe	Khanyile	Female	2:43:32.127
76	CCMAR02249	Russell	Thomas	Male	2:43:34.187
77	CCMAR02897	Mvuselelo	Dube	Male	2:44:07.005
78	CCMAR02305	Michael	Lotter	Male	2:46:01.759
79	CCMAR02089	Maryn	Lotter	Female	2:46:03.004
80	CCMAR02715	KARIN	Bezuidenhout	Female	2:46:15.460
81	CCMAR02392	Nkosana Prince	Dube	Male	2:48:55.632
82	CCMAR02491	Cassidy	Weir	Female	2:52:05.205
83	CCMAR02344	Gilahn	Dekenah	Male	2:52:06.252
84	CCMAR02027	Samantha	Morrison-Young	Female	2:59:31.039
85	CCMAR02632	Meldah	Phokungwana	Female	3:00:45.579
86	CCMAR02691	BUYISIWE BUSI	MOFOKENG	Female	3:02:24.305
87	CCMAR02884	Heather	Brooker	Female	3:07:12.373
88	CCMAR02503	BATHINI	TSELE	Female	3:07:47.542
89	CCMAR02517	Tshegofatso	Mekgwe	Female	3:13:58.759

28KM RESULTS					
Position	Race #	Name	Surname	Gender	Time
1	CCMAR02008	Gustav	Pretorius	Male	2:03:39.893
2	CCMAR02071	Eleni	Artemides	Female	2:12:30.835
3	CCMAR02380	Skinny	Guy	Male	2:16:54.712
4	CCMAR02757	Garth	de Jager	Male	2:18:59.538
5	CCMAR02964	Gillian	Farquharson	Female	2:26:34.141
6	CCMAR02104	Kirsten	Nolan	Female	2:26:37.217
7	CCMAR02701	Tanya	Nyanhongo	Male	2:31:34.434
8	CCMAR02874	Stephen	Meijers	Male	2:33:51.670
9	CCMAR02475	Robin	Champion	Male	2:36:03.441
10	CCMAR02019	Philani	Ntombela	Male	2:40:39.784
11	CCMAR02614	Nikita	Fogolin	Female	2:45:48.352
12	CCMAR02105	Nicholas	Gouws	Male	2:46:03.213
13	CCMAR02606	Craig	Heydenrych	Male	2:46:51.746
14	CCMAR02815	reeva	de Fleuriot	Female	2:46:52.851
15	CCMAR02050	Ron	van Eck	Male	2:48:44.644
16	CCMAR02219	Phumzile	Mgwenya	Female	2:48:48.101
17	CCMAR02502	Ngoako	Ramakgapola	Male	2:50:04.364
18	CCMAR02932	Emily	Feher	Female	2:50:24.936
19	CCMAR02577	Kagiso	Sito	Male	2:50:59.441
20	CCMAR02775	Shaun	Jackson	Male	2:51:29.859
21	CCMAR02045	Olothando	Ndamase	Male	2:53:42.916
22	CCMAR02593	Andrew	Pike	Male	2:54:16.753
23	CCMAR02854	Matthew	Pretorius	Male	2:54:28.180
24	CCMAR02012	Mercia	Klaassen	Female	2:54:35.609
25	CCMAR02755	Gerhard	Cronje	Male	2:59:32.372
26	CCMAR02424	Lizle	Austin	Female	3:00:34.068
27	CCMAR02906	FRANK	FERREIRA	Male	3:01:31.082
28	CCMAR02799	Shaun	VAN ZYL	Male	3:01:32.140
29	CCMAR021014	Itumeleng	Modikwane	Male	3:02:13.1541
30	CCMAR02137	Marc	Peck	Male	3:03:14.500
31	CCMAR02379	TRACY	MCNEIL	Female	3:05:01.372
32	CCMAR02401	Brad	Naude	Male	3:07:55.371
33	CCMAR02177	Vaughn	Scheepers	Male	3:07:56.195
34	CCMAR02435	Logan Leigh	MacTavish	Female	3:08:59.061
35	CCMAR02900	Lisa Cayla	Brown	Female	3:09:52.628
36	CCMAR02770	Dikwete	Maupe	Male	3:10:07.499
37	CCMAR02011	Shaun	Haron	Male	3:10:09.414
38	CCMAR02774	THANDO	Sibanda	Male	3:10:10.349
39	CCMAR02461	Tomasz	Zalewski	Male	3:10:11.781
40	CCMAR02679	Vicky-Leigh	Kruger	Female	3:10:40.560
41	CCMAR02684	Anthony	Van Aswegen	Male	3:11:56.219
42	CCMAR02966	Eben	Botha	Male	3:13:09.279
43	CCMAR02827	Megan	Smit	Female	3:16:30.024
44	CCMAR02483	Johan	Dempers	Male	3:16:52.115
45	CCMAR02814	Gene	Dempers	Female	3:16:52.877
46	CCMAR02037	Paseka	Maswanganye	Male	3:17:36.206
47	CCMAR02162	Richelle	Brink	Female	3:19:23.042
48	CCMAR02288	Elizabeth	Ingram	Female	3:20:15.175

49	CCMAR02527	Micheal	Nicholas	Male	3:22:35.374
50	CCMAR02237	Lekhotla	Mokone	Male	3:23:48.920
51	CCMAR02536	Poppy	Spampool	Female	3:24:19.644
52	CCMAR02510	Richard	Mackenzie	Male	3:25:07.555
53	CCMAR02064	Dave	Ingram	Male	3:33:08.447
54	CCMAR02482	Riaan	Brits	Male	3:36:00.482
55	CCMAR02582	Brent	Drotsky	Male	3:37:27.411
56	CCMAR02454	Tasneem	Joseph	Female	3:38:04.011
57	CCMAR02863	Dylan	Kruger	Male	3:38:04.578
58	CCMAR02624	Siyabonga	Silangwe	Male	3:43:15.374
59	CCMAR02389	Ian	Ehlers	Male	3:45:04.326
60	CCMAR02014	Monique	Ehlers	Female	3:45:14.357